

This is your moment

SEABOURN

THE HERALD

SUNDAY, APRIL 27, 2025

YOKOHAMA, (TOKYO) JAPAN

WEATHER MOSTLY CLEAR 73°F / 23°C WIND 11mph / 18kmh SUNRISE: 4:55a SUNSET: 6:24p

IN PORT

YOKOHAMA, (TOKYO) JAPAN

Arrival: 6:30a All Aboard: 4:30p
Gangway Location: Deck 4, Forward (subject to change).

VOYAGE ITINERARY AND EVENING DRESS

Sun	April 27	Yokohama (Tokyo), Japan	Elegant Casual
Mon	April 28	At Sea (Pacific Ocean)	Formal
Tues	April 29	Miyako, Japan	Elegant Casual
Wed	April 30	Hakodate, Japan	Elegant Casual
Thurs	May 1	Kushiro, Japan	Elegant Casual
Fri	May 2	At Sea (Pacific Ocean)	Elegant Casual
Sat	May 3	At Sea	Elegant Casual
Sun	May 4	At Sea	Elegant Casual
Mon	May 5	At Sea (International Date Line)	Elegant Casual
Tues	May 6	At Sea	Elegant Casual
Wed	May 7	At Sea (Gulf of Alaska)	Elegant Casual
Thurs	May 8	Dutch Harbor, Unalaska, AK	Elegant Casual
Fri	May 9	At Sea (Pacific Ocean)	Elegant Casual
Sat	May 10	Kodiak, Kodiak Island, AK	Elegant Casual
Sun	May 11	At Sea (Gulf of Alaska)	Formal
Mon	May 12	Glacier Bay Scenic Cruising	Elegant Casual
Tues	May 13	Sitka, AK	Elegant Casual
Wed	May 14	Ketchikan, AK	Elegant Casual
Thurs	May 15	Inside Passage Scenic Cruising	Elegant Casual
Fri	May 16	Nanaimo, Canada	Elegant Casual
		Vancouver, BC, Canada	Elegant Casual

Captain: Joris Poriau
Hotel Director: Luca Di Matteo
Cruise Director: Aimee Lake

CRUISE DIRECTOR INTRODUCTIONS

Join your Cruise Director Aimee, Entertainment Manager Jenn, and your Entertainment Team on deck as we toast to the start of your fantastic Seabourn voyage. Featuring live music from Grace & The Band.

5:00p POOLSIDE, DECKS 8 & 9 (weather permitting)

ENTERTAINMENT TONIGHT

WELCOME ABOARD DANCE PARTY!

Join us for a special Seabourn welcome aboard! Join your Entertainment Team in The Club and boogie the night away as we start the cruise off in true Seabourn Style! With live music from Grace & The Band. (Until 10:30p)

9:30p THE CLUB, DECK 5

TONIGHT'S ATTIRE: ELEGANT CASUAL

After 6:00p, the evening dress code is Elegant Casual. In all dining venues, the nightly dress standard for men is slacks with collared dress shirt or sweater and optional jacket. Slacks, skirt, blouse, pant suit or dresses are appropriate for ladies. Elegant jeans are now welcome in all dining venues.

SEABOURN SAFETY ESSENTIALS

- 1. Visit:** We remind you, please VISIT your designated muster station at your earliest convenience between 1:00p & 4:30p. All guests are required to scan in for a roll call with one of our muster station personnel. You can find your muster station on your suite key card and the sign on the back of the entrance door to your suite.
- 2. Watch:** All guests must WATCH the entire safety video displayed on your In-Suite TV before departure. This video contains essential information. Only once you've finished watching the Safety Video your In-Suite TV will unlock and indicate to us that you have done so.
- 3. Listen:** At 4:30p, the Captain will make an announcement followed by the sounding of the General Emergency Alarm. You must LISTEN to his announcement & familiarize yourself with the sound of the alarm.

SEABOURN'S SMOKING POLICY

For the comfort of our guests, smoking is not allowed in most public areas or in suites. Smoking is only permitted at the Sky Bar, Deck 9, Starboard Side, Midship. Pipe and cigar smoking is permitted at Seabourn Square, Deck 7 Aft only.

SEABOURN ANNOUNCEMENT POLICY

In order to avoid disturbing our guests, public announcements aboard the ship will be kept to a minimum. No announcements will be made for routine events such as tour departures. Upon ship's clearance in the ports of call, an announcement will be made in public areas signifying guests are able to proceed ashore. For guests on tour, please refer to the e-tickets in your wallet on Seabourn Source for meeting time and location. While announcements are not broadcasted inside guest suites, except in case of emergency, all announcements can be heard on your in-suite TV, Bow Camera Channel (1.)

PORT AGENT INFORMATION

Relife Blue Ocean Agency
1201 Floor Daiwa Bldg.
No. 74-1 Yamashita-cho NakaKu
Yokohama, Kanagawa 231-0023
Phone: +81452271261
Shore to Ship: +13218376102

AUSTRALIAN EMBASSY

2-1-14 Mita, Minato-ku, Tokyo 108-8361
Phone: +810352324111

AMERICAN CONSULATE

1-10-5 Akasaka, Minato-ku,
Tokyo 107-8420 Japan
Phone: +810332245000

BRITISH EMBASSY

〒102-8381
Tokyo No 1 Ichiban-cho,
Chiyoda-ku, Japan
Phone: +81352111100

FOOD & DRINK

The Restaurant, Deck 4

Breakfast	Closed
Lunch	Closed
Dinner	6:00p - 9:00p

The Colonnade, Deck 8

Breakfast	6:30a - 9:30a
Lunch, Seafood	12:00n - 3:00p
Dinner, American	6:00p - 9:00p

Solis, Deck 8

Dinner	6:00p - 9:00p
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Please note: Solis is by reservation only.

The Patio, Deck 8 (weather permitting).

Breakfast	Closed
Lunch	1:00p - 4:00p
Earth & Ocean	7:00p - 9:00p

Seabourn Square, Deck 7

Coffee & Snacks	6:15a - 6:00p
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Observation Bar, Deck 10

Early Morning Risers	6:00a - 8:00a
Bar	6:00p - Midnight

Sky Bar, Deck 9

(Weather permitting).	12:30p - 6:30p
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Patio Bar, Deck 8

	10:00a - 10:00p
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The Club, Deck 5

Sushi	6:00p - Close
	6:00p - 9:00p

Room Service

24 Hours

Guests under the legal drinking age will not be served alcoholic beverages, nor are they to consume alcoholic beverages whilst onboard. Please understand that you may be requested to show identification indicating date of birth.

SERVICES

The Boutique & The Collection, Deck 7

5:30p - 10:00p

The Spa and Wellness, Deck 9

8:00a - 10:00p

Fitness Center, Deck 9

6:00a - 10:00p

For all spa events and classes menu, please refer to The Spa on your Seabourn Source App or contact The Spa reception.

Future Cruise Consultant, Deck 7 Available through Guest Services

2027 World Cruise: Open for Booking

Australia & South Pacific Panorama: Explore the story and soul Australia and the South Pacific, visiting 67 unique destinations along the way. The countdown is on. But the moment is now. Reserve your preferred suite with our Early Booking Advantage of up to 10%, plus save an additional 10% per person when you book on board with your Future Cruise Consultant.

Destination Services, Deck 7

2:00p - 6:00p

Bookings can also be made on your Seabourn Source App or Suite TV.

Casino, Deck 5

Tables	Closed
Slots	11:30p - Close

Medical Center, Deck 3 Forward

Please call 4314 during clinic hours to schedule an appointment.

Port days: 8:00a - 10:00a & 4:00p - 6:00p

Sea days: 9:00a - 11:00a & 4:00p - 6:00p

Embarkation days: 8:00a - 9:00a & 5:00p - 6:00p

FOR A MEDICAL EMERGENCY DIAL 911

LET'S GET SOCIAL!

We'll be looking out for any content you might post while you're with us so we can engage via our platforms. Feel free to tag us!



@SeabournCruise (X and Instagram)

@SeabournCruise (Facebook)

#Seabourn #SeabournQuest

TODAY'S ONBOARD ACTIVITIES

GUESTS ON TOUR & GUESTS GOING ASHORE - Tour E-Tickets and times are listed in your wallet on Seabourn Source. Guests arriving after the meeting time may not be accommodated. When going ashore please ensure you carry your passport and suite key card with you at all times.

BOARD GAMES, BRIDGE & MAHJONG PLAYERS: Connect with fellow guests and enjoy your favorite game! Sign-up sheets are available in the Card Room on Deck 7.

DECK SPORTS AVAILABLE

Shuffleboard Court, Table Tennis & Golf Putting equipment can be accessed by walking through The Retreat to the mid-ship on Deck 11. Available for use until 6:00p.

LIVE TV SATELLITE CONNECTIVITY NOTICE

While we strive to provide you with the best possible services, our live television access is affected by Japanese service limitations when docking in Japanese ports. Live TV channels will be available once more upon sailing.

PLEASE NOTE - For a complete list of today's events and activities, please refer to the Herald on your in-suite TV or the Seabourn Source app.

- 9:00a Interdenominational Church Service (un-hosted).
Card Room, Deck 7
- 12:00p Meet and Greet with Your Onboard Spa & Wellness Team
Spa & Wellness, Deck 9 (until 10:00p).
- 1:00p Mandatory Guest Safety Essentials (until 4:30p).
Please reference the front page
- 1:00p Internet Assistance Desk Available (until 6:00p).
Seabourn Square, Deck 7
Team Members will be available to help you connect to WiFi.
- 4:00p Acupuncture Walk-In Clinic
Spa & Wellness, Deck 9 (until 5:00p).
- 4:45p Spa & Wellness Grand Raffle
Win up to \$500 in Spa credits today!
Spa & Wellness, Deck 9
- 5:00p Cruise Director Introductions & Welcome Toast
Poolside, Decks 8 & 9 (Weather permitting).
- 5:00p Walking in Comfort with Postural Analysis
Spa & Wellness, Deck 9 (until 6:00p).
- 5:00p Friends of Bill. W Meet (un-hosted).
Conference Room 1, Deck 5
- 6:15p Classic Cocktails & Sunset Serenades with Mike
Observation Bar, Deck 10 (until 8:00p, with break).
- 6:30p Solo Travelers Get Together
Meet your fellow solo travelers for a pre-dinner drink with your Entertainment Manager, Jenn.
The Club, Deck 5 (lower left corner as you enter).
- 6:30p Sushi & Live Music with The Quest Quartet & Shey
The Club, Deck 5 (until 7:30p).
- 8:30p EFFY Champagne Reception
The Collection, Deck 7
Indulge in our exquisite collections and cruise favorites that combine designs, quality and craftsmanship.
- 8:45p Mid-Evening Moods with The Quest Quartet & Shey
The Club, Deck 5 (until 9:30p).
- 9:30p Entertainment Tonight: Welcome Aboard Dance Party
The Club, Deck 5
With live music by Grace & The Band. (Until 10:30p).
- 9:30p Musical Melodies with Mike (until midnight, with breaks).
Observation Bar, Deck 10
- 10:30p Late Night Grooves with The Quest Quartet & Shey
The Club, Deck 5 (until 11:15p).
- 11:15p Dance the Night Away with Grace & The Band
The Club, Deck 5 (until late).

This is your moment.



SEABOURN

THE HERALD

MONDAY, APRIL 28, 2025

AT SEA (PACIFIC OCEAN)

WEATHER

CHANCE OF RAIN

67°F / 19°C

WIND 35mph/59kmh

SUNRISE: 4:42a

SUNSET: 6:17p

INTRODUCING YOUR CAPTAIN...

JORIS PORIAU

Born and raised in Antwerp, Belgium, Captain Joris Poriau could often be found on the Estuary of the River Scheldt on small sailing boats from an early age. He attended the renowned Nautical College 'Michiel de Ruyter' in The Netherlands. His entry into the cruise industry as a cadet was with Holland America Line, where he rose through the ranks to Staff Captain being assigned for the majority of his career on 'Grand Voyages' and as such has been fortunate to complete several World Cruises and Voyages to Antarctica. In 2017 he joined Seabourn as Staff Captain on Seabourn Sojourn. Captain Joris received his First Command on board Seabourn Encore in 2019 and since 2023 he has been assigned as one of the Captains of our beautiful Seabourn Quest. While on leave, Captain Joris resides in Barcelona, Spain.

TONIGHT'S ATTIRE: FORMAL IN THE RESTAURANT

Tuxedo, suit or slacks and jacket for gentlemen.

Evening gown or other formal apparel for ladies. In other venues, guests are welcome in Elegant Casual Attire.

SEABOURN SIGNATURE EVENT

CAPTAIN'S WELCOME ROUNDS

Captain Joris Poriau and the Senior Officers will be saying "Hello" and "Welcome Aboard" as they roam around the ship this evening, starting in The Club, followed by the Observation Lounge. We invite you to join us and raise a glass to this wonderful voyage!

6:15p THE CLUB, DECK 5 / 6:30p OBSERVATION BAR, DECK 10

SHOWTIME TONIGHT

SILVERSCREEN

Featuring The Seabourn Six

Join us in the Grand Salon this evening for Silverscreen! This production celebrates recent movies and musicals including Dear Evan Hansen and Moulin Rouge - as well as iconic favorites from Fame to Les Misérables - in a fresh take on music from the stage and screen.

9:30p GRAND SALON, DECK 6

TODAY'S HIGHLIGHTS

PORT BRIEFING & TOUR TALK WITH MARVIN

Join Destinations Manager Marvin to discover more information about our next three exciting ports of call in Japan: Miyako, Hakodate & Kushiro.

9:00a GRAND SALON, DECK 6

BRIDGE & MAHJONG MEET & GREET

Join fellow Bridge & Mahjong enthusiasts to connect with fellow players. Whether you're a seasoned player or just starting out, this is a great opportunity to connect, share your preferred play styles, and arrange games for the voyage.

9:45a CARD ROOM, DECK 7

A SEABOURN CONVERSATION WITH TERRY BREEN

Japan: Observations of a First-Time Visitor

The island nation of Japan is both exotic and familiar. Its culture and customs are steeped in history and can be confusing to the newcomer. Join Terry for a fun look at what to do and what not to do.

10:15a GRAND SALON, DECK 6

FUN & FRIENDLY TEAM TRIVIA WITH AIMÉE & JENN

Join Cruise Director Aimée & Entertainment Manager Jenn for this fun filled battle of the brains, filled with useless information to get you puzzling! Compete in teams of 10 for the chance to win Seabourn Swag at the end of the cruise!

11:15a THE CLUB, DECK 5

A SEABOURN CONVERSATION WITH TERRY GREENBERG

Japan: Behind the Mask

Join Terry Greenberg deep dive into the hidden culture of Japan - what lies below the surface, is unseen, but it explains why the people of Japan seem to sometimes act and think differently than people from Western societies.

2:30p GRAND SALON, DECK 6

LINE DANCE CLASS WITH PETER & GRACE

Join your Seabourn Six dancers Peter & Grace as they teach you how to line dance! Whether you bring a partner, a friend, or come on your own, this fun class will get you grooving!

3:45p GRAND SALON, DECK 6

FOOD & DRINK

The Restaurant, Deck 4

Breakfast	8:00a - 9:00a
Lunch	12:30p - 1:30p
Signature Dinner	6:00p - 9:00p

The Colonnade, Deck 8

Breakfast	8:00a - 10:30a
Lunch, Oriental	12:00n - 2:00p
Dinner, French	6:00p - 9:00p

Solis, Deck 8

Dinner	6:00p - 9:00p
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Please note: Solis is by reservation only.

The Patio, Deck 8 (weather permitting).

Breakfast	8:30a - 10:00a
Lunch, Al Fresco	12:30p - 3:30p
Earth & Ocean	7:00p - 9:00p

Seabourn Square, Deck 7

Coffee & Snacks	6:15a - 6:00p
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Observation Bar, Deck 10

Early Morning Risers	6:00a - 8:00a
British High Tea	4:00p - 5:00p
Bar	6:00p - Midnight

Sky Bar, Deck 9

(Weather permitting).	12:00p - 6:30p
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Patio Bar, Deck 8

	10:00a - 10:00p
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The Club, Deck 5

Sushi	6:00p - Close
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Room Service

24 Hours
Guests under the legal drinking age will not be served alcoholic beverages, nor are they to consume alcoholic beverages whilst onboard. Please understand that you may be requested to show identification indicating date of birth.

SERVICES

The Boutique, & The Collection, Deck 7	10:00a - 10:00p
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The Spa and Wellness, Deck 9	8:00a - 10:00p
Fitness Center, Deck 9	6:00a - 10:00p

For all spa events and classes menu, please refer to The Spa on your Seabourn Source App or contact The Spa reception.

Future Cruise Consultant, Deck 7	9:00a - 12:00n 3:00p - 6:00p
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New 2026-2027 Caribbean, Japan, and Southeast Asia Voyages Open for Booking: 34 new voyages visiting 71 unique ports are now available for you to explore. The countdown is on. But the moment is now. Reserve your preferred suite with our Early Booking Advantage of up to 10%, plus save an additional 10% per person when you book on board with your Future Cruise Consultant.

Destination Services, Deck 7	10:00a - 12:00n 4:00p - 6:00p
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Casino, Deck 5

Slots	All Day
Tables	1:30p - 5:00p 6:00p - Close

Medical Center, Deck 3 Forward

Please call 4314 during clinic hours to schedule an appointment.

Port days:	8:00a - 10:00a & 4:00p - 6:00p
Sea days:	9:00a - 11:00a & 4:00p - 6:00p
Embarkation days:	8:00a - 9:00a & 5:00p - 6:00p

FOR A MEDICAL EMERGENCY DIAL 911

Watch Seabourn Conversations & Port Talks Available on Your In-Suite Television

To view Seabourn Conversations, simply click Watch from the main menu on your in-suite television. Then select the Seabourn Conversations tab to access the full list of Guest Conversationists available.

If you would like to watch the Port Talks led by your Tour Team, scroll down to Ports and Excursions on the main Watch tab.

TODAY'S ONBOARD ACTIVITIES

9:00a	Port Briefing & Tour Talk with Marvin Grand Salon, Deck 6 Miyako, Hakodate & Kushiro, Japan
9:00a	Hair Show Spa & Wellness, Deck 9
9:30a	Internet Assistance Desk Available (until 11:00a) Seabourn Square, Deck 7
9:45a	Bridge & Mahjong Meet & Greet Card Room, Deck 7
10:00a	Baggo Prize Game Atrium, Deck 4
10:00a	Wellness Seminar: How to Increase your Metabolism Spa & Wellness, Deck 9
10:15a	A Seabourn Conversation with Terry Breen Grand Salon, Deck 6 Japan: Observations of a First-Time Visitor
10:30a	Vintage Bags The Boutique, Deck 7
11:15a	Fun & Friendly Team Trivia with Aimée & Jenn The Club, Deck 5
1:00p	Mahjong Players Meet (un-hosted). Card Room Annex, Deck 7
1:00p	Ladies Pamper Party & Complimentary Puffy Eye Treatment Spa & Wellness, Deck 9
2:00p	Social Bridge Players Meet (un-hosted). Card Room, Deck 7
2:00p	EFFY Gemology Series: White Diamonds The Collection, Deck 7
2:30p	A Seabourn Conversation with Terry Greenberg Grand Salon, Deck 6 Japan: Behind the Mask
2:30p	Dessert of The Day: Try-on & Win The Collection, Deck 7 Treat yourself with something sweet! Try on Effy Jewelry and enter to win a \$1000 shopping spree!
3:15p	Shuffleboard Game (weather permitting). The Retreat, Deck 11
3:45p	Line Dance Class with Peter & Grace Grand Salon, Deck 6
4:00p	British High Tea & Melodies Observation Bar, Deck 10
4:00p	Stitch, Knit & Natter Observation Bar, Deck 10
6:15p	Captain's Welcome Rounds The Club, Deck 5 (Repeated at 6:30p in the Observation Lounge, Deck 10).
6:15p	Classic Cocktails & Sunset Serenades with Mike Observation Bar, Deck 10 (until 8:00p, with break).
6:45p	Sushi & Live Music with The Quest Quartet & Shey The Club, Deck 5 (until 7:30p).
8:30p	Mid-Evening Moods with The Quest Quartet & Shey The Club, Deck 5 (until 9:15p).
8:30p	Gem & Tonic: Cocktail & Gem Pairing The Collection, Deck 7
9:30p	Showtime Tonight: Silverscreen Grand Salon, Deck 6 Featuring The Seabourn Six
9:30p	Musical Melodies with Mike (until midnight, with breaks). Observation Bar, Deck 10
10:15p	Post Show Party with The Quest Quartet & Shey The Club, Deck 5 (until 11:00p).
11:00p	Boogie on Down with Grace & The Band The Club, Deck 5 Followed by The Quest Quartet & Shey (until late).

This is your moment.



SEABOURN®

THE HERALD

TUESDAY, APRIL 29, 2025

MIYAKO, JAPAN

WEATHER

RAIN SHOWERS

57°F / 14°C

WIND 11mph / 18kmh

SUNRISE: 4:35a

SUNSET: 6:23p

IN PORT

MIYAKO, JAPAN

Arrival: 8:00a / All Aboard: 5:30p

Gangway Location: Deck 4, Forward (subject to change).

Miyako, located on the eastern coast of Iwate Prefecture, is known for its beautiful coastline and rich cultural heritage. The city is famous for its scenic beauty, including stunning beaches, clear blue seas, and the picturesque Sanriku Coast. With a history dating back centuries, Miyako has a strong maritime tradition, which is reflected in its numerous fishing ports and seafood delicacies. In addition to its natural beauty, Miyako is a gateway to exploring the surrounding coastal areas and cultural landmarks. Visitors can enjoy traditional Japanese experiences and outdoor activities such as hiking, whale watching, and exploring the area's rugged coastline.

For more detailed port information, please refer to the Seabourn Source.

TONIGHT'S ATTIRE: ELEGANT CASUAL

After 6:00p, the evening dress code is Elegant Casual. In all dining venues, the nightly dress standard for men is slacks with collared dress shirt or sweater and optional jacket. Slacks, skirt, blouse, pant suit or dresses are appropriate for ladies. Elegant jeans are now welcome in all dining venues.

A SEABOURN CONVERSATION WITH

TERRY GREENBERG

Japanese Culture on the Surface

Join Terry Greenberg as he discusses what we see and hear in Japan, that is, unique, different, and intriguing. This conversation draws heavily on his 15 years of living in Japan, and even longer as a student of Japanese language and culture.

5:30p GRAND SALON, DECK 6

SHOWTIME TONIGHT

IRINA GUSKOVA

Join us for a captivating musical evening with Russian Violinist Irina Guskova. While rooted in classical traditions, Irina embraced a new musical phase when invited to perform on luxury liners for diverse international audiences. Tonight, she shares her expanded repertoire, including Irish folk and American Country Fiddle music. Experience Irina's passion and love for diverse musical genres in this enchanting performance that transcends classical boundaries.

9:30p GRAND SALON, DECK 6

GUESTS GOING ASHORE

Please remember to carry passports when going ashore in Japan. Please note that it is forbidden by local authorities for guests to bring any fruit or food products ashore while in Japan.

GUESTS ON TOUR

E-Tickets & times will be listed in your wallet on Seabourn Source. Guests arriving after the meeting time may not be accommodated. Please ensure that you always carry your suite card while ashore.

PORT SHUTTLE & SHUTTLE BUS INFORMATION

A complimentary Shuttle Bus will be available during our call to Miyako.

First Shuttle: 8:30a from the Pierside (Fujiwara Pier)

Last Shuttle: 5:00p from Town Center (Miyako Station)

Print outs of the Shuttle Bus Schedule are available from the Seabourn Square and on the Seabourn Source App.

SOLIS RESTAURANT

A dining experience celebrating the sun-kissed flavors of the Mediterranean. Designed by Master Chef and Culinary Partner Chef Anton Egger and Senior Corporate Chef Franck Salein. The changing menu of regional dishes and exclusive wines and vintage cocktails are inspired by the radiant places we visit. An evening at Solis will infuse you with the sweetness of a Santorini Summer, the tang of the Amalfi Sea breeze, and the amber glow of an Ibiza sunset. Here's to your moment in the sun.

SHOPPING WITH THE CHEF IN KUSHIRO

Executive Chef Christophe will go shopping in the local markets of Kushiro, on 1st May for fresh produce to be used onboard! To join him please sign up with Guests Services by dialing 9 or by visiting the Seabourn Square on Deck 7. Space on this tour is very limited, and runs on a first come, first served basis.

PORT AGENT INFORMATION

Wilhelmsen Port Services
Gotenyama Trust Tower 13th Floor
7-35 Kitashinagawa 4-Chrome
Sinagawa-Ku JP
Phone: +81363860173
Shore to Ship: +13218376102

AUSTRALIAN EMBASSY

2-1-14 Mita, Minato-ku
Tokyo 108-8361 Japan
Phone: +0352324111

AMERICAN CONSULATE

Kita 1-jo Nishi 28-chome,
Chuo-ku,
Sapporo 064-0821, Japan
Phone: +810116411115

BRITISH CONSULATE

〒102-8381
Tokyo No 1 Ichiban-cho,
Chiyoda-ku, Japan
Phone: +81935415605

FOOD & DRINK

The Restaurant, Deck 4

Breakfast	Closed
Lunch	Closed
Dinner	6:00p - 9:00p

The Colonnade, Deck 8

Breakfast	7:30a - 10:00a
Lunch, Greek Kebab	12:00n - 2:00p
Dinner, Mediterranean	6:00p - 9:00p

Solis, Deck 8

Dinner	6:00p - 9:00p
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Please note: Solis is by reservation only.

The Patio, Deck 8 (weather permitting).

Breakfast	8:30a - 10:00a
Lunch, West Indies	1:00p - 4:00p
Earth & Ocean	7:00p - 9:00p

Seabourn Square, Deck 7

Coffee & Snacks	6:15a - 6:00p
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Observation Bar, Deck 10

Early Morning Risers	6:00a - 8:00a
Bar	6:00p - Midnight

Sky Bar, Deck 9

(Weather permitting).	12:00n - 6:00p
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Patio Bar, Deck 8

10:00a - 10:00p

The Club, Deck 5

Sushi	6:00p - Close
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	6:00p - 9:00p
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24 Hours

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SERVICES

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8:00a - 10:00p

Fitness Center, Deck 9

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8:00a - 10:00a
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Destination Services, Deck 7

4:00p - 6:00p

Bookings can also be made on your Seabourn Source App or Suite TV.

Casino, Deck 5

Slots & Tables	8:30p - Close
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Medical Center, Deck 3 Forward

Please call 4314 during clinic hours to schedule an appointment.

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Sea days: 9:00a - 11:00a & 4:00p - 6:00p

Embarkation days: 8:00a - 9:00a & 5:00p - 6:00p

FOR A MEDICAL EMERGENCY DIAL 911

LET'S GET SOCIAL!

We'll be looking out for any content you might post while you're with us so we can engage via our platforms. Feel free to tag us!



@SeabournCruise (X and Instagram)

@SeabournCruise (Facebook)

#Seabourn #SeabournQuest

TODAY'S ONBOARD ACTIVITIES

PLEASE NOTE - For a complete list of today's events and activities, please refer to the Herald on your in-suite TV or the Seabourn Source app.

LIVE TV SATELLITE CONNECTIVITY NOTICE

While we strive to provide you with the best possible services, our live television access is affected by Japanese service limitations when docking in Japanese ports. Live TV channels will be available once more upon sailing.

DECK SPORTS AVAILABLE

The Retreat, Deck 11

Shuffleboard Court, Table Tennis & Golf Putting equipment can be accessed by walking through The Retreat to the mid-ship. Available for use until 6:00p.

7:00a Body Conditioning
Motion Studio, Deck 9

7:30a Stretch and Release
Motion Studio, Deck 9

1:00p Mahjong Players Meet (un-hosted. Repeated at 3:00p).
Card Room Annex, Deck 7

2:00p Social Bridge Play (un-hosted).
Card Room, Deck 7

5:00p Abs Core Class
Motion Studio, Deck 9

5:00p Acupuncture Walk-In Clinic
Spa & Wellness, Deck 9

5:00p Golf Putting Prize Game (weather permitting).
The Retreat, Deck 11

5:30p Seabourn Welcomes You
The Club, Deck 5
Join us for a special cocktail reception for our first-time guests, with an introduction from some of our Seabourn Officers and crew.

5:30p A Seabourn Conversation with Terry Greenberg
Grand Salon, Deck 6
Japanese Culture on the Surface

6:15p Classic Cocktails & Sunset Serenades with Mike
Observation Bar, Deck 10 (until 8:00p, with break).

6:30p Dessert of the Day: Try-on and Win
The Collection, Deck 7 (until 9:30p).
Treat yourself with something sweet! Try on EFFY Jewelry and enter to win a \$1000 shopping spree!

6:30p Collect your EFFY Chain
The Collection, Deck 7

6:30p Sushi & Live Music with The Quest Quartet & Shey
The Club, Deck 5 (until 7:30p).

8:30p Mid-Evening Moods with The Quest Quartet & Shey
The Club, Deck 5 (until 9:15p).

9:30p Showtime Tonight: Irina Guskova
Grand Salon, Deck 6

9:30p Musical Melodies with Mike
Observation Bar, Deck 10 (until midnight, with breaks).

10:15p Post Show Party with The Quest Quartet & Shey
The Club, Deck 5 (until 11:00p).

11:00p Boogie on Down with Grace & The Band
The Club, Deck 5
Followed by The Quest Quartet & Shey (until late).

This is your moment.



SEABOURN

THE HERALD

WEDNESDAY, APRIL 30, 2025

HAKODATE, JAPAN

WEATHER

MOSTLY CLOUDY

59°F / 15°C

WIND 17mph / 28kmh

SUNRISE: 4:35a

SUNSET: 6:34p

IN PORT

HAKODATE, JAPAN

Arrival: 8:00a / All Aboard: 4:30p

Gangway Location: Deck 4, Forward (subject to change).

Hakodate is a historic port city located on the southern tip of Hokkaido, Japan's northernmost island. As one of Japan's first international trading ports, opened in 1859, Hakodate has a rich maritime history and a distinctive blend of Western and Japanese influences. The city is famous for its stunning night views from Mount Hakodate, well-preserved historic districts, and fresh seafood markets. Visitors can explore scenic coastal areas, soak in hot springs, and enjoy the charming ambiance of Motomachi, Hakodate's former foreign settlement. Hakodate's welcoming atmosphere and fascinating mix of cultures make it an enticing destination for travelers.

For more detailed port information, please refer to the Seabourn Source.

SEABOURN SIGNATURE EVENT

MAMMA MIA! CAVIAR SAIL AWAY

Join your Seabourn Quest Officers and fellow guests for a spectacular Seabourn Signature event! Indulge in caviar and take in the views on deck as we sail away from Hakodate. With all your favorite ABBA-tastic hits, get ready to dance, sing along, and celebrate the moment in true Seabourn style. With live music from The Quest Quartet & Shey. (Weather permitting).

5:00p POOLSIDE, DECK 8

A SEABOURN CONVERSATION WITH

JENNIFER EREMEEVA

Shoyu to Sashimi: An Introduction to Japanese Cuisine

Go beyond ramen and sushi in this deep dive into the history and evolution of Japan's national cuisine.

5:45p GRAND SALON, DECK 6

SHOWTIME TONIGHT

LEANNE MITCHELL

As the first ever winner of BBC1's The Voice UK in 2012, Leanne Mitchell truly was the dark horse whose emotion-drenched voice ended up overshadowing the early favorites. Leanne has been astounding audiences all over the world with her one woman show. Taking you on a journey from soul to musical theatre to opera, her fantastic renditions will be sure to leave you with shivers.

9:30p GRAND SALON, DECK 6

TONIGHT'S ATTIRE: ELEGANT CASUAL

After 6:00p, the evening dress code is Elegant Casual. In all dining venues, the nightly dress standard for men is slacks with collared dress shirt or sweater and optional jacket. Slacks, skirt, blouse, pant suit or dresses are appropriate for ladies. Elegant jeans are now welcome in all dining venues.

GUESTS GOING ASHORE

Please remember to carry passports when going ashore in Japan. Please note that it is forbidden by local authorities for guests to bring any fruit or food products ashore while in Japan.

GUESTS ON TOUR

E-Tickets & times will be listed in your wallet on Seabourn Source. Guests arriving after the meeting time may not be accommodated. Please ensure that you always carry your suite card while ashore.

TEAM MEMBER SAFETY DRILL

Please note there will be a team member safety drill this morning at 10:00a. No guest participation is required. Alarms will be sounded for exercise purposes only. Please note that guest services will be suspended during this exercise and elevators will be temporarily out of service during the drill.

LIVE TV SATELLITE CONNECTIVITY NOTICE

While we strive to provide you with the best possible services, our live television access is affected by Japanese service limitations when docking in Japanese ports. Live TV channels will be available once more upon sailing.

BRIDGE TOURS

Have you ever wondered what the Seabourn Quest bridge looks like? Our Officers will be running exclusive tours during this voyage. As spaces are limited, please sign up with Guest Services by visiting the Seabourn Square or dialing 9.

PORT AGENT INFORMATION

Wilhelmsen Port Services Japan
Gotenyama Trust Tower 13th Floor
7-35, Kitashinagawa 4-Chome
Shinagawa-Ku JP
Phone: +81363860173
Shore to Ship: +13218376102

AUSTRALIAN CONSULATE

16th Floor, Twin 21 MID Tower
2-1-61 Shiomi, Chuo-ku
Osaka, 540-6116
Phone: +810669419271

AMERICAN CONSULATE

U.S. Consulate General
Sapporo, 3, Chuo Ward,
Sapporo, Hokkaido 064-0820
Phone: +0116411115

BRITISH CONSULATE

〒541 - 0059
Osaka3-5-1 Bakuro-machi,
Chuo-ku, Japan
Phone: +81661205600

FOOD & DRINK

The Restaurant, Deck 4

Breakfast	Closed
Lunch	Closed
Dinner	6:00p - 9:00p

The Colonnade, Deck 8

Breakfast	7:15a - 10:00a
Lunch, Pasta	12:00n - 2:00p
Dinner, Family Style Buttermilk Fried Chicken	6:00p - 9:00p

By reservation, please dial 9.

Solis, Deck 8

Dinner	6:00p - 9:00p
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Please note: Solis is by reservation only.

The Patio, Deck 8 (weather permitting).

Breakfast	8:30a - 10:00a
Lunch, BBQ	1:00p - 4:00p
Earth & Ocean	7:00p - 9:00p

Seabourn Square, Deck 7

Coffee & Snacks	6:15a - 6:00p
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Observation Bar, Deck 10

Early Morning Risers	6:00a - 8:00a
Bar	6:00p - Midnight

Sky Bar, Deck 9

(Weather permitting).	12:00n - 6:30p
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Patio Bar, Deck 8

10:00a - 10:00p

The Club, Deck 5

Sushi	6:00p - Close
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Room Service

24 Hours

Guests under the legal drinking age will not be served alcoholic beverages, nor are they to consume alcoholic beverages whilst onboard. Please understand that you may be requested to show identification indicating date of birth.

SERVICES

The Boutique & The Collection, Deck 7

5:30p - 10:00p

The Spa and Wellness, Deck 9

8:00a - 10:00p

Fitness Center, Deck 9

6:00a - 10:00p

For all spa events and classes menu, please refer to The Spa on your Seabourn Source App or contact The Spa reception.

Future Cruise Consultant, Deck 7

8:00a - 10:00a

4:00p - 6:00p

New 2026 - 2027 Caribbean, Japan, and Southeast Asia Voyages Open for Booking: 34 new voyages visiting 71 unique ports are now available for you to explore. The countdown is on. But the moment is now. Reserve your preferred suite with our Early Booking Advantage of up to 10%, plus save an additional 10% per person when you book on board with your Future Cruise Consultant.

Destination Services, Deck 7

4:00p - 6:00p

Bookings can also be made on your Seabourn Source App or Suite TV.

Casino, Deck 5

Slots & Tables	8:30p - Close
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Medical Center, Deck 3 Forward

Please call 4314 during clinic hours to schedule an appointment.

Port days:	8:00a - 10:00a & 4:00p - 6:00p
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Sea days:	9:00a - 11:00a & 4:00p - 6:00p
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Embarkation days:	8:00a - 9:00a & 5:00p - 6:00p
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FOR A MEDICAL EMERGENCY DIAL 911

LET'S GET SOCIAL!

We'll be looking out for any content you might post while you're with us so we can engage via our platforms. Feel free to tag us!



@SeabournCruise (X and Instagram)

@SeabournCruise (Facebook)

#Seabourn #SeabournQuest

TODAY'S ONBOARD ACTIVITIES

PLEASE NOTE - For a complete list of today's events and activities, please refer to the Herald on your in-suite TV or the Seabourn Source app.

DECK SPORTS AVAILABLE

The Retreat, Deck 11

Shuffleboard Court, Table Tennis & Golf Putting equipment can be accessed by walking through The Retreat to the mid-ship. Available for use until 6:00p.

7:00a Abs Core Class

Motion Studio, Deck 9

7:30a Morning Stretch

Motion Studio, Deck 9

9:00a Massage Taster

Spa & Wellness, Deck 9

10:00a Team Member Safety Drill

No guest participation is required.

1:00p Mahjong Players Meet (un-hosted. Repeated at 3:00p).

Card Room Annex, Deck 7

2:00p Social Bridge Play (un-hosted).

Card Room, Deck 7

3:00p Acupuncture Walk in Clinic

Spa & Wellness, Deck 9

4:15p Table Tennis Prize Game (weather permitting).

The Retreat, Deck 11

5:00p Mamma Mia! Caviar Sail Away!

Poolside, Decks 8 & 9

With live music from The Quest Quartet & Shey.
(Weather permitting).

5:00p Body Conditioning

Spa & Wellness, Deck 9

5:45p A Seabourn Conversation with Jennifer Eremeeva

Grand Salon, Deck 6

Shoyu to Sashimi: An Introduction to Japanese Cuisine

6:15p Classic Cocktails & Sunset Serenades with Mike

Observation Bar, Deck 10 (until 8:00p, with break).

6:30p Dessert of the Day: Try-on & Win

The Collection, Deck 7

Treat yourself with something sweet! Try on Effy Jewelry and enter to win a \$1000 shopping spree!

6:30p LGBTQIA+ Friends & Family Get Together

The Club, Deck 5 (lower left corner as you enter).

6:30p Sushi & Live Music with The Band

The Club, Deck 5 (until 7:30p).

8:30p Mid-Evening Moods with The Quest Quartet & Shey

The Club, Deck 5 (until 9:15p).

9:30p Showtime Tonight: Leanne Mitchell

Grand Salon, Deck 6

9:30p Musical Melodies with Mike

Observation Bar, Deck 10 (until midnight, with breaks).

10:15p Post Show Party with The Quest Quartet & Shey

The Club, Deck 5 (until 11:00p).

11:00p Boogie on Down with Grace & The Band

The Club, Deck 5

Followed by The Quest Quartet & Shey (until late, with break).

This is your moment

SEABOURN

THE HERALD

THURSDAY, MAY 1, 2025

KUSHIRO, JAPAN

WEATHER

CLEAR

48°F / 9°C

WIND 11mph / 17kmh

SUNRISE: 4:17a

SUNSET: 6:23p

IN PORT

KUSHIRO, JAPAN

Arrival: 9:00a / All Aboard: 5:30p

Gangway Location: Deck 4, Forward (subject to change).

Kushiro is a port city located on the eastern coast of Hokkaido, Japan, nestled between the Pacific Ocean and the expansive Kushiro Shitsugen Wetlands. Blessed by a protective range of mountains and a relatively warm ocean current, Kushiro gets less than a third of the winter snow of its Hokkaido neighbor Sapporo, and twice as much sunshine as the nearby Kuril Islands. Like all of Japan, it is riddled with semi-active geothermal features and occasionally rattled by tremors. Scenic Lake Akan is ringed by hot springs. The city is known for its rich natural environment, seafood industry, and the cultural significance of its indigenous Ainu heritage. Historically, Kushiro served as an important hub for the Hokkaido region's fishing and timber industries. Today, it remains a key point of interest for nature lovers and cultural explorers, offering visitors a chance to experience the stunning landscapes of Hokkaido, as well as its unique wildlife, including the endangered red-crowned crane. The city's proximity to natural wonders like Kushiro Shitsugen National Park and the Tancho Crane Reserve makes it a popular stop for cruise passengers.

For more detailed port information, please refer to the Seabourn Source.

TONIGHT'S ATTIRE: ELEGANT CASUAL

After 6:00p, the evening dress code is Elegant Casual. In all dining venues, the nightly dress standard for men is slacks with collared dress shirt or sweater and optional jacket. Slacks, skirt, blouse, pant suit or dresses are appropriate for ladies. Elegant jeans are now welcome in all dining venues.

A SEABOURN CONVERSATION WITH

TERRY GREENBERG

Eating Japan

This conversation discusses Japanese cuisine from daily items to the haute cuisine, called "kaiseki". Japan's unique culture is reflected in her approach to eating, including the emphasis on pure (even raw) ingredients, to a heavy emphasis on the appearance of food as well as taste.

5:30p GRAND SALON, DECK 6

SHOWTIME TONIGHT

SCOTT WILLIAMS

"The Laughter Show" Part 1

Better than a bottle of pills, the laughter show delivers a rich blend of clean, smart comedy that is loaded with laughter! Don't miss the comedy of Scott Williams in this once in a laugh-time show!

9:30p GRAND SALON, DECK 6

GUESTS GOING ASHORE

Please remember to carry passports when going ashore in Japan. Please note that it is forbidden by local authorities for guests to bring any fruit or food products ashore while in Japan.

GUESTS ON TOUR

E-Tickets & times will be listed in your wallet on Seabourn Source. Guests arriving after the meeting time may not be accommodated. Please ensure that you always carry your suite card while ashore.

MANDATORY DEPARTURE FACE-TO-FACE INSPECTION

On May 1st in Kushiro, between 3:00p - 5:00p a mandatory face to face departure inspection will take place in the Grand Salon for all guests. Guests will be required to present their passport to local officials before the vessel's departure and must pass through this inspection even if they do not plan to go ashore. Immigration officers will only be present from 3:00p - 5:00p. Please note that after completing the inspection, guests will no longer be permitted to go ashore in Kushiro. Your passport will be collected after the inspection in preparation for US Immigration. Please refer to the letter sent to your suite for more information.

EARTH & OCEAN - OUR STORY

Earth & Ocean at The Patio, Deck 9, is a full A La Carte dining venue in where chefs create an imaginative array of fresh, inventive dishes. Dine from a sophisticated menu celebrating eclectic traditional flavors from around the world and all served in a relaxed atmosphere for a distinctive dining experience unlike any other on board. "The food is complex, but unfussy. The flavors are rooted from diverse cuisines from many areas in the world. What is familiar to some, will be exotic to others. It is a global sampling of all sorts of delicious foods."

— Chef Anton Egger.

GALLEY TOUR SIGN UP

Guests interested in a tour of our main restaurant galley may sign up with guest services by visiting the Seabourn Square or dialing 9. Spaces are limited and these tours operate on a first come first served basis.

PORT AGENT INFORMATION

Wilhelmsen Port Services Co. Ltd
Gotenyama Truss Tower 13th Floor
7-35, Kitashinagawa 4 - Chrome
Shinagawa-Ku JP
Phone: +81363860173
Shore to Ship: +13218376102

BRITISH CONSULATE

T541 - 0059, Osaka3-5-1
Bakuro-machi, Chuo-ku, Japan
Phone: +81661205600

AMERICAN CONSULATE

1-10-5 Akasaka
Minato-ku, Tokyo 107-8420
Phone: +810332245000

AUSTRALIAN CONSULATE

16F Twin 21 MID Tower
2-1-61 Shiomi, Chuo-ku
Osaka 540-6116
Phone: +810669419271

FOOD & DRINK

The Restaurant, Deck 4

Breakfast	Closed
Lunch	Closed
Dinner	6:00p - 9:00p

The Colonnade, Deck 8

Breakfast	7:30a - 10:00a
Lunch, Satay	12:00n - 2:00p
Dinner, Japanese	6:00p - 9:00p

Solis, Deck 8

Dinner	6:00p - 9:00p
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Please note: Solis is by reservation only.

The Patio, Deck 8 (weather permitting).

Breakfast	8:30a - 10:00a
Lunch, Oriental	1:00p - 4:00p
Earth & Ocean	7:00p - 9:00p

Seabourn Square, Deck 7

Coffee & Snacks	6:15a - 6:00p
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Observation Bar, Deck 10

Early Morning Risers	6:00a - 8:00a
Bar	6:00p - Midnight

Sky Bar, Deck 9

(Weather permitting).	12:00n - 6:30p
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Patio Bar, Deck 8

10:00a - 10:00p

The Club, Deck 5

Sushi	6:00p - Close
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Room Service

24 Hours

Guests under the legal drinking age will not be served alcoholic beverages, nor are they to consume alcoholic beverages whilst onboard. Please understand that you may be requested to show identification indicating date of birth.

SERVICES

The Boutique & The Collection, Deck 7

6:30p - 10:00p

The Spa and Wellness, Deck 9

8:00a - 10:00p

Fitness Center, Deck 9

6:00a - 10:00p

For all spa events and classes menu, please refer to The Spa on your Seabourn Source App or contact The Spa reception.

Future Cruise Consultant, Deck 7

8:00a - 10:00a

4:00p - 6:00p

2027 World Cruise: Open for Booking

Australia & South Pacific Panorama: Explore the story and soul Australia and the South Pacific, visiting 67 unique destinations along the way. The countdown is on. But the moment is now. Reserve your preferred suite with our Early Booking Advantage of up to 10%, plus save an additional 10% per person when you book on board with your Future Cruise Consultant.

Destination Services, Deck 7

4:00p - 6:00p

Bookings can also be made on your Seabourn Source App or Suite TV.

Casino, Deck 5

Slots & Tables	7:30p - Close
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Medical Center, Deck 3 Forward

Please call 4314 during clinic hours to schedule an appointment.

Port days: 8:00a - 10:00a & 4:00p - 6:00p

Sea days: 9:00a - 11:00a & 4:00p - 6:00p

Embarkation days: 8:00a - 9:00a & 5:00p - 6:00p

FOR A MEDICAL EMERGENCY DIAL 911

LET'S GET SOCIAL!

We'll be looking out for any content you might post while you're with us so we can engage via our platforms. Feel free to tag us!



@SeabournCruise (X and Instagram)

@SeabournCruise (Facebook)

#Seabourn #SeabournQuest

TODAY'S ONBOARD ACTIVITIES

PLEASE NOTE - For a complete list of today's events and activities, please refer to the Herald on your in-suite TV or the Seabourn Source app.

DECK SPORTS AVAILABLE

The Retreat, Deck 11

Shuffleboard Court, Table Tennis & Golf Putting equipment can be accessed by walking through The Retreat to the mid-ship. Available for use until 6:00p.

7:30a Stretch & Release

Motion Studio, Deck 9

10:00p Acupuncture Walk in Clinic

Spa & Wellness, Deck 9

1:00p Mahjong Players Meet (un-hosted. Repeated at 3:00p).

Card Room Annex, Deck 7

2:00p Complimentary Postural Analysis

Motion Studio, Deck 9

2:00p Social Bridge Play (un-hosted).

Card Room, Deck 7

5:00p Shuffleboard Prize Game (weather permitting).

The Retreat, Deck 11

5:00p Pilates

Motion Studio, Deck 9

5:30p A Seabourn Conversation with Terry Greenberg

Grand Salon, Deck 6

Eating Japan

6:15p Classic Cocktails & Sunset Serenades with Mike

Observation Bar, Deck 10 (until 8:00p, with break).

6:30p Solo Travelers Get Together

The Club, Deck 5 (lower left corner as you enter).

6:30p Dessert of the Day: Try-on & Win

The Collection, Deck 7

Treat yourself with something sweet! Try on Effy Jewelry and enter to win a \$1000 shopping spree!

6:30p Collect Your EFFY Charm

The Collection, Deck 7

6:30p Sushi & Live Music with Grace & The Band

The Club, Deck 5 (until 7:30p).

8:30p Mid-Evening Moods with The Quest Quartet & Shey

The Club, Deck 5 (until 9:15p).

9:30p Showtime Tonight: Scott Williams

Grand Salon, Deck 6

"The Laughter Show" Part 1

9:30p Musical Melodies with Mike

Observation Bar, Deck 10 (until midnight, with breaks).

10:15p Post Show Party with Grace & The Band

The Club, Deck 5 (until 11:00p).

11:00p Boogie on Down with The Quest Quartet & Shey

The Club, Deck 5

Followed by Grace & The Band (until late, with break).

BOAT BUILDING COMPETITION

Ready to test your creativity and cunning? Join the Ultimate Boat-Building Challenge, where you'll construct a seaworthy vessel using whatever you can beg, borrow, or "borrow permanently" from around the ship. Scavenge smart, build bold, and then put your masterpiece to the test in a splashy showdown. Will it float... or will it gloriously sink to the depths of the pool?

Register your vessel with Guest Services at the Seabourn Square on Deck 7 or by dialing 9. Sea trials will be held on the 8th May.

This is your moment

SEABOURN

THE HERALD

FRIDAY, MAY 2, 2025

AT SEA

WEATHER

PARTLY CLOUDY

41°F / 5°C

WIND 23mph/37kmh

SUNRISE: 4:52a

SUNSET: 7:02p

INTRODUCING YOUR HOTEL DIRECTOR ...

LUCA DI MATTEO

Italians stereotypically are viewed as encompassing all the ideals of passion, food, and hospitality. That is the best way to describe Luca: a true Italian. Luca was born in Naples, in the heart of the thriving, vibrant and colorful city. Having completed a degree in Agriculture, Luca realized that he needed to follow the passion of food and service, and enrolled in a Hotel Management Degree in Torquay, England. The only difficulty was that he did not speak a word of English! In Luca's true style, he approached the challenge, reading newspapers daily with his trusty dictionary by his side to learn this new language. In 2001, Luca joined the Seabourn Legend as a waiter. His confidence and charm, and his genuine care and dedication to guests meant that he moved up the ranks to Assistant Maitre D', and then Maitre D'. It was in 2005 that Luca met his wife while working on the Legend. They were married in 2008 and made their home in Perugia, Italy, continuing to sail and work together. After welcoming their first child in 2010, Luca moved to a shoreside position, travelling between the fleet as Corporate Manager of Restaurants & Bars, and moving his family to be closer to the Seabourn Head Office in Seattle. After six years in a shoreside role, it was time for Luca to return onboard. Brimming with passion for the Seabourn mission, Luca took his first post as Hotel Director in 2017. He currently calls Umbria home, where he lives with his wife, Stephanie, and four young kids: Diego (14), Mario (12), Alessio (10) & Luisa (7).

TIME CHANGE NOTICE: Please remember to set your clocks and devices **ONE HOUR FORWARD** before retiring on the evening of Thursday, May 1st and before the morning of Friday, May 2nd. Guest are advised to switch their mobile devices to Manual Date & Time, rather than automatic, to avoid confusion as we cross through different time zones.

SEABOURN SIGNATURE EVENT

BLOCK PARTY

It's a wonderful day in the neighborhood onboard Seabourn Quest! At the ringing of the ship's bell, step outside your suite and into the corridors for a friendly gathering with your crew, officers & fellow travelers.

5:30p ALL DECKS, OUTSIDE YOUR SUITE DOOR

SHOWTIME TONIGHT

LIVE & WIRED

Featuring The Seabourn Six! Music meets modern technology in this innovative production that celebrates the joy of live performance - featuring our musicians, singers, and dancers. Live cameras work alongside screen visuals, as the cast perform a diverse collection of iconic pop songs.

9:30p GRAND SALON, DECK 6

TONIGHT'S ATTIRE: ELEGANT CASUAL

After 6:00p, the evening dress code is Elegant Casual. In all dining venues, the nightly dress standard for men is slacks with collared dress shirt or sweater and optional jacket. Slacks, skirt, blouse, pant suit or dresses are appropriate for ladies. Elegant jeans are now welcome in all dining venues.

TODAY'S HIGHLIGHTS

COFFEE WITH THE OFFICERS

Sip on your favorite morning time drink while you mingle with your Seabourn Quest Officers! A great time to ask questions and make new friends.

9:45a SEABOURN SQUARE, DECK 7

A SEABOURN CONVERSATION WITH DEBBIE MACOMBER

Chasing Her Dreams: How She Beat The Odds

Learn about the power of a dream and how a child who was dyslexic and unable to read until the fifth grade overcame rejection after rejection to become a leading voice in Women's fiction. Followed by a Q&A.

10:15a GRAND SALON, DECK 6

FUN & FRIENDLY TEAM TRIVIA WITH AIMÉE & JENN

Join Aimée & Jenn for another fun filled battle of the brains, full of useless information to get you puzzling!

11:15a THE CLUB, DECK 5

A SEABOURN CONVERSATION WITH TERRY BREEN

A Quiet Mind

Japan is one of the most densely populated countries in the world yet within that concentration, the Japanese people manage to carve out quiet and calm. Learn more about how these serene moments are created.

2:30p GRAND SALON, DECK 6

WRITING WORKSHOP WITH JENNIFER EREMEEVA

Unleash the Creative Genius Within

Explore ideas for a creative project in this interactive workshop, which outlines the process of mining our travel experiences for inspiration.

3:30p THE CLUB, DECK 5

SCAVENGER HUNT WITH AIMÉE & JENN

Set sail on a thrilling scavenger hunt across the ship! Bring your phones, follow clever clues and snap photos as proof for a chance to win Seabourn swag!

3:45p MEET IN THE SEABOURN SQUARE, DECK 7

LATE NIGHT NAME THAT TUNE WITH JENN & MIKE

How well do you know your Billie Joel from your Elton John? From throwbacks to chart toppers, join Observation Musician Mike & Entertainment Manager Jenn for this fun late night musical quiz, with Seabourn Swag to be won!

10:30p OBSERVATION BAR, DECK 10

FOOD & DRINK

The Restaurant, Deck 4

Breakfast	8:00a - 9:00a
Lunch	12:30p - 1:30p
Dinner	6:00p - 9:00p

The Colonnade, Deck 8

Breakfast	7:30a - 10:00a
Lunch, French	12:00n - 2:00p
Dinner, Old England	6:00p - 9:00p

Solis, Deck 8

Dinner	6:00p - 9:00p
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Please note: Solis is by reservation only.

The Patio, Deck 8 (weather permitting).

Breakfast	9:00a - 10:30a
Lunch, Fish & Seafood	12:30p - 3:30p
Earth & Ocean	7:00p - 9:00p

Seabourn Square, Deck 7

Coffee & Snacks	6:15a - 6:00p
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Observation Bar, Deck 10

Early Morning Risers	6:00a - 8:00a
Afternoon Tea	4:00p - 5:00p
Bar	6:00p - Midnight

Sky Bar, Deck 9

(Weather permitting).	12:00p - 6:30p
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Patio Bar, Deck 8

10:00a - 10:00p

The Club, Deck 5

Sushi	6:00p - Close
	6:00p - 9:00p

Room Service

24 Hours

Guests under the legal drinking age will not be served alcoholic beverages, nor are they to consume alcoholic beverages whilst onboard. Please understand that you may be requested to show identification indicating date of birth.

SERVICES

The Boutique & The Collection, Deck 7

10:00a - 10:00p

The Spa and Wellness, Deck 9

Fitness Center, Deck 9	8:00a - 10:00p
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For all spa events and classes menu, please refer to The Spa on your Seabourn Source App or contact The Spa reception.

Future Cruise Consultant, Deck 7

9:00a - 12:00n
2:00p - 6:00p

New 2026 - 2027 Caribbean, Japan, and Southeast Asia Voyages Open for Booking: 34 new voyages visiting 71 unique ports are now available for you to explore. The countdown is on. But the moment is now. Reserve your preferred suite with our Early Booking Advantage of up to 10%, plus save an additional 10% per person when you book on board with your Future Cruise Consultant.

Destination Services, Deck 7

10:00a - 12:00n
4:00p - 6:00p

Casino, Deck 5

Slots	All Day
Tables	1:30p - 5:00p
	6:00p - Close

Medical Center, Deck 3 Forward

Please call 4314 during clinic hours to schedule an appointment.

Port days: 8:00a - 10:00a & 4:00p - 6:00p

Sea days: 9:00a - 11:00a & 4:00p - 6:00p

Embarkation days: 8:00a - 9:00a & 5:00p - 6:00p

FOR A MEDICAL EMERGENCY DIAL 911

BOAT BUILDING COMPETITION

Join the Ultimate Boat-Building Challenge, where you'll construct a seaworthy vessel using whatever you can beg, steal or borrow from around the ship. Scavenge smart, build bold, and then put your masterpiece to the test in a splashy showdown. Will it float... or will it gloriously sink to the depths of the pool?

Register your vessel with Guest Services at the Seabourn Square on Deck 7 or by dialing 9. Sea trials will be held on the 8th May.

TODAY'S ONBOARD ACTIVITIES

9:45a Coffee with the Officers

Seabourn Square, Deck 7

10:00a Social Bridge & Mahjong Play (un-hosted. Repeated at 2:00p)

Card Room, Deck 7

10:00a Natural Relief for Arthritis, Back and Knee Pain

Spa & Wellness, Deck 9

10:15a A Seabourn Conversation with Debbie Macomber

Grand Salon, Deck 6

Chasing Her Dreams: How She Beat The Odds

10:30a Baggo Prize Game

Atrium, Deck 4

10:30a EFFY Showcase: Rubies

The Collection, Deck 7

11:15a Fun & Friendly Team Trivia with Aimée & Jenn

The Club, Deck 5

2:00p Social Bridge & Mahjong Play (un-hosted).

Card Room, Deck 7

2:30p A Seabourn Conversation with Terry Breen

Grand Salon, Deck 6

A Quiet Mind

2:30p Dessert of The Day: Try-on & Win

The Collection, Deck 7

Try on EFFY Jewelry & enter to win a \$1000 shopping spree!

3:15p Golf Putting Prize Game (weather permitting).

The Retreat, Deck 11

3:30p Writing Workshop with Jennifer Eremeeva

The Club, Deck 5

Unleash the Creative Genius Within

3:45p Scavenger Hunt with Aimée & Jenn

Meet in The Seabourn Square, Deck 7

4:00p Afternoon Tea & Melodies

Observation Bar, Deck 10

4:00p Stitch, Knit & Natter

Observation Bar, Deck 10

4:00p Acupuncture Walk-in Clinic

Spa & Wellness, Deck 9

5:00p Friends of Bill. W Meet (un-hosted).

Conference Room 1, Deck 5

5:30p Seabourn Signature Event: Block Party

All Decks, Outside Your Suite Door

6:00p Sabbath Service (un-hosted).

Card Room, Deck 7

6:15p Classic Cocktails & Sunset Serenades with Mike

Observation Bar, Deck 10 (until 8:00p, with break).

6:30p Sushi & Live Music with The Quest Quartet & Shey

The Club, Deck 5 (until 7:30p).

8:30p Mid-Evening Moods The Quest Quartet & Shey

The Club, Deck 5 (until 9:15p).

8:30p Gem & Tonic: Cocktail & Gem Pairing

The Collection, Deck 7

9:30p Showtime Tonight: Live & Wired

Grand Salon, Deck 6

9:30p Musical Melodies with Mike

Observation Bar, Deck 10 (until 10:15p).

10:15p Post Show Party with The Quest Quartet & Shey

The Club, Deck 5 (until 11:00p).

10:30p Late Night Name That Tune with Jenn & Mike

Observation Bar, Deck 10

11:00p Boogie on Down with Grace & The Band

The Club, Deck 5

Followed by The Club Quartet & Shey (until late).

11:30p Mikes Midnight Music Lounge

Observation Bar, Deck 10 (until midnight).

This is your moment.



SEABOURN®

THE HERALD

SATURDAY, MAY 3, 2025

AT SEA

WEATHER

SUNNY

41°F / 5°C

WIND 17mph/28kmh

SUNRISE: 5:15a

SUNSET: 7:38p

INTRODUCING YOUR CRUISE DIRECTOR...

AIMÉE LAKE

Aimée is thrilled to rejoin Seabourn Quest as Cruise Director, where she will oversee the entertainment program to ensure an unforgettable experience for all Seabourn guests. Her passion for travel, love of the performing arts, and dedication to the Seabourn family motivate her to provide excellent service. Originally from Shropshire, England, Aimée graduated in London with a BA (Hons) in Musical Theatre from Mountview Academy in 2013. During her studies, she received a BBC Performing Arts Award funded by Lord Andrew Lloyd Webber. Since then, Aimée has built an impressive career in performing and directing. Highlights have included cabaret and concert performances such as 'A West End Christmas'. Aimée has previously served as Cruise Director for Silversea and was also a lead vocalist for both Silversea and Regent. During her time, Aimée has been fortunate to visit over one hundred countries on all seven continents. Aimée is excited to bring her wealth of knowledge, experience, and passion to Seabourn to provide a fantastic entertainment journey for all on board.

TONIGHT'S ATTIRE: ELEGANT CASUAL

After 6:00p, the evening dress code is Elegant Casual. In all dining venues, the nightly dress standard for men is slacks with collared dress shirt or sweater and optional jacket. Slacks, skirt, blouse, pant suit or dresses are appropriate for ladies. Elegant jeans are now welcome in all dining venues.

A PRE-DINNER CONVERSATION WITH

TERRY GREENBERG

The Japanese Aesthetic

The Japanese have a beautiful aesthetic sense that draws upon their unique culture and philosophies. This conversation outlines this reality as it is expressed in art, architecture, design, and literature. Although it is different, it can be easily accessible and appreciated by Westerners.

5:30p GRAND SALON, DECK 6

SHOWTIME TONIGHT

IRINA GUSKOVA

Join us for another magical musical evening with Russian Violinist Irina Guskova! While rooted in classical traditions, Irina embraced a new musical phase when invited to perform on luxury liners for diverse international audiences. Tonight, she shares her expanded repertoire, including Irish folk and American Country Fiddle music. Experience Irina's passion and love for diverse musical genres in this enchanting performance that transcends classical boundaries.

9:30p GRAND SALON, DECK 6

TIME CHANGE NOTICE: Please remember to set your clocks and devices **ONE HOUR FORWARD** before retiring on the evening of Friday, May 2nd and before the morning of Saturday, May 3rd. Guests are advised to switch their mobile devices to Manual Date & Time, rather than automatic, to avoid confusion as we cross through different time zones.

TODAY'S HIGHLIGHTS

FUTURE CRUISE PRESENTATION WITH JACCO

Join your Future Cruise Consultant Jacco and get to know more about the Seabourn fleet and our exciting future itineraries.

9:00a GRAND SALON, DECK 6

ART AT THE TABLE

Join our Artists get-together, a moment to relax, connect, and create. A table will be set in the restaurant with a selection of art supplies available for anyone who would like to explore their creative side. Whether you're a seasoned artist or simply want to doodle, come let your imagination flow!

10:00a THE RESTAURANT (UNTIL 11:00a).

A SEABOURN CONVERSATION WITH JENNIFER EREMEVA

Beyond the Horizon: Voyages of Exploration

Join the dreamers, risk-takers, and visionaries in their quest to discover what lies beyond the horizon.

10:15a GRAND SALON, DECK 6

FUN & FRIENDLY TEAM TRIVIA WITH AIMÉE & JENN

Join Aimée & Jenn for another round of this fun filled battle of the brains, full of useless information to get you puzzling!

11:15a THE CLUB, DECK 5

A SEABOURN CONVERSATION WITH TERRY BREEN

Tea

Tea is consumed by more people worldwide than any other beverage. Its history is long and storied. Join Terry for an overview including a tasting of the most popular kinds.

2:30p GRAND SALON, DECK 6

WRITING WORKSHOP WITH DEBBIE MACOMBER

The Process of Novel Writing

Learn how to dissect a novel and the important steps Debbie follows every day in crafting her bestselling books. Learn about the publishing process and the steps it takes to get your books on the shelves at stores.

3:30p THE CLUB, DECK 5

Q&A WITH THE SEABOURN SIX

Get an inside look at life on stage at sea during this exclusive Q&A session with the ship's talented Seabourn Six! Join Dustin, Jess, Peter, Grace, Kate & Shay as they share what it takes to bring our production shows to life. Ask your burning questions and meet the stars who light up the stage.

3:45p GRAND SALON, DECK 6

FOOD & DRINK

The Restaurant, Deck 4

Breakfast	8:00a - 9:00a
Lunch	12:30p - 1:30p
Dinner	6:00p - 9:00p

The Colonnade, Deck 8

Breakfast	7:30a - 10:00a
Lunch, Chinese	12:00n - 2:00p
Dinner, Spanish	6:00p - 9:00p

Solis, Deck 8

Dinner	6:00p - 9:00p
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Please note: Solis is by reservation only.

The Patio, Deck 8 (weather permitting).

Breakfast	9:00a - 10:30a
Lunch, Gyros	12:30p - 3:30p
Earth & Ocean	7:00p - 9:00p

Seabourn Square, Deck 7

Coffee & Snacks	6:15a - 6:00p
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Observation Bar, Deck 10

Early Morning Risers	6:00a - 8:00a
Bar	11:30a - Midnight
Afternoon Tea	4:00p - 5:00p

Sky Bar, Deck 9 (Weather permitting).

Closed

Patio Bar, Deck 8

10:00a - 10:00p

The Club, Deck 5

Sushi 6:00p - Close

Room Service

24 Hours

Guests under the legal drinking age will not be served alcoholic beverages, nor are they to consume alcoholic beverages whilst onboard. Please understand that you may be requested to show identification indicating date of birth.

SERVICES

The Boutique & The Collection, Deck 7

10:00a - 10:00p

The Spa and Wellness, Deck 9

8:00a - 10:00p

Fitness Center, Deck 9

6:00a - 10:00p

For all spa events and classes menu, please refer to The Spa on your Seabourn Source App or contact The Spa reception.

Future Cruise Consultant, Deck 7

10:30a - 12:00n

2:00p - 6:00p

A Sail to Remember - Limited Time Offer

Enjoy savings up to 15% on select cruises and expeditions to Alaska, Northern Europe, Mediterranean, Northwest Passage & more. Plus, save an additional 10% with our onboard booking savings. Visit your Future Cruise Consultant to learn more.

Destination Services, Deck 7

10:00a - 12:00n

4:00p - 6:00p

Casino, Deck 5

Slots

All Day

Tables

1:30p - 5:00p

6:00p - Close

Medical Center, Deck 3 Forward

Please call 4314 during clinic hours to schedule an appointment.

Port days:

8:00a - 10:00a & 4:00p - 6:00p

Sea days:

9:00a - 11:00a & 4:00p - 6:00p

Embarkation days:

8:00a - 9:00a & 5:00p - 6:00p

FOR A MEDICAL EMERGENCY DIAL 911

BOAT BUILDING SUPPLIES

Some boat building supplies will be available in the Seabourn Square today between 9:30a - 10:00a.

Beg, steal & borrow other supplies from around the ship to create your vessel. Your vessel must be capable of carrying a one-kilo tin of caviar from one end of the swimming pool to the other. Prizes will be awarded for seaworthiness, design, and your ability to transport the cargo.

Register your vessel with Guest Services at the Seabourn Square on Deck 7 or by dialing 9. Sea trials will be held on the 8th May.

TODAY'S ONBOARD ACTIVITIES

9:00a Future Cruise Presentation with Jacco
Grand Salon, Deck 6

9:30a Boat Building Supplies Available (until 10:00p).
Seabourn Square, Deck 7

10:00a Social Bridge & Mahjong Play (un-hosted. Repeated at 2:00p)
Card Room, Deck 7

10:00a Art at The Table (until 11:00a).
The Restaurant, Deck 4

10:00a Table Tennis Prize Game (weather permitting).
The Retreat, Deck 11

10:00a Acupuncture Weight Loss & Diabetes
Spa & Wellness, Deck 9

10:15a A Seabourn Conversation with Jennifer Eremeeva
Grand Salon, Deck 6
Beyond the Horizon: Voyages of Exploration

10:30a Collect your EFFY Charm
The Collection, Deck 7

11:00a Detox for Health & Weight Loss
Motion Studio, Deck 8

11:15a Fun & Friendly Team Trivia with Aimée & Jenn
The Club, Deck 5

2:00p Social Bridge & Mahjong Play (un-hosted).
Card Room, Deck 7

2:00p Gemology At Sea: Tanzanite Tales
The Collection, Deck 7

From its fascinating discovery to the legends surrounding it and the unique composition that makes it one of the few trichroic gems in the world, this seminar will have you in awe.

2:00p Blackjack Tournament
Casino, Deck 5

Qualifying Rounds 2:00p - 4:00p. Finals at 3:45p. \$25 Entry fee.

2:30p A Seabourn Conversation with Terry Breen
Grand Salon, Deck 6
Tea

2:30p Dessert of The Day: Try-on & Win
The Collection, Deck 7

Try on EFFY Jewelry & enter to win a \$1000 shopping spree!

3:15p Shuffleboard Prize Game (weather permitting).
The Retreat, Deck 11

3:30p Writing Workshop with Debbie Macomber
The Club, Deck 5
The Process of Novel Writing.

3:45p Q&A with The Seabourn Six
Grand Salon, Deck 6

4:00p Afternoon Tea & Melodies
Observation Bar, Deck 10

4:00p Stitch, Knit & Natter
Observation Bar, Deck 10

5:30p A Pre-Dinner Conversation with Terry Greenberg
Grand Salon, Deck 6
The Japanese Aesthetic

6:15p Classic Cocktails & Sunset Serenades with Mike
Observation Bar, Deck 10 (until 8:00p, with break).

6:30p Sushi & Live Music with The Quest Quartet & Shey
The Club, Deck 5 (until 7:30p).

8:30p Mid-Evening Moods The Quest Quartet & Shey
The Club, Deck 5 (until 9:15p).

9:30p Showtime Tonight: Irina Guskova
Grand Salon, Deck 6

9:30p Musical Melodies with Mike
Observation Bar, Deck 10 (until midnight. With breaks).

10:15p Post Show Party with The Quest Quartet & Shey
The Club, Deck 5 (until 11:00p).

11:00p Boogie on Down with Grace & The Band
The Club, Deck 5
Followed by The Club Quartet & Shey (until late).

NORTHERN LIGHTS WAKE-UP CALL REGISTRATION

If you would like to receive a 'Northern Lights wake-up call' in your suite should they be spotted by the Bridge at night, please register your suite number at the Seabourn Square or by dialing 9. Please note that sightings are not guaranteed.

This is your moment.



SEABOURN®

THE HERALD

SUNDAY, MAY 4, 2025 (A)

AT SEA

WEATHER

SUNNY

37°F / 3°C

WIND 12mph/18kmh

SUNRISE: 5:15a

SUNSET: 7:38p

INTRODUCING STAFF CAPTAIN...

KATARZYNA SOBOLEWSKA

Straight from the northeast of Poland – a land better known for lakes and kartacze (giant dumplings, for the uninitiated) than for seafarers – Kate is the youngest of four daughters and the only one who had the inclination to "run away to sea!" Kate always dreamed of studying Navigation, but back then, the Maritime University in Gdynia hadn't opened the course to women. So, she did the next best thing: enrolled in Port & Fleet Exploitation. When Navigation finally welcomed women, Kate said, "Why not both?" Sleep is for the weak! After earning her sea legs on cargo ships (less champagne, more chains), Kate joined the World Cruise in 2013 on the Seabourn Legend as Third Officer. Since then, she has worked her way up the ranks on OSQ-class ships to proudly serve as your Staff Captain. These days, Kate calls Gdynia home, where she lives with her daughter Zoya, her fiancé Tomas, and an ever-growing collection of children's books and board games (all "for Zoya," of course). When she's not steering ships, she's steering a spatula – cooking, baking, and chasing bold new flavors. In the summer, you'll find her kitesurfing, and in the winter, snowboarding. And yes, she does own dresses and heels. It's not all epaulettes and trousers!

TIME CHANGE NOTICE: Please remember to set your clocks and devices **ONE HOUR FORWARD** before retiring on the evening of Saturday, May 3rd and before the morning of Sunday, May 4th (A). Guests are advised to switch their mobile devices to Manual Date & Time, rather than automatic, to avoid confusion as we cross through different time zones.

A SEABOURN CONVERSATION WITH

SCOTT WILLIAMS

Extracts From The Happy Human Book

Our resident laughter specialist Scott Williams presents "The Optimistic Thinker". In this uplifting lecture Scott explores the link between humor and better health and discusses what practical steps we can all take to boost our daily dose of happiness. Scott's presentation also considers how we can convert some of life's negative energy into positive pressure that can propel us forward. It's the most fun you can have while learning!

5:30p GRAND SALON, DECK 6

ENTERTAINMENT TONIGHT

DATE LINE DANCE PARTY

Put on your dancing shoes and join us on deck for the ultimate night of music and dancing as we celebrate crossing the International Date Line in true Seabourn Style! Get the party started with The Quartet & Shey at 8:45p and then join the entire Entertainment Team at 9:30p for a night of dancing, featuring live music by Grace & The Band, with performances by the Seabourn Six! Your Cruise Director Aimée and Entertainment Manager Jenn might even jump on stage too!

9:30p THE CLUB, DECK 5

TONIGHT'S ATTIRE: ELEGANT CASUAL

After 6:00p, the evening dress code is Elegant Casual. In all dining venues, the nightly dress standard for men is slacks with collared dress shirt or sweater and optional jacket. Slacks, skirt, blouse, pant suit or dresses are appropriate for ladies. Elegant jeans are now welcome in all dining venues.

TODAY'S HIGHLIGHTS

LIVE COOKING DEMONSTRATION WITH CHEF CHRISTOPHE

Executive Chef Christophe shares this live culinary showcase as he prepares a gorgeous Vietnamese Bouillabaisse. Watch this gourmet dish come to life, learn expert techniques, and gain insider tips from one of the industry's finest. Whether you're a seasoned foodie or just love great food, you won't want to miss this!

10:00a GRAND SALON, DECK 6

THE QUEST FUNFAIR

All the fun at the fair this morning as your Seabourn Quest departments bring the fun with their own wild and wacky stalls – games, challenges, and surprises for all guests to compete and enjoy! Winners of each stall will be announced on The Source App, with prizes delivered directly to your suite! So roll up, roll up and prepare to be amused!

10:45a ATRIUM, ALL DECKS

A SEABOURN CONVERSATION WITH TERRY GREENBERG

Russia's March Across Asia, and to Alaska

Russia grew from a small state in Europe, to absorb the huge land mass of Siberia, and then pioneered the European exploration of the territory of Alaska. This conversation will review this progress and focus on the period of Russian control in Alaska.

2:30p GRAND SALON, DECK 6

ORIGAMI CLASS WITH SEABOURN SINGER JESS

Discover the art of paper folding in this fun and relaxing origami class! Perfect for beginners, you'll learn to create beautiful shapes. All materials provided!

3:15p THE RESTAURANT, DECK 4

FUN & FRIENDLY TEAM TRIVIA WITH AIMÉE & JENN

Join Aimée & Jenn for another fun filled battle of the brains, full of useless information to get you puzzling!

4:00p THE CLUB, DECK 5

SEABOURN POLAR PLUNGE – May 6th at 10:15a

Are you brave enough to face the Polar Plunge? Submerge into -13-degree Celsius water as we convert the jacuzzi on Deck 8 into our very own icy ocean. But don't worry, shots and bathrobes will be available afterwards to keep you warm!

Those wishing to take part should sign up with Guest Services by visiting the Seabourn Square or dialing 9.

FOOD & DRINK

The Restaurant, Deck 4

Breakfast	8:00a - 9:00a
Lunch	12:30p - 1:30p
Dinner	6:00p - 9:00p

The Colonnade, Deck 8

Breakfast	7:30a - 10:00a
Lunch, Tempura Fritters	12:00n - 2:00p
Asian Market Dinner	6:00p - 9:00p

Solis, Deck 8

Dinner	6:00p - 9:00p
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Please note: Solis is by reservation only.

The Patio, Deck 8 (weather permitting).

Breakfast	9:00a - 10:30a
Lunch, Scaloppini	12:30p - 3:30p
Earth & Ocean	7:00p - 9:00p

Seabourn Square, Deck 7

Coffee & Snacks	6:15a - 6:00p
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Observation Bar, Deck 10

Early Morning Risers	6:00a - 8:00a
Bar	11:30a - Midnight
Afternoon Tea	4:00p - 5:00p

Sky Bar, Deck 9

(Weather permitting). Closed

Patio Bar, Deck 8

10:00a - 10:00p

The Club, Deck 5

Sushi	6:00p - Close
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Room Service

24 Hours

Guests under the legal drinking age will not be served alcoholic beverages, nor are they to consume alcoholic beverages whilst onboard. Please understand that you may be requested to show identification indicating date of birth.

SERVICES

The Boutique & The Collection, Deck 7	10:00a - 10:00p
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The Spa and Wellness, Deck 9	8:00a - 10:00p
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Fitness Center, Deck 9	6:00a - 10:00p
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For all spa events and classes menu, please refer to The Spa on your Seabourn Source App or contact The Spa reception.

Future Cruise Consultant, Deck 7	9:00a - 12:00n 2:00p - 6:00p
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A Sail to Remember—Limited Time Offer

Enjoy savings up to 15% on select cruises and expeditions to Alaska, Northern Europe, Mediterranean, Northwest Passage & more. Plus, save an additional 10% with our onboard booking savings. Visit your Future Cruise Consultant to learn more.

Destination Services, Deck 7	10:00a - 12:00n 4:00p - 6:00p
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Casino, Deck 5

Slots	All Day
Tables	1:30p - 5:00p 6:00p - Close

Medical Center, Deck 3 Forward

Please call 4314 during clinic hours to schedule an appointment.

Port days:	8:00a - 10:00a & 4:00p - 6:00p
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Sea days:	9:00a - 11:00a & 4:00p - 6:00p
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Embarkation days:	8:00a - 9:00a & 5:00p - 6:00p
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FOR A MEDICAL EMERGENCY DIAL 911

BOAT BUILDING COMPETITION

Beg, steal & borrow supplies from around the ship to create your vessel. Your vessel must be capable of carrying a one-kilo tin of caviar from one end of the swimming pool to the other. Prizes awarded for seaworthiness, design, and ability to transport the cargo.

Register your vessel with Guest Services at the Seabourn Square on Deck 7 or by dialing 9. Sea trials will be held on the 8th May.

TODAY'S ONBOARD ACTIVITIES

9:00a	Complimentary Walk-In Hair Consultation Spa & Wellness, Deck 9
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9:00a	Interdenominational Church Service (un-hosted). Card Room, Deck 7
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10:00a	Social Bridge & Mahjong Play (un-hosted. Repeated at 2:00p). Card Room, Deck 7 With American Mahjong lessons available with Jodi in the Card Room Annex.
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10:00a	Natural Relief for Arthritis, Back and Knee Pain Spa & Wellness, Deck 9
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10:00a	Live Cooking Demonstration with Chef Christophe Grand Salon, Deck 6 Vietnamese Bouillabaisse
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10:30a	Locman Watches The Collection, Deck 7
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10:45a	The Quest Funfair! Atrium, All Decks
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2:00p	Social Bridge & Mahjong Play (un-hosted). Card Room, Deck 7
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2:00p	EFFY Gemology Series: Yellow Diamonds The Collection, Deck 7 Rare Earth Treasures: A deep dive into exotic gemstones.
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2:30p	A Seabourn Conversation with Terry Greenberg Grand Salon, Deck 6 Russia's March Across Asia, and to Alaska
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2:30p	Dessert of The Day: Try-on & Win The Collection, Deck 7 Try on EFFY Jewelry & enter to win a \$1000 shopping spree!
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3:15p	Origami Class with Seabourn Singer Jess The Restaurant, Deck 4
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3:30p	Golf Putting Prize Game (weather permitting). The Retreat, Deck 11
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4:00p	Afternoon Tea & Melodies Observation Bar, Deck 10
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4:00p	Stitch, Knit & Natter with Seabourn Singer Kate Observation Bar, Deck 10
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4:00p	Fun & Friendly Team Trivia with Aimée & Jenn The Club, Deck 5
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5:00p	Body Conditioning Motion Studio, Deck 9
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5:30p	A Seabourn Conversation with Scott Williams Grand Salon, Deck 6 Extracts From The Happy Human Book
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6:15p	Classic Cocktails & Sunset Serenades with Mike Observation Bar, Deck 10 (until 8:00p, with break).
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6:30p	Sushi & Live Music with The Quest Quartet & Shey The Club, Deck 5 (until 7:30p).
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8:30p	Gem & Tonic: Cocktail & Gem Pairing The Collection, Deck 7
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8:30p	Popcorn Movie: Wicked Grand Salon, Deck 6 Misunderstood because of her green skin, Elphaba forges an unlikely but profound friendship with Glinda, a student with an unflinching desire for popularity. Following an encounter with the Wizard of Oz, their relationship soon reaches a crossroad as their lives begin to take very different paths. (161 mins. PG).
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8:45p	Get the Party Started with The Quest Quartet & Shey The Club, Deck 5 (until 9:30p).
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9:30p	Entertainment Tonight: Date Line Dance Party! The Club, Deck 5 Join your Entertainment Team as we celebrate crossing the International Date Line!
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9:30p	Musical Melodies with Mike Observation Bar, Deck 10 (until midnight, with breaks).
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10:45p	After Party with The Quest Quartet & Shey The Club, Deck 5 Followed by Grace & The Band (until late, with breaks).
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This is your moment.



SEABOURN®

THE HERALD

SUNDAY, MAY 4, 2025 (B)

AT SEA (INTERNATIONAL DATE LINE)

WEATHER

CLOUDY

37°F / 3°C

WIND 6mph/9kmh

SUNRISE: 5:00a

SUNSET: 7:42p

CROSSING

THE INTERNATIONAL DATE LINE

The International Date Line (IDL) is located at about 180° east (or west). It is halfway around the world from the prime meridian (0° longitude), the reference point of time zones, which runs through Greenwich, UK. The date line runs from the North Pole to the South Pole and marks the Western and Eastern Hemisphere divide. It is not straight but curves around landmasses and national borders. For example, it leans towards the east at the Bering Strait between Asia and North America, leaving Cape Dezhnev in Siberia, Russia, a day ahead of Cape Prince of Wales in Alaska, USA, even though they are only 80 km (50 mi) apart. The International Date Line is also known as the "Line of Demarcation" because it separates two calendar dates. When you cross the date line traveling east, you subtract a day, and if you cross the line traveling west, you add a day.

The International Date Line should not be confused with the Nautical Date Line, which follows the 180° meridian from the North to the South Pole. Unlike the International Date Line, whose course is determined by the countries bordering it, the Nautical Date Line is defined by international agreements. The 180° meridian was selected as the basis for the International Date Line because it mostly runs through the sparsely populated Central Pacific Ocean. This decision was made at the International Meridian Conference held in Washington, DC, in 1884.

TIME CHANGE NOTICE: Please remember to set your clocks and devices **ONE HOUR FORWARD** before retiring on the evening of Sunday, May 4th (A). before the morning of Sunday, May 4th (B). Guests are advised to switch their mobile devices to Manual Date & Time, rather than automatic, to avoid confusion as we cross through different time zones.

DATE CHANGE NOTICE: Please note that due to the ship crossing the International Date Line, May 4th will be repeated.

A SEABOURN CONVERSATION WITH

JENNIFER EREMEEVA

Flotsam & Jetsam: The Origins of Popular Nautical Sayings

Expand your nautical vocabulary as we explore the origins many popular sayings with maritime origins.

5:30p GRAND SALON, DECK 6

SHOWTIME TONIGHT

EARTH SONG

Featuring The Seabourn Six

Immersive visuals bring the elements and nature to life in a unique and emotive production featuring The Seabourn Six. Scenes include a mesmerizing performance of Desert Rose, music from Coldplay and the show's title song Earth Song, featuring fascinating graphic design.

9:30p GRAND SALON, DECK 6

TONIGHT'S ATTIRE: ELEGANT CASUAL

After 6:00p, the evening dress code is Elegant Casual. In all dining venues, the nightly dress standard for men is slacks with collared dress shirt or sweater and optional jacket. Slacks, skirt, blouse, pant suit or dresses are appropriate for ladies. Elegant jeans are now welcome in all dining venues.

TODAY'S HIGHLIGHTS

ART AT THE TABLE

Join our Artists get-together, a moment to relax, connect, and create. A table will be set in the restaurant with a selection of art supplies available for anyone who would like to explore their creative side. Whether you're a seasoned artist or simply want to doodle, come let your imagination flow!

10:00a THE RESTAURANT (UNTIL 11:00a).

A CONVERSATION WITH TERRY BREEN

The Forgotten War: Part One

In the wake of the devastating attack on Pearl Harbor, few people were aware that Dutch Harbor was bombed, and Japanese troops occupied US territory in The Aleutians. Join Terry for Part One of this story.

10:15a GRAND SALON, DECK 6

FUN & FRIENDLY TEAM TRIVIA WITH AIMÉE & JENN

Join Aimée & Jenn for another round of this fun filled battle of the brains, full of useless information to get you puzzling!

11:15a THE CLUB, DECK 5

A SEABOURN CONVERSATION WITH DEBBIE MACOMBER

How Debbie Built Her Career: The Pillars Of Her Success

Learn about the power of a dream and how a child who was dyslexic and unable to read until the fifth grade overcame rejection after rejection to become a leading voice in Women's fiction. Followed by a Q&A

2:30p GRAND SALON, DECK 6

NAME THAT TUNE WITH AIMÉE & DUSTIN

Think you've got an ear for music? Join Cruise Director Aimée & Seabourn Six Singer Dustin for a toe-tapping, head-scratching round of Name That Tune! From throwbacks to chart-toppers, guess the hits and earn points. Bragging rights (and maybe a prize) are on the line - don't miss it!

4:00p THE CLUB, DECK 5

SIP & PAINT WITH EFFY

Join your EFFY team for this relaxing coloring session with the EFFY Team onboard. Unlock your creativity as you color some of the most iconic designs created by EFFY Hematian.

4:15p THE COLLECTION, DECK 7

FOOD & DRINK

The Restaurant, Deck 4

Breakfast	8:00a - 9:00a
Lunch	12:30p - 1:30p
Dinner	6:00p - 9:00p

The Colonnade, Deck 8

Breakfast	7:30a - 10:00a
Lunch, Pacific Rim	12:00n - 2:00p
Dinner, Singaporean	6:00p - 9:00p

Solis, Deck 8

Dinner	6:00p - 9:00p
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Please note: Solis is by reservation only.

The Patio, Deck 8 (weather permitting).

Breakfast	9:00a - 10:30a
Lunch, Taco	12:30p - 3:30p
Earth & Ocean	7:00p - 9:00p

Seabourn Square, Deck 7

Coffee & Snacks	6:15a - 6:00p
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Observation Bar, Deck 10

Early Morning Risers	6:00a - 8:00a
Bar	11:30a - Midnight
Afternoon Tea	4:00p - 5:00p

Sky Bar, Deck 9

(Weather permitting).	Closed
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Patio Bar, Deck 8

10:00a - 10:00p

The Club, Deck 5

Sushi	6:00p - Close
	6:00p - 9:00p

Room Service

24 Hours

Guests under the legal drinking age will not be served alcoholic beverages, nor are they to consume alcoholic beverages whilst onboard. Please understand that you may be requested to show identification indicating date of birth.

SERVICES

The Boutique & The Collection, Deck 7

10:00a - 10:00p

The Spa and Wellness, Deck 9

8:00a - 10:00p

Fitness Center, Deck 9

6:00a - 10:00p

For all spa events and classes menu, please refer to The Spa on your Seabourn Source App or contact The Spa reception.

Future Cruise Consultant, Deck 7

9:00a - 12:00n
2:00p - 6:00p

A Sail to Remember—Limited Time Offer

Enjoy savings up to 15% on select cruises and expeditions to Alaska, Northern Europe, Mediterranean, Northwest Passage & more. Plus, save an additional 10% with our onboard booking savings. Visit your Future Cruise Consultant to learn more.

Destination Services, Deck 7

10:00a - 12:00n
4:00p - 6:00p

Casino, Deck 5

Slots	All Day
Tables	1:30p - 5:00p
	6:00p - Close

Medical Center, Deck 3 Forward

Please call 4314 during clinic hours to schedule an appointment.

Port days:	8:00a - 10:00a & 4:00p - 6:00p
Sea days:	9:00a - 11:00a & 4:00p - 6:00p
Embarkation days:	8:00a - 9:00a & 5:00p - 6:00p

FOR A MEDICAL EMERGENCY DIAL 911

SEABOURN POLAR PLUNGE – MAY 6TH at 10:15a

Are you brave enough to face the Polar Plunge? Submerge into chilly water as we convert the jacuzzi on Deck 8 into our very own icy ocean. But don't worry, shots and bathrobes will be available afterwards to keep you warm!

Those wishing to take part should sign up with Guest Services by visiting the Seabourn Square or dialing 9.

TODAY'S ONBOARD ACTIVITIES

7:30a Total Body Workout

Spa & Wellness, Deck 9

9:45a Solo Travelers Coffee Morning with Jenn

Seabourn Square, Deck 7

10:00a Social Bridge & Mahjong Play (un-hosted. Repeated at 2:00p).

Card Room, Deck 7
With American Mahjong lessons available with Jodi in the Card Room Annex.

10:00a Art at The Table (until 11:00a).

The Restaurant, Deck 4

10:00a Walk-In Acupuncture Clinic

Spa & Wellness, Deck 9

10:15a A Seabourn Conversation with Terry Breen

Grand Salon, Deck 6
The Forgotten War: Part One

10:30a Peppa Rose Scarfs

The Boutique, Deck 7

11:15a Fun & Friendly Team Trivia with Aimée & Jenn

The Club, Deck 5

1:00p Posture Analysis

Spa & Wellness, Deck 9

2:00p Social Bridge & Mahjong Play (un-hosted).

Card Room, Deck 7

2:00p Blackjack Tournament

Casino, Deck 5
Qualifying Rounds 2:00p - 4:00p. Finals at 3:45p. \$25 Entry fee.

2:00p EFFY Showcase: Sapphire

The Collection, Deck 7
An in-depth exploration of the world's most coveted gemstones. Royal Sapphire Collection is captivating with gorgeous designs to complement any occasion.

2:30p A Seabourn Conversation with Debbie Macomber

Grand Salon, Deck 6
How Debbie Built Her Career: The Pillars Of Her Success

3:00p Massage Taster

Spa & Wellness, Deck 9

3:30p Baggo Prize Game

The Atrium, Deck 4

4:00p Afternoon Tea & Melodies

Observation Bar, Deck 10

4:00p Stitch, Knit & Natter

Observation Bar, Deck 10

4:00p Name That Tune with Aimée & Dustin

The Club, Deck 5

4:15p Sip & Paint with EFFY

The Collection, Deck 7

5:00p Friends of Bill. W. Meet (un-hosted).

Conference Room 1, Deck 5

5:30p A Seabourn Conversation with Jennifer Eremeeva

Grand Salon, Deck 6
Flotsam & Jetsam: The Origins of Popular Nautical Sayings

6:15p Classic Cocktails & Sunset Serenades with Mike

Observation Bar, Deck 10 (until 8:00p, with break).

6:30p Sushi & Live Music with The Quest Quartet & Shey

The Club, Deck 5 (until 7:30p).

8:30p Mid-Evening Moods with The Quest Quartet & Shey

The Club, Deck 5 (until 9:15p).

9:30p Showtime Tonight: Earth Song

Grand Salon, Deck 6

9:30p Musical Melodies with Mike

Observation Bar, Deck 10 (until midnight, with breaks).

10:15p Post Show Party with The Quest Quartet & Shey

The Club, Deck 5 (until 11:00p).

11:00p Boogie on Down with Grace & The Band

The Club, Deck 5
Followed by The Quest Quartet & Shey (until late, with break).

This is your moment.



SEABOURN

THE HERALD

MONDAY, MAY 5, 2025

AT SEA

WEATHER

CLOUDY

39°F / 4°C

WIND 15mph/24kmh

SUNRISE: 6:28a

SUNSET: 8:36p

INTRODUCING GUEST CONVERSATIONALIST

JENNIFER EREMEEVA

Jennifer Eremeeva is an American expatriate writer, historian, and cruise ship enrichment lecturer; she explores the intersections of travel, history, culture, and cuisine and culinary history. She studied Russian History at Columbia University in New York, and photography at the Moscow Institute of Photography. Jennifer served as the weekly food columnist for The Moscow Times, still Russia's largest English-language newspaper, and is a regular podcast host for The New Books Network, the world's largest podcast devoted to books. Jennifer's work has been featured in NPR, Reuters, AAA Magazine, Bucket List Travels, Fodor's Travel, Russian Life, Trip Savvy, Elysian Magazine, and other publications. She is the author of the award-winning memoir, "Lenin Lives Next Door: Marriage, Martinis, and Mayhem in Moscow," and "Have Personality Disorder, Will Rule Russia: A Pocket Guide to Russian History."

TIME CHANGE NOTICE: Please remember to set your clocks and devices **ONE HOUR FORWARD** before retiring on the evening of Sunday, May 4th (B) and before the morning of Monday, May 5th. Guests are advised to switch their mobile devices to Manual Date & Time, rather than automatic, to avoid confusion as we cross through different time zones.

TONIGHT'S ATTIRE: ELEGANT CASUAL

After 6:00p, the evening dress code is Elegant Casual. In all dining venues, the nightly dress standard for men is slacks with collared dress shirt or sweater and optional jacket. Slacks, skirt, blouse, pant suit or dresses are appropriate for ladies. Elegant jeans are now welcome in all dining venues.

A SEABOURN CONVERSATION WITH

TERRY GREENBERG

Pacific Northwest Coast Natives: The Potlatch

The unique culture of the Pacific Northwest Coast Native Peoples will be examined, including the fact that they were hunter-gatherers, but not like hunter-gatherers anywhere else in the world. They had a deeply stratified society which including holding many slaves. Special attention will be given to the institution of the "potlatch" in which status is gained by chiefs, not by holding wealth, which was seen as despicable and greedy, but by giving away all one's wealth in gifts.

5:30p GRAND SALON, DECK 6

SHOWTIME TONIGHT

LEANNE MITCHELL

After a show-stopping first performance, The Voice UK Winner, sensational vocalist and hilarious Leanne Mitchell is back! Tonight, she will continue to astonish with her incredible voice, sharing songs from some of the most iconic female divas of all time.

9:30p GRAND SALON, DECK 6

TODAY'S HIGHLIGHTS

Q&A WITH YOUR CAPTAIN, HOTEL DIRECTOR & CHIEF ENGINEER

Ever wondered what life is like at sea or what it takes to navigate a vessel across the ocean? Join us for an exclusive Q&A session with Captain Joris, Hotel Director Luca, & Chief Engineer Kamen as they share firsthand insights into their roles, daily challenges, and unforgettable moments at sea. Bring your questions and curiosity for this informative Q&A!

10:00a GRAND SALON, DECK 6

FUN & FRIENDLY TEAM TRIVIA WITH AIMÉE & JENN

Join Aimée & Jenn to see who will rise through the ranks today and climb the leaderboard to be crowned victorious at the end of the cruise? And remember...it's only a game!

11:15a THE CLUB, DECK 5

EMERALDS: THE JEWEL OF KINGS SEMINAR

Join your EFFY Boutique team for an intimate presentation exploring the rich history of emeralds. From the Pharaohs of Egypt to the necks of Hollywood icons, emeralds tell tales of love, power and fortune.

2:00p THE COLLECTION, DECK 7

A SEABOURN CONVERSATION WITH TERRY BREEN

The Forgotten War: Part Two

Join Terry for Part Two of this story as US and Japanese troops engage in the second bloodiest battle of the Pacific theater.

2:30p GRAND SALON, DECK 6

ORIGAMI CLASS WITH SEABOURN SINGER JESS

Discover the art of paper folding in this fun and relaxing origami class! Perfect for beginners, you'll learn to create beautiful shapes. All materials provided!

3:15p THE RESTAURANT, DECK 4

WRITING WORKSHOP WITH JENNIFER EREMEEVA

Point of View, Dialogue, & Voice

Join Jennifer for this exciting new workshop and experiment with these three powerful tools of storytelling.

3:30p THE CLUB, DECK 5

SALSA DANCE CLASS WITH PETER & GRACE

Join your Seabourn Six Dancers Peter & Grace as they teach you how to Salsa! Whether you bring a partner, a friend, or come on your own, this fun class will get you grooving!

3:45p GRAND SALON, DECK 6

LIGHTS, CAMERA, TRIVIA!

Grab some popcorn and join Aimée for a fun-filled late-night movie trivia showdown! From cult classics to Hollywood hits, test your silver screen smarts and see if you've got what it takes to be the star of the night.

10:30p OBSERVATION BAR, DECK 10

FOOD & DRINK

The Restaurant, Deck 4

Breakfast	8:00a - 9:00a
Lunch	12:30p - 1:30p
Dinner	6:00p - 9:00p

The Colonnade, Deck 8

Breakfast	7:30a - 10:00a
Lunch, Mexican/Fajitas	12:00n - 2:00p
Dinner, Seafood	6:00p - 9:00p

Solis, Deck 8

Dinner	6:00p - 9:00p
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Please note: Solis is by reservation only.

The Patio, Deck 8 (weather permitting).

Breakfast	9:00a - 10:30a
Lunch, Mixed Grill	12:30p - 3:30p
Earth & Ocean	7:00p - 9:00p

Seabourn Square, Deck 7

Coffee & Snacks	6:15a - 6:00p
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Observation Bar, Deck 10

Early Morning Risers	6:00a - 8:00a
Bar	11:30a - Midnight
Afternoon Tea	4:00p - 5:00p

Sky Bar, Deck 9

(Weather permitting).	Closed
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Patio Bar, Deck 8

10:00a - 10:00p

The Club, Deck 5

Sushi	6:00p - Close
	6:00p - 9:00p

Room Service

24 Hours

Guests under the legal drinking age will not be served alcoholic beverages, nor are they to consume alcoholic beverages whilst onboard. Please understand that you may be requested to show identification indicating date of birth.

SERVICES

The Boutique & The Collection, Deck 7

10:00a - 10:00p

The Spa and Wellness, Deck 9

8:00a - 10:00p

Fitness Center, Deck 9

6:00a - 10:00p

For all spa events and classes menu, please refer to The Spa on your Seabourn Source App or contact The Spa reception.

Future Cruise Consultant, Deck 7

10:30a - 12:00n
2:00p - 6:00p

A Sail to Remember - Limited Time Offer

Enjoy savings up to 15% on select cruises and expeditions to Alaska, Northern Europe, Mediterranean, Northwest Passage & more. Plus, save an additional 10% with our onboard booking savings. Visit your Future Cruise Consultant to learn more.

Destination Services, Deck 7

10:00a - 12:00n
4:00p - 6:00p

Casino, Deck 5

Slots	All Day
Tables	1:30p - 5:00p
	6:00p - Close

Medical Center, Deck 3 Forward

Please call 4314 during clinic hours to schedule an appointment.

Port days: 8:00a - 10:00a & 4:00p - 6:00p

Sea days: 9:00a - 11:00a & 4:00p - 6:00p

Embarkation days: 8:00a - 9:00a & 5:00p - 6:00p

FOR A MEDICAL EMERGENCY DIAL 911

SEABOURN POLAR PLUNGE

Are you brave enough to face the Polar Plunge tomorrow? Submerge into chilly water as we convert the jacuzzi on Deck 8 into our very own icy ocean. But don't worry, shots and bathrobes will be available afterwards to keep you warm!

Those wishing to take part should sign up with Guest Services by visiting the Seabourn Square or dialing 9.

TODAY'S ONBOARD ACTIVITIES

10:00a Art at The Table (until 11:00a).

The Restaurant, Deck 4
A moment to relax, connect, and create.

10:00a Q&A with Your Captain, Hotel Director & Chief Engineer

Grand Salon, Deck 6
Join Captain Joris, Hotel Director Luca, & Chief Engineer Kamen for this informative Q&A.

10:00a Social Bridge & Mahjong Play (un-hosted. Repeated at 2:00p).

Card Room, Deck 7

10:00a Collect your EFFY Charm

The Boutique, Deck 7

11:00a Footprint Analysis

Spa & Wellness, Deck 9

11:15a Fun & Friendly Team Trivia with Aimée & Jenn

The Club, Deck 5

2:00p Social Bridge & Mahjong Play (un-hosted).

Card Room, Deck 7

2:00p Emeralds: The Jewel of Kings Seminar

The Collection, Deck 7

2:30p A Seabourn Conversation with Terry Breen

Grand Salon, Deck 6
The Forgotten War: Part Two

2:30p Dessert of the Day: Try-on & Win

Try on Effy Jewelry and enter to win a \$1000 shopping spree!

3:15p Origami Class With Seabourn Singer Jess

Spa & Wellness, Deck 9

3:30p Writing Workshop with Jennifer Eremeeva

The Club, Deck 5
Point of View, Dialogue, & Voice

3:30p Baggo Prize Game

Atrium, Deck 4

3:45p Salsa Dance Class with Grace & Peter

Grand Salon, Deck 6

4:00p Afternoon Tea & Melodies

Observation Bar, Deck 10

4:00p Stitch, Knit & Natter

Observation Bar, Deck 10

4:00p Afternoon Tea Solos Get Together with Jenn

Observation Bar, Deck 10

5:30p A Seabourn Conversation with Terry Greenberg

Grand Salon, Deck 6
Pacific Northwest Coast Natives: The Potlatch

6:15p Classic Cocktails & Sunset Serenades

Observation Bar, Deck 10 (until 7:45p, with break).

6:30p Sushi & Live Music with The Quest Quartet & Shey

The Club, Deck 5 (until 7:30p).

8:30p Mid-Evening Moods with The Quest Quartet & Shey

The Club, Deck 5 (until 9:15p).

9:30p Showtime Tonight: Leanne Mitchell

Grand Salon, Deck 6

10:15p Post Show Party with The Quest Quartet & Shey

The Club, Deck 5 (until 11:00p).

10:30p Lights, Camera, Trivia!

Observation Bar, Deck 10

11:00p Boogie on Down with Grace & The Band

The Club, Deck 5
Followed by The Quest Quartet & Shey (until late, with break).

DISSEMBARKATION NOTICE

If you would like to book a Seabourn Transfer to complete your onward journey on May 16th, please visit our Guest Services team at the Seabourn Square on Deck 7. Transfers are available to purchase until 12:00n, Monday, May 12th. Please note there is limited availability of private vehicles in Vancouver. Alternatively, sedan taxis are available outside the terminal if you wish to continue onwards independently. Most taxis accept Canadian cash or credit card. We recommend checking if taxis accept credit cards before committing to a journey.

This is your moment.



SEABOURN

THE HERALD

TUESDAY, MAY 6, 2025

AT SEA

WEATHER

OVERCAST

39°F / 4°C

WIND 18mph/29kmh

SUNRISE: 6:55a

SUNSET: 9:58p

INTRODUCING GUEST CONVERSATIONALIST

DEBBIE MACOMBER

Debbie Macomber is a #1 New York Times bestselling author and one of today's most popular writers with more than 200 million copies of her books in print worldwide. In her novels, Macomber brings to life compelling relationships that embrace family and enduring friendships, uplifting her readers with stories of connection and hope. Macomber's novels have spent over 1,000 weeks on the New York Times bestseller list. Fifteen of these novels hit the number one spot. In 2024, Macomber's all-new hardcover publication includes *A Christmas Duet* (October). In addition to fiction, Macomber has also published three bestselling cookbooks, three adult coloring books, numerous inspirational and nonfiction works, and two acclaimed children's books. Celebrated as "the official storyteller of Christmas", Macomber's annual Christmas books are beloved and six have been crafted into original Hallmark Channel movies. Macomber is also the author of the bestselling Cedar Cove Series which the Hallmark Channel chose as the basis for its first dramatic scripted television series. Debuted in 2013, Debbie Macomber's Cedar Cove was a ratings favorite for three seasons. She serves on the Guideposts National Advisory Cabinet, is a YFC National Ambassador, and is World Vision's international spokesperson for their Knit for Kids charity initiative. A devoted grandmother, Debbie and Wayne live in Port Orchard, Washington, the town which inspired the Cedar Cove series.

TIME CHANGE NOTICE: Please remember to set your clocks and devices **ONE HOUR FORWARD** before retiring on the evening of Monday May 5th and before the morning of Tuesday, May 6th. Guests are advised to switch their mobile devices to Manual Date & Time, rather than automatic, to avoid confusion as we cross through different time zones.

TONIGHT'S ATTIRE: ELEGANT CASUAL

After 6:00p, the evening dress code is Elegant Casual. In all dining venues, the nightly dress standard for men is slacks with collared dress shirt or sweater and optional jacket. Slacks, skirt, blouse, pant suit or dresses are appropriate for ladies. Elegant jeans are now welcome in all dining venues.

SHOWTIME TONIGHT

SCOTT WILLIAMS

'The Laughter Show' Part 2

He's back in an all-new show! Join us tonight for The Laughter Show Part Two! Scott Williams is a gifted and naturally funny comedian who creates big belly laughs. With his unique take on our modern world! If you love to laugh (and who doesn't) don't miss this hilarious show!

9:30p GRAND SALON, DECK 6

TODAY'S HIGHLIGHTS

A SEABOURN CONVERSATION WITH TERRY GREENBERG

The Alaskan and Klondike Gold Rushes

This conversation describes the amazing tale of the Klondike Gold Rush, in which one million people planned and dreamed of getting rich by panning for gold, but only a dozen or so actually succeeded. The Klondike Gold Rush and subsequent rushes in Nome and Fairbanks, Alaska, played a big part in the opening up of the new American state of Alaska at the turn of the century.

10:15a GRAND SALON, DECK 6

SEABOURN SIGNATURE EVENT: POLAR PLUNGE!

Submerge into chilly water as we convert the jacuzzi on Deck 8 into our very own icy ocean. Shots and bathrobes will be available afterwards to keep you warm!

10:15a JACUZZI, POOLSIDE, DECK 8 (Sign up with Guest Services)

FUN & FRIENDLY TEAM TRIVIA WITH AIMÉE & JENN

Join Aimée & Jenn for another round of this fun filled battle of the brains!

11:15a THE CLUB, DECK 5

FUTURE CRUISE PRESENTATION WITH JACCO

Join your Future Cruise Consultant Jacco and get to know more about our exciting future expedition voyages onboard Seabourn Venture and Pursuit.

1:15p GRAND SALON, DECK 6

DOCUMENTARY: REPORT FROM THE ALEUTIANS WITH TERRY BREEN

The Forgotten War Part 3: Filmed in 1943, during his time stationed on Adak, John Huston narrates & directs this film. With an introduction by Terry Breen.

2:30p GRAND SALON, DECK 6 (47 mins)

IPHONE PHOTO EDITING FOR BEGINNERS WITH SHAY

Join Seabourn Singer Shay as he shows you how to make your photos pop!

3:15p OBSERVATION BAR, DECK 10

WRITING WORKSHOP WITH DEBBIE & JENNIFER

The Art of Journaling & the Impact it Will Make on your Everyday Life

Journaling is proven to improve your health and it has been a pillar of Debbie's daily routine for as many years as she can remember. Come explore different types of journaling and how this practice can change your life.

3:30p THE CLUB, DECK 5

LINE DANCE CLASS WITH PETER & GRACE

Join your Seabourn Six Dancers Peter & Grace as they teach you how to Line Dance! This fun class will get you grooving!

3:45p GRAND SALON, DECK 6

PORT TALK WITH DESTINATIONS MANAGER, MARVIN

Join your Destinations Manager Marvin as he tells you more information about our upcoming Alaskan ports of call, Dutch Harbor, Kodiak Island, & Sitka.

5:30p GRAND SALON, DECK 6

FOOD & DRINK

The Restaurant, Deck 4

Breakfast	8:00a - 9:00a
Lunch	12:30p - 1:30p
Dinner	6:00p - 9:00p

The Colonnade, Deck 8

Breakfast	7:30a - 10:00a
Lunch, British	12:00n - 2:00p
Dinner, Chinese	6:00p - 9:00p

Solis, Deck 8

Dinner	6:00p - 9:00p
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Please note: Solis is by reservation only.

The Patio, Deck 8 (weather permitting).

Breakfast	9:00a - 10:30a
Lunch, Kebab	12:30p - 3:30p
Earth & Ocean	7:00p - 9:00p

Seabourn Square, Deck 7

Coffee & Snacks	6:15a - 6:00p
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Observation Bar, Deck 10

Early Morning Risers	6:00a - 8:00a
Bar	11:30a - Midnight
Afternoon Tea	4:00p - 5:00p

Sky Bar, Deck 9

(Weather permitting). Closed

Patio Bar, Deck 8

	10:00a - 10:00p
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The Club, Deck 5

Sushi	6:00p - Close
	6:00p - 9:00p

Room Service

24 Hours

Guests under the legal drinking age will not be served alcoholic beverages, nor are they to consume alcoholic beverages whilst onboard. Please understand that you may be requested to show identification indicating date of birth.

SERVICES

The Boutique & The Collection, Deck 7	10:00a - 10:00p
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The Spa and Wellness, Deck 9	8:00a - 10:00p
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Fitness Center, Deck 9	6:00a - 10:00p
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For all spa events and classes menu, please refer to The Spa on your Seabourn Source App or contact The Spa reception.

Future Cruise Consultant, Deck 7	9:00a - 12:00n
	3:00p - 6:00p

A Sail to Remember - Limited Time Offer

Enjoy savings up to 15% on select cruises and expeditions to Alaska, Northern Europe, Mediterranean, Northwest Passage & more. Plus, save an additional 10% with our onboard booking savings. Visit your Future Cruise Consultant to learn more.

Destination Services, Deck 7	10:00a - 12:00n
	4:00p - 6:00p

Casino, Deck 5

Slots	All Day
Tables	1:30p - 5:00p
	6:00p - Close

Medical Center, Deck 3 Forward

Please call 4314 during clinic hours to schedule an appointment.

Port days:	8:00a - 10:00a & 4:00p - 6:00p
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Sea days:	9:00a - 11:00a & 4:00p - 6:00p
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Embarkation days:	8:00a - 9:00a & 5:00p - 6:00p
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FOR A MEDICAL EMERGENCY DIAL 911

DISSEMBARKATION NOTICE

If you would like to book a Seabourn Transfer to complete your onward journey on May 16th, please visit our Guest Services team at the Seabourn Square on Deck 7. Transfers are available to purchase until 12:00n, Monday, May 12th. Please note there is limited availability of private vehicles in Vancouver. Alternatively, sedan taxis are available outside the terminal if you wish to continue onwards independently. Most taxis accept Canadian cash or credit card. We recommend checking if taxis accept credit cards before committing to a journey.

TODAY'S ONBOARD ACTIVITIES

10:00a	Social Bridge & Mahjong Play (un-hosted. Repeated at 2:00p). Card Room, Deck 7
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10:00a	Art at The Table (until 11:00a). The Restaurant, Deck 4 A moment to relax, connect, and create.
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10:00a	Complimentary Puffy Eye Treatment Spa & Wellness, Deck 9
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10:15a	A Seabourn Conversation with Terry Greenberg Grand Salon, Deck 6 The Alaskan and Klondike Gold Rushes
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10:15a	Seabourn Signature Event: Polar Plunge! Jacuzzi, Poolside, Deck 8
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10:30a	Baggo Prize Game Atrium, Deck 4
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10:30a	Showcase: Mary Frances The Boutique, Deck 7
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11:15a	Fun & Friendly Team Trivia with Aimée & Jenn The Club, Deck 5
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1:15p	Future Cruise Presentation with Jacco Grand Salon, Deck 6 Expedition Cruising
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2:00p	Social Bridge & Mahjong Play (un-hosted). Card Room, Deck 7
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2:00p	EFFY Showcase: Alexandrite The Collection, Deck 7
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2:00p	Blackjack Tournament Casino, Deck 5 Qualifying Rounds 2:00p - 4:00p. Finals at 3:45p. \$25 Entry fee.
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2:30p	Documentary: Report From The Aleutians With Terry Breen Grand Salon, Deck 6 The Forgotten War: Part 3
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3:00p	Massage Taster Spa & Wellness, Deck 9
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3:15p	iPhone Photo Editing For Beginners With Shay Observation Bar, Deck 11
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3:30p	Golf Putting Prize Game (weather permitting). The Retreat, Deck 11
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3:30p	Writing Workshop with Debbie & Jennifer The Club, Deck 5 The Art of Journaling
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3:45p	Line Dance Class with Peter & Grace Grand Salon, Deck 6
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4:00p	Afternoon Tea & Melodies Observation Bar, Deck 10
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4:00p	Stitch, Knit & Natter with Seabourn Singer Kate Observation Bar, Deck 10
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5:30p	Port Talk with Destinations Manager Marvin Grand Salon, Deck 6 Dutch Harbor, Kodiak Island, & Sitka.
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6:15p	Classic Cocktails & Sunset Serenades Observation Bar, Deck 10 (until 7:45p, with break).
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6:30p	Sushi & Live Music with The Quest Quartet & Shey The Club, Deck 5 (until 7:30p).
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8:30p	Mid-Evening Moods with The Quest Quartet & Shey The Club, Deck 5 (until 9:15p).
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9:30p	Showtime Tonight: Scott Williams Grand Salon, Deck 6
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10:15p	Post Show Party with Grace & The Band The Club, Deck 5 (until 11:00p).
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11:00p	Boogie on Down with The Quest Quartet & Shey The Club, Deck 5 Followed by Grace & The Band (until late, with break).
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SEABOURN

THE HERALD

WEDNESDAY, MAY 7, 2025

DUTCH HARBOR, UNALASKA, AK

WEATHER

SNOW

42°F / 6°C

WIND 8mph / 14kmh

SUNRISE: 6:17a

SUNSET: 9:50p

IN PORT

DUTCH HARBOR, UNALASKA, ALASKA

Arrival: 7:00a / All Aboard: 3:30p

Gangway Location: Deck 4, Forward (subject to change).

Dutch Harbor, located on Amaknak Island in Alaska's windswept Aleutian chain, is one of the most remote and intriguing destinations in the United States. Best known as the backdrop of the TV series *Deadliest Catch*, it's the most productive commercial fishing port in the country by volume—crucial to Alaska's seafood industry and the global crab trade. The port is part of the city of Unalaska, a culturally rich community that blends rugged maritime life with deep Unangan (Aleut) roots. The region's dramatic landscapes - towering volcanic peaks, fog-draped valleys, and storm-sculpted coastlines - create an awe-inspiring setting for visitors who venture this far west. Dutch Harbor also played a pivotal role in World War II as the site of the only enemy aerial attack on North America, and remnants of that chapter are still visible today. While the town's economy is centered around the fishing industry, you'll also find museums, historic churches, and quiet trails perfect for spotting bald eagles or catching a glimpse of a sea otter at play. Weather conditions can change quickly, so layered clothing and a spirit of adventure are essential for discovering the rich heritage and wild beauty of this unforgettable outpost.

For more detailed port information, please refer to the Seabourn Source.

TONIGHT'S ATTIRE: ELEGANT CASUAL

After 6:00p, the evening dress code is Elegant Casual. In all dining venues, the nightly dress standard for men is slacks with collared dress shirt or sweater and optional jacket. Slacks, skirt, blouse, pant suit or dresses are appropriate for ladies. Elegant jeans are now welcome in all dining venues.

A SEABOURN CONVERSATION WITH

JENNIFER EREMEEVA

Whistling in the Wind: The Origins of Nautical Superstitions

Join Jennifer to explore the mysterious world of nautical superstitions.

5:30p GRAND SALON, DECK 6

SHOWTIME TONIGHT

DUSTIN KERR

'Songs & Stories'

From Motown and Rock to Swing and Classical Crossover, join us for the songs and stories that took Dustin from Midwest, USA, to sailing to over 100 countries around the world!

9:30p GRAND SALON, DECK 6

GUESTS GOING ASHORE

Please remember to carry your ship's I.D. Card and government issued photo I.D. with you at all times when going ashore. Please note that it is forbidden by local authorities for guests to bring any fruit or food products ashore while in Alaska.

GUESTS ON TOUR

E-Tickets & times will be listed in your wallet on Seabourn Source. Guests arriving after the meeting time may not be accommodated. Please ensure that you always carry your suite card while ashore.

MANDATORY FACE-TO-FACE IMMIGRATION INSPECTION: Upon arrival to Dutch Harbor, Alaska on 7th May, a mandatory face-to-face immigration inspection will take place for all guests in the Grand Salon on Deck 6. Passports will be handed out during this time, and please bring all required documents with you. You will keep your passports after immigration. Please listen carefully to all announcements as U.S. & Canadian citizens will be called first, with all other guests being called by deck. For more information, please refer to the letter sent to your suite.

SHUTTLE BUS INFORMATION

A complimentary shuttle bus will run continuously during our call in Dutch Harbor today. This shuttle has multiple stops: The WWII Visitor Center, The Museum of the Aleutians (Downtown area) & The Russian Orthodox Cathedral (open from 11:00a-2:00p).

First Shuttle: 8:00a from the Pierside.

Last Shuttle from The Russian Orthodox Cathedral :2:00p

Last Shuttle from The Museum of the Aleutians: 3:10p

Last Shuttle from WWII Visitor Center: 3:20p

Print outs of the Shuttle Bus Schedule are available from the Seabourn Square and on the Seabourn Source App.

TIME CHANGE NOTICE: Please remember to set your clocks and devices **ONE HOUR FORWARD** before retiring on the evening of Tuesday, May 6th and before the morning of Wednesday, May 7th. Guests are advised to switch their mobile devices to Manual Date & Time, rather than automatic, to avoid confusion as we cross through different time zones.

PORT AGENT INFORMATION

Cruise Line Agencies - Dutch Harbor
P.O. Box 920105

745 Ballyhoo Road, Suite 103

Dutch Harbor, AK 99692 US

Phone: +19075811467

Shore to Ship: +13218376102

BRITISH CONSULATE

3416 Seawolf Dr #214

Anchorage, AK 99508, US

Phone: +1 9077864848

AMERICAN CONSULATE

222 West 7th Avenue

Room 253, #9

Anchorage, Alaska 99513

Phone: + 9072715071

AUSTRALIAN CONSULATE

575 Market Street

Suite 1800 (18th Floor)

San Francisco

CA 94105-2815, US

Phone: +1 4156443620

FOOD & DRINK

The Restaurant, Deck 4

Breakfast	Closed
Lunch	Closed
Dinner	6:00p - 9:00p

The Colonnade, Deck 8

Breakfast	7:00a - 10:00a
Lunch, Fish Pockets	12:00n - 2:00p
Dinner, Family Style BBQ Ribs (by reservation, dial 9).	6:00p - 9:00p

Solis, Deck 8

Dinner	6:00p - 9:00p
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Please note: Solis is by reservation only.

The Patio, Deck 8 (weather permitting).

Breakfast	Closed
Lunch, Satay	12:30p - 3:30p
Earth & Ocean	7:00p - 9:00p

Seabourn Square, Deck 7

Coffee & Snacks	6:15a - 6:00p
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Observation Bar, Deck 10

Early Morning Risers	6:00a - 8:00a
Bar	12:00n - Midnight

Sky Bar, Deck 9 (Weather permitting).

Closed

Patio Bar, Deck 8

10:00a - 10:00p

The Club, Deck 5

Sushi	6:00p - Close
	6:00p - 9:00p

Room Service

24 Hours

Guests under the legal drinking age will not be served alcoholic beverages, nor are they to consume alcoholic beverages whilst onboard. Please understand that you may be requested to show identification indicating date of birth.

SERVICES

The Boutique & The Collection, Deck 7

4:30p - 10:00p

The Spa and Wellness, Deck 9

8:00a - 10:00p

Fitness Center, Deck 9

6:00a - 10:00p

For all spa events and classes menu, please refer to The Spa on your Seabourn Source App or contact The Spa reception.

Future Cruise Consultant, Deck 7

8:00a - 10:00a
4:00p - 6:00p

A Sail to Remember - Limited Time Offer

Enjoy savings up to 15% on select cruises and expeditions to Alaska, Northern Europe, Mediterranean, Northwest Passage & more. Plus, save an additional 10% with our onboard booking savings. Visit your Future Cruise Consultant to learn more.

Destination Services, Deck 7

4:00p - 6:00p

Bookings can also be made on your Seabourn Source App or Suite TV.

Casino, Deck 5

Tables	6:00p - Close
Slots	4:30p - All Night

Medical Center, Deck 3 Forward

Please call 4314 during clinic hours to schedule an appointment.

Port days: 8:00a - 10:00a & 4:00p - 6:00p

Sea days: 9:00a - 11:00a & 4:00p - 6:00p

Embarkation days: 8:00a - 9:00a & 5:00p - 6:00p

FOR A MEDICAL EMERGENCY DIAL 911

LET'S GET SOCIAL!

We'll be looking out for any content you might post while you're with us so we can engage via our platforms. Feel free to tag us!



@SeabournCruise (X and Instagram)

@SeabournCruise (Facebook)

#Seabourn #SeabournQuest

TODAY'S ONBOARD ACTIVITIES

PLEASE NOTE - For a complete list of today's events and activities, please refer to the Herald on your in-suite TV or the Seabourn Source app.

DECK SPORTS AVAILABLE

The Retreat, Deck 11

Shuffleboard Court, Table Tennis & Golf Putting equipment can be accessed by walking through The Retreat to the mid-ship. Available for use until 6:00p.

BOARD GAMES

In consideration to fellow guests, we respectfully request that any board games borrowed from public areas be kindly returned within 24 hours for the enjoyment of others. Thank you for your understanding.

7:00a **Stretch & Release**
Motion Studio, Deck 9

7:30a **Abs Class**
Motion Studio, Deck 9

11:00a **Footprint Analysis**
Motion Studio, Deck 9

1:00p **Mahjong Players Meet** (un-hosted. Repeated at 3:00p).
Card Room Annex, Deck 7

2:00p **How To Increase Your Metabolism**
Motion Studio, Deck 9

2:00p **Social Bridge Play** (un-hosted).
Card Room, Deck 7

4:30p **Baggo Prize Game**
Atrium, Deck 4

5:00p **Stretch and Release**
Motion Studio, Deck 9

5:00p **Friends of Bill. W. Meet** (un-hosted)
Conference Room 1, Deck 5

5:00p **Dessert of the Day: Try-on & Win**
The Collection, Deck 7
Treat yourself with something sweet! Try on Effy Jewelry and enter to win a \$1000 shopping spree!

5:30p **A Seabourn Conversation with Jennifer Eremeeva**
Grand Salon, Deck 6
Whistling in the Wind: The Origins of Nautical Superstitions

6:15p **Classic Cocktails & Sunset Serenades with Mike**
Observation Bar, Deck 10 (until 8:00p, with break).

6:30p **Sushi & Live Music with The Quest Quartet & Shey**
The Club, Deck 5 (until 7:30p).

8:30p **Mid-Evening Moods with The Quest Quartet & Shey**
The Club, Deck 5 (until 9:15p).

9:30p **Showtime Tonight: Dustin Kerr**
Grand Salon, Deck 6
'Songs & Stories'

9:30p **Musical Melodies with Mike**
Observation Bar, Deck 10 (until midnight, with breaks).

10:15p **Post Show Party with The Quest Quartet & Shey**
The Club, Deck 5 (until 11:00p).

11:00p **Boogie on Down with Grace & The Band**
The Club, Deck 5
Followed by The Quest Quartet & Shey (until late, with break).

BOAT BUILDING VESSEL REGISTRATION

Our building competition is set to take place on the 8th May! For those taking part, don't forget to register your vessel with Guest Services by 12:00n on the 8th May. Remember, your vessel must be capable of carrying a one-kilo tin of caviar from one end of the swimming pool to the other. Prizes awarded for seaworthiness, design, and ability to transport the cargo.



THE HERALD

THURSDAY, MAY 8, 2025

AT SEA

WEATHER

PARTLY CLOUDY

41°F / 5°C

WIND 6mph/9kmh

SUNRISE: 6:48a

SUNSET: 10:17p

ABOUT GUEST CONVERSATIONALIST

TERRY BREEN

Terry Breen is a cultural anthropologist but prefers the title "Storyteller." With over thirty years of experience working on-board the most prestigious cruise lines in the world, her intimate understanding of the areas we are visiting will enrich and enhance your cruise experience. Prior to joining the cruise industry, Terry did her doctoral work studying the cultural, economic and environmental effects of tourism on local communities and habitat in Latin America as well as Southeast Alaska where she remains actively involved. She used her academic experience to transition to the world of travel where in-depth knowledge of people and places is essential. As the first Destination Expert for Regent Seven Seas Cruises, she is the author of *The Cruiser Friendly Guide to Alaska's Inside Passage*. She has lived and traveled throughout Latin America and was employed by several international airlines and regional tourism boards. In 1990, she traded her wings for waves when she first began working onboard ships in South America. As of 2024, she has sailed around Cape Horn 43 times and through the Panama Canal 86 times! She is originally from the Pacific Northwest and divides her time between her home in Port Angeles, Washington and her recycled apartment in Montevideo, Uruguay.

ABOUT GUEST CONVERSATIONALIST

TERRY GREENBERG

Terry Greenberg has been a student of East Asia for over 50 years; first as a traveler from the age of 20; then as a major at university; then during a 30-year career as a Canadian diplomat with over 18 years of postings in East Asia including in Japan, Thailand, Vietnam and China; followed by 10 years teaching Asian topics at the university level in Vancouver, and most recently for over 8 years as a conversationalist on Seabourn. He has written two books; one a memoir of his youthful travels in Asia; and the second an historical fiction set in 17th century Southeast Asia. Terry loves sharing his insights on the various cultures of this region and has many personal experiences and anecdotes that he uses to enrich the shoreside experiences of Seabourn guests.

TONIGHT'S ATTIRE: ELEGANT CASUAL

After 6:00p, the evening dress code is Elegant Casual. In all dining venues, the nightly dress standard for men is slacks with collared dress shirt or sweater and optional jacket. Slacks, skirt, blouse, pant suit or dresses are appropriate for ladies. Elegant jeans are now welcome in all dining venues.

SHOWTIME TONIGHT

SKYLINE

Featuring The Seabourn Six! SKYLINE takes us on a captivating journey to some of the world's most iconic skylines. From Billy Joel's New York to Frank Sinatra's Chicago - from the passion of Rio to the elegance of London.

9:30p GRAND SALON, DECK 6

TODAY'S HIGHLIGHTS

VE DAY 2 MINUTES SILENCE

We will be observing a two-minute silence in commemoration of the 80th anniversary of VE Day (Victory in Europe Day) a moment to honor and remember those who served and sacrificed during World War II. Ahead of the silence, there will be a veterans' gathering in Seabourn Square at 9:45am. All veterans onboard, along with any guests who wish to attend to show their support, are warmly invited.

10:00a AT CRUISE DIRECTORS ANNOUNCEMENT

ART AT THE TABLE

Join our Artists get-together, a moment to relax, connect, and create. A table will be set in the restaurant with a selection of art supplies available for anyone who would like to explore their creative side.

10:00a THE RESTAURANT (UNTIL 11:00a).

A SEABOURN CONVERSATION WITH TERRY BREEN

Alaska: The Last Frontier

The 49th state of the United States of America is a land unto itself, home of the biggest and the best. Join anthropologist/storyteller Terry Breen for an introduction to The Great Land including wildlife you may see during the cruise, Gold Rush history, points of interest and Alaska's own quirky culture.

10:15a GRAND SALON, DECK 6

FUN & FRIENDLY TEAM TRIVIA WITH AIMÉE & JENN

Join Aimée & Jenn for another fun filled battle of the brains, full of useless information to get you puzzling! Who will climb the leaderboard and get one step closer to victory, and who will take home the wooden spoon? You decide!

11:15a THE CLUB, DECK 5

A SEABOURN CONVERSATION WITH TERRY GREENBERG

Great Projects in a Great Land

The native word "Alyeska" means the "Great Land". This conversation describes the two massive projects that truly put the American state of Alaska on the map; the Alaskan Highway and the Trans Alaska pipeline.

2:30p GRAND SALON, DECK 6

WRITING WORKSHOP WITH JENNIFER EREMEEVA

Crafting the Setting & World Building

Learn how to craft a setting or build a world for your creative work in progress.

3:30p THE CLUB, DECK 5

BOAT BUILDING COMPETITION FINAL

It's time to put your boats to the test! Will they float to victory, or will they sink to the bottom of the ocean (or Quest pool)? Your vessel must be capable of carrying a one-kilo tin of caviar from one end of the swimming pool to the other. Prizes awarded for seaworthiness, design, and ability to transport the cargo. Register your vessel with Guest Services by 12:00n.

4:30p POOLSIDE, DECK 8

FOOD & DRINK

The Restaurant, Deck 4

Breakfast	8:00a - 9:00a
Lunch	12:30p - 1:30p
Dinner	6:00p - 9:00p

The Colonnade, Deck 8

Breakfast	7:30a - 10:00a
Lunch, Frühschoppen	12:00n - 2:00p
Dinner, Australian	6:00p - 9:00p

Solis, Deck 8

Dinner	6:00p - 9:00p
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Please note: Solis is by reservation only.

The Patio, Deck 8 (weather permitting).

Breakfast	9:00a - 10:30a
Lunch, Wraps	12:30p - 3:30p
Earth & Ocean	7:00p - 9:00p

Seabourn Square, Deck 7

Coffee & Snacks	6:15a - 6:00p
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Observation Bar, Deck 10

Early Morning Risers	6:00a - 8:00a
Bar	11:30a - Midnight
Parisian High Tea	4:00p - 5:00p

Sky Bar, Deck 9

(Weather permitting). Closed

Patio Bar, Deck 8

10:00a - 10:00p

The Club, Deck 5

Sushi	6:00p - Close
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Room Service

24 Hours

Guests under the legal drinking age will not be served alcoholic beverages, nor are they to consume alcoholic beverages whilst onboard. Please understand that you may be requested to show identification indicating date of birth.

SERVICES

The Boutique & The Collection, Deck 7	10:00a - 10:00p
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The Spa and Wellness, Deck 9	8:00a - 10:00p
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Fitness Center, Deck 9	6:00a - 10:00p
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For all spa events and classes menu, please refer to The Spa on your Seabourn Source App or contact The Spa reception.

Future Cruise Consultant, Deck 7	9:00a - 12:00n
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2:00p - 6:00p

A Sail to Remember - Limited Time Offer

Enjoy savings up to 15% on select cruises and expeditions to Alaska, Northern Europe, Mediterranean, Northwest Passage & more. Plus, save an additional 10% with our onboard booking savings. Visit your Future Cruise Consultant to learn more.

Destination Services, Deck 7	10:00a - 12:00n
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4:00p - 6:00p

Casino, Deck 5

Slots	All Day
Tables	1:30p - 5:00p

6:00p - Close

Medical Center, Deck 3 Forward

Please call 4314 during clinic hours to schedule an appointment.

Port days:	8:00a - 10:00a & 4:00p - 6:00p
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Sea days:	9:00a - 11:00a & 4:00p - 6:00p
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Embarkation days:	8:00a - 9:00a & 5:00p - 6:00p
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FOR A MEDICAL EMERGENCY DIAL 911

DISEMBARKATION NOTICE

If you would like to book a Seabourn Transfer to complete your onward journey on May 16th, please visit our Guest Services team at the Seabourn Square on Deck 7. Transfers are available to purchase until 12:00n, Monday, May 12th. Please note there is limited availability of private vehicles in Vancouver. Alternatively, sedan taxis are available outside the terminal if you wish to continue onwards independently. Most taxis accept Canadian cash or credit card. We recommend checking if taxis accept credit cards before committing to a journey.

TODAY'S ONBOARD ACTIVITIES

7:00a Stretch and Release

Motion Studio, Deck 9

9:45a Veterans Coffee Morning Meet (un-hosted).

Seabourn Square, Deck 7

Followed by a two-minute silence at 10:00a.

10:00a Social Bridge & Mahjong Play (un-hosted. Repeated at 2:00p).

Card Room, Deck 7

10:00a Art at The Table (until 11:00a).

The Restaurant, Deck 4

10:00a Collect Your EFFY Charm

The Collection, Deck 7

10:00a Natural Relief for Arthritis, Back and Knee Pain

Spa & Wellness, Deck 9

10:15a A Seabourn Conversation with Terry Breen

Grand Salon, Deck 6

Alaska: The Last Frontier

10:30a Baggo Prize Game

Atrium, Deck 4

11:00a Secret To A Flatter Stomach

Spa & Wellness, Deck 9

11:15a Fun & Friendly Team Trivia with Aimée & Jenn

The Club, Deck 5

2:00p Social Bridge & Mahjong Play (un-hosted).

Card Room, Deck 7

2:00p Footprint Analysis

Spa & Wellness, Deck 9

2:00p Showcase: Watercolor

The Collection, Deck 7

2:00p Blackjack Tournament

Casino, Deck 5

Qualifying Rounds 2:00p - 4:00p. Finals at 3:45p. \$25 Entry fee.

2:30p A Seabourn Conversation with Terry Greenberg

Grand Salon, Deck 6

Great Projects in a Great Land

2:30p Dessert of the Day: Try-on & Win

The Collection, Deck 7

Treat yourself with something sweet! Try on EFFY Jewelry and enter to win a \$1000 shopping spree!

3:30p Writing Workshop with Jennifer Eremeeva

The Club, Deck 5

Crafting the Setting & World Building

3:30p Golf Putting Prize Game (weather permitting).

The Retreat, Deck 11

4:00p Parisian High & Melodies

Observation Bar, Deck 10

4:00p Stitch, Knit & Natter

Observation Bar, Deck 10

4:30p Boat Building Competition Final

Poolside, Deck 8

6:15p Classic Cocktails & Sunset Serenades with Mike

Observation Bar, Deck 10 (until 8:00p, with break).

6:30p Sushi & Live Music with The Quest Quartet & Shey

The Club, Deck 5 (until 7:30p).

8:30p Mid-Evening Moods with The Quest Quartet & Shey

The Club, Deck 5 (until 9:15p).

8:30p Gem & Tonic: Cocktail & Gem Pairing

The Collection, Deck 7

9:30p Showtime Tonight: Skyline

Grand Salon, Deck 6

Featuring The Seabourn Six!

9:30p Musical Melodies with Mike

Observation Bar, Deck 10 (until midnight, with breaks).

10:15p Post Show Party with The Quest Quartet & Shey

The Club, Deck 5 (until 11:00p).

11:00p Boogie on Down with Grace & The Band

The Club, Deck 5

Followed by The Quest Quartet & Shey (until late, with break).

This is your moment.



SEABOURN

THE HERALD

FRIDAY, MAY 9, 2025

KODIAK, KODIAK ISLAND, ALASKA

WEATHER

LIGHT RAIN

47°F / 8°C

WIND 12mph / 19kmh

SUNRISE: 5:58a

SUNSET: 10:15p

IN PORT

KODIAK, KODIAK ISLAND, ALASKA

Arrival: 8:00a / All Aboard: 5:30p

Gangway Location: Deck 4, Forward (subject to change).

Kodiak, often called the "Emerald Isle" of Alaska, is the second-largest island in the United States and home to rugged natural beauty, a deep-rooted Alutiq heritage, and the iconic Kodiak brown bear. The city of Kodiak itself is nestled between steep green hills and a working harbor that bustles with fishing vessels and ferries. With a population of around 5,300, Kodiak offers a small-town welcome and easy access to wild coastal landscapes. Once a center of Russian America, Kodiak retains remnants of its colonial past, visible in local architecture and cultural institutions. Today, the island thrives on commercial fishing, particularly salmon and crab, along with tourism and the presence of a U.S. Coast Guard base. Visitors can expect a maritime climate - cool, damp, and often misty - with striking changes in weather from hour to hour.

For more detailed port information, please refer to the Seabourn Source.

TONIGHT'S ATTIRE: ELEGANT CASUAL

After 6:00p, the evening dress code is Elegant Casual. In all dining venues, the nightly dress standard for men is slacks with collared dress shirt or sweater and optional jacket. Slacks, skirt, blouse, pant suit or dresses are appropriate for ladies. Elegant jeans are now welcome in all dining venues.

A SEABOURN CONVERSATION WITH

TERRY GREENBERG

The Making of the Alaska Panhandle & British Columbia

This conversation will tell the twin stories of how the strange border of the Alaska-British Columbia border, known as the Alaska Panhandle, came about, along with the story of how the Canadian province of British Columbia was first settled and reluctantly joined the rest of Canada. This conversation will also touch on Canada's third largest city, Vancouver, where he grew up.

5:30p GRAND SALON, DECK 6

SHOWTIME TONIGHT

BLAKE VOGT

Blake Vogt is a magician, creator, consultant, and performer. He has created magic for David Copperfield and David Blaine and was a semi-finalist on America's Got Talent. Blake's comedy and magic will have you on the edge of your seat as you try to figure out his impossible illusions. Come and see magic like you've never seen before!

9:30p GRAND SALON, DECK 6

GUESTS GOING ASHORE

Please remember to carry your ship's I.D Card and Government Issued photo I.D with you at all times when going ashore. Please note that it is forbidden by local authorities for guests to bring any fruit or food products ashore while in Alaska.

GUESTS ON TOUR

E-Tickets & times will be listed in your wallet on Seabourn Source. Guests arriving after the meeting time may not be accommodated. Please ensure that you always carry your suite card while ashore.

TEAM MEMBER SAFETY DRILL

Please note there will be a team member safety drill this morning at 10:00a. No guest participation is required. Alarms will be sounded for exercise purposes only. Please note that guest services will be suspended during this exercise and elevators will be temporarily out of service during the drill.

POLITE NOTICE

As you enter or exit your suite, please hold the door handle to allow it to close quietly behind you. Your neighbors will appreciate it! We thank you in advance for your kind consideration of your fellow travelers.

DISSEMBARKATION NOTICE

If you would like to book a Seabourn Transfer to complete your onward journey on May 16th, please visit our Guest Services team at the Seabourn Square on Deck 7. Transfers are available to purchase until 12:00n, Monday, May 12th. Please note there is limited availability of private vehicles in Vancouver. Alternatively, sedan taxis are available outside the terminal if you wish to continue onwards independently. Most taxis accept Canadian cash or credit card. We recommend checking if taxis accept credit cards before committing to a journey.

PORT AGENT INFORMATION

Cruise Line Agencies of Alaska
4341 B Street
Suite 202, Anchorage,
AK 99503US
Phone: +19075626889
Shore to Ship: +13218376102

AMERICAN CONSULATE

222 West 7th Avenue
Room 253, #9
Anchorage,
Alaska 99513
Phone: + 9072715071

BRITISH CONSULATE

3416 Seawolf Dr #214
Anchorage,
AK 99508, US
Phone: +1 9077864848

AUSTRALIAN CONSULATE

575 Market Street
Suite 1800 (18th Floor)
San Francisco
CA 94105-2815, US
Phone: +1 4156443620

FOOD & DRINK

The Restaurant, Deck 4

Breakfast	Closed
Lunch	Closed
Dinner	6:00p - 9:00p

The Colonnade, Deck 8

Breakfast	7:30a - 10:00a
Lunch, Smorgasbord	12:00n - 2:00p
Dinner, Thai	6:00p - 9:00p

Solis, Deck 8

Dinner	6:00p - 9:00p
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Please note: Solis is by reservation only.

The Patio, Deck 8 (weather permitting).

Breakfast	8:30a - 10:00a
Lunch, Sausage	1:00p - 4:00p
Earth & Ocean	7:00p - 9:00p

Seabourn Square, Deck 7

Coffee & Snacks	6:15a - 6:00p
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Observation Bar, Deck 10

Early Morning Risers	6:00a - 8:00a
Bar	6:00p - Midnight

Sky Bar, Deck 9

(Weather permitting).	12:00n - 6:30p
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Patio Bar, Deck 8

10:00a - 10:00p

The Club, Deck 5

Sushi	6:00p - Close
	6:00p - 9:00p

Room Service

24 Hours

Guests under the legal drinking age will not be served alcoholic beverages, nor are they to consume alcoholic beverages whilst onboard. Please understand that you may be requested to show identification indicating date of birth.

SERVICES

The Boutique & The Collection, Deck 7	6:30p - 10:00p
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The Spa and Wellness, Deck 9	8:00a - 10:00p
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Fitness Center, Deck 9	6:00a - 10:00p
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For all spa events and classes menu, please refer to The Spa on your Seabourn Source App or contact The Spa reception.

Future Cruise Consultant, Deck 7	8:00a - 10:00a
	4:00p - 6:00p

2027 World Cruise: Open for Booking - Australia & South Pacific Panorama - Explore the story and soul Australia and the South Pacific, visiting 67 unique destinations along the way. The countdown is on. But the moment is now. Reserve your preferred suite with our Early Booking Advantage of up to 10%, plus save an additional 10% per person when you book on board with your Future Cruise Consultant. Plan your next ultra-luxury getaway and save today. Book by 14 May 2025 before fares increase.

Destination Services, Deck 7	4:00p - 6:00p
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Bookings can also be made on your Seabourn Source App or Suite TV.

Casino, Deck 5

Tables	6:30p - Close
Slots	6:30p - All Night

Medical Center, Deck 3 Forward

Please call 4314 during clinic hours to schedule an appointment.

Port days:	8:00a - 10:00a & 4:00p - 6:00p
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Sea days:	9:00a - 11:00a & 4:00p - 6:00p
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Embarkation days:	8:00a - 9:00a & 5:00p - 6:00p
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FOR A MEDICAL EMERGENCY DIAL 911

LET'S GET SOCIAL!

We'll be looking out for any content you might post while you're with us so we can engage via our platforms. Feel free to tag us!



@SeabournCruise (X and Instagram)

@SeabournCruise (Facebook)

#Seabourn #SeabournQuest

TODAY'S ONBOARD ACTIVITIES

PLEASE NOTE - For a complete list of today's events and activities, please refer to the Herald on your in-suite TV or the Seabourn Source app.

DECK SPORTS AVAILABLE

The Retreat, Deck 11

Shuffleboard Court, Table Tennis & Golf Putting equipment can be accessed by walking through The Retreat to the mid-ship. Available for use until 6:00p.

10:00a Team Member Safety Drill

No guest participation is required.

10:00a Complimentary Puffy Eye Treatment

Followed by 5 Minutes Makeover

Spa & Wellness, Deck 9

1:00p Mahjong Players Meet (un-hosted. Repeated at 3:00p).

Card Room Annex, Deck 7

2:00p Social Bridge Play (un-hosted).

Card Room, Deck 7

3:00p Mahjong Players Meet (un-hosted).

Card Room Annex, Deck 7

5:00p Acupuncture Walk-in Clinic

Spa & Wellness, Deck 9

5:00p Body Conditioning

Motion Studio, Deck 9

5:00p Shuffleboard Prize Game (weather permitting).

The Retreat, Deck 11

5:30p A Seabourn Conversation with Terry Greenberg

Grand Salon, Deck 6

The Making of the Alaska Panhandle & British Columbia

5:30p Stretch Class

Motion Studio, Deck 9

6:00p Sabbath Service (un-hosted).

Card Room, Deck 7

6:30p Dessert of the Day: Try-on & Win

The Collection, Deck 7

Treat yourself with something sweet! Try on Effy Jewelry and enter to win a \$1000 shopping spree! (Until 9:30p).

6:15p Classic Cocktails & Sunset Serenades with Mike

Observation Bar, Deck 10 (until 8:00p, with break).

6:30p Sushi & Live Music with Grace & The Band

The Club, Deck 5 (until 7:30p).

8:30p Mid-Evening Moods with The Quest Quartet & Shey

The Club, Deck 5 (until 9:15p).

9:30p Showtime Tonight: Blake Vogt

Grand Salon, Deck 6

9:30p Musical Melodies with Mike

Observation Bar, Deck 10 (until midnight, with breaks).

10:15p Post Show Party with Grace & The Band

The Club, Deck 5 (until 11:00p).

11:00p Boogie on Down with The Quest Quartet & Shey

The Club, Deck 5

Followed by Grace & The Band (until late, with break).

This is your moment.



SEABOURN

THE HERALD

SATURDAY, MAY 10, 2025

AT SEA (GULF OF ALASKA)

WEATHER

PARTLY CLOUDY

42°F / 6°C

WIND 3mph/5kmh

SUNRISE: 5:33a

SUNSET: 9:42p

GULF OF ALASKA

Located in the northern part of the Pacific Ocean, the Gulf of Alaska is a marine area that makes up the state's southern coastline. This region is broad, stretching from the Alaska Peninsula in the west to Kodiak Island in the east. What makes this place unique? Almost everything. The Gulf of Alaska's coastline includes various environments, from a sound to inlets and bays. You'll find tide pools, forests, mountains, and even glaciers. In fact, this area is home to two of the most massive glaciers in Alaska, the Bering Glacier, and the Malaspina Glacier. Both travel to the gulf and contribute runoff and sediment. When chunks of the glaciers break off at the coast, they become icebergs and are carried out to the Pacific Ocean by the strong currents. There is a common misconception associated with the waters that are in the Gulf of Alaska. The salty water from the Pacific Ocean flows with freshwater glacial runoff (with sediment) to create what some people conclude is a place where the oceans don't mix. The two types of water have different colorations and clarity, which makes an observable line. This area is where the waters begin to combine. More is happening at depths greater than on the surface. The waters do eventually combine in the current. Another aspect of this is that there isn't a specific location for the observable line; it varies based on glacial melt and current. The Alaska Current is unique in that it has a gyre that flows counterclockwise. A gyre is the circulation of ocean currents. The Pacific Ocean, on the other hand, has a clockwise gyre. The Gulf of Alaska's depth varies depending on where you are in the region due to continental shelf and trenches. Most depths max out at around 9900 feet (3,000 meters), which is approximately 1.86 miles. However, the Aleutian trench, located between the Komandor Islands and the Gulf of Alaska, has a maximum depth of almost 27,000 feet (8100 m), which is just over 5 miles deep. That is 1,650 Honda Accord cars lined up bumper to bumper.

TONIGHT'S ATTIRE: FORMAL IN THE RESTAURANT

Tuxedo, suit or slacks and jacket for gentlemen.

Evening gown or other formal apparel for ladies. In other venues, guests are welcome in Elegant Casual Attire.

SHOWTIME TONIGHT

ROY TAN

'Soundtrack'

Embark on a nostalgic journey with piano phenomenon, composer, and arranger Roy Tan in this audio/visual trip through 75 years of iconic melodies behind some of our most beloved films from classics like 'Casablanca' and 'Forrest Gump' to modern Blockbuster scores like Marvel's 'Avengers'. Starring the works of Alan Silvestri, James Horner, Hans Zimmer, John Williams and more in this Cinematic Musical Experience.

9:30p GRAND SALON, DECK 6

TODAY'S HIGHLIGHTS

ART AT THE TABLE

Join our Artists get-together, a moment to relax, connect, and create. A table will be set in the restaurant with a selection of art supplies available for anyone who would like to explore their creative side. Whether you're a seasoned artist or simply want to doodle, come let your imagination flow!

10:00a THE RESTAURANT (UNTIL 11:00a).

LIVE COOKING DEMONSTRATION WITH CHEF CHRISTOPHE

Executive Chef Christophe shares this live culinary showcase as he prepares a gorgeous Coq Au Vin. Watch this gourmet dish come to life, learn expert techniques, and gain insider tips from one of the industry's finest. Whether you're a seasoned foodie or just love great food, you won't want to miss this!

10:15a GRAND SALON, DECK 6

FUN & FRIENDLY TEAM TRIVIA: OFFICERS vs. GUESTS

Join Aimée & Jenn for another round of this fun filled battle of the brains and take on our team of Seabourn Quest Officers! Will you beat them to victory? Or will the officers don their thinking caps and rise to glory? You decide!

11:15a THE CLUB, DECK 5

A SEABOURN CONVERSATION WITH TERRY BREEN

Glaciers: Rivers Of Ice

The highlight of this cruise for many will be our visit to magnificent Glacier Bay. For a better understanding of this and all the glaciers we see in Alaska, and around the world, join Terry for an explanation of glaciers, how they are formed and how to identify them.

2:30p GRAND SALON, DECK 6

PORT TALK WITH DESTINATIONS MANAGER, MARVIN

Join your Destinations Manager Marvin as he tells you more information about our upcoming ports of call, Ketchikan, Nanaimo & Vancouver.

3:45p GRAND SALON, DECK 6

NAME THAT TUNE WITH AIMÉE & DUSTIN

Think you've got an ear for music? Join Aimée & Dustin for a toe-tapping round of Name That Tune! From throwbacks to chart-toppers, guess the hits and earn points. Bragging rights (and maybe a prize) are on the line.

4:30p THE CLUB, DECK 5

FOOD & DRINK

The Restaurant, Deck 4	
Breakfast	8:00a - 9:00a
Lunch	12:30p - 1:30p
Signature Dinner	6:00p - 9:00p
The Colonnade, Deck 8	
Breakfast	7:30a - 10:00a
Lunch, Italian	12:00n - 2:00p
Dinner, French	6:00p - 9:00p
Solis, Deck 8	
Dinner	6:00p - 9:00p
<i>Please note: Solis is by reservation only.</i>	
The Patio, Deck 8 (weather permitting).	
Breakfast	9:00a - 10:30a
Lunch, Panini	12:30p - 3:30p
Earth & Ocean	7:00p - 9:00p
Seabourn Square, Deck 7	
Coffee & Snacks	6:15a - 6:00p
Observation Bar, Deck 10	
Early Morning Risers	6:00a - 8:00a
Bar	11:30a - Midnight
Afternoon Tea	4:00p - 5:00p
Sky Bar, Deck 9	
(Weather permitting).	
Patio Bar, Deck 8	
10:00a - 10:00p	
The Club, Deck 5	
Sushi	
6:00p - Close	
6:00p - 9:00p	

Room Service 24 Hours
Guests under the legal drinking age will not be served alcoholic beverages, nor are they to consume alcoholic beverages whilst onboard. Please understand that you may be requested to show identification indicating date of birth.

SERVICES

The Boutique & The Collection, Deck 7	
10:00a - 10:00p	
The Spa and Wellness, Deck 9	
8:00a - 10:00p	
Fitness Center, Deck 9	
6:00a - 10:00p	
For all spa events and classes menu, please refer to The Spa on your Seabourn Source App or contact The Spa reception.	
Future Cruise Consultant, Deck 7	
9:00a - 12:00n	
2:00p - 4:30p	
New 2026-2027 Caribbean, Japan, and Southeast Asia Voyages Open for Booking - 34 new voyages visiting 71 unique ports are now available for you to explore. The countdown is on. But the moment is now. Reserve your preferred suite with our Early Booking Advantage of up to 10%, plus save an additional 10% per person when you book on board with your Future Cruise Consultant. Plan your next ultra-luxury getaway and save today. Book by 14 May 2025 before fares increase.	
Destination Services, Deck 7	
10:00a - 12:00n	
4:00p - 6:00p	
Casino, Deck 5	
Slots	
All Day	
Tables	
1:30p - 5:00p	
6:00p - Close	

Medical Center, Deck 3 Forward
 Please call 4314 during clinic hours to schedule an appointment.
Port days: 8:00a - 10:00a & 4:00p - 6:00p
Sea days: 9:00a - 11:00a & 4:00p - 6:00p
Embarkation days: 8:00a - 9:00a & 5:00p - 6:00p
FOR A MEDICAL EMERGENCY DIAL 911

SOUND NOTICE: To help maintain a calm and comfortable atmosphere for all, we kindly ask guests to be mindful of sound levels from personal electronic devices in public areas. Out of consideration for those around you, please avoid playing audio aloud and keep speaker volume to a respectful minimum when enjoying shared public lounges. Thank you for helping us maintain a peaceful and enjoyable atmosphere for all.

TODAY'S ONBOARD ACTIVITIES

7:00a	Stretch Class Motion Studio, Deck 9
10:00a	Social Bridge & Mahjong Play (un-hosted. Repeated at 2:00p). Card Room, Deck 7
10:00a	Art at The Table (until 11:00a). The Restaurant, Deck 4 A moment to relax, connect, and create.
10:00a	Grow Your Own Medicine Cabinet Spa & Wellness, Deck 9
10:15a	Live Cooking Demonstration with Chef Christophe Grand Salon, Deck 6 Coq Au Vin
10:30a	Golf Putting Prize Game (weather permitting). The Retreat, Deck 11
10:30a	Showcase: Zultanite The Collection, Deck 7
11:00a	Locman Watches The Boutique, Deck 7 Locman embodies the constructive and technological excellence of Italian watchmaking.
11:15a	Fun & Friendly Team Trivia: Officers vs Guests The Club, Deck 5
2:00p	Social Bridge & Mahjong Play (un-hosted). Card Room, Deck 7
2:30p	A Seabourn Conversation with Terry Breen Grand Salon, Deck 6 Glaciers: Rivers Of Ice
2:30p	Jewelry Dessert of the Day: Grand Finale The Collection, Deck 7
3:30p	Baggo Prize Game Atrium, Deck 4
3:45p	Port Talk with Destinations Manager Marvin Grand Salon, Deck 6 Ketchikan, Nanaimo & Vancouver.
4:00p	Afternoon Tea & Melodies Observation Bar, Deck 10
4:00p	Stitch, Knit & Natter Observation Bar, Deck 10
4:30p	Name That Tune with Aimée & Dustin The Club, Deck 5
6:15p	Classic Cocktails & Sunset Serenades with Mike Observation Bar, Deck 10 (until 8:00p, with break).
6:30p	Sushi & Live Music with The Quest Quartet & Shey The Club, Deck 5 (until 7:30p).
8:30p	Mid-Evening Moods with The Quest Quartet & Shey The Club, Deck 5 (until 9:15p).
9:30p	Showtime Tonight: Roy Tan Grand Salon, Deck 6 'Soundtrack'
9:30p	Musical Melodies with Mike Observation Bar, Deck 10 (until midnight, with breaks).
10:15p	Post Show Party with The Quest Quartet & Shey The Club, Deck 5 (until 11:00p).
11:00p	Boogie on Down with Grace & The Band The Club, Deck 5 Followed by The Quest Quartet & Shey (until late, with break).

This is your moment.



SEABOURN®

THE HERALD

SUNDAY, MAY 11, 2025

GLACIER BAY NATIONAL PARK

WEATHER

SUNNY

40°F / 4°C

WIND 4mph/6kmh

SUNRISE: 4:47a

SUNSET: 9:23p

AT SEA, SCENIC CRUISING

GLACIER BAY NATIONAL PARK

When Captain George Vancouver first set eyes on the small five-mile inlet that was Glacier Bay in 1794, he described a "sheet of ice as far as the eye could distinguish." By 1850, the Huna Tlingit, who call the bay their ancestral homeland, traveled through waters where the ice had retreated enough to begin exposing one of the world's most majestic wildernesses. Their deep connection to this land continues to shape the story of Glacier Bay National Park and Preserve, offering a legacy of stewardship that spans millennia. Glacier Bay National Park and Preserve is an American national park located in Southeast Alaska, west of Juneau. President Calvin Coolidge proclaimed the area around Glacier Bay a national monument under the Antiquities Act on February 26, 1925. Subsequent to an expansion of the monument by President Jimmy Carter in 1978, the Alaska National Interest Lands Conservation Act enlarged the national monument by 523,000 acres (817.2 sq mi) on December 2, 1980, and created Glacier Bay National Park and Preserve. The national preserve encompasses 58,406 acres (91.3 sq mi) of public land to the immediate northwest of the park, protecting a portion of the Alsek River with its fish and wildlife habitats, while allowing sport hunting. Glacier Bay became part of a binational UNESCO World Heritage Site in 1979 and was inscribed as a Biosphere Reserve in 1986.

TONIGHT'S ATTIRE: ELEGANT CASUAL

After 6:00p, the evening dress code is Elegant Casual. In all dining venues, the nightly dress standard for men is slacks with collared dress shirt or sweater and optional jacket. Slacks, skirt, blouse, pant suit or dresses are appropriate for ladies. Elegant jeans are now welcome in all dining venues.

ENTERTAINMENT TONIGHT

LIAR'S CLUB

Cruise Director Aimée in the Grand Salon as she hosts 'Liars Club'. A fun team game where you must decide who from our prestigious panel is telling the truth, and who is telling a lie. Join us for some belly laughs and deceitful story telling...

5:30p GRAND SALON, DECK 6

SHOWTIME TONIGHT

ANTONIO LAROSA

Join award-winning artist Antonio Larosa for an unforgettable evening of classic and powerful vocals paired with masterful guitar playing. His nostalgic yet fresh take on Country, Rock, and Blues classics will have you singing along and feeling every note.

9:30p GRAND SALON, DECK 6

WELCOME TO GLACIER BAY NATIONAL PARK

Please join us in our commitment to keep Glacier Bay pristine and beautiful for future visitors and generations. To do your part, we ask that you please do not throw anything overboard.

- Take extra care that loose clothing, hats, napkins, maps and other items do not blow overboard.
- Do not feed the wildlife or birds.
- Avoid disturbing wildlife.

Please respect your fellow guests' experience of this majestic place

SCENIC CRUISING ITINERARY

(All timings are approximate and subject to change)

- 7:00a We welcome Glacier Bay National Park Service Rangers onboard Seabourn Quest just outside Bartlett Cove.
- 8:00a Glacier Bay Greeting (15-minutes), Grand Salon, Deck 6
- 9:00a Scenic Cruising in the Upper Bay of Glacier Bay National Park with LIVE Ranger commentary over the PA system (Until 1:00p)
- 10:00a Arrival at Lamplugh Glacier
- 11:30a Arrival at Margerie Glacier
- 2:00p Glacier Bay Park Ranger Presentation in the Grand Salon
- 4:00p The National Park Service Rangers disembark Seabourn Quest

TOP TIPS TO GET THE MOST OUT OF YOUR VISIT

A Glacier Bay National Park Brochure/Map was delivered to your suite. Use it to learn about the bay and follow your route. It includes excellent information on tidewater glaciers, whales, plants and animals in the bay.

GET OUTSIDE ON THE OPEN DECKS

Nothing can compare to the sense of scale and magnificence of the massive ice wall and, if you are lucky, you may experience the incredible sound when it calves. For wildlife viewing be patient! Sharp-eyed guests have spotted brown bears, bald eagles, harbor seals, humpback whales and mountain goats before! Wildlife is abundant, be vigilant and you will be rewarded. If you have binoculars, use them!

MARINE WILDLIFE WATCH

Look for the National Park Rangers roving the outside decks and the viewing lounges this afternoon as we travel through lower Glacier Bay where you are likely to spot humpback whales and other marine wildlife.

PLEASE DO NOT FEED THE WILDLIFE

The feeding of wildlife including sea birds while in Glacier Bay is strictly prohibited as this can cause dependency upon that food source, which when removed, may upset the delicate balance of nature. In addition, some food items may cause illness or disease, thereby further disrupting the ecological system.

RECOMMENDED VIEWING PRIOR TO GLACIER BAY ARRIVAL

On your in-suite television on The Seabourn Experiences page: "Glacier Bay: Forever Wild", "Beneath the Reflections", "Sanctuary for the Future", and "Healing Across the Waters" before or after our visit to the bay.

FOOD & DRINK

The Restaurant, Deck 4

Breakfast	8:00a - 9:00a
Lunch	12:30p - 1:30p
Dinner	6:00p - 9:00p

The Colonnade, Deck 8

Breakfast	7:30a - 10:00a
Lunch, Tapas & Spanish	12:00n - 2:00p
Dinner, American	6:00p - 9:00p

Deck 6, Forward

Caviar by the Glaciers	11:15a - 12:00n
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Solis, Deck 8

Dinner	6:00p - 9:00p
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Please note: Solis is by reservation only.

The Patio, Deck 8 (weather permitting).

Breakfast	8:30a - 10:00a
Lunch, Asian BBQ	12:30p - 3:30p
Earth & Ocean	7:00p - 9:00p

Seabourn Square, Deck 7

Coffee & Snacks	6:15a - 6:00p
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Observation Bar, Deck 10

Early Morning Risers	6:00a - 8:00a
Bar	10:00a - Midnight
Afternoon Tea	4:00p - 5:00p

Sky Bar, Deck 9 (Weather permitting).

Closed

Patio Bar, Deck 8

10:00a - 10:00p

The Club, Deck 5

Sushi	6:00p - Close
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Room Service

24 Hours

Guests under the legal drinking age will not be served alcoholic beverages, nor are they to consume alcoholic beverages whilst onboard. You may be requested to show identification indicating date of birth.

SERVICES

The Boutique & The Collection, Deck 7

10:00p - 10:00p

The Spa and Wellness, Deck 9

8:00a - 10:00p

Fitness Center, Deck 9

6:00a - 10:00p

For all spa events and classes menu, please refer to The Spa on your Seabourn Source App or contact The Spa reception.

Future Cruise Consultant, Deck 7

9:00a - 12:00n
2:00p - 6:00p

2027 World Cruise: Open for Booking

Australia & South Pacific Panorama - Explore the story and soul Australia and the South Pacific, visiting 67 unique destinations along the way. The countdown is on. But the moment is now. Reserve your preferred suite with our Early Booking Advantage of up to 10%, plus save an additional 10% per person when you book on board with your Future Cruise Consultant. Plan your next ultra-luxury getaway and save today. Book by 14 May 2025 before fares increase.

Destination Services, Deck 7

10:00a - 12:00n
4:00p - 6:00p

Casino, Deck 5

Slots & Tables	7:00p - Close
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Casino is to remain closed while within the official boundaries of Glacier Bay National Park.

Medical Center, Deck 3 Forward

Please call 4314 during clinic hours to schedule an appointment.

Port days:	8:00a - 10:00a & 4:00p - 6:00p
Sea days:	9:00a - 11:00a & 4:00p - 6:00p
Embarkation days:	8:00a - 9:00a & 5:00p - 6:00p

FOR A MEDICAL EMERGENCY DIAL 911

LET'S GET SOCIAL!

We'll be looking out for any content you might post while you're with us so we can engage via our platforms. Feel free to tag us!



@SeabournCruise (X and Instagram)

@SeabournCruise (Facebook)

#Seabourn #SeabournQuest

TODAY'S ONBOARD ACTIVITIES

GLACIER BAY NATIONAL PARK LIVE COMMENTARY:

There will be a live commentary from The Bridge made by a National Park Service Ranger as Seabourn Quest navigates through Glacier Bay National Park. This will be broadcast on all Open Decks & Public Areas. You can also listen to announcements on your in-suite TV by selecting 'Watch & Listen', 'Live TV' and then the 'FWD' Camera/Public Announcements Channel.

The Seabourn Quest is expected to greet the NPS Rangers at 7:00a with commentary between 9:00a & 1:00p approximately

7:00a Glacier Bay National Park Rangers Board the Quest

We welcome Glacier Bay National Park Service Rangers onboard the Seabourn Quest just outside Bartlett Cove.

8:00a Glacier Bay Greeting

Grand Salon, Deck 6
An introduction to your NPS Rangers who will share an overview of what to expect during our day of scenic cruising. Please note this will last for approximately 15 minutes.

8:30a Park Ranger Information Desk (until 1:00p)

Observation Bar, Deck 10
Meet the Interpretative Team and learn more about Glacier Bay

8:30a Alaska Geographic Park Store (until 2:30p).

Observation Bar, Deck 10
Alaska Geographic Park Store will be open in the Observation Bar for your chance to purchase some Glacier Bay books & memorabilia!

8:30a Interdenominational Church Service (un-hosted).

Card Room, Deck 7

9:00a Ranger Commentary Begins

Our National Park Service Ranger begins intermittent scenic commentary broadcast from The Bridge to open decks and public spaces. Commentary will not be broadcasted into suites, however, you can also listen to announcements on your in-suite TV by selecting 'Watch & Listen', 'Live TV' and then the 'FWD' Camera/Public Announcements Channel'. (until 1:00p).

2:00p Glacier Bay Park Ranger Program

Grand Salon, Deck 6
This program will last approximately 30 minutes.

4:00p Glacier Bay National Park Rangers Disembark

Glacier Bay National Park Rangers will disembark the Seabourn Quest just outside Bartlett Cove.

4:00p Afternoon Tea & Melodies

Observation Bar, Deck 10

5:30p Entertainment Tonight: Liar's Club!

Grand Salon, Deck 6

6:15p Classic Cocktails & Sunset Serenades with Mike

Observation Bar, Deck 10 (until 8:00p, with break).

6:30p Sushi & Live Music with The Quest Quartet & Shey

The Club, Deck 5 (until 7:30p).

8:30p Mid-Evening Moods with The Quest Quartet & Shey

The Club, Deck 5 (until 9:15p).

9:30p Showtime Tonight: Antonio Larosa

Grand Salon, Deck 6

9:30p Musical Melodies with Mike

Observation Bar, Deck 10 (until midnight, with breaks).

10:15p Post Show Party with The Quest Quartet & Shey

The Club, Deck 5 (until 11:00p).

11:00p Boogie on Down with Grace & The Band

The Club, Deck 5
Followed by The Quest Quartet & Shey (until late, with break).

This is your moment.



SEABOURN

THE HERALD

MONDAY, MAY 12, 2025

SITKA, ALASKA

WEATHER SCATTERED SHOWERS 11°F / 7°C WIND 11mph / 17kmh SUNRISE: 4:48a SUNSET: 9:08p

AT ANCHOR

SITKA, ALASKA

Arrival: 7:00a / Last Tender: 2:30p

Tender Platform: Deck 3, Aft (subject to change).

Once called "The Paris of the Pacific," Sitka stands out among Alaskan ports for its cultural richness and natural beauty. Built on the legacy of Russian fur traders and the strength of Tlingit heritage, Sitka is dramatically set between steep forested mountains and the glittering Sitka Sound on Baranof Island. With a population of approximately 9,300, Sitka is Alaska's fifth-largest city and widely considered the cultural and artistic hub of the Southeast. The town's historic downtown exudes old-world charm with onion-domed cathedrals, hand-carved totem poles, and 19th-century architecture. Sitka's climate is damp and cool, evoking the coastal atmosphere of northern Scotland, while its economy is primarily driven by timber, fishing, education, and tourism. With two scenic harbors nestled within the Tongass National Forest, the city is also famous for sportfishing, wildlife encounters, and artisan crafts.

For more detailed port information, please refer to the Seabourn Source.

A SEABOURN CONVERSATION WITH

TERRY BEEN

People Of The Mist: Native Americans of The Northwest Coast
Along with Alaska, coastal British Columbia Alaska is home to members of the Northwest Coast Culture. Join Terry for insights into their historic and contemporary culture and community including the totemic art we see throughout the region.

3:00p GRAND SALON, DECK 6

PRE-DINNER SHOWTIME

CRUISE DIRECTOR AIMÉE LAKE

Spotlight Moments!

Join Aimée Lake tonight for Spotlight Moments, an unforgettable evening of timeless music from cinema, Broadway, and classical crossover. From performing on stage to becoming a Cruise Director, Aimée's journey has been guided by a love of storytelling through music. With warmth and passion, she brings each piece to life, creating a night to remember.

5:30p GRAND SALON, DECK 6

SHOWTIME TONIGHT

BLAKE VOGT

Blake returns with a second show, jam-packed with more magic and more fun! Come and see him perform all new magic and a trick that fooled David Copperfield!

9:30p GRAND SALON, DECK 6

TONIGHT'S ATTIRE: ELEGANT CASUAL

After 6:00p, the evening dress code is Elegant Casual. In all dining venues, the nightly dress standard for men is slacks with collared dress shirt or sweater and optional jacket. Slacks, skirt, blouse, pant suit or dresses are appropriate for ladies. Elegant jeans are now welcome in all dining venues.

GUESTS GOING ASHORE

Please remember to carry your ship's I.D Card and Government Issued photo I.D with you at all times when going ashore. Please note that it is forbidden by local authorities for guests to bring any fruit or food products ashore while in Alaska.

GUESTS ON TOUR

E-Tickets & times will be listed in your wallet on Seabourn Source. Guests arriving after the meeting time may not be accommodated. Please ensure that you always carry your suite card while ashore.

TENDER NOTICE

Guests wishing to go ashore today will do so by embarking the ship's tender boats. Please follow the instructions of the crew at all times. Please remain seated while the boat is moving. Kindly note that smoking is not permitted at any time in the tenders. Tenders will be operating on a continuous basis.

REUSABLE WATER BOTTLES AT THE GANGWAY

In our continued efforts to be environmental stewards, we are offering reusable water bottles at the gangway for you to take ashore. Upon returning to the ship please place the used bottles in the designated area at the gangway. Thank you for helping us protect the environment.

PORT AGENT INFORMATION

Cruise Line Agencies
Sitka, Icy Strait
124 Lincoln Street
Suite 204
Sitka, AK 99635 US
Phone: +19077473377
Shore to Ship: +13218376102

AMERICAN CONSULATE

222 West 7th Avenue
Room 253, #9
Anchorage,
Alaska 99513
Phone: + 9072715071

AUSTRALIAN CONSULATE

2029 Century Park E #3150,
Los Angeles,
CA 90067
Phone: +13102292300

BRITISH CONSULATE

1 Sansome St Suite 850,
San Francisco,
CA 94104
Phone: +14156171300

FOOD & DRINK

The Restaurant, Deck 4

Breakfast	Closed
Lunch	Closed
Dinner	6:00p - 9:00p

The Colonnade, Deck 8

Breakfast	6:30a - 10:00a
Lunch, Comfort	12:00n - 2:00p
Indian Market Dinner	6:00p - 9:00p

Solis, Deck 8

Dinner	6:00p - 9:00p
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Please note: Solis is by reservation only.

The Patio, Deck 8 (weather permitting).

Breakfast	8:30a - 10:00a
Lunch, Al Fresco	12:30p - 3:30p
Earth & Ocean	7:00p - 9:00p

Seabourn Square, Deck 7

Coffee & Snacks	6:15a - 6:00p
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Observation Bar, Deck 10

Early Morning Risers	6:00a - 8:00a
Bar	12:00n - Midnight
Afternoon Tea	4:00p - 5:00p

Sky Bar, Deck 9 (Weather permitting).

	Closed
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Patio Bar, Deck 8

	10:00a - 10:00p
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The Club, Deck 5

Sushi	6:00p - Close
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Room Service

24 Hours
Guests under the legal drinking age will not be served alcoholic beverages, nor are they to consume alcoholic beverages whilst onboard. Please understand that you may be requested to show identification indicating date of birth.

SERVICES

The Boutique & The Collection, Deck 7

	3:30p - 10:00p
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The Spa and Wellness, Deck 9

	8:00a - 10:00p
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Fitness Center, Deck 9

6:00a - 10:00p
For all spa events and classes menu, please refer to The Spa on your Seabourn Source App or contact The Spa reception.

Future Cruise Consultant, Deck 7

	8:00a - 10:00a
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3:00p - 6:00p
New 2026-2027 Caribbean, Japan, and Southeast Asia Voyages Open for Booking - 34 new voyages visiting 71 unique ports are now available for you to explore. The countdown is on. But the moment is now. Reserve your preferred suite with our Early Booking Advantage of up to 10%, plus save an additional 10% per person when you book on board with your Future Cruise Consultant. Plan your next ultra-luxury getaway and save today. Book by 14 May 2025 before fares increase.

Destination Services, Deck 7

	4:00p - 6:00p
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Bookings can also be made on your Seabourn Source App or Suite TV.

Casino, Deck 5

Tables	3:30p - 5:00p
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	6:00p - Close
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Slots	3:30p - Close
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Medical Center, Deck 3 Forward

Please call 4314 during clinic hours to schedule an appointment.

Port days:	8:00a - 10:00a & 4:00p - 6:00p
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Sea days:	9:00a - 11:00a & 4:00p - 6:00p
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Embarkation days:	8:00a - 9:00a & 5:00p - 6:00p
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FOR A MEDICAL EMERGENCY DIAL 911

LET'S GET SOCIAL!

We'll be looking out for any content you might post while you're with us so we can engage via our platforms. Feel free to tag us!



@SeabournCruise (X and Instagram)

@SeabournCruise (Facebook)

#Seabourn #SeabournQuest

TODAY'S ONBOARD ACTIVITIES

PLEASE NOTE - For a complete list of today's events and activities, please refer to the Herald on your in-suite TV or the Seabourn Source app.

DECK SPORTS AVAILABLE

The Retreat, Deck 11

Shuffleboard Court, Table Tennis & Golf Putting equipment can be accessed by walking through The Retreat to the mid-ship. Available for use until 6:00p.

10:00a Grow Your Own Medicine Cabinet

Spa & Wellness, Deck 9

11:00a Walking in Comfort

Spa & Wellness, Deck 9

1:00p Mahjong Players Meet (un-hosted. Repeated at 3:00p).

Card Room Annex, Deck 7

2:00p Social Bridge Play (un-hosted).

Card Room, Deck 7

3:00p Mahjong Players Meet (un-hosted).

Card Room Annex, Deck 7

3:00p A Seabourn Conversation with Terry Breen

Grand Salon, Deck 6

People Of The Mist: Native Americans of The Northwest Coast

4:00p Afternoon Tea & Melodies

Observation Bar, Deck 10

4:00p Acupuncture Walk-in Clinic

Spa & Wellness, Deck 9

4:30p Collect your EFFY Charm

The Collection, Deck 7

4:30p Peppa Rose Scarfs: Different Ways to Tie a Scarf

The Boutique, Deck 7

Discover different ways to tie a Scarf. Join your EFFY team for this introduction to a brand-new designer with modern tips and tricks on how to tie and wear a scarf.

4:30p Shuffleboard Prize Game (weather permitting).

The Retreat, Deck 11

5:00p Pilates

Motion Studio, Deck 9

5:30p Pre-Dinner Entertainment: Cruise Director Aimée Lake

Grand Salon, Deck 6

'Spotlight Moments!'

6:15p Classic Cocktails & Sunset Serenades with Mike

Observation Bar, Deck 10 (until 8:00p, with break).

6:30p Sushi & Live Music with The Quest Quartet & Shey

The Club, Deck 5 (until 7:30p).

8:30p Mid-Evening Moods with Grace & The Band

The Club, Deck 5 (until 9:15p).

9:30p Showtime Tonight: Blake Vogt

Grand Salon, Deck 6

9:30p Musical Melodies with Mike

Observation Bar, Deck 10 (until midnight, with breaks).

10:15p Post Show Party with The Quest Quartet & Shey

The Club, Deck 5 (until 11:00p).

11:00p Boogie on Down with Grace & The Band

The Club, Deck 5

Followed by The Quest Quartet & Shey (until late, with break).



SEABOURN®

THE HERALD

TUESDAY, MAY 13, 2025

KETCHIKAN, ALASKA

WEATHER

PARTLY CLOUDY

54°F / 12°C

WIND 12mph / 19kmh

SUNRISE: 4:40a

SUNSET: 8:47p

IN PORT

KETCHIKAN, ALASKA

Arrival: 9:00a / All Onboard: 4:30p

Gangway Location: Deck 3, Aft (subject to change).

Ketchikan is best known for three things: feisty salmon, idyllic scenery, and an incredibly rich Alaska Native culture. It began as a salmon cannery in 1885, built by company employee Mike Martin at the mouth of Ketchikan Creek. Once dubbed the 'Canned Salmon Capital of the World,' today government, commercial fishing, and tourism are its main industries. Ketchikan is a photographer's dream: point your camera in most any direction and you'll capture an image suitable for framing. Misty Fjords National Monument, with achingly blue lakes, and snowcapped mountaintops often shrouded in an ethereal mist, is the most beautiful jewel in its crown. It is also located in the midst of the Tongass National Forest, a 17M-acre rainforest full of lush cedar, Sitka spruce, waterfalls, and wildlife. For local Native Tlingit, Haida and Tsimshian artists, the Tongass Rainforest provides red cedar logs for totem poles and the cedar bark and spruce roots used in traditional basket weaving. The Native arts are thriving here in Ketchikan and there are several museum collections and totem parks that showcase both ancient and more contemporary works. The arts in Ketchikan are not limited to Native arts, however, an astonishing number of residents participate in the Ketchikan's art scene, which encompasses the full spectrum of visual and performing arts.

For more detailed port information, please refer to the Seabourn Source.

A SEABOURN CONVERSATION WITH

TERRY GREENBERG

Canada: Three Nations in One

Canada contains within its borders three nations; an English nation, a French nation, and an Indigenous Nation, and each of these has its own strong identities and its own political institutions. Perhaps one of the reasons that Canada has been so open to immigration, and so comfortable with policies of DEI (Diversity, Equity, Inclusion) is the fact that Canada is fundamentally, from birth, a highly diverse country.

5:30p GRAND SALON, DECK 6

SHOWTIME TONIGHT

BETTER TOGETHER

Featuring The Seabourn Six!

Put on your favorite leather jacket and join The Seabourn Six tonight in the Grand Salon for this brand-new production which celebrate great bands and how together they dominated the music scene. The Beatles and Take That? Better Together. There's no Aerosmith without Steven Tyler, there's no U2 without Bono. "Alone we can do so little, together we can do so much." - Helen Keller

9:30p GRAND SALON, DECK 6

TONIGHT'S ATTIRE: ELEGANT CASUAL

After 6:00p, the evening dress code is Elegant Casual. In all dining venues, the nightly dress standard for men is slacks with collared dress shirt or sweater and optional jacket. Slacks, skirt, blouse, pant suit or dresses are appropriate for ladies. Elegant jeans are now welcome in all dining venues.

GUESTS GOING ASHORE

Please remember to carry your ship's I.D Card and Government Issued photo I.D with you at all times when going ashore. Please note that it is forbidden by local authorities for guests to bring any fruit or food products ashore while in Alaska.

TEAM MEMBER SAFETY DRILL

Please note there will be a team member safety drill this morning at 10:00a. No guest participation is required. Alarms will be sounded for exercise purposes only. Please note that guest services will be suspended during this exercise and elevators will be temporarily out of service during the drill.

GUESTS ON TOUR

E-Tickets & times will be listed in your wallet on Seabourn Source. Guests arriving after the meeting time may not be accommodated. Please ensure that you always carry your suite card while ashore.

SEABOURN SIGNATURE EVENT: POLAR PLUNGE - 14th MAY

Our Seabourn Signature Polar Plunge will be taking place tomorrow 14th May. Submerge into chilly water as we convert the jacuzzi on Deck 8 into our very own icy ocean. Shots and bathrobes will be available afterwards to keep you warm! To take part, sign up with Guest Services by visiting the Seabourn Square or dialing 9.

SOUND NOTICE

We kindly ask guests to be mindful of sound levels from personal electronic devices in public areas. Out of consideration for those around you, please avoid playing audio aloud and keep speaker volume to a respectful minimum when enjoying shared public lounges. Thank you for helping us maintain a peaceful and enjoyable atmosphere for all.

PORT AGENT INFORMATION

Cruise Line Agencies Ketchikan
PO Box 7955, Ketchikan, AK
99901 UK
Phone: +12280845
Shore to Ship: +13218376102

HONORARY BRITISH CONSULATE

Room 362, College of Arts & Science,
Anchorage, AK99501
Phone: +19077864848

AMERICAN CONSULATE

222 West 7th Avenue
Room 253, #9
Anchorage,
Alaska 99513
Phone: + 9072715071

AUSTRALIAN CONSULATE

2029 Century Park E #3150,
Los Angeles, CA 90067
Phone: +13102292300

FOOD & DRINK

The Restaurant, Deck 4

Breakfast	Closed
Lunch	Closed
Dinner	6:00p - 9:00p

The Colonnade, Deck 8

Breakfast	7:30a - 10:00a
Lunch, Wok	12:00n - 2:00p
Dinner, Vietnamese	6:00p - 9:00p

Solis, Deck 8

Dinner	6:00p - 9:00p
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Please note: Solis is by reservation only.

The Patio, Deck 8 (weather permitting).

Breakfast	8:30a - 10:00a
Lunch, West Indies	1:00p - 4:00p
Earth & Ocean	7:00p - 9:00p

Seabourn Square, Deck 7

Coffee & Snacks	6:15a - 6:00p
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Observation Bar, Deck 10

Early Morning Risers	6:00a - 8:00a
Bar	5:00p - Midnight

Sky Bar, Deck 9 (Weather permitting).

12:00n - 6:00p

Patio Bar, Deck 8

10:00a - 10:00p

The Club, Deck 5

Sushi	6:00p - Close
	6:00p - 9:00p

Room Service

24 Hours

Guests under the legal drinking age will not be served alcoholic beverages, nor are they to consume alcoholic beverages whilst onboard. Please understand that you may be requested to show identification indicating date of birth.

SERVICES

The Boutique & The Collection, Deck 7

5:30p - 10:00p

The Spa and Wellness, Deck 9

8:00a - 10:00p

Fitness Center, Deck 9

6:00a - 10:00p

For all spa events and classes menu, please refer to The Spa on your Seabourn Source App or contact The Spa reception.

Future Cruise Consultant, Deck 7

8:00a - 10:00a

4:00p - 6:00p

2027 World Cruise: Open for Booking - Australia & South Pacific Panorama: Explore the story and soul Australia and the South Pacific, visiting 67 unique destinations along the way. The countdown is on. But the moment is now. Reserve your preferred suite with our Early Booking Advantage of up to 10%, plus save an additional 10% per person when you book on board with your Future Cruise Consultant. Plan your next ultra-luxury getaway and save today. Book by 14 May 2025 before fares increase.

Destination Services, Deck 7

4:00p - 6:00p

Bookings can also be made on your Seabourn Source App or Suite TV.

Casino, Deck 5

Tables	5:30p - Close
Slots	5:30p - Close

Medical Center, Deck 3 Forward

Please call 4314 during clinic hours to schedule an appointment.

Port days: 8:00a - 10:00a & 4:00p - 6:00p

Sea days: 9:00a - 11:00a & 4:00p - 6:00p

Embarkation days: 8:00a - 9:00a & 5:00p - 6:00p

FOR A MEDICAL EMERGENCY DIAL 911

LET'S GET SOCIAL!

We'll be looking out for any content you might post while you're with us so we can engage via our platforms. Feel free to tag us!



@SeabournCruise (X and Instagram)

@SeabournCruise (Facebook)

#Seabourn #SeabournQuest

TODAY'S ONBOARD ACTIVITIES

PLEASE NOTE - For a complete list of today's events and activities, please refer to the Herald on your in-suite TV or the Seabourn Source app.

DECK SPORTS AVAILABLE

The Retreat, Deck 11

Shuffleboard Court, Table Tennis & Golf Putting equipment can be accessed by walking through The Retreat to the mid-ship. Available for use until 6:00p.

10:00a Team Member Safety Drill

Please note there will be a team member safety drill this morning at 10:00a. No guest participation is required. Alarms will be sounded for exercise purposes only. Please note that guest services will be suspended during this exercise and elevators will be temporarily out of service during the drill.

10:00a Acupuncture For Weight Loss, Diabetes And Back Pain Spa & Wellness, Deck 9

1:00p Mahjong Players Meet (un-hosted. Repeated at 3:00p). Card Room Annex, Deck 7

2:00p Social Bridge Play (un-hosted). Card Room, Deck 7

2:30p Footprint Analysis Motion Studio, Deck 9

3:00p Mahjong Players Meet (un-hosted). Card Room Annex, Deck 7

4:00p Acupuncture Walk-in Clinic Spa & Wellness, Deck 9

5:00p Baggo Prize Game Atrium, Deck 4

5:30p A Seabourn Conversation with Terry Greenberg Grand Salon, Deck 6 Canada: Three Nations in One

5:30p Body Conditioning Motion Studio, Deck 9

6:15p Classic Cocktails & Sunset Serenades with Mike Observation Bar, Deck 10 (until 8:00p, with break).

6:30p Sushi & Live Music with The Quest Quartet & Shey The Club, Deck 5 (until 7:30p).

8:30p Mid-Evening Moods with The Quest Quartet & Shey The Club, Deck 5 (until 9:15p).

9:30p Showtime Tonight: Better Together Grand Salon, Deck 6

Featuring The Seabourn Six!

Put on your favorite leather jacket and join The Seabourn Six tonight in the Grand Salon for this brand-new production which celebrate great bands and how together they dominated the music scene. The Beatles and Take That? Better Together. There's no Aerosmith without Steven Tyler, there's no U2 without Bono. "Alone we can do so little, together we can do so much." - Helen Keller

9:30p Musical Melodies with Mike Observation Bar, Deck 10 (until midnight, with breaks).

10:15p Post Show Party with The Quest Quartet & Shey The Club, Deck 5 (until 11:00p).

11:00p Boogie on Down with Grace & The Band The Club, Deck 5 Followed by The Quest Quartet & Shey (until late, with break).

This is your moment.



SEABOURN

THE HERALD

WEDNESDAY, MAY 14, 2025

SCENIC CRUISING | SEYMOUR NARROWS

WEATHER

PARTLY CLOUDY

50°F / 10°C

WIND 29mph/46kmh

SUNRISE: 5:44a

SUNSET: 9:14p

SCENIC CRUISING

SEYMOUR NARROWS

The Seymour Narrows is a 3-mile/5 km stretch of the Discovery Channel north of Vancouver Island, British Columbia that is notorious for the strength of the tidal currents flowing through it. The average width of the narrows is just 750 meters. During extreme tides, the current through the narrows is subject to severe Venturi effect, resulting in an increased velocity that can reach 15 knots. For much of its modern history, there was an additional hazard in the narrows called Ripple Rock, a submerged twin-peak mountain that lay just nine feet beneath the surface of Seymour Narrows. It was a serious hazard to shipping, sinking 119 vessels and taking 114 lives. In 1958, after months of tunneling and preparation, Ripple Rock was blown up in the largest commercial, non-nuclear explosion ever recorded in North America. Still, the navigation of Seymour Narrows is dependent on tidal and other conditions and requires skill and technical accomplishment.

The narrows were named for Rear Admiral Sir George Francis Seymour, a Royal Navy officer who commanded the Pacific Station from 1844 to 1848. Seymour Narrows was described by Captain George Vancouver as "one of the vilest stretches of water in the world."

TONIGHT'S ATTIRE: ELEGANT CASUAL

After 6:00p, the evening dress code is Elegant Casual. In all dining venues, the nightly dress standard for men is slacks with collared dress shirt or sweater and optional jacket. Slacks, skirt, blouse, pant suit or dresses are appropriate for ladies. Elegant jeans are now welcome in all dining venues.

SEABOURN SIGNATURE EVENT

GALLEY MARKET LUNCH

Join the Food & Beverage Team for our famous Galley Market Lunch! Take a trip through the galley and choose from the amazing selections prepared by our culinary experts.

12:00n - 2:00p THE RESTAURANT, DECK 4

SHOWTIME TONIGHT

ROY TAN

'The Ten Finger Orchestra'

The majesty of the orchestra translated onto 88 keys, in an intimate evening of music and story with composer/arranger and piano virtuoso Roy Tan, sharing some of his favorite moments and performing music from across various genres. Featuring dazzling improvisation, stunning virtuosity and other surprises, experience Pianism distilled to its essence with everything else stripped away and no safety net.

9:30p GRAND SALON, DECK 6

TIME CHANGE NOTICE: Please remember to set your clocks and devices **ONE HOUR FORWARD** before retiring on the evening of Tuesday, May 13th and before the morning of Wednesday, May 14th. Guests are advised to switch their mobile devices to Manual Date & Time, rather than automatic, to avoid confusion as we cross through different time zones.

TODAY'S HIGHLIGHTS

SEABOURN SIGNATURE EVENT: POLAR PLUNGE!

Are you brave enough to face the Polar Plunge tomorrow? Submerge into chilly water as we convert the jacuzzi on Deck 8 into our very own icy ocean. But don't worry, shots and bathrobes will be available afterwards to keep you warm! Those wishing to take part should sign up with Guest Services.

10:15a JACUZZI, POOLSIDE, DECK 8

A SEABOURN CONVERSATION WITH TERRY GREENBERG

Canada is Cool

It has been said, "The World Needs More Canada". Perhaps this is an exaggeration, but Canada indeed has a unique culture that includes many elements that are different from the rest of the world, including its huge neighbor to the south. This conversation will focus on the unique elements of Canadian culture from the perspective of a former Canadian diplomat who proudly represented his country around the globe for 30 years.

10:15a GRAND SALON, DECK 6

FUN & FRIENDLY TEAM TRIVIA WITH AIMÉE & JENN: THE FINALE!

Join Aimée & Jenn for this final battle of the brains and discover who has scored enough points to be crowned trivia champions!

11:15a THE CLUB, DECK 5

A SEABOURN CONVERSATION WITH TERRY BREEN

Devil Beneath The Sea: The Story Of Ripple Rock

Today we will be cruising through what was once considered the most treacherous area for navigation along the west coast of Canada: Seymour Narrows. Join Terry for the story of this hazardous passage as well as a rare chance to watch a 20-minute documentary from 1958 detailing the historic events that took place there.

2:30p GRAND SALON, DECK 6

WRITING WORKSHOP WITH JENNIFER EREMEEVA

Editing and the March to the Finish

Consider the challenges and rewards in completing a writing project.

3:30p THE CLUB, DECK 5

LINE DANCE CLASS WITH PETER & GRACE

Join your Seabourn Six Dancers Peter & Grace as they teach you how to Line Dance! This fun class will get you grooving!

3:45p GRAND SALON, DECK 6

FOOD & DRINK

The Restaurant, Deck 4

Breakfast	8:00a - 9:00a
Galley Market Lunch	12:00n - 2:00p
Dinner	6:00p - 9:00p

The Colonnade, Deck 8

Breakfast	7:30a - 10:00a
Lunch	Closed
Dinner, Italian	6:00p - 9:00p

Solis, Deck 8

Dinner	6:00p - 9:00p
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Please note: Solis is by reservation only.

The Patio, Deck 8 (weather permitting).

Breakfast	8:30a - 10:00a
Lunch, Oriental	12:30p - 3:30p
Earth & Ocean	7:00p - 9:00p

Seabourn Square, Deck 7

Coffee & Snacks	6:15a - 6:00p
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Observation Bar, Deck 10

Early Morning Risers	6:00a - 8:00a
Bar	11:30a - Midnight
Afternoon Tea	4:00p - 5:00p

Sky Bar, Deck 9

(Weather permitting). Closed

Patio Bar, Deck 8

10:00a - 10:00p

The Club, Deck 5

Sushi	6:00p - Close
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Room Service

24 Hours

Guests under the legal drinking age will not be served alcoholic beverages, nor are they to consume alcoholic beverages whilst onboard. Please understand that you may be requested to show identification indicating date of birth.

SERVICES

The Boutique & The Collection, Deck 7	10:00a - 10:00p
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The Spa and Wellness, Deck 9	8:00a - 10:00p
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Fitness Center, Deck 9	6:00a - 10:00p
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For all spa events and classes menu, please refer to The Spa on your Seabourn Source App or contact The Spa reception.

Future Cruise Consultant, Deck 7	9:00a - 12:00n
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2:00p - 6:00p

New 2026-2027 Caribbean, Japan, and Southeast Asia Voyages Open for Booking - 34 new voyages visiting 71 unique ports are now available for you to explore. The countdown is on. But the moment is now. Reserve your preferred suite with our Early Booking Advantage of up to 10%, plus save an additional 10% per person when you book on board with your Future Cruise Consultant. Plan your next ultra-luxury getaway and save today. Book by 14 May 2025 before fares increase.

Destination Services, Deck 7	10:00a - 12:00n
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4:00p - 6:00p

Casino, Deck 5

Slots	All Day
Tables	1:30p - 5:00p
	6:00p - Close

Medical Center, Deck 3 Forward

Please call 4314 during clinic hours to schedule an appointment.

Port days:	8:00a - 10:00a & 4:00p - 6:00p
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Sea days:	9:00a - 11:00a & 4:00p - 6:00p
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Embarkation days:	8:00a - 9:00a & 5:00p - 6:00p
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FOR A MEDICAL EMERGENCY DIAL 911

LET'S GET SOCIAL!

We'll be looking out for any content you might post while you're with us so we can engage via our platforms. Feel free to tag us!



@SeabournCruise (X and Instagram)

@SeabournCruise (Facebook)

#Seabourn #SeabournQuest

TODAY'S ONBOARD ACTIVITIES

7:00a	Pilates Motion Studio, Deck 9
10:00a	Social Bridge & Mahjong Play (un-hosted. Repeated at 2:00p). Card Room, Deck 7
10:00a	Art at The Table (until 11:00a). The Restaurant, Deck 4
10:00a	Collect Your EFFY Charm The Collection, Deck 7
10:00a	Acupuncture: Relief Arthritis, Back Pain, & Knee Pain Spa & Wellness, Deck 9
10:15a	Seabourn Signature Event: Polar Plunge Jacuzzi, Poolside, Deck 8
10:15a	A Seabourn Conversation with Terry Greenberg Grand Salon, Deck 6 Canada is Cool
11:00a	Footprint Analysis Motion Studio, Deck 9
10:30a	Baggo Prize Game Atrium, Deck 4
10:30a	Showcase: Signature Collection The Boutique, Deck 7
11:15a	Fun & Friendly Team Trivia with Aimée & Jenn: The Finale! The Club, Deck 5
12:00n	Seabourn Signature Event: Galley Market Lunch The Restaurant, Deck 4 (Until 2:00p)
2:00p	Social Bridge & Mahjong Play (un-hosted). Card Room, Deck 7
2:00p	Blackjack Tournament Casino, Deck 5 Qualifying Rounds 2:00p - 4:00p. Finals at 3:45p. \$25 Entry fee.
2:30p	A Seabourn Conversation with Terry Breen Grand Salon, Deck 6 Devil Beneath The Sea: The Story Of Ripple Rock
3:30p	Writing Workshop with Jennifer Eremeeva The Club, Deck 5 Editing and the March to the Finish
3:30p	Golf Putting Prize Game (weather permitting). The Retreat, Deck 11
3:45p	Line Dance Class with Peter & Grace Grand Salon, Deck 6
4:00p	Afternoon Tea & Melodies Observation Bar, Deck 10
4:00p	Stitch, Knit & Natter Observation Bar, Deck 10
4:00p	Acupuncture Walk In Clinic Motion Studio, Deck 9
6:15p	Classic Cocktails & Sunset Serenades with Mike Observation Bar, Deck 10 (until 8:00p, with break).
6:30p	Sushi & Live Music with Grace & The Band The Club, Deck 5 (until 7:30p).
8:30p	Mid-Evening Moods with The Quest Quartet & Shey The Club, Deck 5 (until 9:15p).
8:30p	Gem & Tonic: Cocktail & Gem Pairing The Collection, Deck 7
9:30p	Showtime Tonight: Roy Tan Grand Salon, Deck 6 'The Ten Finger Orchestra'
9:30p	Musical Melodies with Mike Observation Bar, Deck 10 (until midnight, with breaks).
10:15p	Post Show Party with Grace & The Band The Club, Deck 5 (until 11:00p).
11:00p	Boogie on Down with The Quest Quartet & Shey The Club, Deck 5 Followed by Grace & The Band (until late, with break).

This is your moment



SEABOURN

THE HERALD

THURSDAY, MAY 15, 2025

NANAIMO, VANCOUVER ISLAND, BC

WEATHER

LIGHT RAIN

51°F / 11°C

WIND 3mph / 5kmh

SUNRISE: 5:32a

SUNSET: 8:53p

IN PORT

NANAIMO, VANCOUVER ISLAND, BC

Arrival: 8:00a / All Aboard: 5:30p

Gangway Location: Deck 3, Aft (subject to change).

Set along the eastern coast of Vancouver Island, Nanaimo is a charming harborside city with deep Indigenous roots and a rich colonial past. Known as the "Harbour City," it boasts a scenic waterfront promenade, excellent eateries, and access to lush island nature. The town was historically a coal-shipping hub and later became a gateway to outdoor adventures on land and sea. With a population of over 100,000, Nanaimo is one of Vancouver Island's most vibrant communities. Its pleasant coastal climate, walkable downtown, and unique blend of cultural heritage and artistic expression make it a delightful stop for cruise guests.

For more detailed port information, please refer to the Seabourn Source.

TONIGHT'S ATTIRE: ELEGANT CASUAL

After 6:00p, the evening dress code is Elegant Casual. In all dining venues, the nightly dress standard for men is slacks with collared dress shirt or sweater and optional jacket. Slacks, skirt, blouse, pant suit or dresses are appropriate for ladies. Elegant jeans are now welcome in all dining venues.

SEABOURN SIGNATURE EVENT

OFFICERS ON DECK & TEAM MEMBER SALUTE

Join your Seabourn Quest Officers and fellow guests for this wonderful Seabourn Signature event! Enjoy live music from Grace & The Band, followed by a farewell salute from your Seabourn Quest team members.

Followed By 'CLASSIQUE' - a stunning classical-crossover performance led by Dustin & Kate of the Seabourn Six. (Weather permitting).

5:30p POOLSIDE, DECK 8

SHOWTIME TONIGHT

ANTONIO LAROSA

Antonio Larosa returns for another evening of standout vocals and dynamic guitar work, putting a fresh spin on timeless Country, Rock, and Blues tunes. A night of heartfelt, high-energy music you won't want to miss.

9:00p GRAND SALON, DECK 6

GUESTS GOING ASHORE

Please remember to carry your ship's I.D Card and Government Issued photo I.D with you at all times when going ashore. Please note that it is forbidden by local authorities for guests to bring any fruit or food products ashore.

A MESSAGE FROM YOUR CAPTAIN...

On behalf of all the Officers, Staff and Crew on board Seabourn Quest, I would like to take this opportunity to thank you for sailing with us on this Voyage. Seabourn Quest is a place we are proud to call our home away from home, we hope you feel the same. Tomorrow, we say farewell to some of you, but we hope you will join us on board again very soon as we continue on our way to some of the most exciting ports in the world. I wish you a pleasant onward journey and a joyous return to your families ashore.

Captain Joris Poriau

SHUTTLE BUS INFORMATION

A complimentary shuttle bus will run continuously today in Nanaimo. This shuttle has multiple stops: Harbor Front, Maffeo Sutton Park, Old City Quarter & City Hall (Downtown).

First Shuttle: 8:30a Pierside

Last Shuttle: 4:30p Harbor Front

Last Shuttle: 4:35p Maffeo Sutton Park

Last Shuttle: 4:45p Old City Quarter

Last Shuttle: 5:00p City Hall (Downtown)

Print outs of the Shuttle Bus Schedule are available from the Seabourn Square and on the Seabourn Source App.

COMMENT CARDS

As environmental leaders in the cruising industry, Seabourn has created an electronic guest comment card which is used to not only receive your valuable comments but allows us to identify and possibly reward crew who have made your time onboard a positive experience. Guest Services are happy to validate your e-mail address on file. We hope you have enjoyed your cruise vacation, and we look forward to seeing you on one of our ships again soon!

PORT AGENT INFORMATION

Destinations North America - Vancouver
999 Canada Place - Cruise Ship Level

Vancouver, BC V6C-3C1, Canada

Phone: +6046411250

Shore to Ship: +13218376102

AUSTRALIAN EMBASSY

2050-1075 W Georgia St

Vancouver, BC V6E 3C9, CA

Phone: +16046946160

AMERICAN CONSULATE

1075 W Pender St
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Phone: +16046854311

BRITISH CONSULATE

1111 Melville Street, Suite 800
Vancouver British Columbia

V6E 3V6, Canada

Phone: +16046834421

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