

This is your moment
SEABOURN

THE HERALD

SATURDAY, MARCH 15, 2025

BRIDGETOWN, BARBADOS

WEATHER

LIGHT RAIN

84°F / 29°C

WIND 12mph / 19kmh

SUNRISE: 6:06a

SUNSET: 6:09p

IN PORT

BRIDGETOWN, BARBADOS

Arrival: 7:00a / All Aboard: 8:30p

Gangway: Deck 4, Forward (subject to change).

VOYAGE ITINERARY AND EVENING DRESS

Sat	Mar 15	Bridgetown, Barbados	Elegant Casual
Sun	Mar 16	Saint Pierre, Martinique	Formal
Mon	Mar 17	Carambola Beach, St. Kitts & Nevis	Elegant Casual
Tue	Mar 18	At Sea (Atlantic Ocean)	Elegant Casual
Wed	Mar 19	At Sea (Atlantic Ocean)	Elegant Casual
Thu	Mar 20	At Sea (Atlantic Ocean)	Elegant Casual
Fri	Mar 21	At Sea (Atlantic Ocean)	Elegant Casual
Sat	Mar 22	At Sea (Atlantic Ocean)	Formal
Sun	Mar 23	At Sea (Atlantic Ocean)	Elegant Casual
Mon	Mar 24	At Sea (Atlantic Ocean)	Elegant Casual
Tue	Mar 25	Funchal, Madeira, Portugal	Elegant Casual
Wed	Mar 26	At Sea (Atlantic Ocean)	Elegant Casual
Thu	Mar 27	Lisbon, Portugal	Elegant Casual

Captain: Emilian Cygan
Hotel Director: Zoran Jacimovic
Cruise Director: Ross Roberts

SHIP TOUR

Join Cruise Director Ross and Entertainment Manager Caroline for a tour of the Seabourn Ovation. Learn what to expect for your voyage and get familiar with her public spaces.

5:00p MEET OUTSIDE THE RESTAURANT, DECK 4

CRUISE DIRECTOR INTRODUCTIONS

Join your Cruise Director Ross, your Entertainment Manager Caroline, and your Entertainment Team along with your fellow travelers on deck as we toast to the start of your fantastic Seabourn voyage. Featuring music from The Band & Lanie.

5:30p POOLSIDE, DECKS 9 & 10

SHOWTIME TONIGHT

DETROIT CITY SOUNDS

Take a trip to Detroit to enjoy the music of artistes such as Diana Ross, Smokey Robinson, Marvin Gaye & many more. An exhilarating feel-good evening with your Seabourn Singers Starr, Benjamin, Daniel & Ellora, and Dancers Karyna & Dmitriy, featuring all the Motown classics you know and love!

9:30p GRAND SALON, DECK 6

SEABOURN SAFETY ESSENTIALS

1. Visit: We remind you, please VISIT your designated muster station at your earliest convenience between 2:00p & 5:00p. All guests embarking today are required to scan in for a roll call with one of our muster station personnel. You can find your muster station on your suite key card and the sign on the back of the entrance door to your suite.

2. Watch: All guests must WATCH the entire safety video displayed on your In-Suite TV before departure. This video contains essential information. Only once you've finished watching the Safety Video your In-Suite TV will unlock and indicate to us that you have done so.

3. Listen: At 5:00p, the Captain will make an announcement followed by the sounding of the General Emergency Alarm. You must LISTEN to his announcement and familiarize yourself with the sound of the alarm.

SEABOURN SMOKING POLICY

For the comfort and convenience of all guests smoking is not permitted in any indoor public areas, including guest suites and guest balconies. Smoking is only permitted onboard as follows: On the starboard half of the Sky Bar Deck 10. Smoking of cigarettes, pipes and cigars is permitted on the open terrace aft of Seabourn Square Deck 7. This is the only area onboard where pipe and cigar smoking is permitted. Smoking of water-pipes, glass-pipes or other smoking devices is not permitted on board.

SEABOURN DRESS CODE GUIDELINES

Each day, the Herald and the Seabourn Source will designate the evening's attire in the Restaurant as Formal or Elegant Casual. During the day, the general shipboard style is elegant, but relaxed. Casual resort wear (including jeans and Bermuda/long walking shorts) is welcome in all dining venues for breakfast and lunch, and jackets are not required. We ask that brief shorts, hats, workout, and bathing attire be reserved for poolside, on deck or in the Spa and Gym. Thank you for following these guidelines. Tonight's attire is Elegant Casual.

TOUR CANCELCATION POLICY

Please note that changes or cancellations must be made at least 48 hours prior to arrival at the port. Cancellations for St Pierre or Carambola Beach can be made up until 6 pm today.

PORT AGENT INFORMATION

Platinum Port Agency Inc
Suite 201 First Floor, Building #4
Bridgetown, BB11145BB
Phone: +2464318929

BRITISH HIGH COMMISSION

Lower Collymore Rock
PO Box 676, Bridgetown

U.S. CONSULATE

Wiley Business Park
St. Michael BB 14006, Barbados
Phone: +2462274000

AUSTRALIAN CONSULATE

Suite G103, The Loft 1st Floor
Limegrove Lifestyle Centre
Holetown, St James, Barbados
Phone: +12464341130

FOOD & DRINK

The Restaurant, Deck 4	
Dinner	6:00p - 9:00p
The Colonnade, Deck 9	
Breakfast	7:00a - 9:30a
Lunch, Comfort	12:00p - 3:00p
Dinner, American	6:00p - 9:00p
Solis, Deck 8	
Dinner	6:00p - 9:00p
<i>By reservation only, please dial 9.</i>	
The Patio, Deck 9	
Breakfast	8:30a - 10:00a
Lunch	1:00p - 4:00p
Earth & Ocean	7:00p - 9:00p
Sushi, Deck 8	
Dinner	6:00p - 8:45p
Seabourn Square, Deck 7	
Coffee & Snacks	6:15a - 6:00p
Observation Bar, Deck 11	
Evening Bar	5:30p - Midnight
Sky Bar, Deck 10	12:00n - 7:00p
Patio Bar, Deck 9	10:00a - 10:00p
Solis Piano Bar, Deck 8	6:00p - Midnight
The Club, Deck 5	6:00p - Close
Room Service	24 Hours

Guests under the legal drinking age will not be served alcoholic beverages, nor are they to consume alcoholic beverages. Please understand that you may be requested to show identification indicating your date of birth.

SERVICES

The Boutique, Deck 7	9:30p - 10:30p
<i>The Boutique holds EFFY jewelry, a variety of toiletries, sun creams, and medications. Please inquire within.</i>	
The Spa and Wellness, Deck 10	11:30a - 10:00p
Fitness Center, Deck 10	6:00a - 10:00p
<i>For the complete spa events & listings, please refer to The Herald on your Seabourn Source App or contact The Spa reception. Shuffleboard Court and Table Tennis equipment can be accessed through the Fitness Center.</i>	
Cruise Sales, Deck 7	3:00p - 6:00p
<i>Book onboard to save from 5% up to 25%</i>	
Destination Services, Deck 7	2:00p - 6:00p
<i>Bookings can also be made on your Seabourn Source App or Suite TV</i>	
Casino, Deck 5	
Slots	9:30p - Close
Tables	9:30p - Close
Medical Center, Deck 4 Forward	
<i>By Appointment Only. Please call 5410 during the below office hours and one of our friendly medical staff will assist you with an appointment date & time.</i>	
Embarkation Day:	8:00a - 9:00a & 5:00p - 6:00p
Port Day:	8:00a - 10:00a & 4:00p - 6:00p
Sea Day:	9:00a - 11:00a & 4:00p - 6:00p

FOR A MEDICAL EMERGENCY DIAL 911

SEABOURN ANNOUNCEMENT POLICY

In order to avoid disturbing our guests, public announcements aboard the ship will be kept to a minimum. You can hear public announcements in your suite by turning your in-suite television to the Aft or Fwd Camera by following the tabs for Watch & Listen - Live TV - Fwd or Aft Camera. No announcements will be made for routine events such as tour departures. Guests are kindly requested to observe the shore excursion departure times stated on your wallet on Seabourn Source and to arrive promptly at the point of tour departure.

TODAY'S ONBOARD ACTIVITIES

GUESTS ON TOUR - Your e-tickets can be found on the Seabourn Source App under Account > Wallet. Please refer to your Wallet for meeting times and locations, as well as important reminders about your tour.

PLEASE NOTE - For a complete list of today's events and activities, please refer to the Herald on your in-suite TV or the Seabourn Source app. To learn about the port of St Pierre and excursions available, please refer to the Tour Talk on your in-suite TV. On the main menu, choose Destinations > Tour Talks.

DECK SPORTS AVAILABLE

Spa & Wellness, Deck 10

Shuffleboard court & Table Tennis equipment can be accessed by walking through The Spa. Available for use all day.

12:00n	Meet & Greet with your Wellness Team (until 5:00p). Spa & Wellness, Deck 10
1:00p	Open Viewing of The Retreat The Retreat, Deck 12 The Retreat is the ultimate serene space nestled under beautiful sail cloth canopies, with a central whirlpool ringed with 15 private luxury cabanas. Day passes are available to purchase via Guest Services.
2:00p	Complimentary Walk-In Acupuncture Consultations Spa & Wellness, Deck 10
3:00p	Complimentary Foot Print & Posture Analysis Motion Studio, Deck 10
5:00p	Friends of Bill. W (un-hosted). Card Room, Deck 8
5:00p	Ship Tour Meet Outside The Restaurant, Deck 4
5:30p	Cruise Director Introductions Poolside, Decks 9 & 10 Join your Cruise Director Ross, Entertainment Manager Caroline, and your Entertainment Team with fellow travelers as we toast to the start of your Seabourn voyage.
5:30p	Spa and Wellness Grand Raffle Spa & Wellness, Deck 10 Win Up to \$500 in Spa Credits today.
6:00p	Music Melodies with Merle & Barry (until 7:45p, with break). Observation Bar, Deck 11
6:15p	Bruno's Piano Bar (until 8:00p, with break). The Piano Bar at Solis, Deck 8
6:30p	Solo Travelers Get-Together The Club, Deck 5 With your Entertainment Manager Caroline.
6:30p	Pre-Dinner Dancing with The Quartet (until 7:30p). The Club, Deck 5
8:45p	Hot Hits with The Quartet (until 9:30p). The Club, Deck 5
9:15p	Piano Perfection with Bruno (until 10:00p). The Piano Bar at Solis, Deck 8
9:30p	Showtime Tonight: Detroit City Sounds Grand Salon, Deck 6
9:30p	EFFY Champagne Reception The Boutique, Deck 7 Indulge in our exquisite collections and cruise favorites that combine designs, quality, and craftsmanship.
9:30p	Sunset Serenades with Merle & Barry Observation Bar, Deck 11 (Until midnight, with breaks).
10:15p	Melodic Moments with Bruno (until 11:00p). The Piano Bar at Solis, Deck 8
10:15p	Dance Floor Hits with The Quartet (until 11:00p). The Club, Deck 5 Followed by The Band & Lanie (until late).

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SEABOURN

THE HERALD

SUNDAY, MARCH 16, 2025

SAINT PIERRE, MARTINIQUE

WEATHER

LIGHT RAIN

83°F / 28°C

WIND 6mph / 10kmh

SUNRISE: 6:11a

SUNSET: 6:15p

AT ANCHOR

SAINT PIERRE, MARTINIQUE

Arrival: 9:00a / Last Tender: 4:30p

Tender Platform: Deck 3, Aft

Founded in 1635 by the filibuster Pierre Belain d'Esnambuc, who established the first permanent colony in Martinique, Saint-Pierre is located around thirty kilometers north of Fort-de-France on the magnificent Caribbean coast, at the foot of the famous Pelée mountain volcano. Listed as a Town of Art and History since 1990, the island's former capital still has reminders of its painful past, marked by the violent volcanic eruption of the Pelée mountain on 8 May 1902, which destroyed the town and killed nearly 30,000. Struck off the list of French municipalities for many years, Saint-Pierre rose from its ashes in the 1920s to become a town in its own right again. In the districts of the Fort and the Centre, some ruins stand as moving reminders of this tragic event: The Fort Church, the colonial health center, the Engineering offices, the old theatre, and the Figurer trading premises.

For more detailed port information, please refer to the Seabourn Source.

TONIGHT'S ATTIRE: FORMAL IN THE RESTAURANT, DECK 4

Tuxedo, suit or slacks and jacket for gentlemen.

Evening gown or other formal apparel for ladies.

In other dining venues, guests are welcome in Elegant Casual.

SEABOURN SIGNATURE EVENT

CAPTAIN'S WELCOME ROUNDS

Captain Emilian Cygan and his Senior Officers will say 'Hello' and 'Welcome Aboard' as they roam around the ship. The welcome will begin at 6:15p in The Club on Deck 5, followed by the Observation Bar on Deck 11 Forward. With live music from The Band.

6:15p THE CLUB, DECK 5 / OBSERVATION BAR, DECK 11

SHOWTIME TONIGHT

STEVE STEVENS

'Comedy & More'

A great evening of entertainment awaits with something for everyone. Variety is the spice of life with a fun filled show of comedy and music. Not to be missed!

8:45p & 10:00p GRAND SALON, DECK 6

INTRODUCING YOUR CAPTAIN...

CAPTAIN EMILIAN CYGAN

Captain Emilian's passion for ships comes from a book he read as a young man, Lord Jim by Polish-British author Joseph Conrad. He was immediately inspired by the author's depiction of the life at sea, but also by the words of responsibility and professional pride. Freshly out of high school, with a new purpose on the horizon, Emilian enrolled in Maritime Academy of Szczecin in Poland. After 4 years in the classroom, he was sent on his first assignment. There he spent 178 consecutive days at sea on a scientific vessel at the Sea of Okhotsk. During that time, Emilian continued re-reading the pages of his favorite book, getting further inspired by the author's awakened vision of life: "Nevertheless, there can be but few of us who had never known one of these rare moments of awakening when we see, hear, understand ever so much - everything - in a flash - before we fall back again into our agreeable somnolence." - J. Conrad, Lord Jim. Captain Emilian Cygan continued his maritime journey working on tankers for 9 years only to find out that his true passion was the cruise industry. He began working on Seabourn ships in 2007 and he has never looked back.

TENDER NOTICE

Guests wishing to go ashore today will do so by embarking the ship's tender boats. Please always follow the instructions of the crew while boarding. Please remain seated while the boat is moving. Kindly note that smoking is not permitted at any time on the tenders. Tenders will be operating on a continuous basis.

PORT AGENT INFORMATION

Antilles Shipping
Sarl Au Capital De 50 000 Euros
Immeuble Du Port Av Francois Mitterrand
Fort De France, Fwi 97200mq
Phone: +596596638185

AU CONSULATE, MARTINIQUE

18 Herbert Street St Clair 4640.
St James Port-of-Spain
Trinidad & Tobago
Phone: +1-868-822-5450

BRITISH HIGH COMMISSION

Lower Collymore Rock
PO Box 676
Bridgetown, Barbados
Phone: +1 246-430-780

U.S. EMBASSY

Wilkey Business Park
U.S. Embassy Road
Bridgetown, Barbados
Phone: +1 246-227-4000

FOOD & DRINK

The Restaurant, Deck 4 Dinner	6:00p - 9:00p
The Colonnade, Deck 9 Breakfast Lunch, Chinese Dinner, French	7:30a - 10:00a 12:00n - 2:00p 6:00p - 9:00p
Solis, Deck 8 Dinner <i>By reservation only, please dial 9.</i>	6:00p - 9:00p
The Patio, Deck 9 Breakfast Lunch, Al Fresco Earth & Ocean	8:30a - 10:00a 1:00p - 4:00p 7:00p - 9:00p
Sushi, Deck 8 Lunch Dinner	12:00n - 2:00p 6:00p - 8:45p
Seabourn Square, Deck 7 Coffee & Snacks	6:15a - 6:00p
Observation Bar, Deck 11 Afternoon Tea Evening Bar	4:00p - 5:00p 5:00p - Midnight
Sky Bar, Deck 10	12:00n - 7:00p
Patio Bar, Deck 9	10:00a - 10:00p
Solis Piano Bar, Deck 8	6:00p - Midnight
The Club, Deck 5	6:00p - Close
Room Service	24 Hours

Guests under the legal drinking age will not be served alcoholic beverages, nor are they to consume alcoholic beverages. Please understand that you may be requested to show identification indicating your date of birth.

SERVICES

The Boutique, Deck 7 <i>The Boutique holds EFFY jewelry, a variety of toiletries, sun creams, and medications. Please inquire within.</i>	5:30p - 10:30p
The Spa and Wellness, Deck 10	8:00a - 10:00p
Fitness Center, Deck 10 <i>For the complete spa events & listings, please refer to The Herald on your Seabourn Source App or contact The Spa reception. Shuffleboard Court and Table Tennis equipment can be accessed through the Fitness Center.</i>	6:00a - 10:00p
Cruise Sales, Deck 7 Book onboard to save from 5% up to 25%	9:00a - 12:00n 3:00p - 4:30p
Destination Services, Deck 7 <i>Bookings can also be made on your Seabourn Source App or Suite TV</i>	4:00p - 6:00p
Casino, Deck 5 Slots Tables	6:00p - Close 6:00p - Close
Medical Center, Deck 4 Forward <i>By Appointment Only. Please call 5410 during the below office hours and one of our friendly medical staff will assist you with an appointment date & time.</i>	
Port Day:	8:00a - 10:00a & 4:00p - 6:00p
Sea Day:	9:00a - 11:00a & 4:00p - 6:00p

FOR A MEDICAL EMERGENCY DIAL 911

LET'S GET SOCIAL!

We'll be looking out for any content you might post while you're with us so we can engage via our platforms. Feel free to tag us!



@SeabournCruise (X and Instagram)

@SeabournCruise (Facebook)

#Seabourn #SeabournOvation

TODAY'S ONBOARD ACTIVITIES

GUESTS ON TOUR - Your e-tickets can be found on the Seabourn Source App under Account > Wallet. Please refer to your Wallet for meeting times and locations, as well as important reminders about your tour. Please note that changes or cancellations must be made at least 48 hours prior to arrival at the port.

TENDER NOTICE - Please always follow the instructions and guidance of the team members during tender transfer and remain seated while the boat is moving.

DECK SPORTS AVAILABLE

Spa & Wellness, Deck 10

Shuffleboard court & Table Tennis equipment can be accessed by walking through The Spa. Available for use all day.

7:30a	Fitness Class: Morning Stretch Motion Studio, Deck 10
8:15a	Fitness Class: Pathway to Yoga Motion Studio, Deck 10
9:30a	Interdenominational Church Service with Ross Meeting Room 1, Deck 7
10:00a	Acupuncture 101-A Life Changing Introduction Spa & Wellness, Deck 10
2:00p	Social Bridge Play (un-hosted). Card Room, Deck 8
2:30p	Social Mahjong Play (un-hosted). Meeting Room 1, Deck 7
3:00p	Natural Relief for Arthritis, Back and Knee Pain Motion Studio, Deck 10
4:00p	Afternoon Tea & Melodies Observation Bar, Deck 11
4:00p	Health Seminar: How To Increase Your Metabolism Motion Studio, Deck 10
5:00p	Port Brief Talk with Destinations Manager Jeannie Grand Salon, Deck 6 Carambola Beach
5:00p	Tongue & Pulse Analysis with Acupuncturist Rio Motion Studio, Deck 10
6:00p	Music Melodies with Merle & Barry (until 7:45p). Observation Bar, Deck 11
6:15p	Bruno's Piano Bar (until 7:00p). The Piano Bar at Solis, Deck 8
6:15p	Captain's Welcome Rounds The Club, Deck 5, followed by the Observation Bar, Deck 11
6:30p	Pre-Dinner Dancing with The Quartet (until 7:30p). The Club, Deck 5
6:30p	EFFY Dessert of the Day: Watercolors The Boutique, Deck 7
8:45p	Showtime Tonight: Steve Stevens Grand Salon, Deck 6 'Comedy & More' (repeated at 10:00p).
9:15p	Piano Perfection with Bruno (until 10:00p). The Piano Bar at Solis, Deck 8
9:15p	Sunset Sounds with Merle & Barry (until midnight, with break). Observation Bar, Deck 11
9:30p	Dance Floor Disco with The Quartet (until 10:15p). The Club, Deck 5
10:00p	Showtime Tonight: Steve Stevens Grand Salon, Deck 6 'Comedy & More'
10:15p	Melodic Moments with Bruno (until 11:00p). The Piano Bar at Solis, Deck 8
10:45p	Evening Jams with The Quartet (until 11:30p). The Club, Deck 5 Followed by The Band (until late).

This is your moment
SEABOURN

THE HERALD

MONDAY, MARCH 17, 2025

CARAMBOLA BEACH, ST. KITTS

WEATHER

SUNNY

81°F / 27°C

WIND 7mph / 11km/h

SUNRISE: 6:17a

SUNSET: 6:21p

AT ANCHOR

CARAMBOLA BEACH, SAINT KITTS & NEVIS

Arrival: 8:00a / Last Tender: 4:30p

Tender Platform: Deck 3, Aft (subject to change).

A classic golden arc of sugary sand at South Friar's Bay, Carambola is home to the island's most luxurious beach clubs and restaurants. Umbrellas, loungers, and optional water sports abound for those so inclined. Otherwise, St. Kitts has other attractions, including a number of lovingly preserved plantation great houses, the UNESCO World Heritage Site of Brimstone Hill Fortress and a scenic narrow-gauge sugarcane railway. Basseterre is the capital of the Federation of St. Kitts and Nevis. The islands of St. Kitts and Nevis are two of the Leeward Islands in the Lesser Antilles, which is an archipelago of the West Indies in the Caribbean. Basseterre is located in the southern part of the island of St. Kitts. It is in the St. George Basseterre Parish, which extends south to the Narrows a two-mile-wide channeling between St. Kitts and Nevis that connects the Caribbean Sea and the Atlantic Ocean.

For more detailed port information, please refer to the Seabourn Source.

TONIGHT'S ATTIRE: ELEGANT CASUAL

After 6:00p, the evening dress code is Elegant Casual. In all dining venues, the nightly dress standard for men is slacks with collared dress shirt or sweater and optional jacket. Slacks, skirt, blouse, pant suit or dresses are appropriate for ladies. Elegant jeans are now welcome in all dining venues.

SHOWTIME TONIGHT WITH

ADAM BARRY

'Ain't Patrick's Day' - Adam brings you a night full of foot stomping, hand clapping, sing along fun as he runs through his favourite Celtic classics. As authentic an Irish Pub night as you can get outside of the Emerald Isle, Ain't Patrick's Day is sure to leave you with a twinkle in your eye, a skip in your step and a smile on your face.

8:45p & 10:00p GRAND SALON, DECK 6

ENTERTAINMENT TONIGHT

ST. PATRICK'S DAY PARTY!

Celebrate St. Patrick's Day and the start of the voyage. Featuring live music from The Band & Lanie, with a nod to all things Irish! Join us for the 'craic' and dance the night away!

11:15p THE CLUB, DECK 5



HAPPY ST. PATRICK'S DAY!

SEABOURN SIGNATURE EVENT

BEACH BBQ & CAVIAR IN THE SURF

Today is a day full of Seabourn moments. Join the Food and Beverage teams ashore for a truly unique experience. Don't forget your sunhats and sunscreen! Guests are welcome to proceed ashore upon hearing the morning announcement but are advised that the beverage setup will be ready at approximately 10:00a, and the BBQ from 12:00n.

CAVIAR IN THE SURF: 12:00n - 12:30p BEACH BBQ: 12:00n - 2:00p

BEACH WATER SPORTS

Create your very own Seabourn moment and participate in one of our water sport activities. Sign-ups start at 12:45p and last sign-up is at 2:30p. *Please Note: Waivers are required for all participants and you must be able to swim. We kindly ask that all jewelry is removed if you wish to participate in the water sports; this is for your safety and we appreciate your co-operation. Spaces will be limited (sea & weather conditions permitting).*

1:00p - 2:30p LAST SIGN UP SHORESIDE

BRIDGE TOUR

Ever wondered what the Bridge looks like on Seabourn Ovation? Bridge tours will be available every Sea Day. Join our Deck Officers for an exclusive tour. Sign up by dialing 9 or visiting Seabourn Square as places are very limited.

PORT AGENT INFORMATION

Delisle Walwyn & Co. Ltd
P.O. Box 44, Basseterre, St. Kitts
Phone: +18694652631
Shore to Ship: +13218376117

AUSTRALIAN HIGH COMMISSION

18 Herbert Street
St. Clair, Port of Spain,
Trinidad and Tobago
Phone: +18688225450

BRITISH HIGH COMMISSION

Lower Collymore Rock
PO Box 676
Bridgetown, Barbados
Phone: +12464307800

U.S. EMBASSY

Willey Business Park
U.S. Embassy Road
Bridgetown, Barbados
Phone: +12462274000

FOOD & DRINK

The Restaurant, Deck 4	
Dinner	6:00p - 9:00p
The Colonnade, Deck 9	
Breakfast	7:15a - 10:00a
Lunch	Closed
Dinner, Vietnamese	6:00p - 9:00p
Solis, Deck 8	
Dinner	6:00p - 9:00p
<i>By Reservation Only, Please Dial 9.</i>	
The Patio, Deck 9	
Breakfast	8:30a - 10:00a
Lunch, BBQ	12:30p - 3:30p
Earth & Ocean	7:00p - 9:00p
Sushi, Deck 8	
Dinner	6:00p - 8:45p
Seabourn Square, Deck 7	
Coffee & Snacks	6:15a - 6:00p
Observation Bar, Deck 11	
Evening Bar	5:30p - Midnight
Sky Bar, Deck 10 (Weather Permitting).	12:00n - 7:00p
Patio Bar, Deck 9	10:00a - 10:00p
Solis Piano Bar, Deck 8	6:00p - Midnight
The Club, Deck 5	6:00p - Close
Room Service	24 Hours
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@SeabournCruise (Facebook)

#Seabourn #SeabournOvation

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PLEASE NOTE - For a complete list of today's events and activities, please refer to the Herald on your in-suite TV or the Seabourn Source app. Want to know more about the ports but missed the Tour Talks? Watch it on your TV under the Main Menu > Destinations > Tour Talk.

8:15a	Fitness Class: Abs Class Motion Studio, Deck 10
11:00a	Complimentary Body Metabolic Test Motion Studio, Deck 10
12:00n	Signature Event: Beach BBQ & Caviar In The Surf Join the Food and Beverage teams ashore for a truly unique experience. Don't forget your sunhats and sunscreen! Guests are welcome to proceed ashore at their leisure, but are advised that the beverage setup will be ready at approximately 10:00a. We thank you for your understanding. Caviar in the Surf: 12:00n - 12:30p Beach BBQ: 12:00n - 2:00p Shoreside, Carambola Beach
2:00p	Social Bridge Play (un-hosted). Card Room, Deck 8
2:30p	Social Mahjong Play (un-hosted). Meeting Room 1, Deck 7
3:00p	Natural Relief for Arthritis, Back and Knee Pain Motion Studio, Deck 10
5:30p	LGBTQIA+ Friends & Family Get Together Sky Bar, Deck 10
5:30p	Amulet of the Day: Necklace The Boutique, Deck 7 Join Effy Team for your Complementary Gift of the day
6:00p	Music Melodies with Merle & Barry (until 7:45p, with break). Observation Bar, Deck 11
6:15p	Bruno's Piano Bar (until 8:00p, with break). The Piano Bar at Solis, Deck 8
6:30p	Pre-Dinner Dancing with The Quartet (until 7:30p). The Club, Deck 5
6:30p	EFFY Dessert of the Day: Yellow Diamonds The Boutique, Deck 7 Indulge in a daily 'jewelry dessert' and explore EFFY's exquisite collection. Try on a piece from our featured collection each day for your chance to win jewelry and exclusive Seabourn gifts.
8:45p	Showtime Tonight: Adam Barry Grand Salon, Deck 6 'Ain't Patrick's Day' (Repeated at 10:00p)
9:15p	Piano Perfection with Bruno (until 10:00p). The Piano Bar at Solis, Deck 8
9:15p	Sunset Sounds with Merle & Barry (until midnight, with breaks). Observation Bar, Deck 11
9:30p	Dance Floor Disco with The Quartet (until 10:15p). The Club, Deck 5
10:00p	Showtime Tonight: Adam Barry Grand Salon, Deck 6 'Ain't Patrick's Day'
10:15p	Melodic Moments with Bruno (until 11:00p). The Piano Bar at Solis, Deck 8
11:15p	St. Patrick's Day Party (until 12:00p). The Club, Deck 5

This is your moment
SEABOURN

THE HERALD

TUESDAY, MARCH 18, 2025

AT SEA

WEATHER

PARTLY CLOUDY

79°F / 26°C

WIND 17mph / 27kmh

SUNRISE: 6:31a

SUNSET: 6:16p

INTRODUCING YOUR GUEST CONVERSATIONALIST...

STEPHEN COLE

Stephen Cole is one of the world's most recognizable and respected figures in international television journalism. He has, uniquely, anchored the launches of five global news channels. Stephen also created the first global IT Show – Click Online. The show earned praise from amongst others Bill Gates, Larry Ellison and Arthur C Clarke. He anchored live coverage of elections held in Islamabad, Delhi, Moscow, Paris, Hong Kong, Sofia and Bangkok and as Senior Anchor at Al Jazeera covered the momentous events of the Arab Spring.

Stephen has also covered nine conflicts ranging from the Falklands War to Bosnia and Kosovo, the two wars in the Gulf and "9-11". He chaired at the United Nations setting the five-year agenda for UNESCO. Stephen won a National Travel Writers Award for his work in Malaysia.

Stephen is married to Anne-Marie Cole, a senior BBC Radio Producer for 25 years. His sons say he tells the worst jokes in the world.

TIME CHANGE

Please remember to set your clocks and devices **ONE HOUR FORWARD** before retiring on the evening of **Monday, March 17th** and before the morning of **Tuesday, March 18th**.

TONIGHT'S ATTIRE: ELEGANT CASUAL

After 6:00p, the evening dress code is Elegant Casual. In all dining venues, the nightly dress standard for men is slacks with collared dress shirt or sweater and optional jacket. Slacks, skirt, blouse, pant suit or dresses are appropriate for ladies. Elegant jeans are now welcome in all dining venues.

PRE-DINNER SHOWTIME WITH

CAROLINE MILLER

'Judy, Julie & Me' - Join your Entertainment Manager Caroline as she brings the music of Judy Garland, Julie Andrews, and some other personal favorites to alive with stories from their lives and her own in this cabaret style night of music, dance and shenanigans.

5:30p GRAND SALON, DECK 6

SHOWTIME TONIGHT

SILVERSCREEN

Our production show celebrates recent movies and musicals including Dear Evan Hansen and Moulin Rouge – as well as iconic favourites from Fame to Les Misérables - in a fresh take on music from the stage and screen. Featuring your Seabourn Singers Starr, Daniel, Ellora & Benjamin and your Seabourn Dancers Dmitry & Karyna.

8:45p & 10:00p GRAND SALON, DECK 6

TODAY'S HIGHLIGHTS

A CONVERSATION WITH COMMODORE RUPERT WALLACE

The Breakout of the West: the emergence of the Atlantic empires. Commodore Rupert Wallace discusses the extraordinary and unlikely rise of a few European maritime nations whose expansion changed the course of global history.

9:15a GRAND SALON, DECK 6

COFFEE WITH THE OFFICERS

Sip on your favorite morning time drink while you mingle with your Seabourn Ovation Officers! A great time to ask questions and have a chat.

9:45a SEABOURN SQUARE, DECK 7

A CONVERSATION WITH STEPHEN COLE

The News Business. Confessions of an Anchorman: Stephen tells stories from his career from around the world and looks at the impact of social media on truth in news.

10:15a GRAND SALON, DECK 6

TEAM TRIVIA

Join Ross & Caroline in teams of 10 for this accumulative battle of the brains & a chance to win Seabourn Swag later on this transatlantic cruise!

11:15a THE CLUB, DECK 5

LIVE COOKING ON THE PATIO WITH CHEF MAHESH

Join Executive Chef Mahesh as he rustles up fresh Caribbean fish with local hot sauces and dips that will make your hair curly as you enjoy it under the Caribbean sun!

12:30p - 1:30p THE PATIO, DECK 9

SUNSHINE SOUNDS WITH THE DUO

Your Resident Observation Duo will be poolside with smooth sounds to set the soundtrack of your sea day. (Weather permitting. Until 1:45p).

1:00p POOLSIDE, DECKS 9 & 10

A CONVERSATION WITH SHANE BENZIE

Eliud Kipchoge the fastest man on the planet - What Creates that Speed. Kipchoge is, without a doubt, the best marathon runner the world has ever seen and has shown us that there are no limits to our potential.

2:30p, GRAND SALON, DECK 6

BOAT BUILDING MATERIALS COLLECTION & REGISTRATION

The challenge is set! In teams of 4, build a boat using recycled materials to transport a Caviar container across the pool on March 26th, sign up and material collection each day at 3:30pm

3:30p, SEABOURN SQUARE, DECK 7

A CONVERSATION WITH DENISE MCGAHAN

How the stories we tell shape who we become and the life-changing impact of positive psychology on our self-narrative. Author and coach, Denise McGahan, shares key research and insights from her book, *Anthology*.

3:45p, GRAND SALON, DECK 6

FOOD & DRINK

The Restaurant, Deck 4

Lunch	12:30p - 1:30p
Dinner	6:00p - 9:00p

The Colonnade, Deck 9

Breakfast	8:00a - 10:30a
Lunch, Guadeloupe	12:00n - 2:00p
Dinner, Spanish	6:00p - 9:00p

Solis, Deck 8

Dinner	6:00p - 9:00p
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By Reservation Only, Please Dial 9.

The Patio, Deck 9

Breakfast	8:30a - 10:00a
Lunch, West Indies	12:30p - 3:30p
Earth & Ocean	7:00p - 9:00p

Sushi, Deck 8

Lunch	12:00n - 2:00p
Dinner	6:00p - 8:45p

Seabourn Square, Deck 7

Coffee & Snacks	6:15a - 6:00p
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Observation Bar, Deck 11

Afternoon Tea	4:00p - 5:00p
Evening Bar	5:00p - Midnight

Sky Bar, Deck 10

(Weather Permitting)	12:00n - 7:00p
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Patio Bar, Deck 9

10:00a - 10:00p

Solis Piano Bar, Deck 8

6:00p - Midnight

The Club, Deck 5

6:00p - Close

Room Service

24 Hours

Guests under the legal drinking age will not be served alcoholic beverages, nor are they to consume alcoholic beverages. Please understand that you may be requested to show identification indicating your date of birth.

SERVICES

The Boutique, Deck 7

10:00a - 10:00p

The Boutique holds EFFY jewelry, a variety of toiletries, sun creams, and medications. Please inquire within.

The Spa and Wellness, Deck 10

8:00a - 10:00p

Fitness Center, Deck 10

6:00a - 10:00p

For the complete spa events & listings, please refer to The Herald on your Seabourn Source App or contact The Spa reception. Shuffleboard Court and Table Tennis equipment can be accessed through the Fitness Center.

Cruise Sales, Deck 7

Book onboard to save from 10% up to 25%	9:00a - 12:00n
	3:00p - 6:00p

Destination Services, Deck 7

Bookings can also be made on your Seabourn Source App or Suite TV	10:00a - 12:00n
	4:00p - 6:00p

Casino, Deck 5

Slots	All Day
Tables	1:30p - 5:00p
	6:00p - Close

Medical Center, Deck 4 Forward

By Appointment Only. Please call 5410 during the below office hours and one of our friendly medical staff will assist you with an appointment date & time.

Port Day:	8:00a - 10:00a & 4:00p - 6:00p
Sea Day:	9:00a - 11:00a & 4:00p - 6:00p

FOR A MEDICAL EMERGENCY DIAL 911

BRIDGE TOUR

Ever wondered what the Bridge looks like on Seabourn Ovation? Bridge tours will be available every Sea Day. Join our Deck Officers today for an exclusive tour. Sign up by dialing 9 or visiting Seabourn Square as places are very limited.

TODAY'S ONBOARD ACTIVITIES

9:15a	A Conversation with Commodore Rupert Wallace Grand Salon, Deck 6 The Breakout of the West & emergence of the Atlantic empires.
9:30a	Line Dancing with Rodeo Ross The Club, Deck 5
9:45a	Coffee with the Officers Seabourn Square, Deck 7
10:00a	Baggo Prize Game Poolside, Deck 9
10:15a	A Conversation with Stephen Cole: The News Business Grand Salon, Deck 6
11:15a	Team Trivia The Club, Deck 5
12:30p	Live Cooking on The Patio with Chef Mahesh (until 1:30p). The Patio, Deck 9
1:00p	Sunshine Sounds with The Duo (until 1:45p) Poolside, Deck 9 & 10
2:00p	Duplicate Bridge Play (un-hosted). Card Room, Deck 8
2:30p	Social Mahjong Play (un-hosted). Meeting Room 1, Deck 7
2:30p	A Conversation with Shane Benzie: Eliud Kipchoge Grand Salon, Deck 6
2:30p	Blackjack Tournament: Qualifying Rounds Casino, Deck 5 2:30p - 4:00p with Finals at 4:15p. Additional cost incurred.
3:00p	Relieve Back, Neck and Shoulder Pain Naturally Spa & Wellness, Deck 10
3:30p	Golf Putting Prize Game The Club, Deck 5
3:30p	Boat Building Materials Collection & Registration Seabourn Square, Deck 7
3:45p	A Conversation with Denise McGahan: The Stories We Tell Grand Salon, Deck 6
4:00p	Needlepoint Knit Natter Social with Ross Observation Bar, Deck 11
4:00p	Afternoon Tea & Melodies Observation Bar, Deck 11
5:30p	Pre-Dinner Showtime with Caroline Miller Grand Salon, Deck 6 'Judy, Julie & Me'
6:00p	Music Melodies with Merle & Barry (until 7:45p, with break). Observation Bar, Deck 11
6:15p	Bruno's Piano Bar (until 8:00p, with break). The Piano Bar at Solis, Deck 8
6:30p	Pre-Dinner Dancing with The Quartet (until 7:30p). The Club, Deck 5
6:30p	Effy Dessert of the day: Diamonds The Boutique, Deck 7
8:45p	Showtime Tonight: Silverscreen Grand Salon, Deck 6 (Repeated at 10:00p).
9:15p	Piano Perfection with Bruno (until 10:00p with break). The Piano Bar at Solis, Deck 8
9:30p	Sunset Sounds with Merle & Barry (until midnight, with break). Observation Bar, Deck 11
9:30p	Dance Floor Hits with The Quartet (until 10:15p). The Club, Deck 5
10:00p	Showtime Tonight: Silverscreen Grand Salon, Deck 6
10:15p	Melodic Moments with Bruno (until 10:45p). The Piano Bar at Solis, Deck 8
10:45p	Evening Jams with The Quartet (until 11:30p). The Club, Deck 5 Followed by The Band & Lanie (until late).

This is your moment
SEABOURN®

THE HERALD

WEDNESDAY, MARCH 19, 2025

AT SEA

WEATHER

CLOUDY

77°F / 25°C

WIND 22mph / 35kmh

SUNRISE: 6:39a

SUNSET: 6:33p

INTRODUCING YOUR GUEST CONVERSATIONALIST...

COMMODORE RUPERT WALLACE

Rupert Wallace's career in the Royal Navy included the Falklands War, three ship commands, heading a flotilla of destroyers and frigates, and strategic UK defense relations work throughout the Middle East and South Asia.

On retirement, he completed a Postgraduate degree in International Relations at the London School of Economics, and now runs history and international relations courses and seminars in schools and at the University of Cambridge. Speaking on cruise ships, wholly unanticipated, has become a great pleasure and privilege.

Rupert and his wife Kate travel extensively, including independently travelling the Silk Road from Iran to central China. He also loves long distance bicycling and is currently in the middle of a (Covid-interrupted) 10-year walk from the Atlantic to the Black Sea.

TONIGHT'S ATTIRE: ELEGANT CASUAL

After 6:00p, the evening dress code is Elegant Casual. In all dining venues, the nightly dress standard for men is slacks with collared dress shirt or sweater and optional jacket. Slacks, skirt, blouse, pant suit or dresses are appropriate for ladies. Elegant jeans are now welcome in all dining venues.

BRIDGE TOUR

Ever wondered what the Bridge looks like on Seabourn Ovation? Bridge tours will be available every Sea Day. Join our Deck Officers today for an exclusive tour. Sign up by dialing 9 or visiting Seabourn Square as places are very limited.

SHOWTIME TONIGHT

MARTIN KAYE

'Great Balls!'

Dynamic piano showman Martin Kaye, best known for playing 'Jerry Lee Lewis' in the hit Broadway, West End and Las Vegas show 'Million Dollar Quartet', brings to the stage his high-energy, one-man rock & roll extravaganza. He, along with his bald head and his mismatched socks, will blow you away. You do not want to miss this show!

8:45p & 10:00p GRAND SALON, DECK 6

TEAM MEMBER SAFETY DRILL

Today at 10:00a, we will conduct a mandatory team member safety drill. No guest participation is required. Alarms will be sounded for exercise purposes only. Please note that guest services will be suspended during this exercise and elevators will be temporarily out of service during the drill. Thank you for your understanding.

TODAY'S HIGHLIGHTS

A CONVERSATION WITH STEPHEN COLE

Vladimir Putin is the longest-serving leader of Russia since Joseph Stalin. The new Tsar of Russia whom I have met twice. I will explain how Putin's dream of a new Russian empire maybe being destroyed on the fields of Ukraine.

9:15a GRAND SALON, DECK 6

DANCE CLASS WITH DMITRIY & KARYNA

Bring your partner or best friend and join your Seabourn Dancers Dmitry and Karyna for this fun session learning the Jive.

9:30a THE CLUB, DECK 5

TEAM TRIVIA

Join Ross & Caroline in teams of 10 for this accumulative battle of the brains & a chance to win Seabourn Swag later on this transatlantic cruise!

11:15a THE CLUB, DECK 5

POOLSIDE PIANO WITH BRUNO

Enjoy live music performed by your resident Solis pianist, Bruno, as he serenades you under the sun. (Weather Permitting. Until 1:45p).

1:00p POOLSIDE, DECKS 9 & 10

EFFY GEMOLOGY SERIES: NAHLA SIRI - TANZANITE

Nahla Siri is here! This collection combines design, quality, craftsmanship and great savings to give you the best value for money and peace of mind.

1:00p GRAND SALON, DECK 6

A CONVERSATION WITH SHANE BENZIE

The Secrets of a Free Solo Climber: Shane talks about his research and adventures with Alex Honnold and Tommy Caldwell in Colorado and discusses how they are able to maximize the potential of their mind and body to complete their seemingly impossible climbs.

2:30p, GRAND SALON, DECK 6

BOAT BUILDING MATERIALS COLLECTION & REGISTRATION

The challenge is set! In teams of 4, build a boat using recycled materials to transport a Caviar container across the pool on March 26th, sign up and material collection each day at 3:30p.

3:30p, SEABOURN SQUARE, DECK 7

FOOD & DRINK

The Restaurant, Deck 4

Lunch	12:30p - 1:30p
Dinner	6:00p - 9:00p

The Colonnade, Deck 9

Breakfast	7:30a - 10:00a
Lunch, Caribbean	12:00n - 2:00p
Dinner, Italian	6:00p - 9:00p

Solls, Deck 8

Dinner	6:00p - 9:00p
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By Reservation Only, Please Dial 9.

The Patio, Deck 9

Breakfast	8:30a - 10:00a
Lunch, Asian BBQ	12:30p - 3:30p
Earth & Ocean	7:00p - 9:00p

Sushi, Deck 8

Lunch	12:00n - 2:00p
Dinner	6:00p - 8:45p

Seabourn Square, Deck 7

Coffee & Snacks	6:15a - 6:00p
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Observation Bar, Deck 11

Evening Bar	5:30p - Midnight
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Sky Bar, Deck 10

(Weather Permitting)	12:00n - 7:00p
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Patio Bar, Deck 9

	10:00a - 10:00p
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Solis Piano Bar, Deck 8

	6:00p - Midnight
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The Club, Deck 5

	6:00p - Close
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Room Service

	24 Hours
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Guests under the legal drinking age will not be served alcoholic beverages, nor are they to consume alcoholic beverages. Please understand that you may be requested to show identification indicating your date of birth.

SERVICES

The Boutique, Deck 7

10:00a - 10:00p
The Boutique holds EFFY jewelry, a variety of toiletries, sun creams, and medications. Please inquire within.

The Spa and Wellness, Deck 10

	8:00a - 10:00p
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Fitness Center, Deck 10

6:00a - 10:00p
For the complete spa events & listings, please refer to The Herald on your Seabourn Source App or contact The Spa reception. Shuffleboard Court and Table Tennis equipment can be accessed through the Fitness Center.

Cruise Sales, Deck 7

Book onboard to save from 10% up to 25%	9:00a - 12:00a
	2:00p - 4:30p

Destination Services, Deck 7

10:00a - 12:00n
Bookings can also be made on your Seabourn Source App or Suite TV

Casino, Deck 5

Slots	All Day
Tables	1:30p - 5:00p
	6:00p - Close

Medical Center, Deck 4 Forward

By Appointment Only. Please call 5410 during the below office hours and one of our friendly medical staff will assist you with an appointment date & time.

Port Day:	8:00a - 10:00a & 4:00p - 6:00p
Sea Day:	9:00a - 11:00a & 4:00p - 6:00p

FOR A MEDICAL EMERGENCY DIAL 911

DISSEMBARKATION NOTICE

For guests disembarking in Lisbon on Thursday, March 27th who would like to purchase either a Private Seabourn Transfer, Group Transfer, or Tour & Transfer please, visit Guest Services in the Seabourn Square on Deck 7 for a Transfer Request Form. Due to limited availability the transfer booking deadline is Saturday 22 March before 12:00n. We recommend booking a transfer on board as there may be limited taxis available outside the Cruise Terminal. Any guests needing to debark before 8:15 AM we kindly ask that you advise us by Dialing '9' or visiting the Seabourn Square so alternative arrangements can be made.

TODAY'S ONBOARD ACTIVITIES

9:15a	A Conversation with Stephen Cole: Putin Grand Salon, Deck 6
9:30a	Dance Class with Dmitry & Karyna: the Jive The Club, Deck 5
10:00a	Team Member Safety Drill No guest participation is required.
10:00a	Table Tennis Spa & Wellness Open Deck, Deck 10
11:15a	Team Trivia The Club, Deck 5
1:00p	Poolside Piano with Bruno (until 1:45p) Poolside, Deck 9 & 10
1:00p	EFFY Gemology Series: Nahla Siri Tanzanite Grand Salon, Deck 6
2:00p	Duplicate Bridge Play (un-hosted). Card Room, Deck 8
2:30p	Social Mahjong Play (un-hosted). Meeting Room 1, Deck 7
2:30p	A Conversation with Shane Benzle Grand Salon, Deck 6 The Secrets of a Free Solo Climber
3:00p	Amulet of the Day: Nahla Tanzanite Pendant The Boutique, Deck 7 Join Effy Team for your Complementary Gift of the day
3:00p	Arthritis, Acute and Chronic Pain Relief Spa & Wellness, Deck 10
3:30p	Shuffle Board Spa & Wellness Open Deck, Deck 10
3:30p	Boat Building Materials Collection & Registration Seabourn Square, Deck 7
3:45p	Port Talk with Destinations Manager Jeannie Grand Salon, Deck 6 Funchal & Lisbon
4:00p	Needlepoint, Knit & Natter Social with Ross Observation Bar, Deck 11
5:00p	Tongue & Pulse Analysis with Acupuncturist Rio Spa & Wellness, Deck 10
6:00p	Music Melodies with Merle & Barry (until 7:45p, with break). Observation Bar, Deck 11
6:15p	Bruno's Piano Bar (until 8:00p, with break). The Piano Bar at Solis, Deck 8
6:30p	Pre-Dinner Dancing with The Quartet (until 7:30p). The Club, Deck 5
6:30p	Gem & Tonic: Jewel of Adventure The Boutique, Deck 7 Cocktail and Gem pairing.
8:45p	Showtime Tonight: Martin Kaye Grand Salon, Deck 6 'Great Balls!' (Repeated at 10:00p).
9:15p	Piano Perfection with Bruno (until 10:00p). The Piano Bar at Solis, Deck 8
9:30p	Sunset Sounds with Merle & Barry (until midnight, with break). Observation Bar, Deck 11
9:30p	Dance Floor Hits with The Quartet (until 10:15p). The Club, Deck 5
10:00p	Showtime Tonight: Martin Kaye Grand Salon, Deck 6 'Great Balls!'
10:15p	Melodic Moments with Bruno (until 11:00p). The Piano Bar at Solis, Deck 8
10:45p	Evening Jams with The Quartet (until 11:30p). The Club, Deck 5 Followed by The Band & Lanie (until late).

This is your moment
SEABOURN

THE HERALD

THURSDAY, MARCH 20, 2025

AT SEA

WEATHER

RAIN

74°F / 24°C

WIND 26mph / 42km h

SUNRISE: 7:13a

SUNSET: 7:08p

INTRODUCING YOUR CRUISE DIRECTOR...

ROSS ROBERTS

Ross was born in Boston, Lincolnshire, and from an early age caught the traveling bug due to his father's many postings in the Royal Air Force. After several postings around the world, Ross and his family settled in Nottinghamshire, and has lived there ever since. From an early age Ross always loved performing, dancing, and singing, but it was when his junior school organized a trip to London's west end to watch a production of "Joseph and the Amazing Technicolored Dreamcoat" that Ross knew that being on stage was what he wanted to do for the rest of his life. From that moment on Ross signed himself up to every choir, school production and even the local amateur dramatics society, just so he could be on stage. After graduating, Ross decided not to go to University, but instead pursue his dream of being a professional entertainer.

Ross has worked as a professional entertainer in land based Hotels and Resorts across the world and at sea. His first ship was part of a new brand called 'Island Cruises' part of the Tui group, it was here where Ross found his sea legs, and through his hard work and determination was made Cruise Director by the age of 25. Since then, Ross has worked as Cruise Director for Saga and over the last 10 years across the Seabourn fleet. As we sail in to 2025, we reach another milestone for Ross as it marks his 20th year at sea! In 2023 as part of his 40th Birthday celebrations Ross wrote his first book, an autobiography titled with the quote he lives his life by 'A Day Never Ends if a Memory is Made' and with that quote in mind, he hopes you all have a cruise filled with laughter, love and most importantly memories

PRE-DINNER SHOWTIME

ROSS ROBERTS

Join Cruise Director Ross Roberts as he celebrates the hits of yesterday's heroes in his sharp and comic one man show with the Seabourn Ovation show band. A night of laughter and song and a jacket that is absolutely not to be missed!

5:30p GRAND SALON, DECK 6

SHOWTIME TONIGHT

TABITHA

A Celebration of Songwriters - With her unique and beautiful voice, and incredible skill on piano and guitar, Tabitha whisks us away with a spellbinding and heart tugging collection of classics and modern smash hits. With stunning visuals and bespoke arrangements this show is a feast for the eyes and ears. Definitely a cruise highlight and not to be missed.

8:45p & 10:00p GRAND SALON, DECK 6

TIME CHANGE

Please remember to set your clocks and devices **ONE HOUR FORWARD** before retiring on the evening of **Wednesday, March 19th** and before the morning of **Thursday, March 20th**.

TONIGHT'S ATTIRE: ELEGANT CASUAL

After 6:00p, the evening dress code is Elegant Casual. In all dining venues, the nightly dress standard for men is slacks with collared dress shirt or sweater and optional jacket. Slacks, skirt, blouse, pant suit or dresses are appropriate for ladies. Elegant jeans are now welcome in all dining venues.

BRIDGE TOUR

Ever wondered what the Bridge looks like on Seabourn Ovation? Bridge tours will be available every Sea Day. Join our Deck Officers today for an exclusive tour. Sign up by dialing 9 or visiting Seabourn Square as places are very limited.

TODAY'S HIGHLIGHTS

DANCE CLASS WITH DMITRIY & KARYNA

Bring your partner or best friend and join your Seabourn Dancers Dmitry and Karyna for this fun session learning the Cha-Cha-Cha!

9:30a THE CLUB, DECK 5

LIVE COOKING DEMONSTRATION WITH CHEF MAHESH

Join us as Executive Chef Mahesh and Executive Pastry Chef Dominic transform simple ingredients into delicious sweet and savory dishes! Learn easy techniques and discover the joy of cooking with fresh, seasonal flavors.

10:15a GRAND SALON, DECK 6

SUNSHINE SOUNDS WITH THE DUO

Your Resident Observation Duo will be poolside with smooth sounds to set the soundtrack of your sea day. (Weather permitting. Until 1:45p).

1:00p POOLSIDE, DECKS 9 & 10

A CONVERSATION WITH SHANE BENZIE

Surfing a 100 foot wave: Shane works with the Big Wave surfers in Nazaré to understand how they take their mind and bodies to a special place for just a few seconds and how it takes months to prepare for this moment in time.

2:30p, GRAND SALON, DECK 6

BOAT BUILDING MATERIALS COLLECTION & REGISTRATION

The challenge is set! In teams of 4, build a boat using recycled materials to transport a Caviar container across the pool on March 26th, sign up and material collection each day at 3:30pm.

3:30p, SEABOURN SQUARE, DECK 7

A CONVERSATION WITH COMMODORE RUPERT WALLACE

The Transatlantic Slave Trade: As Ovation crosses the notorious Middle Passage for slaves being transported to the Caribbean, Rupert Wallace gives fresh perspectives on this most terrible trade.

3:45p, GRAND SALON, DECK 6

FOOD & DRINK

The Restaurant, Deck 4

Lunch	12:30p - 1:30p
Dinner	6:00p - 9:00p

The Colonnade, Deck 9

Breakfast	8:00a - 10:30a
Lunch, Pacific Rim	12:00n - 2:00p
Dinner, Thai	6:00p - 9:00p

Solis, Deck 8

Dinner (By Reservation Only, Please Dial 9.)	6:00p - 9:00p
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The Patio, Deck 9

Breakfast	8:30a - 10:00a
Lunch, Oriental	12:30p - 3:30p
Earth & Ocean	7:00p - 9:00p

Sushi, Deck 8

Lunch	12:00n - 2:00p
Dinner	6:00p - 8:45p

Seabourn Square, Deck 7

Coffee & Snacks	6:15a - 6:00p
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Observation Bar, Deck 11

Venetian High Tea	4:00p - 5:00p
Evening Bar	5:00p - Midnight

Sky Bar, Deck 10

(Weather Permitting)	12:00n - 7:00p
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Patio Bar, Deck 9

	10:00a - 10:00p
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Solis Piano Bar, Deck 8

	6:00p - Midnight
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The Club, Deck 5

	6:00p - Close
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Room Service

	24 Hours
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Guests under the legal drinking age will not be served alcoholic beverages, nor are they to consume alcoholic beverages. Please understand that you may be requested to show identification indicating your date of birth.

SERVICES

The Boutique, Deck 7

	10:00a - 10:00p
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The Boutique holds EFFY jewelry, a variety of toiletries, sun creams, and medications. Please inquire within.

The Spa and Wellness, Deck 10

	8:00a - 10:00p
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Fitness Center, Deck 10

	6:00a - 10:00p
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For the complete spa events & listings, please refer to The Herald on your Seabourn Source App or contact The Spa reception.

Cruise Sales, Deck 7

Book onboard to save from 10% up to 25%	9:00a - 12:00a
	3:00p - 6:00p

Destination Services, Deck 7

Bookings can also be made on your Seabourn Source App or Suite TV	10:00a - 12:00n
	4:00p - 6:00p

Casino, Deck 5

Slots	All Day
Tables	1:30p - 5:00p
	6:00p - Close

Medical Center, Deck 4 Forward

By Appointment Only. Please call 5410 during the below office hours and one of our friendly medical staff will assist you with an appointment date & time.

Port Day:	8:00a - 10:00a & 4:00p - 6:00p
Sea Day:	9:00a - 11:00a & 4:00p - 6:00p

FOR A MEDICAL EMERGENCY DIAL 911

DISSEMBARKATION NOTICE

For guests disembarking in Lisbon on Thursday, March 27th who would like to purchase either a Private Seabourn Transfer, Group Transfer, or Tour & Transfer please, visit Guest Services in the Seabourn Square on Deck 7 for a Transfer Request Form. Due to limited availability the transfer booking deadline is Saturday 22 March before 12:00n. We recommend booking a transfer on board as there may be limited taxis available outside the Cruise Terminal. Any guests needing to disembark before 8:15 AM we kindly ask that you advise us by Dialing '9' or visiting the Seabourn Square so alternative arrangements can be made.

TODAY'S ONBOARD ACTIVITIES

TOUR INFO - Want to know more about the ports but missed the Tour Talks? Watch it on your TV under the Main Menu > Destinations > Tour Talk. Changes or cancellations must be made at least 48 hours prior to arrival at the port.

DECK SPORTS AVAILABLE

Spa & Wellness, Deck 10

Shuffleboard court & Table Tennis equipment can be accessed by walking through The Spa. Available for use all day.

9:30a	Dance Class with Dmitry & Karyna: The Cha-Cha-Cha! The Club, Deck 5
10:00a	Baggo Prize Game Poolside, Deck 9
10:15a	Live Cooking Demonstration with Chef Mahesh Grand Salon, Deck 6
11:15a	Team Trivia The Club, Deck 5
1:00p	Sunshine Sounds with The Duo (until 1:45p) Poolside, Deck 9 & 10
2:00p	Duplicate Bridge Play (un-hosted). Card Room, Deck 8
2:30p	Social Mahjong Play (un-hosted). Meeting Room 1, Deck 7
2:30p	A Conversation with Shane Benzie: Surfing a 100ft Wave! Grand Salon, Deck 6
3:00p	Natural Relief for Arthritis, Back and Knee Pain Spa & Wellness, Deck 10
3:30p	Golf Putting Prize Game The Club, Deck 5
3:30p	Boat Building Materials Collection & Registration Seabourn Square, Deck 7
3:45p	A Conversation with Commodore Rupert Wallace Grand Salon, Deck 6 The Transatlantic Slave Trade
4:00p	Needlepoint, Knit & Natter Social with Ross Observation Bar, Deck 11
4:00p	Venetian High Tea & Melodies Observation Bar, Deck 11
5:30p	Pre-Dinner Showtime with Ross Roberts Grand Salon, Deck 6
6:00p	Music Melodies with Merle & Barry (until 7:45p, with break). Observation Bar, Deck 11
6:15p	Bruno's Piano Bar (until 8:00p, with break). The Piano Bar at Solis, Deck 8
6:30p	Pre-Dinner Dancing with The Quartet (until 7:30p). The Club, Deck 5
6:30p	Effy Dessert of the day: Pink Diamonds The Boutique, Deck 7
8:45p	Showtime Tonight: Tabitha Grand Salon, Deck 6 'A Celebration of Songwriters' (Repeated at 10:00p).
9:15p	Piano Perfection with Bruno (until 10:00p with break). The Piano Bar at Solis, Deck 8
9:30p	Sunset Sounds with Merle & Barry (until midnight, with break). Observation Bar, Deck 11
9:30p	Dance Floor Hits with The Quartet (until 10:15p). The Club, Deck 5
10:00p	Showtime Tonight: Tabitha Grand Salon, Deck 6 'A Celebration of Songwriters'
10:15p	Melodic Moments with Bruno (until 11:00p). The Piano Bar at Solis, Deck 8
10:45p	Evening Jams with The Quartet (until 11:30p). The Club, Deck 5 Followed by The Band & Lanie (until late).

This is your moment
SEABOURN

THE HERALD

FRIDAY, MARCH 21, 2025

AT SEA

WEATHER

CLOUDY

70°F / 21°C

WIND 21mph / 34kmh

SUNRISE: 6:47a

SUNSET: 6:44p

INTRODUCING YOUR GUEST CONVERSATIONALIST...

SHANE BENZIE

Shane Benzie is the bestselling author of 'The Lost Art of Running'. Described as the 'Indiana Jones of running', his work, as a Movement Coach and Researcher, takes him to all 7 continents where he spends time with elite athletes, tribes and indigenous peoples. His focus is on how to crack the code of capturing natural human movement and turning it into human performance. Shane's work is unique in that he takes the laboratory outside into the natural environment. These environments are often extreme and include the Sahara Desert, the Amazon jungle, the Arctic and the Himalayas. Shane takes an anthropological view of our movement, spending time in the world's oceans with many species including Great White sharks, Sea Horses and Orcas. These adventures give him a fascinating insight into how we, as humans, are evolving in the modern world. Shane works with elite athletes and extreme sports people around the world in researching and coaching Flow State and neuroplasticity. He works on the theory that just like the body, the mind also sits in a state of equilibrium. Shane is a Keynote Speaker/Presenter for UK Sport, British Triathlon, Great Britain Diving, YPO, and the Athlete Media Group.

PRE-DINNER ENTERTAINMENT

LIAR'S CLUB

Get ready for lots of fun and laughter and decipher who is telling the truth and who is telling a pack of lies from your panel of professional liars. With an esteemed panel consisting of Hotel Director Zoran and Guest Entertainers Adam, Martin & Steve, hosted by Cruise Director Ross!

5:30p GRAND SALON, DECK 6

PARTY ON DECK

OH, WHAT A NIGHT!

Join your Seabourn Singers Daniel, Ellora, Benjamin & Starr under the stars for this poolside performance of 'Oh What a Night,' - a tribute to Frankie Valli & The Four Seasons! What better way to get in the party spirit and get those toes a tappin'.

9:30p POOLSIDE, DECKS 9 & 10

LET'S DANCE PARTY

We cordially invite you to join us on deck for the ultimate evening of music & dancing under the stars! Put on your dancing shoes and get ready to have fun with your entire Entertainment Team at 10:00p! High energy hits performed by The Band & Lanie (Weather permitting).

10:00p POOLSIDE, DECKS 9 & 10

TONIGHT'S ATTIRE: ELEGANT CASUAL

After 6:00p, the evening dress code is Elegant Casual. In all dining venues, the nightly dress standard for men is slacks with collared dress shirt or sweater and optional jacket. Slacks, skirt, blouse, pant suit or dresses are appropriate for ladies. Elegant jeans are now welcome in all dining venues.

TODAY'S HIGHLIGHTS

A CONVERSATION WITH COMMODORE RUPERT WALLACE

The First World War: A Century Later: The impacts of this terrible cataclysm resonate clearly today in many parts of the world. Rupert Wallace shows that what happened 100 years ago continues to matter today.

9:15a GRAND SALON, DECK 6

DANCE CLASS WITH DMITRIY & KARYNA

Bring your partner or best friend and join your Seabourn Dancers Dmitry and Karyna for this fun session learning the Waltz.

9:30a THE CLUB, DECK 5

OFFICERS V GUESTS BAGGO

Come take on some of our officers in a sunny game of Baggo poolside!

9:45a POOLSIDE, DECK 9

A CONVERSATION WITH STEPHEN COLE

Artificial Intelligence: What is a Chatbot? Is AI a threat to our freedoms?

Could it, should it, be regulated. How AI can change the truth and how can we recognize the fact from the science fiction?

10:15a GRAND SALON, DECK 6

SUNSHINE SOUNDS WITH THE DUO

Your Resident Observation Duo will be poolside with smooth sounds to set the soundtrack of your sea day. (Weather permitting. Until 1:45p).

1:00p POOLSIDE, DECKS 9 & 10

A CONVERSATION WITH SHANE BENZIE

Diving with Orcas in the freezing waters of the Norwegian Fjords: Shane dives in Norway in Winter with Pierre de Latour and our oceans apex predator to study the Orcas group dynamic and how they adapt to multiple environments.

2:30p, GRAND SALON, DECK 6

A CONVERSATION WITH DENISE MCGAHAN

Finding meaning in midlife and beyond: what positive psychology can teach us about fulfillment. Drawing on positive psychology research that considers what makes for a well-lived life, Denise McGahan explores the positive effects of finding purpose and meaning in life.

3:45p, GRAND SALON, DECK 6

LET'S DANCE AFTER PARTY WITH DJ ROSS

Join DJ Ross after Let's Dance as he keeps the party going with classics and new hot hits out in the open air behind the club.

11:00p THE CLUB TERRACE, DECK 5 AFT

FOOD & DRINK

The Restaurant, Deck 4

Lunch	12:30p - 1:30p
Dinner	6:00p - 9:00p

The Colonnade, Deck 9

Breakfast	8:00a - 10:30a
Lunch, Wrap n Roll	12:00n - 2:00p
Dinner, Chinese	6:00p - 9:00p

Solis, Deck 8

Dinner	6:00p - 9:00p
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By Reservation Only, Please Dial 9.

The Patio, Deck 9

Breakfast	8:30a - 10:00a
Lunch, Fish n Seafood	12:30p - 3:30p
Earth & Ocean	7:00p - 9:00p

Sushi, Deck 8

Lunch	12:00n - 2:00p
Dinner	6:00p - 8:45p

Seabourn Square, Deck 7

Coffee & Snacks	6:15a - 6:00p
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Observation Bar, Deck 11

Evening Bar	5:30p - Midnight
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Sky Bar, Deck 10

(Weather Permitting)	12:00n - 7:00p
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	9:00p - 11:00p
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Patio Bar, Deck 9	10:00a - 11:00p
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Solis Piano Bar, Deck 8	6:00p - Midnight
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The Club, Deck 5	6:00p - Close
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Room Service	24 Hours
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Guests under the legal drinking age will not be served alcoholic beverages, nor are they to consume alcoholic beverages. Please understand that you may be requested to show identification indicating your date of birth.

SERVICES

The Boutique, Deck 7

10:00a - 10:00p

The Boutique holds EFFY jewelry, a variety of toiletries, sun creams, and medications. Please inquire within.

The Spa and Wellness, Deck 10

8:00a - 10:00p

Fitness Center, Deck 10

6:00a - 10:00p

For the complete spa events & listings, please refer to The Herald on your Seabourn Source App or contact The Spa reception. Shuffleboard Court and Table Tennis equipment can be accessed through the Fitness Center.

Cruise Sales, Deck 7

9:00a - 12:00a

Book onboard to save from 10% up to 25% 3:00p - 6:00p

Destination Services, Deck 7

11:00a - 12:00n

Bookings can also be made on your Seabourn Source App or Suite TV

4:00p - 6:00p

Casino, Deck 5

Slots	All Day
Tables	1:30p - 5:00p
	6:00p - Close

Medical Center, Deck 4 Forward

By Appointment Only. Please call 5410 during the below office hours and one of our friendly medical staff will assist you with an appointment date & time.

Port Day: 8:00a - 10:00a & 4:00p - 6:00p

Sea Day: 9:00a - 11:00a & 4:00p - 6:00p

FOR A MEDICAL EMERGENCY DIAL 911

DISSEMBARKATION NOTICE

For guests disembarking in Lisbon on Thursday, March 27th who would like to purchase either a Private Seabourn Transfer, Group Transfer, or Tour & Transfer please, visit Guest Services in the Seabourn Square on Deck 7 for a Transfer Request Form. Due to limited availability the transfer booking deadline is Saturday 22 March before 12:00n. We recommend booking a transfer on board as there may be limited taxis available outside the Cruise Terminal. Any guests needing to debark before 8:15 AM we kindly ask that you advise us by Dialing '9' or visiting the Seabourn Square so alternative arrangements can be made.

TODAY'S ONBOARD ACTIVITIES

9:15a	A Conversation with Commodore Rupert Wallace Grand Salon, Deck 6 The First World War: A Century Later.
9:30a	Dance Class with Dmitry & Karyna: the Waltz The Club, Deck 5
9:45a	Officers v Guests Baggo Prize Game Poolside, Deck 9
10:15a	A Conversation with Stephen Cole: Artificial Intelligence Grand Salon, Deck 6
11:15a	Team Trivia The Club, Deck 5
1:00p	Sunshine Sounds with The Duo (until 1:45p) Poolside, Deck 9 & 10
1:00p	EFFY Gemology Series: Birthstones Grand Salon, Deck 6
2:00p	Duplicate Bridge Play (un-hosted). Card Room, Deck 8
2:30p	A Conversation with Shane Benzie: Diving with Orcas Grand Salon, Deck 6
2:30p	Social Mahjong Play (un-hosted). Meeting Room 1, Deck 7
2:30p	Blackjack Tournament: Qualifying Rounds Casino, Deck 5 2:30p - 4:00p with Finals at 4:15p. Additional cost incurred.
3:00p	Relieve Back, Neck and Shoulder Pain Naturally Spa & Wellness, Deck 10
3:30p	Shuffle Board Spa & Wellness Open Deck, Deck 10
3:30p	Boat Building Materials Collection & Registration Seabourn Square, Deck 7
3:45p	A Conversation with Denise McGahan Grand Salon, Deck 6 Finding meaning in midlife
4:00p	Needlepoint, Knit & Natter Social with Ross Observation Bar, Deck 11
5:30p	Pre-Dinner Entertainment: Liar's Club Grand Salon, Deck 6
6:00p	Music Melodies with Merle & Barry (until 7:45p, with break). Observation Bar, Deck 11
6:15p	Bruno's Piano Bar (until 8:00p, with break). The Piano Bar at Solis, Deck 8
6:30p	Pre-Dinner Dancing with The Quartet (until 7:30p). The Club, Deck 5
8:30p	Popcorn Movie: Wicked This musical film extravaganza is told from the perspective of two witches, Elphaba and Glinda, before and after Dorothy. Grand Salon, Deck 6 (161 min, PG)
8:45p	Dance Floor Hits with The Quartet The Club, Deck 5
9:15p	Piano Perfection with Bruno (until 10:00p). The Piano Bar at Solis, Deck 8
9:30p	Sunset Sounds with Merle & Barry (until midnight, with break). Observation Bar, Deck 11
9:30p	Let's Get the Party Started: Oh, What a Night! Poolside, Decks 9 & 10
10:00p	Entertainment Tonight: Let's Dance Party! Poolside, Decks 9 & 10 (Weather permitting).
10:15p	Melodic Moments with Bruno (until 11:00p). The Piano Bar at Solis, Deck 8
11:00p	Let's Dance After Party with DJ Ross (until 12:30). The Club Terrace, Deck 5 Aft
12:15a	Late Night Party Tunes with The Quartet (until late). The Club, Deck 5

This is your moment.
SEABOURN

THE HERALD

SATURDAY, MARCH 22, 2025

AT SEA

WEATHER

PARTLY CLOUDY

64°F / 18°C

WIND 25mph / 41kmh

SUNRISE: 7:21a

SUNSET: 7:19p

INTRODUCING YOUR GUEST CONVERSATIONALIST...

DENISE McGAHAN

Denise is an executive coach, a positive psychology practitioner and an author. With a Master's degree in Applied Positive Psychology, she has an international client base across multiple sectors, supporting leaders to ensure that they make the impact they intend. Denise's special interest lies in identity development, and she is the author of *Anthology*, a field guide to expanding potential in midlife. She helps people become themselves, exploring their potential, gaining clarity on their purpose, strengths, values and passions and working with them to establish greater life-satisfaction. Denise also writes women's commercial fiction with positive psychology at its core. *Alys Larsson* is her first novel. Her second novel, *The Celestials*, is soon to be released.

TONIGHT'S ATTIRE: FORMAL IN THE RESTAURANT, DECK 4

Tuxedo, suit or slacks and jacket for gentlemen.

Evening gown or other formal apparel for ladies.

In other dining venues, guests are welcome in Elegant Casual.

TIME CHANGE

Please remember to set your clocks and devices **ONE HOUR FORWARD** before retiring on the evening of **Friday, March 21st** and before the morning of **Saturday, March 22nd**.

PRE-DINNER SHOWTIME

DANIEL ALLAIN

'Night Fever!'

Canadian vocalist and musical theatre actor Daniel Allain presents *Night Fever*, bringing to life the legendary hits from music's greatest icons. From the timeless anthems of Elton John & The Bee Gees to the irresistible grooves of ABBA, Donna Summer & beyond! You won't want to miss this spectacular night!

5:30p GRAND SALON, DECK 6

SHOWTIME TONIGHT

STEVE STEVENS

'Around The World & Back Again'

Join Steve for a walk on the lighter side of life for his second show with all new material. A night full of fun and laughter as he regales you with observations and stories of travels, places and people all wrapped up with comedy and music.

8:45p & 10:00p GRAND SALON, DECK 6

BRIDGE TOUR

Ever wondered what the Bridge looks like on Seabourn Ovation? Bridge tours will be available every Sea Day. Join our Deck Officers today for an exclusive tour. Sign up by dialing 9 or visiting Seabourn Square as places are very limited.

TODAY'S HIGHLIGHTS

A CONVERSATION WITH SHANE BENZIE

As a Director of the Shark Conservation Society Shane spent time on Seal Island to study these amazing creatures and their relationship with the seals with whom they are in continuous pursuit. We also discuss how these sharks, often described as the ocean's apex predator, lose that claim to the Orcas - the hunter become the hunted.

9:15a GRAND SALON, DECK 6

DANCE CLASS WITH DMITRIY & KARYNA

Bring your partner or best friend and join your Seabourn Dancers Dmitry and Karyna for this fun session learning the Rumba!

9:30a THE CLUB, DECK 5

A CONVERSATION WITH COMMODORE RUPERT WALLACE

The Arab-Israeli Conflict. This enduring, corrosive and tragic conflict has erupted once more, dominating the international agenda. Rupert Wallace looks at its history through the 20th century to the modern day to provide the key contexts.

10:15a GRAND SALON, DECK 6

POOLSIDE PIANO WITH BRUNO

Enjoy live music performed by your resident Solis pianist, Bruno, as he serenades you under the sun. (Weather Permitting. Until 1:45p).

1:00p POOLSIDE, DECKS 9 & 10

A CONVERSATION WITH STEPHEN COLE

China: Stephen launched Chinese News TV in Europe and explains China's perceived threat to the West and whether, after Ukraine, China will attack Taiwan as predicted by the US Admiralty.

2:30p, GRAND SALON, DECK 6

A CONVERSATION WITH DENISE McGAHAN

How to experience greater zest and vitality in midlife: inspired by research on character strengths, passion, play and positive emotions, such as awe and hope, Denise McGahan offers a blueprint for how to experience a richer, more joyful life.

3:45p, GRAND SALON, DECK 6

FOOD & DRINK

The Restaurant, Deck 4	
Lunch	12:30p – 1:30p
Dinner	6:00p – 9:00p
The Colonnade, Deck 9	
Breakfast	8:00a – 10:30a
Lunch, Pasta	12:00n – 2:00p
Dinner, Old England	6:00p – 9:00p
Solis, Deck 8	
Dinner (By Reservation Only, Please Dial 9.)	6:00p – 9:00p
The Patio, Deck 9	
Breakfast	8:30a – 10:00a
Lunch, Gyros	12:30p – 3:30p
Earth & Ocean	7:00p – 9:00p
Sushi, Deck 8	
Lunch	12:00n – 2:00p
Dinner	6:00p – 8:45p
Seabourn Square, Deck 7	
Coffee & Snacks	6:15a – 6:00p
Observation Bar, Deck 11	
Evening Bar	5:30p – Midnight
Sky Bar, Deck 10 (Weather Permitting)	12:00n – 7:00p
Patio Bar, Deck 9	10:00a – 10:00p
Solis Piano Bar, Deck 8	6:00p – Midnight
The Club, Deck 5	6:00p – Close
Room Service	24 Hours

Guests under the legal drinking age will not be served alcoholic beverages, nor are they to consume alcoholic beverages. Please understand that you may be requested to show identification indicating your date of birth.

SERVICES

The Boutique, Deck 7 10:00a – 10:00p
The Boutique holds EFFY jewelry, a variety of toiletries, sun creams, and medications. Please inquire within.

The Spa and Wellness, Deck 10 8:00a – 10:00p

Fitness Center, Deck 10 6:00a – 10:00p
For the complete spa events & listings, please refer to The Herald on your Seabourn Source App or contact The Spa reception. Shuffleboard Court and Table Tennis equipment can be accessed through the Fitness Center.

Cruise Sales, Deck 7 9:00a – 12:00a
Book onboard to save from 10% up to 25% 3:00p – 6:00p

Destination Services, Deck 7 11:00a – 12:00n
Bookings can also be made on your 4:00p – 6:00p
Seabourn Source App or Suite TV

Casino, Deck 5
Slots All Day
Tables 1:30p – 5:00p
6:00p – Close

Medical Center, Deck 4 Forward
By Appointment Only. Please call 5410 during the below office hours and one of our friendly medical staff will assist you with an appointment date & time.

Port Day: 8:00a – 10:00a & 4:00p – 6:00p
Sea Day: 9:00a – 11:00a & 4:00p – 6:00p

FOR A MEDICAL EMERGENCY DIAL 911

DISSEMBARKATION NOTICE

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TODAY'S ONBOARD ACTIVITIES

TOUR INFO - Want to know more about the ports but missed the Tour Talks? Watch it on your TV under the Main Menu > Destinations > Tour Talk. Changes or cancellations must be made at least 48 hours prior to arrival at the port.

9:15a	A Conversation with Shane Benzie Grand Salon, Deck 6 The Great White Sharks of Seal Island
9:30a	Dance Class with Dmitry & Karyna: The Rumbal The Club, Deck 5
10:00a	Baggo Prize Game Poolside, Deck 9
10:15a	A Conversation with Commodore Rupert Wallace Grand Salon, Deck 6 The Arab-Israeli Conflict
11:15a	Team Trivia The Club, Deck 5
1:00p	Poolside Piano with Bruno (until 1:45p) Poolside, Deck 9 & 10
2:00p	Duplicate Bridge Play (un-hosted). Card Room, Deck 8
2:30p	Social Mahjong Play (un-hosted). Meeting Room 1, Deck 7
2:30p	A Conversation with Stephen Cole: China Grand Salon, Deck 6
3:00p	Relieve Back, Neck and Shoulder Pain Naturally Spa & Wellness, Deck 10
3:30p	Golf Putting Prize Game The Club, Deck 5
3:30p	Boat Building Materials Collection & Registration Seabourn Square, Deck 7
3:45p	A Conversation with Denise McGahan: Vitality in midlife Grand Salon, Deck 6
4:00p	Needlepoint, Knit & Natter Social with Ross Observation Bar, Deck 11
5:30p	Pre-Dinner Showtime: Daniel Allain Grand Salon, Deck 6 'Night Fever!'
6:00p	Music Melodies with Merle & Barry (until 7:45p, with break). Observation Bar, Deck 11
6:15p	Bruno's Piano Bar (until 7:00p). The Piano Bar at Solis, Deck 8
6:30p	Pre-Dinner Dancing with The Quartet (until 7:30p). The Club, Deck 5
6:30p	Effy Dessert of the day: \$1000 Shopping Spree The Boutique, Deck 7
8:45p	Showtime Tonight: Steve Stevens Grand Salon, Deck 6 'Around The World & Back Again' (Repeated at 10:00p)
9:15p	Piano Perfection with Bruno (until 10:00p). The Piano Bar at Solis, Deck 8
9:30p	Sunset Sounds with Merle & Barry (until midnight, with break). Observation Bar, Deck 11
9:30p	Dance Floor Hits with The Quartet (until 10:15p). The Club, Deck 5
10:00p	Showtime Tonight: Steve Stevens Grand Salon, Deck 6 'Around The World & Back Again'
10:15p	Melodic Moments with Bruno (until 11:00p). The Piano Bar at Solis, Deck 8
10:45p	Evening Jams with The Quartet (until 11:30p). The Club, Deck 5 Followed by The Band & Lanie (until late).

This is your moment
SEABOURN

THE HERALD

SUNDAY, MARCH 23, 2025

AT SEA

WEATHER

CLOUDY

64°F / 18°C

WIND 29mph / 46kmh

SUNRISE: 6:55a

SUNSET: 6:55p

INTRODUCING YOUR GUEST ENTERTAINER...

STEVE STEVENS

Steve blends comedy and music to present a fresh and varied show with stand up comedy, vocals and instrumentals. He performs his own style of humor full of observations and stories with transatlantic appeal. Used to entertaining differing age groups, Steve tailors his comedy and music to your specific audience. This approach has made him a popular choice over the last 19 years for a variety of clients and audience profiles. His diverse experience includes over 10 years in 6 star cruising, theatre tours, comedy clubs and corporate events. He has numerous credits in the UK as a featured musical artiste for BBC radio as well as many TV credits for his comedy. Steve has performed in many theatre shows, concerts & events including a Gala performance at the Royal Albert Hall for Her Majesty The Queen.

TONIGHT'S ATTIRE: ELEGANT CASUAL

After 6:00p, the evening dress code is Elegant Casual. In all dining venues, the nightly dress standard for men is slacks with collared dress shirt or sweater and optional jacket. Slacks, skirt, blouse, pant suit or dresses are appropriate for ladies. Elegant jeans are now welcome in all dining venues.

ABBA ON DECK

Take in the views as we sail across the Atlantic Ocean to the sounds of all your favorite Abba-tastic hits! Join Cruise Director Ross, Entertainment Manager Caroline, Band Singer Lanie & Quartet Vocalist Charity as they serenade you under the transatlantic sun! (Weather permitting).

4:30p POOLSIDE, DECKS 9 & 10

SHOWTIME TONIGHT

LATIN QUARTER

Your Seabourn Singers & Dancers present a dynamic cocktail of Latin American music, song, and dance from well-known artists such as Gloria Estefan, Ricky Martin, and Camilla Cabello. Latin Quarter is a showcase for your specialist dance couple, Karyna & Dmitri, supported by exciting vocals from Ellora, Daniel, Starr & Benjamin. This high voltage, fun show is a non-stop homage to style and rhythm. Not to be missed!

8:45p & 10:00p GRAND SALON, DECK 6

IMPORTANT DISEMBARKATION NOTICE:

Any Independent guests needing to disembark before 8:15 AM we kindly ask that you advise us by dialing '9' or visiting the Seabourn Square on Deck 7 aft so that alternative arrangements can be made.

BRIDGE TOUR

Ever wondered what the Bridge looks like on Seabourn Ovation? Bridge tours will be available every Sea Day. Join our Deck Officers today for an exclusive tour. Sign up by dialing 9 or visiting Seabourn Square as places are very limited.

TODAY'S HIGHLIGHTS

A CONVERSATION WITH COMMODORE RUPERT WALLACE

The Sea: Ungoverned Space. Rupert Wallace draws on his deep maritime experience to discuss the three most urgent issues at sea today: resources, piracy and migration.

9:15a GRAND SALON, DECK 6

LINE DANCING WITH RODEO ROSS

Come get the morning started with boogie and shake as Rodeo Ross leads you through some line dancing favorites.

9:30a THE CLUB, DECK 5

A CONVERSATION WITH STEPHEN COLE

IRAN friend or Foe: A look at how the people of Iran have been betrayed by the mullahs and the Revolutionary Guards and looking at the bravery of Iranian women as they fight for their rights and not to wear the hijab.. Iran is within weeks of obtaining a nuclear weapon but will Israel strike first?

10:15a GRAND SALON, DECK 6

TEAM TRIVIA: OFFICERS vs GUESTS

Join Ross & Caroline and take on our team of Ovation Officers for another fun filled battle of the brains! But who will be victorious? You decide!

11:15a THE CLUB, DECK 5

SUNSHINE SOUNDS WITH THE QUARTET

Your Resident Club Quartet will be poolside with smooth sounds to set the soundtrack of your sea day. (Weather permitting. Until 1:45p).

1:00p POOLSIDE, DECKS 9 & 10

NAME THAT TUNE WITH MARTIN KAYE & ROSS

Don't miss this Name That Tune like no other! With Piano Rocker Martin & Cruise Director Ross running the show, it promises to be an afternoon full of fun, laughter and fabulous music!

2:30p, GRAND SALON, DECK 6

FOOD & DRINK

The Restaurant, Deck 4

Lunch	12:30p - 1:30p
Dinner	6:00p - 9:00p

The Colonnade, Deck 9

Breakfast	8:00a - 10:30a
Lunch, Wok	12:00n - 2:00p
Dinner, Family Style BBQ Ribs	6:00p - 9:00p
<i>By Reservation Only, Please Dial 9</i>	

Solis, Deck 8

Dinner (By Reservation Only, Please Dial 9.)	6:00p - 9:00p
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The Patio, Deck 9

Breakfast	8:30a - 10:00a
Lunch, Kebab	12:30p - 3:30p
Earth & Ocean	7:00p - 9:00p

Sushi, Deck 8

Lunch	12:00n - 2:00p
Dinner	6:00p - 8:45p

Seabourn Square, Deck 7

Coffee & Snacks	6:15a - 6:00p
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Observation Bar, Deck 11

Afternoon Tea	4:00p - 5:00p
Evening Bar	5:00p - Midnight

Sky Bar, Deck 10

(Weather Permitting)	12:00n - 7:00p
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Patio Bar, Deck 9

	10:00a - 10:00p
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Solis Piano Bar, Deck 8

	6:00p - Midnight
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The Club, Deck 5

	6:00p - Close
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Room Service

24 Hours

Guests under the legal drinking age will not be served alcoholic beverages, nor are they to consume alcoholic beverages. Please understand that you may be requested to show identification indicating your date of birth.

SERVICES

The Boutique, Deck 7

10:00a - 10:00p
The Boutique holds EFFY jewelry, a variety of toiletries, sun creams, and medications. Please inquire within.

The Spa and Wellness, Deck 10

	8:00a - 10:00p
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Fitness Center, Deck 10

6:00a - 10:00p
For the complete spa events & listings, please refer to The Herald on your Seabourn Source App or contact The Spa reception. Shuffleboard Court and Table Tennis equipment can be accessed through the Fitness Center.

Cruise Sales, Deck 7

Book onboard to save from 10% up to 25%	9:00a - 12:00a
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Destination Services, Deck 7

3:00p - 6:00p
Bookings can also be made on your Seabourn Source App or Suite TV

Casino, Deck 5

Slots	All Day
Tables	1:30p - 5:00p
	6:00p - Close

Medical Center, Deck 4 Forward

By Appointment Only. Please call 5410 during the below office hours and one of our friendly medical staff will assist you with an appointment date & time.

Port Day:	8:00a - 10:00a & 4:00p - 6:00p
Sea Day:	9:00a - 11:00a & 4:00p - 6:00p

FOR A MEDICAL EMERGENCY DIAL 911

LET'S GET SOCIAL!

We'll be looking out for any content you might post while you're with us so we can engage via our platforms. Feel free to tag us!



@SeabournCruise (X and Instagram)

@SeabournCruise (Facebook)

#Seabourn #SeabournOvation

TODAY'S ONBOARD ACTIVITIES

TOUR INFO - Want to know more about the ports but missed the Tour Talks? Watch it on your TV under the Main Menu > Destinations > Tour Talk. Changes or cancellations must be made at least 48 hours prior to arrival at the port.

9:15a	A Conversation with Commodore Rupert Wallace: The Sea Grand Salon, Deck 6
9:00a	Interdenominational Church Service with Ross Meeting Room 1, Deck 7
9:30a	Line Dancing with Rodeo Ross The Club, Deck 5
10:00a	Table Tennis Spa & Wellness Open Deck, Deck 10
10:15a	A Conversation with Stephen Cole: Iran Grand Salon, Deck 6
11:15a	Team Trivia: Officers vs Guests The Club, Deck 5
1:00p	Sunshine Sounds with The Quartet (until 1:45p) Poolside, Deck 9 & 10
1:00p	EFFY Gemology Series: Emeralds Grand Salon, Deck 6
2:00p	Duplicate Bridge Play (un-hosted). Card Room, Deck 8
2:30p	Name that Tune with Ross & Martin Grand Salon, Deck 6
2:30p	Social Mahjong Play (un-hosted). Meeting Room 1, Deck 7
3:00p	Relieve Back, Neck and Shoulder Pain Naturally Spa & Wellness, Deck 10
3:30p	Shuffle Board Spa & Wellness Open Deck, Deck 10
3:30p	Boat Building Materials Collection & Registration Seabourn Square, Deck 7
4:00p	Afternoon Tea & Melodies Observation Bar, Deck 11
4:00p	Needlepoint, Knit & Natter Social (unhosted) Observation Bar, Deck 11
4:30p	ABBA on Deck Poolside, Decks 9 & 10
5:00p	Port Briefing: Funchal Grand Salon, Deck 6
6:00p	Music Melodies with Merle & Barry (until 7:45p, with break). Observation Bar, Deck 11
6:15p	Bruno's Piano Bar (until 8:00p, with break). The Piano Bar at Solis, Deck 8
6:30p	Pre-Dinner Dancing with The Quartet (until 7:30p). The Club, Deck 5
8:45p	Showtime Tonight: Latin Quarter Grand Salon, Deck 6 (Repeated at 10:00p)
9:15p	Piano Perfection with Bruno (until 10:00p). The Piano Bar at Solis, Deck 8
9:15p	Sunset Sounds with Merle & Barry (until midnight, with breaks). Observation Bar, Deck 11
9:30p	Dance Floor Disco with The Quartet (until 10:15p). The Club, Deck 5
10:00p	Showtime Tonight: Latin Quarter Grand Salon, Deck 6
10:15p	Melodic Moments with Bruno (until 11:00p). The Piano Bar at Solis, Deck 8
10:45p	Evening Jams with The Quartet (until 11:30p). The Club, Deck 5
	Followed by The Band & Lanie (until late).

This is your moment
SEABOURN

THE HERALD

MONDAY, MARCH 24, 2025

AT SEA

WEATHER

PARTLY CLOUDY

62°F / 17°C

WIND 28mph / 44kmh

SUNRISE: 7:28a

SUNSET: 7:31p

INTRODUCING YOUR GUEST ENTERAINER...

MARTIN KAYE

Martin Kaye is a high-energy, internationally-acclaimed, odd-sock-wearing pianist, singer, songwriter, and all-round showman, best known for his knockout performances as "Jerry Lee Lewis" in the hit Broadway, West End and Las Vegas show 'Million Dollar Quartet'. Inspired by Elton John, Manchester-born Martin was singing at three-years-old and playing piano at six. At fifteen, he wrote his first song, and opportunity led him to London to produce his first album. He played piano bars on land and at sea, and eventually moved to America to play "Jerry Lee Lewis" in 'Million Dollar Quartet'. Martin has appeared on BBC's "The One Show" and at the Royal Festival Hall, performing as "The Killer" over 2000 times, including in the India and New Zealand productions. Martin is now a regular headliner on luxury cruise ships around the world, while also starring in his own show "Elton John: It's A Little Bit Funny", a musical story inspired by his love of Elton John. Martin Kaye exudes energy beyond anything you've ever seen, and his distinct showmanship and dynamic flair make every performance, and Martin himself, a genuine tour de force.

A PRE-DINNER CONVERSATION WITH

STEPHEN COLE

Open Borders: the world is on the move as never before but is that a good thing? Is immigration out of control and what is the impact on the country's indigenous populations?

5:30p GRAND SALON, DECK 6

SHOWTIME TONIGHT

MARTIN KAYE

'How Wonderful Life Is: The Music Of Elton'

Dynamic piano rocker Martin Kaye is back once again with another high-energy show, and his ridiculous socks, this time celebrating the music of his idol, Sir Elton John. Best known for his knockout performances as "Jerry Lee Lewis" in the hit Broadway, West End and Las Vegas show 'Million Dollar Quartet', Manchester-born Martin exudes energy beyond anything you've ever seen. Another show you simply cannot miss!

8:45p & 10:00p GRAND SALON, DECK 6

TIME CHANGE

Please remember to set your clocks and devices **ONE HOUR FORWARD** before retiring on the evening of Sunday, March 23rd and before the morning of Monday, March 24th.

BRIDGE TOUR

Ever wondered what the Bridge looks like on Seabourn Ovation? Bridge tours will be available every Sea Day. Join our Deck Officers today for an exclusive tour. Sign up by dialing 9 or visiting Seabourn Square as places are very limited.

TODAY'S HIGHLIGHTS

DANCE CLASS WITH DMITRIY & KARYNA

Bring your partner or best friend and join your Seabourn Dancers Dmitry and Karyna for this fun session learning the Jive!

9:30a THE CLUB, DECK 5

COOK OFF: ROSS VS CHEF MAHESH

The challenge has been set, create a three course meal in 20 minutes, who wins you decide in this cookery gameshow like no other! Don't miss chef Mahesh and Chef Ross for a hilarious morning gameshow.

10:15a GRAND SALON, DECK 6

SUNSHINE SOUNDS WITH THE DUO

Your Resident Observation Duo will be poolside with smooth sounds to set the soundtrack of your sea day. (Weather permitting. Until 1:45p).

1:00p POOLSIDE, DECKS 9 & 10

A CONVERSATION WITH SHANE BENZIE

The perfect walking and running form dissected and discussed: Join Shane for a conversation on how humans are perfectly designed to walk and run and how we can take that natural human movement and turn it into human performance. It's the perfect opportunity to learn how we can all use our ingenious mind and body to maximise our potential at our individual sport or pastime.

2:30p, GRAND SALON, DECK 6

A CONVERSATION WITH COMMODORE RUPERT WALLACE

American Foreign Policy: Business as Usual? How the United States views and acts abroad affects us all. Rupert Wallace charts the course of her foreign policy from foundation to the modern era, finding some surprising parallels.

3:45p, GRAND SALON, DECK 6

FOOD & DRINK

The Restaurant, Deck 4	
Lunch	12:30p - 1:30p
Dinner	6:00p - 9:00p
The Colonnade, Deck 9	
Breakfast	8:00a - 10:30a
Lunch, British	12:00n - 2:00p
Dinner, Mediterranean	6:00p - 9:00p
Solis, Deck 8	
Dinner (By Reservation Only, Please Dial 9.)	6:00p - 9:00p
The Patio, Deck 9	
Breakfast	8:30a - 10:00a
Lunch, Taco	12:30p - 3:30p
Earth & Ocean	7:00p - 9:00p
Sushi, Deck 8	
Lunch	12:00n - 2:00p
Dinner	6:00p - 8:45p
Seabourn Square, Deck 7	
Coffee & Snacks	6:15a - 6:00p
Observation Bar, Deck 11	
Evening Bar	5:30p - Midnight
Sky Bar, Deck 10 (Weather Permitting)	12:00n - 7:00p
Patio Bar, Deck 9	10:00a - 10:00p
Solis Piano Bar, Deck 8	6:00p - Midnight
The Club, Deck 5	6:00p - Close
Room Service	24 Hours

Guests under the legal drinking age will not be served alcoholic beverages, nor are they to consume alcoholic beverages. Please understand that you may be requested to show identification indicating your date of birth.

SERVICES

The Boutique, Deck 7	10:00a - 10:00p
<i>The Boutique holds EFFY jewelry, a variety of toiletries, sun creams, and medications. Please inquire within.</i>	
The Spa and Wellness, Deck 10	8:00a - 10:00p
Fitness Center, Deck 10	6:00a - 10:00p
<i>For the complete spa events & listings, please refer to The Herald on your Seabourn Source App or contact The Spa reception. Shuffleboard Court and Table Tennis equipment can be accessed through the Fitness Center.</i>	
Cruise Sales, Deck 7	9:00a - 12:00a
Book onboard to save from 10% up to 25%	2:00p - 6:00p
Destination Services, Deck 7	10:00a - 12:00n
<i>Bookings can also be made on your Seabourn Source App or Suite TV</i>	4:00p - 6:00p
Casino, Deck 5	
Slots	All Day
Tables	1:30p - 5:00p
	6:00p - Close
Medical Center, Deck 4 Forward	
<i>By Appointment Only. Please call 5410 during the below office hours and one of our friendly medical staff will assist you with an appointment date & time.</i>	
Port Day:	8:00a - 10:00a & 4:00p - 6:00p
Sea Day:	9:00a - 11:00a & 4:00p - 6:00p

FOR A MEDICAL EMERGENCY DIAL 911

LET'S GET SOCIAL!

We'll be looking out for any content you might post while you're with us so we can engage via our platforms. Feel free to tag us!



@SeabournCruise (X and Instagram)

@SeabournCruise (Facebook)

#Seabourn #SeabournOvation

TODAY'S ONBOARD ACTIVITIES

TOUR INFO - Want to know more about the ports but missed the Tour Talks? Watch it on your TV under the Main Menu > Destinations > Tour Talk. Changes or cancellations must be made at least 48 hours prior to arrival at the port.

9:30a	Dance Class with Dmitry & Karyna: The Jive! The Club, Deck 5
10:00a	Baggo Prize Game Poolside, Deck 9
10:15a	Cook Off: Ross vs Chef Mahesh Grand Salon, Deck 6
11:00a	Champagne Reception The Boutique, Deck 7
11:15a	Team Trivia The Club, Deck 5
1:00p	Sunshine Sounds with The Duo (until 1:45p) Poolside, Deck 9 & 10
2:00p	Duplicate Bridge Play (un-hosted). Card Room, Deck 8
2:30p	Social Mahjong Play (un-hosted). Meeting Room 1, Deck 7
2:30p	A Conversation with Shane Benzie: Perfect Running Form Grand Salon, Deck 6
2:30p	Blackjack Tournament: Qualifying Rounds Casino, Deck 5 2:30p - 4:00p with Finals at 4:15p. Additional cost incurred.
3:00p	Diabetes, Weight Loss and Chinese Herbs Spa & Wellness, Deck 10
3:30p	Golf Putting Prize Game The Club, Deck 5
3:30p	Boat Building Materials Collection & Registration Seabourn Square, Deck 7
3:45p	A Conversation with Commodore Rupert Wallace Grand Salon, Deck 6 American Foreign Policy: Business as Usual?
4:00p	Needlepoint, Knit & Natter Social with Ross Observation Bar, Deck 11
5:30p	A Pre-Dinner Conversation with Stephen Cole Grand Salon, Deck 6 Open Borders
6:00p	Music Melodies with Merle & Barry (until 7:45p, with break). Observation Bar, Deck 11
6:15p	Bruno's Piano Bar (until 8:00p, with break). The Piano Bar at Solis, Deck 8
6:30p	Pre-Dinner Dancing with The Quartet (until 7:30p). The Club, Deck 5
8:45p	Showtime Tonight: Martin Kaye Grand Salon, Deck 6 'How Wonderful Life Is: The Music Of Elton' (Repeated at 10:00p).
9:15p	Piano Perfection with Bruno (until 10:00p). The Piano Bar at Solis, Deck 8
9:30p	Sunset Sounds with Merle & Barry (until midnight, with break). Observation Bar, Deck 11
9:30p	Dance Floor Hits with The Quartet (until 10:15p). The Club, Deck 5
10:00p	Showtime Tonight: Martin Kaye Grand Salon, Deck 6 'How Wonderful Life Is: The Music Of Elton'
10:15p	Melodic Moments with Bruno (until 11:00p). The Piano Bar at Solis, Deck 8
10:45p	Evening Jams with The Quartet (until 11:30p). The Club, Deck 5 Followed by The Band & Lanie (until late).

This is your moment
SEABOURN

THE HERALD

TUESDAY, MARCH 25, 2025

FUNCHAL, MADEIRA

WEATHER PARTLY CLOUDY 66°F / 19°C WIND 7mph / 11kmh SUNRISE: 7:05a SUNSET: 7:03p

IN PORT

FUNCHAL, MADEIRA

Arrival: 8:00a / All Aboard: 4:30p

Gangway Location: Deck 4, Forward (subject to change).

The Madeira Archipelago, consisting of the islands Madeira, Porto Santo and Desertas, is situated in the Atlantic, about 400 miles from the African coast and 560 miles from Lisbon. Discovered by the Portuguese in 1419, Madeira, the largest of the islands, became of great importance to Portugal for its sugar production and later on for the cultivation of wine. The unusually temperate oceanic climate and extraordinary scenery had Northern Europeans flocking to Madeira as early as the 18th century to spend the winter months. Funchal is the capital and main city on the island of Madeira in the south between the cities of Santa Cruz and Camara de Lobos. The city's name comes from the abundance of fennel (funcho) found on the island. It was an important shipping center during the 15th-17th centuries. Because of its high cultural and historical value. The winning combination of high, rocky peaks, steep green ravines, and waterfalls in the interior, with the flowering charm of Funchal still attracts half a million visitors each year.

For more detailed port information, please refer to the Seabourn Source.

TONIGHT'S ATTIRE: ELEGANT CASUAL

After 6:00p, the evening dress code is Elegant Casual. In all dining venues, the nightly dress standard for men is slacks with collared dress shirt or sweater and optional jacket. Slacks, skirt, blouse, pant suit or dresses are appropriate for ladies. Elegant jeans are now welcome in all dining venues.

VOCI SAIL-AWAY

Join us on deck as we sail away from beautiful Funchal for this Seabourn Signature Event as our singers Daniel, Ellora, Benjamin & Starr, serenade you with classical favorites & musical delights. Not to be missed! (Weather permitting).

4:45p POOLSIDE, DECKS 9 & 10

SHOWTIME TONIGHT

TABITHA

Back once again with a night of greatest hits from the world's best Wordsmiths and Melody Makers, it's time to show the boys some love. From Dylan to Elton, Sheeran to Lennon, Tabitha puts her own special spin on some of the best Male Songwriters of all time. Miss this fantastic show at your own peril!

8:45p & 10:00p GRAND SALON, DECK 6

SHUTTLE BUS SERVICE

There will be a complimentary shuttle bus service operating today in Funchal, Madeira. This service will run every 30 minutes from each end. First Shuttle: 8:30 AM from South Pier – Berth #2

Last Shuttle: 4:00p from Pier # 8 located in Avenida do Mar (close to the cable car station and old town)

Print outs of this schedule are available in Seabourn Square, Deck 7 or on The Seabourn Source App.

EARTH & OCEAN - OUR STORY

Earth & Ocean at The Patio, Deck 9, is a full A La Carte dining venue in where chefs create an imaginative array of fresh, inventive dishes. Dine from a sophisticated menu celebrating eclectic traditional flavors from around the world and all served in a relaxed atmosphere for a distinctive dining experience unlike any other on board. "The food is complex, but unfussy. The flavors are rooted from diverse cuisines from many areas in the world. What is familiar to some, will be exotic to others. It is a global sampling of all sorts of delicious foods."

— Chef Anton Egger.

RESERVING SUN CHAIRS

We kindly request that guests refrain from reserving any outdoor sun chairs and tables and chairs. For your convenience and to protect your property, items that remain unattended for 30 minutes will be removed and placed into lost and found at the Seabourn Square, where they may be collected. If you do not wish that your items are removed, please take them with you once you vacant your lounge for more than 30 minutes. Thank you for your kind co-operation.

PORT AGENT INFORMATION

Contact: Ricardo Ramos
Avenida De Zarco 2
Funchal, Madeira
90000-069PT
Phone: +3519140605591
Shore to Ship: +13218376117

BRITISH EMBASSY

Rua De São Bernardo 33
1249-082 Lisbon, Portugal
Phone: +351213924000

AUSTRALIAN EMBASSY

Avenida Da Liberdade,
No. 200 - 2nd Floor,
1250-147, Lisbon
Phone: +351213101500

U.S. EMBASSY

U.S. Embassy Lisbon
Avenida Das Forças Armadas
1600-081 Lisboa
Phone: +351217273300

FOOD & DRINK

The Restaurant, Deck 4 Dinner	6:00p - 9:00p
The Colonnade, Deck 9 Breakfast	7:15a - 10:00a
Lunch, Greek	12:00n - 2:00p
Dinner, Indian Market	6:00p - 9:00p
Solis, Deck 8 Dinner	6:00p - 9:00p
<i>By Reservation Only, Please Dial 9.</i>	
The Patio, Deck 9 Breakfast	8:30a - 10:00a
Lunch, Scallopini	1:00p - 4:00p
Earth & Ocean	7:00p - 9:00p
Sushi, Deck 8 Lunch	12:00n - 2:00p
Dinner	6:00p - 8:45p
Seabourn Square, Deck 7 Coffee & Snacks	6:15a - 6:00p
Observation Bar, Deck 11 Evening Bar	5:30p - Midnight
Sky Bar, Deck 10 (Weather Permitting).	12:00n - 7:00p
Patio Bar, Deck 9	10:00a - 10:00p
Solis Piano Bar, Deck 8	6:00p - Midnight
The Club, Deck 5	6:00p - Close
Room Service	24 Hours

Guests under the legal drinking age will not be served alcoholic beverages, nor are they to consume alcoholic beverages. Please understand that you may be requested to show identification indicating your date of birth.

SERVICES

The Boutique, Deck 7 <i>The Boutique holds a variety of toiletries, sun creams, and medications. Please inquire within.</i>	5:30p - 10:30p
The Spa and Wellness, Deck 10	8:00a - 10:00p
Fitness Center, Deck 10 <i>For the complete spa events & listings, please refer to The Herald on your Seabourn Source App or contact The Spa reception. Shuffleboard Court and Table Tennis equipment can be accessed through the Fitness Center.</i>	6:00a - 10:00p
Cruise Sales, Deck 7 Book onboard to save from 10% up to 25%	8:00a - 10:00a 4:00p - 6:00p
Destination Services, Deck 7 <i>Bookings can also be made on your Seabourn Source App or Suite TV</i>	4:00p - 6:00p
Casino, Deck 5 Slots	6:00p - Close
Tables	6:00p - Close
Medical Center, Deck 4 Forward <i>By Appointment Only. Please call 5410 during the below office hours and one of our friendly medical staff will assist you with an appointment date & time.</i>	
Port Day:	8:00a - 10:00a & 4:00p - 6:00p
Sea Day:	9:00a - 11:00a & 4:00p - 6:00p

FOR A MEDICAL EMERGENCY DIAL 911

LET'S GET SOCIAL!

We'll be looking out for any content you might post while you're with us so we can engage via our platforms. Feel free to tag us!



@SeabournCruise (X and Instagram)

@SeabournCruise (Facebook)

#Seabourn #SeabournOvation

TODAY'S ONBOARD ACTIVITIES

GUESTS ON TOUR - Your e-tickets can be found on the Seabourn Source App under Account > Wallet. Please refer to your Wallet for meeting times and locations, as well as important reminders about your tour. Please ensure that you carry your government issued original, valid photo ID and suite key card with you at all times while ashore.

CANCELLATION POLICY - Please note that changes or cancellations must be made at least 48 hours prior to arrival at the port.

PLEASE NOTE - For a complete list of today's events and activities, please refer to the Herald on your in-suite TV or the Seabourn Source app.

DECK SPORTS AVAILABLE

Spa & Wellness, Deck 10

Shuffleboard court & Table Tennis equipment can be accessed by walking through The Spa. Available for use all day.

7:30a	Fitness Class: Morning Stretch Motion Studio, Deck 10
8:15a	Fitness Class: Results Based Training Motion Studio, Deck 10 Additional Cost Incurred
10:00a	Complimentary Massage Taster Spa & Wellness, Deck 10
11:00a	Complimentary Walk in Hair Consultation Spa & Wellness, Deck 10
2:00p	Duplicate Bridge Play (un-hosted). Card Room, Deck 8
2:30p	Social Mahjong Play (un-hosted). Meeting Room 1, Deck 7
3:00p	Chinese Herbal Formulas for Health Spa & Wellness, Deck 10
4:00p	Needlepoint, Knit & Natter Social (un-hosted) Observation Bar, Deck 11
4:45p	Voci Sail-Away Poolside, Decks 9 & 10
6:15p	Music Melodies with Merle & Barry (until 7:30p). Observation Bar, Deck 11
6:15p	Bruno's Piano Bar (until 8:00p). The Piano Bar at Solis, Deck 8
6:30p	EFFY Dessert of the Day: Sapphire The Boutique, Deck 7
6:30p	Pre-Dinner Dancing with The Quartet (until 7:30p). The Club, Deck 5
8:45p	Showtime Tonight: Tabitha Grand Salon, Deck 6 (Repeated at 10:00p).
9:15p	Piano Perfection with Bruno (until 10:00p). The Piano Bar at Solis, Deck 8
9:30p	Sunset Sounds with Merle & Barry (until midnight, with break). Observation Bar, Deck 11
9:30p	Dance Floor Hits with The Quartet (until 10:15p). The Club, Deck 5
10:00p	Showtime Tonight: Tabitha Grand Salon, Deck 6
10:15p	Melodic Moments with Bruno (until 11:00p). The Piano Bar at Solis, Deck 8
10:45p	Evening Jams with The Quartet (until 11:30p). The Club, Deck 5 Followed by The Band & Lanie (until late).

This is your moment.



SEABOURN®

THE HERALD

WEDNESDAY, MARCH 26, 2025

AT SEA

WEATHER

PARTLY CLOUDY

60°F / 16°C

WIND 19mph / 30kmh

SUNRISE: 6:50a

SUNSET: 7:04p

INTRODUCING HOTEL DIRECTOR ...

ZORAN JACIMOVIC

Born and raised in the little town of Slavonski Brod in Croatia, Zoran's carefree childhood was disrupted by the Croatian War of Independence in the 1990's. His city was under siege for 3 months, where he and his family took refuge in a shelter while the city was under fire. After the war, he got a job at a military base as a waiter, serving 30 000 U.S. soldiers. The economy in his home country was struggling and he took to the seas to pursue his career in hospitality. He progressed through various positions and ranks and became a Hotel Director in 2007 on classical and expedition ships. Zoran invested in developing his management skills by completing an array of different training programs and in 2014, was promoted to a corporate position, Director of Hotel Operations for expedition ships. During his time spent in his corporate role, he missed the camaraderie and interaction with both guests and crew.

In 2016, Zoran decided to return to sea and joined the Seabourn family. He has worked on all the ships within the fleet and now calls Seabourn Ovation his home away from home. In 2006, Zoran relocated to the beautiful Mediterranean city of Split where he currently resides and enjoys his vacations, fishing for squid from his little fishing boat. He has a passion for playing the saxophone in a local jazz band and taking scenic motorbike rides with friends through different countries. Zoran's charismatic leadership style and humorous outlook on life has contributed to positively motivating the onboard teams and creates a personable relationship with both guests and crew.

SEABOURN SIGNATURE EVENT

OFFICERS ON DECK & TEAM MEMBER SALUTE

Join your Seabourn Ovation Officers and fellow guests for this Seabourn Signature event on deck. Soak up Seabourn moments aplenty with a very special farewell salute from your team members onboard.

5:15p POOLSIDE, DECKS 9 & 10 (Weather permitting).

SHOWTIME TONIGHT

SIR TIM RICE: CIRCLE OF MY LIFE

Join us for the finale ever performance as Seabourn Singers Starr, Daniel, Ellora & Benjamin celebrate the musical career of the multi-award winning lyricist, Sir Tim Rice. Narrated throughout by Sir Tim, the performance takes us on a musical journey showcasing his best-known work. Audiences in the Grand Salon can discover the stories behind the songs and enjoy an insight into the creative mind of one of the world's most respected songwriters.

9:30p GRAND SALON, DECK 6

TONIGHT'S ATTIRE: ELEGANT CASUAL

After 6:00p, the evening dress code is Elegant Casual. In all dining venues, the nightly dress standard for men is slacks with collared dress shirt or sweater and optional jacket. Slacks, skirt, blouse, pant suit or dresses are appropriate for ladies. Elegant jeans are now welcome in all dining venues.

A MESSAGE FROM YOUR CAPTAIN...

On behalf of all the Officers, Staff and Crew on board Seabourn Ovation, I would like to take this opportunity to thank you for sailing with us on this Voyage. Ovation is a place we are proud to call our home away from home, we hope you feel the same. I wish you a pleasant onward journey and a joyous return to your families ashore.

Captain Emilian Cygan

TODAY'S HIGHLIGHTS

A CONVERSATION WITH SHANE BENZIE

Our Elastic Brain – How we can Create Super Senses using technology. Shane discusses how data is just noise unless there is a perception against what created it. He discusses how the less we are exposed to technology the more we are able to forecast the information it provides.

9:15a GRAND SALON, DECK 6

A CONVERSATION WITH COMMODORE RUPERT WALLACE

Hotspots: Thoughts on Future Conflict. Rupert Wallace concludes his series of conversations with some perspectives on potential future flashpoints.

10:15a GRAND SALON, DECK 6

TEAM TRIVIA FINAL

Join Ross & Caroline and take on our team of Ovation Officers for another fun filled battle of the brains! But who will be victorious? You decide!

11:15a THE CLUB, DECK 5

A CONVERSATION WITH DENISE MCGAHAN

The astonishing power of curiosity: How do we keep this life fresh? Denise McGahan attempts to answer this question by examining what curiosity can teach us about how to break out of autopilot and make the 'everyday ordinary' extraordinary.

2:30p, GRAND SALON, DECK 6

BOAT BUILD FINALE

It's time to see our teams boat creations take to the water and sail their inaugural voyages this afternoon. The challenge is to sail one length of the pool to the other, holding a tin of caviar! See which vessels are deemed seaworthy by our panel of extra special guest judges.

3:30p BOAT VIEWING POOLSLIDE, DECKS 9 & 10

4:00p SEA TRIALS POOLSLIDE, DECKS 9 & 10

FOOD & DRINK

The Restaurant, Deck 4

Lunch	12:30p - 1:30p
Dinner	6:00p - 9:00p

The Colonnade, Deck 9

Breakfast	8:00a - 10:30a
Lunch, German	12:00n - 2:00p
Dinner, Surf n Turf	6:00p - 9:00p

Solis, Deck 8

Dinner (By Reservation Only, Please Dial 9.)	6:00p - 9:00p
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The Patio, Deck 9

Breakfast	8:30a - 10:00a
Lunch, Mixed Grill	12:30p - 3:30p
Earth & Ocean	7:30p - 9:00p

Sushi, Deck 8

Lunch	12:00n - 2:00p
Dinner	6:00p - 8:45p

Seabourn Square, Deck 7

Coffee & Snacks	6:15a - 6:00p
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Observation Bar, Deck 11

Afternoon Tea	4:00p - 5:00p
Evening Bar	5:00p - Midnight

Sky Bar, Deck 10

(Weather Permitting)	12:00n - 7:00p
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Patio Bar, Deck 9

	10:00a - 10:00p
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Solis Piano Bar, Deck 8

	6:00p - Midnight
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The Club, Deck 5

	6:00p - Close
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Room Service

	24 Hours
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Guests under the legal drinking age will not be served alcoholic beverages, nor are they to consume alcoholic beverages. Please understand that you may be requested to show identification indicating your date of birth.

SERVICES

The Boutique, Deck 7

10:00a - 10:00p
The Boutique holds EFFY jewelry, a variety of toiletries, sun creams, and medications. Please inquire within.

The Spa and Wellness, Deck 10

	8:00a - 10:00p
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Fitness Center, Deck 10

6:00a - 10:00p
For the complete spa events & listings, please refer to The Herald on your Seabourn Source App or contact The Spa reception.
Shuffleboard Court and Table Tennis equipment can be accessed through the Fitness Center.

Cruise Sales, Deck 7

Book onboard to save from 10% up to 25%	9:00a - 12:00a
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	1:00p - 6:00p
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Destination Services, Deck 7

Bookings can also be made on your Seabourn Source App or Suite TV	10:00a - 12:00n
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	4:00p - 6:00p
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Casino, Deck 5

Slots	All Day
Tables	1:30p - 5:00p
	6:00p - Close

Medical Center, Deck 4 Forward

By Appointment Only. Please call 5410 during the below office hours and one of our friendly medical staff will assist you with an appointment date & time.

Port Day:	8:00a - 10:00a & 4:00p - 6:00p
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Sea Day:	9:00a - 11:00a & 4:00p - 6:00p
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FOR A MEDICAL EMERGENCY DIAL 911

COMMENT CARDS

As environmental leaders in the cruising industry, Seabourn has created an electronic guest comment card which is used to not only receive your valuable comments but allows us to identify and possibly reward crew who have made your time onboard a positive experience. Guest Services are happy to validate your e-mail address on file. We hope you have enjoyed your cruise vacation and we look forward to seeing you on one of our ships again soon.

TODAY'S ONBOARD ACTIVITIES

PLEASE NOTE - For a complete list of today's events and activities, please refer to the Herald on your in-suite TV or the Seabourn Source app.

DECK SPORTS AVAILABLE

Spa & Wellness, Deck 10

Shuffleboard court & Table Tennis equipment can be accessed by walking through The Spa. Available for use all day.

9:15a A Conversation with Shane Benzie: Our Elastic Brain
Grand Salon, Deck 6

9:30a Line Dancing with Rodeo Ross
The Club, Deck 5

10:00a Baggo Prize Game
Poolside, Deck 9

10:15a A Conversation with Commodore Rupert Wallace
Grand Salon, Deck 6
Hotspots: Thoughts on Future Conflict.

11:15a Team Trivia
The Club, Deck 5

1:00p EFFY Dessert of the Day: EFFY Gift Bag
The Boutique, Deck 7

2:00p Duplicate Bridge Play (un-hosted).
Card Room, Deck 8

2:30p Social Mahjong Play (un-hosted).
Meeting Room 1, Deck 7

2:30p A Conversation with Denise McGahan
Grand Salon, Deck 6
The astonishing power of curiosity

3:00p Diabetes, Weight Loss and Chinese Herbs
Spa & Wellness, Deck 10

3:30p Golf Putting Prize Game
The Club, Deck 5

3:30p Boat Viewing
Poolside, Decks 9 & 10

4:00p Boat Build Finale: Sea Trials
Poolside, Decks 9 & 10

4:00p Afternoon Tea & Melodies
Observation Bar, Deck 11

5:15p Seabourn Signature Event:
Officers on Deck & Team Member Salute
Poolside, Decks 9 & 10
(Weather permitting).

6:00p Music Melodies with Merle & Barry (until 7:45p, with break).
Observation Bar, Deck 11

6:15p Bruno's Piano Bar (until 8:00p, with break).
The Piano Bar at Solis, Deck 8

6:30p Pre-Dinner Dancing with The Quartet (until 7:30p).
The Club, Deck 5

6:30p Gem & Tonic: Manhattan Ruby
The Boutique, Deck 7

8:45p Hot Hits with The Quartet (until 9:30p).
The Club, Deck 5

9:15p Piano Perfection with Bruno (until 10:00p).
The Piano Bar at Solis, Deck 8

9:30p Showtime Tonight: Sir Tim Rice Circle of My Life
Grand Salon, Deck 6

9:30p Sunset Serenades with Merle & Barry
Observation Bar, Deck 11
(Until midnight, with breaks).

10:15p Melodic Moments with Bruno (until 11:00p).
The Piano Bar at Solis, Deck 8

10:15p Dance Floor Hits with The Quartet (until 11:00p).
The Club, Deck 5
Followed by The Band & Lanie (until late).

This is your moment.

SEABOURN®

THE HERALD



THURSDAY, MARCH 27, 2025

LISBON, PORTUGAL

WEATHER MOSTLY CLOUDY 61°F / 16°C WIND 9mph / 14kmh SUNRISE: 6:29a SUNSET: 6:55p

IN PORT

LISBON, PORTUGAL

Arrival: 7:00a / All Aboard: 4:30p

Gangway: Deck 5, Midship for disembarking guests.

Deck 4, Forward for in transit and embarking guests.
(subject to change).

VOYAGE ITINERARY AND EVENING DRESS

Thu	Mar 27	Lisbon, Portugal	Elegant Casual
Fri	Mar 28	Leixões (Porto), Portugal	Elegant Casual
Sat	Mar 29	At Sea (Atlantic Ocean)	Formal
Sun	Mar 30	Cádiz (Seville), Spain	Elegant Casual
Mon	Mar 31	Málaga (Granada), Spain	Elegant Casual
Tue	Apr 1	At Sea (Mediterranean Sea)	Elegant Casual
Wed	Apr 2	Mahón, Menorca	Elegant Casual
Thu	Apr 3	Port-Vendres, France	Elegant Casual
Fri	Apr 4	Toulon (Côte d'Azur), France	Elegant Casual
Sat	Apr 5	Ajaccio, Corsica, France	Elegant Casual
Sun	Apr 6	Portoferraio, Elba, Italy	Elegant Casual
Mon	Apr 7	Portofino, Italy	Elegant Casual
Tue	Apr 8	Monte Carlo, Monaco	Elegant Casual

Captain: Emilian Cygan
Hotel Director: Zoran Jacimovic
Entertainment Managers: Caroline & Lala

ENTERTAINMENT INTRODUCTIONS

Join your Entertainment Managers Caroline & Lala, and your Entertainment Team along with your fellow travelers on deck as we toast to the start of your fantastic Seabourn voyage. Featuring music from The Band & Lanie.

5:30p POOLSIDE, DECKS 9 & 10

ENTERTAINMENT TONIGHT

WELCOME ABOARD LET'S DANCE PARTY

We cordially invite you to join us on deck for the ultimate evening of music & dancing. Let's get the party started with music from The Quartet at 8:45p and then put on your dancing shoes and get ready to have fun with your entire Entertainment Team! High energy hits performed by The Band & Lanie (Weather permitting).

8:45p QUARTET THE CLUB, DECKS 5 into
9:30p DANCE PARTY THE CLUB, DECKS 5

SEABOURN SAFETY ESSENTIALS

1. Visit: We remind you, please VISIT your designated muster station at your earliest convenience between 1:00p & 4:00p. All guests embarking today are required to scan in for a roll call with one of our muster station personnel. You can find your muster station on your suite key card and the sign on the back of the entrance door to your suite.

2. Watch: All guests must WATCH the entire safety video displayed on your In-Suite TV before departure. This video contains essential information. Only once you've finished watching the Safety Video your In-Suite TV will unlock and indicate to us that you have done so.

3. Listen: At 4:00p, the Captain will make an announcement followed by the sounding of the General Emergency Alarm. You must LISTEN to his announcement and familiarize yourself with the sound of the alarm.

SEABOURN SMOKING POLICY

For the comfort and convenience of all guests smoking is not permitted in any indoor public areas, including guest suites and guest balconies. Smoking is only permitted onboard as follows: On the starboard half of the Sky Bar Deck 10. Smoking of cigarettes, pipes and cigars is permitted on the open terrace aft of Seabourn Square Deck 7. This is the only area onboard where pipe and cigar smoking is permitted. Smoking of water-pipes, glass-pipes or other smoking devices is not permitted on board.

SEABOURN DRESS CODE GUIDELINES

Each day, the Herald and the Seabourn Source will designate the evening's attire in the Restaurant as Formal or Elegant Casual. During the day, the general shipboard style is elegant, but relaxed. Casual resort wear (including jeans and Bermuda/long walking shorts) is welcome in all dining venues for breakfast and lunch, and jackets are not required. We ask that brief shorts, hats, workout, and bathing attire be reserved for poolside, on deck or in the Spa and Gym. Thank you for following these guidelines. Tonight's attire is Elegant Casual.

PORT AGENT INFORMATION

James Rawes Navegacao LDA
Av24 de Juhlho, 126 - 1Esq
Lisbon 1350-346PT
Phone: +351213470231

U.S. EMBASSY

Avenida das Forças Armadas
1600-081 Lisboa
Phone: 351-21-727-3300

U.K. EMBASSY

Rua de São Bernardo 33
1249-082 Lisbon
Portugal
Phone: +351 21 392 40 00

AUSTRALIAN EMBASSY

Avenida da Liberdade,
no. 200 - 2nd Floor,
1250-147, Lisbon
Phone: +351213101500

FOOD & DRINK

The Restaurant, Deck 4	
Dinner	6:00p - 9:00p
The Colonnade, Deck 9	
Breakfast	6:30a - 9:30a
Lunch, Comfort	12:00p - 3:00p
Dinner, American	6:00p - 9:00p
Solis, Deck 8	
Dinner (By reservation only, please dial 9)	6:00p - 9:00p
The Patio, Deck 9	
Breakfast	8:30a - 10:00a
Lunch	1:00p - 4:00p
Earth & Ocean	7:00p - 9:00p
Sushi, Deck 8	
Dinner	6:00p - 8:45p
Seabourn Square, Deck 7	
Coffee & Snacks	6:15a - 6:00p
Observation Bar, Deck 11	
Evening Bar	5:30p - Midnight
Sky Bar, Deck 10	
	12:00n - 7:00p
Patio Bar, Deck 9	
	10:00a - 10:00p
Solis Piano Bar, Deck 8	
	6:00p - Midnight
The Club, Deck 5	
	6:00p - Close
Room Service	24 Hours

SERVICES

The Boutique, Deck 7	5:30p - 10:30p
<i>The Boutique holds EFFY jewelry, a variety of toiletries, sun creams, and medications. Please inquire within.</i>	
The Spa and Wellness, Deck 10	8:00a - 10:00p
Fitness Center, Deck 10	6:00a - 10:00p
<i>For the complete spa events & listings, please refer to The Herald on your Seabourn Source App or contact The Spa reception. Shuffleboard Court and Table Tennis equipment can be accessed through the Fitness Center.</i>	
Cruise Sales, Deck 7	8:00a - 9:00a
Book onboard to save from 5% up to 25%	3:00a - 6:00a
Destination Services, Deck 7	2:00p - 6:00p
<i>Bookings can also be made on your Seabourn Source App or Suite TV</i>	
Casino, Deck 5	
Slots	6:00p - Close
Tables	6:00p - Close
Medical Center, Deck 4 Forward	
<i>By Appointment Only. Please call 5410 during the below office hours and one of our friendly medical staff will assist you with an appointment date & time.</i>	
Embarkation Day:	8:00a - 9:00a & 5:00p - 6:00p
Port Day:	8:00a - 10:00a & 4:00p - 6:00p
Sea Day:	9:00a - 11:00a & 4:00p - 6:00p

FOR A MEDICAL EMERGENCY DIAL 911

SEABOURN ANNOUNCEMENT POLICY

In order to avoid disturbing our guests, public announcements aboard the ship will be kept to a minimum. You can hear public announcements in your suite by turning your in-suite television to the Aft or Fwd Camera by following the tabs for Watch & Listen - Live TV - Fwd or Aft Camera. No announcements will be made for routine events such as tour departures. Guests are kindly requested to observe the shore excursion departure times stated on your wallet on Seabourn Source and to arrive promptly at the point of tour departure.

TODAY'S ONBOARD ACTIVITIES

GUESTS ON TOUR - E-Tickets and times are listed in your wallet on Seabourn Source. Guests arriving after the meeting time may not be accommodated.

CANCELLATION POLICY - Please note that changes or cancellations must be made at least 48 hours prior to arrival at the port. Cancellations for Leixões can be made up until 5 pm today.

PLEASE NOTE - For a complete list of today's events and activities, please refer to the Herald on your in-suite TV or the Seabourn Source app.

12:00n	Meet & Greet with your Wellness Team (until 5:00p). Spa & Wellness, Deck 10
1:00p	Open Viewing of The Retreat The Retreat, Deck 12 The Retreat is the ultimate serene space nestled under beautiful sail cloth canopies, with a central whirlpool ringed with 15 private, luxury cabanas. Day passes are available to purchase via Guest Services.
2:00p	Complimentary Walk-In Acupuncture Consultations Spa & Wellness, Deck 10
3:00p	Complimentary Foot Print & Posture Analysis Motion Studio, Deck 10
4:30p	Spa and Wellness Grand Raffle Spa & Wellness, Deck 10 Win Up to \$500 in Spa Credits today.
4:45p	Port Talk with Destinations Manager Jeannie Grand Salon, Deck 6 Leixões, Cádiz & Málaga
5:30p	Entertainment Introductions Poolside, Decks 9 & 10 Join your Entertainment Managers Caroline and Lala, and your Entertainment Team with fellow travelers as we toast to the start of your Seabourn voyage.
5:00p	Friends of Bill. W (un-hosted). Card Room, Deck 8
5:30p	Champagne Toast The Boutique, Deck 7 Indulge in our exquisite collections and cruise favorites that combine designs, quality and craftsmanship.
6:00p	Music Melodies with Merle & Barry (until 7:45p, with break). Observation Bar, Deck 11
6:15p	Bruno's Piano Bar (until 8:00p, with break). The Piano Bar at Solis, Deck 8
6:30p	Solo Travelers Get-Together The Club, Deck 5 With your Entertainment Manager Caroline.
6:30p	Pre-Dinner Dancing with The Quartet (until 7:30p). The Club, Deck 5
8:45p	Let's Get the Party Started with The Quartet (until 9:30p). The Club, Deck 5
9:15p	Piano Perfection with Bruno (until 10:00p). The Piano Bar at Solis, Deck 8
9:30p	Entertainment Tonight: Welcome Aboard Let's Dance Party! The Club, Deck 5
9:30p	Sunset Serenades with Merle & Barry Observation Bar, Deck 11 (Until midnight, with breaks).
10:15p	Melodic Moments with Bruno (until 11:00p). The Piano Bar at Solis, Deck 8
10:15p	Dance Floor Hits with The Quartet (until 11:00p). The Club, Deck 5 Followed by The Band & Lanie (until late).

This is your moment.

SEABOURN®

THE HERALD

FRIDAY, MARCH 28, 2025

LEIXÕES (PORTO), PORTUGAL

WEATHER

SUNNY

69°F / 21°C

WIND 11mph / 17kmh

SUNRISE: 6:27a

SUNSET: 6:56p

IN PORT

LEIXÕES (PORTO), PORTUGAL

Arrival: 8:00a / All Onboard: 5:30p

Gangway: Deck 5, Midship (Subject to Change).

Porto is a coastal city in northwest Portugal known for its stately bridges and port wine production and being the second largest city in Portugal, after Lisbon. Located along the Douro River estuary, Porto is one of the oldest European centers, and its historical core where the Port Wine lodges are located was proclaimed a World Heritage Site by UNESCO in 1996. The River Douro and its heritage on both banks, with its bridges and monuments, the tiles, the flowering balconies and the shopping streets, Porto is a fascinating and vibrant city that is rapidly becoming one of Western Europe's most respected tourist destinations.

The commercial center of northern Portugal and hub of the port wine trade, Porto is a gracious, cosmopolitan city noted for its 12th century cathedral and medieval churches, picturesque narrow streets, and wine lodges at Vila Nova de Gaia. It is clustered on hills overlooking a river and is a northern European style city with granite church towers, narrow streets and hidden Baroque treasures.

For more detailed port information, please refer to the Seabourn Source.

A PRE-DINNER CONVERSATION WITH

SHARON TORRES

The Amazing Age of Discovery: In the early 1400s the Portuguese were the first to set sail across uncharted seas to set up new trade routes and spread Christianity, leaving Spain to play catch up. Sharon Torres looks back at their ground-breaking voyages during the amazing Age of Discovery.

5:30p GRAND SALON, DECK 6

SHOWTIME TONIGHT

HARRY THE PIANO

Harry the Piano has toured and recorded with just about everybody in showbiz from David Bowie and Julie Andrews to Bette Midler and Andrea Bocelli. He was musical director for Primetime BBC shows for ten years. He has sold out everywhere from London's Albert Hall to New York's Oak Room and he now has over 3 million hits on YouTube! We are very proud to present "Harry the Piano".

8:45p & 10:00p GRAND SALON, DECK 6

TONIGHT'S ATTIRE: ELEGANT CASUAL

After 6:00p, the evening dress code is Elegant Casual. In all dining venues, the nightly dress standard for men is slacks with collared dress shirt or sweater and optional jacket. Slacks, skirt, blouse, pant suit or dresses are appropriate for ladies. Elegant jeans are now welcome in all dining venues.

TEAM MEMBER SAFETY DRILL

Today at 10:00a, we will conduct a mandatory team member safety drill. No guest participation is required. Alarms will be sounded for exercise purposes only. Please note that guest services will be suspended during this exercise and elevators will be temporarily out of service during the drill. Thank you for your understanding.

IN PORT SHUTTLE SERVICE

The Port of Leixoes will provide a complimentary in-port shuttle service, operating continuously between the Cruise Terminal exit and the Port gate at the end of the pier.

First Shuttle: 8:30 AM from Matosinhos Cruise Terminal.

Last Shuttle: 5:00 PM from the port gate at the end of the pier which is located at the start of the Leixoes city center.

Guests may walk on the pier, but using the shuttle is recommended. As the service runs continuously, no schedule is required.

TOUR CANCELLATION POLICY

Please note that changes or cancellations must be made at least 48 hours prior to arrival at the port.

PORT AGENT INFORMATION

James Rawes
Rua Hintze Ribeiro
585 - Sala 301
Matosinhos,
4450-692
Portugal
Phone: +351226094851

U.S. EMBASSY

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AUSTRALIAN EMBASSY

Avenida da Liberdade, 200,
2nd Floor
Lisbon 1250-147
Portugal
Phone: +351213101500

BRITISH EMBASSY

Rua de São Bernardo 33
1249-082
Lisbon
Portugal
Phone: +35 213924000

FOOD & DRINK

The Restaurant, Deck 4	
Dinner	6:00p - 9:00p
The Colonnade, Deck 9	
Breakfast	7:30a - 10:00a
Lunch, Wok	12:00n - 2:00p
Dinner, Mediterranean	6:00p - 9:00p
Solis, Deck 8	
Dinner	6:00p - 9:00p
<i>By reservation only, please dial 9.</i>	
The Patio, Deck 9	
Breakfast	8:30a - 10:00a
Lunch, Al Fresco	1:00p - 4:00p
Earth & Ocean	7:00p - 9:00p
Sushi, Deck 8	
Lunch	12:00n - 2:00p
Dinner	6:00p - 8:45p
Seabourn Square, Deck 7	
Coffee & Snacks	6:15a - 6:00p
Observation Bar, Deck 11	
Evening Bar	5:30p - Midnight
Sky Bar, Deck 10	
	12:00n - 7:00p
Patio Bar, Deck 9	
	10:00a - 10:00p
Solis Piano Bar, Deck 8	
	6:00p - Midnight
The Club, Deck 5	
	6:00p - Close
Room Service	
	24 Hours

SERVICES

The Boutique, Deck 7	6:30p - 10:30p
<i>The Boutique holds EFFY jewelry, a variety of toiletries, sun creams, and medications. Please inquire within.</i>	
The Spa and Wellness, Deck 10	8:00a - 10:00p
Fitness Center, Deck 10	6:00a - 10:00p
<i>For the complete spa events & listings, please refer to The Herald on your Seabourn Source App or contact The Spa reception.</i>	
<i>Shuffleboard Court and Table Tennis equipment can be accessed through the Fitness Center.</i>	
Cruise Sales, Deck 7	9:00a - 12:00n
Book onboard to save from 5% up to 25%	4:00p - 5:30p
Destination Services, Deck 7	4:00p - 6:00p
<i>Bookings can also be made on your Seabourn Source App or Suite TV</i>	
Casino, Deck 5	
Slots	6:30p - Close
Tables	6:30p - Close
Medical Center, Deck 4 Forward	
<i>By Appointment Only. Please call 5410 during the below office hours and one of our friendly medical staff will assist you with an appointment date & time.</i>	
Port Day:	8:00a - 10:00a & 4:00p - 6:00p
Sea Day:	9:00a - 11:00a & 4:00p - 6:00p

FOR A MEDICAL EMERGENCY DIAL 911

LET'S GET SOCIAL!

We'll be looking out for any content you might post while you're with us so we can engage via our platforms. Feel free to tag us!



@SeabournCruise (X and Instagram)

@SeabournCruise (Facebook)

#Seabourn #SeabournOvation

TODAY'S ONBOARD ACTIVITIES

TOUR INFORMATION: Your e-tickets can be found on the Seabourn Source App under Account > Wallet. Please refer to your Wallet for meeting times and locations, as well as important reminders about your tour. Want to know more about the ports but missed the Tour Talk? Watch it on your TV under the Main Menu > Destinations > Tour Talk.

PLEASE NOTE - For a complete list of today's events and activities, please refer to the Herald on your in-suite TV or the Seabourn Source app.

7:30a	Fitness Class: Morning Stretch Motion Studio, Deck 10
8:15a	Fitness Class: Pathway to Yoga Motion Studio, Deck 10
10:00a	Team Member Safety Drill No guest participation is required.
10:00a	Acupuncture 101-A Life Changing Introduction Motion Studio, Deck 10
11:00a	Complimentary Body Metabolic Test Spa & Wellness, Deck 10
2:00p	Social Bridge Play (un-hosted). Card Room, Deck 8
2:30p	Social Mahjong Play (un-hosted). Meeting Room 1, Deck 7
3:00p	Natural Relief for Arthritis, Back and Knee Pain Motion Studio, Deck 10
4:00p	Team Trivia The Club, Deck 5 Join Lala & Caroline in teams of 10 for this accumulative battle of the brains & a chance to win Seabourn Swag later on this cruise!
5:30p	A Pre-Dinner Conversation with Sharon Torres Grand Salon, Deck 6 The Amazing Age of Discovery
6:00p	Sabbath Service (un-hosted). Card Room, Deck 8
6:00p	LGBTQIA+ Get Together Sky Bar, Deck 10
6:00p	Music Melodies with Merle & Barry (until 7:45p, with break). Observation Bar, Deck 11
6:15p	Bruno's Piano Bar (until 8:00p, with break). The Piano Bar at Solis, Deck 8
6:30p	Pre-Dinner Dancing with The Quartet (until 7:30p). The Club, Deck 5
8:45p	Showtime Tonight: Harry the Piano Grand Salon, Deck 6 (repeated at 10:00p) Harry the Piano has toured and recorded with just about everybody in showbiz from David Bowie and Julie Andrews to Bette Midler and Andrea Bocelli. We are very proud to present "Harry the Piano".
9:15p	Piano Perfection with Bruno (until 10:00p with break). The Piano Bar at Solis, Deck 8
9:30p	Sunset Sounds with Merle & Barry (until midnight, with break). Observation Bar, Deck 11
9:30p	Dance Floor Hits with The Band and Lanie (until 10:15p). The Club, Deck 5
10:00p	Showtime Tonight: Harry the Piano Grand Salon, Deck 6
10:15p	Melodic Moments with Bruno (until 10:45p). The Piano Bar at Solis, Deck 8
10:45p	Evening Jams with The Quartet (until 11:30p). The Club, Deck 5 Followed by The Band & Lanie (until late).



THE HERALD

SATURDAY, MARCH 29, 2025

AT SEA

WEATHER

SUNNY

64°F / 18°C

WIND 28mph / 45kmh

SUNRISE: 7:27a

SUNSET: 7:55p

INTRODUCING YOUR CAPTAIN...

CAPTAIN EMILIAN CYGAN

Captain Emilian's passion for ships comes from a book he read as a young man, *Lord Jim* by Polish-British author Joseph Conrad. He was immediately inspired by the author's depiction of the life at sea, but also by the words of responsibility and professional pride. Freshly out of high school, with a new purpose on the horizon, Emilian enrolled in Maritime Academy of Szczecin in Poland. After 4 years in the classroom, he was sent on his first assignment. There he spent 178 consecutive days at sea on a scientific vessel at the Sea of Okhotsk. During that time, Emilian continued re-reading the pages of his favorite book, getting further inspired by the author's awakened vision of life: "Nevertheless, there can be but few of us who had never known one of these rare moments of awakening when we see, hear, understand ever so much - everything - in a flash - before we fall back again into our agreeable somnolence." - J. Conrad, *Lord Jim*. Captain Emilian Cygan continued his maritime journey working on tankers for 9 years only to find out that his true passion was the cruise industry. He began working on Seabourn ships in 2007 and he has never looked back.

TONIGHT'S ATTIRE: FORMAL IN THE RESTAURANT, DECK 4

Tuxedo, suit or slacks and jacket for gentlemen.

Evening gown or other formal apparel for ladies.

In other dining venues, guests are welcome in Elegant Casual.

TIME CHANGE

Please remember to set your clocks and devices **ONE HOUR FORWARD** before retiring on the evening of Friday, March 28th and before the morning of Saturday, March 29th.

SEABOURN SIGNATURE EVENT

CAPTAIN'S WELCOME ROUNDS

Captain Emilian Cygan and his Senior Officers will say 'Hello' and 'Welcome Aboard' as they roam around the ship. The welcome will begin at 6:15p in The Club on Deck 5, followed by the Observation Bar on Deck 11 Forward. With live music from The Band.

6:15p THE CLUB, DECK 5 / OBSERVATION BAR, DECK 11

SHOWTIME TONIGHT

RICARDO AFONSO

A LIFE THROUGH SONG

Join West End star Ricardo Afonso for an evening filled with highlights from his professional career, heartwarming stories, and iconic songs.

8:45p & 10:00p GRAND SALON, DECK 6

GALLEY TOUR

Enjoy an exclusive tour of the Main Restaurant Galley with Executive Chef Mahesh. As spaces are very limited, please sign up through Guest Services.

DISEMBARKATION NOTICE

For guests disembarking in Monte Carlo on April 8, 2025, who wish to book either a Private or Group Seabourn Transfer, please visit the Guest Services Team in the Seabourn Square on Deck 7 for a Transfer Request Form. The booking deadline is April 3, by 12 Noon. We strongly recommend booking a Seabourn Transfer, as Private Transfers are limited and subject to availability. Please note that local taxis are scarce, with wait times up to 90 minutes, and Uber is not available in Monaco.

RESERVING SUN CHAIRS

We kindly request that guests refrain from reserving any outdoor sun chairs and tables and chairs. For your convenience and to protect your property, items that remain unattended for 30 minutes will be removed and placed into lost and found at the Seabourn Square, where they may be collected. If you do not wish that your items are removed, please take them with you once you vacant your lounge for more than 30 minutes. Thank you for your kind co-operation.

TODAY'S HIGHLIGHTS

COFFEE WITH THE OFFICERS

Sip on your favorite morning time drink while you mingle with your Seabourn Ovation Officers! A great time to ask questions and have a chat.

10:00a SEABOURN SQUARE, DECK 7

A CONVERSATION WITH SHARON TORRES

The Story of The Moors: Who were the Moors and what were they doing in Spain and Portugal? Sharon Torres lifts the veil on 750 years of Islamic rule in Iberia under the Moors and explains why we have much to thank them for.

10:15a GRAND SALON, DECK 6

TEAM TRIVIA

Join Lala & Caroline in teams of ten for this accumulative battle of the brains & a chance to win Seabourn Swag later on this transatlantic cruise!

11:15a THE CLUB, DECK 5

NAME THAT TUNE WITH MILES

Miles' Music Quiz: Join our band pianist Miles as he tests your popular song knowledge. He's been running the same quiz for over twenty years, and no team has ever scored full marks. Will you be the first?

2:30p, GRAND SALON, DECK 6

FOOD & DRINK

The Restaurant, Deck 4	
Lunch	12:30 – 1:30p
Dinner	6:00p – 9:00p
The Colonnade, Deck 9	
Breakfast	8:00a – 10:30a
Lunch, Pasta	12:00n – 2:00p
Dinner, French with Lobster	6:00p – 9:00p
Solis, Deck 8	
Dinner (By Reservation Only, Please Dial 9.)	6:00p – 9:00p
The Patio, Deck 9	
Breakfast	8:30a – 10:00a
Lunch, BBQ	12:30p – 3:30p
Earth & Ocean	7:00p – 9:00p
Sushi, Deck 8	
Lunch	12:00n – 2:00p
Dinner	6:00p – 8:45p
Seabourn Square, Deck 7	
Coffee & Snacks	6:15a – 6:00p
Observation Bar, Deck 11	
Parisian High Tea	4:00p – 5:00p
Evening Bar	5:00p – Midnight
Sky Bar, Deck 10 (Weather Permitting)	12:00n – 7:00p
Patio Bar, Deck 9	10:00a – 10:00p
Solis Piano Bar, Deck 8	6:00p – Midnight
The Club, Deck 5	6:00p – Close
Room Service	24 Hours

SERVICES

The Boutique, Deck 7	10:00a – 10:00p
<i>The Boutique holds EFFY jewelry, a variety of toiletries, sun creams, and medications. Please inquire within.</i>	
The Spa and Wellness, Deck 10	8:00a – 10:00p
Fitness Center, Deck 10	6:00a – 10:00p
<i>For the complete spa events & listings, please refer to The Herald on your Seabourn Source App or contact The Spa reception. Shuffleboard Court and Table Tennis equipment can be accessed through the Fitness Center.</i>	
Cruise Sales, Deck 7	9:00a – 12:00a
Book onboard to save from 10% up to 25%	1:00p – 4:30p
Destination Services, Deck 7	10:00a – 12:00n
Bookings can also be made on your Seabourn Source App or Suite TV	4:00p – 6:00p
Casino, Deck 5	
Slots	All Day
Tables	1:30p – 5:00p
	6:00p – Close
Medical Center, Deck 4 Forward	
<i>By Appointment Only. Please call 5410 during the below office hours and one of our friendly medical staff will assist you with an appointment date & time.</i>	
Port Day:	8:00a – 10:00a & 4:00p – 6:00p
Sea Day:	9:00a – 11:00a & 4:00p – 6:00p

FOR A MEDICAL EMERGENCY DIAL 911

LET'S GET SOCIAL!

We'll be looking out for any content you might post while you're with us so we can engage via our platforms. Feel free to tag us!



@SeabournCruise (X and Instagram)

@SeabournCruise (Facebook)

#Seabourn #SeabournOvation

TODAY'S ONBOARD ACTIVITIES

TOUR INFO - Want to know more about the ports but missed the Tour Talks? Watch it on your TV under the Main Menu > Destinations > Tour Talk. Changes or cancellations must be made at least 48 hours prior to arrival at the port.

9:15a	Tour Talk with Destinations Manager Jeannie Grand Salon, Deck 6 Mahón, Port-Vendres & Toulon
10:00a	Coffee with the Officers Seabourn Square, Deck 7
10:00a	Baggo Prize Game Poolside, Deck 9
10:15a	A Conversation with Sharon Torres Grand Salon, Deck 6 The Story of The Moors
11:15a	Team Trivia The Club, Deck 5
1:00p	Gemology at Sea: Tanzanite Tales The Boutique
2:00p	Social Bridge Play (un-hosted). Card Room, Deck 8
2:30p	Social Mahjong Play (un-hosted). Card Room, Deck 8
2:30p	Name that Tune with Miles Grand Salon, Deck 6
3:00p	Amulet of the Day: Nahla Tanzanite Pendant The Boutique
3:00p	Relieve Back, Neck and Shoulder Pain Naturally Spa & Wellness, Deck 10
3:30p	Golf Putting Prize Game The Club, Deck 5
4:00p	Parisian High Tea & Melodies Observation Bar, Deck 11
5:00p	Port Briefing: Cádiz Grand Salon, Deck 6
6:00p	Music Melodies with Merle & Barry (until 7:45p, with break). Observation Bar, Deck 11
6:15p	Captain's Welcome Rounds The Club, Deck 5, followed by the Observation Bar, Deck 11
6:15p	Bruno's Piano Bar (until 7:00p). The Piano Bar at Solis, Deck 8
6:30p	Pre-Dinner Dancing with The Quartet (until 7:30p). The Club, Deck 5
8:30p	Effy Dessert of the day: Tanzanite The Boutique, Deck 7
8:45p	Showtime Tonight: Ricardo Afonso Grand Salon, Deck 6 (Repeated at 10:00p). A Life Through Song
9:15p	Piano Perfection with Bruno (until 10:00p). The Piano Bar at Solis, Deck 8
9:30p	Sunset Sounds with Merle & Barry (until midnight, with break). Observation Bar, Deck 11
9:30p	Dance Floor Hits with The Quartet (until 10:15p). The Club, Deck 5
10:00p	Showtime Tonight: Ricardo Afonso Grand Salon, Deck 6 A Life Through Song
10:15p	Melodic Moments with Bruno (until 11:00p). The Piano Bar at Solis, Deck 8
10:45p	Evening Jams with The Quartet (until 11:30p). The Club, Deck 5 Followed by The Band & Lanie (until late).

This is your moment.



SEABOURN®

THE HERALD



SUNDAY, MARCH 30, 2025

CÁDIZ, SPAIN

WEATHER

SUNNY

68°F / 20°C

WIND 15mph / 24kmh

SUNRISE: 8:14a

SUNSET: 8:46p

IN PORT

CÁDIZ, SPAIN

Arrival: 8:00a / All Aboard: 5:30p

Gangway: Deck 4, Forward (subject to change).

To taste the true flavor of this ancient port city, one should stroll its seaside promenade, pausing to rest beneath the huge banyan trees. The narrow, winding streets of the old town fan out from the port, leading you to sunny, palm-lined plazas. Visit the Catedral Nueva (New Cathedral), begun in the early 1800s but not completed for 116 years. Its dramatic, golden dome rises over a striking interior. For those who enjoy people-watching as much as sightseeing, the seafood restaurants along the eastern edge of the port provide the ideal setting. Cádiz, one of the oldest continuously inhabited cities in Western Europe, was founded by the Phoenicians as a trading post. In the 18th century, the Port in the Bay of Cádiz consolidated as the main harbor of mainland Spain, enjoying the virtual monopoly of trade with the Americas until 1778.

For more detailed port information, please refer to the Seabourn Source.

TONIGHT'S ATTIRE: ELEGANT CASUAL

After 6:00p, the evening dress code is Elegant Casual. In all dining venues, the nightly dress standard for men is slacks with collared dress shirt or sweater and optional jacket. Slacks, skirt, blouse, pant suit or dresses are appropriate for ladies. Elegant jeans are now welcome in all dining venues.

TIME CHANGE

Please remember to set your clocks and devices **ONE HOUR FORWARD** before retiring on the evening of **Saturday, March 29th** and before the morning of **Sunday, March 30th**.

SHOWTIME TONIGHT

HARRY THE PIANO

Virtuoso pianist Harry returns with more hilarious tales from a life in music, performing and recording with just about everybody in showbiz, and takes your requests for any song changed into any style you like!

8:45p & 10:00p GRAND SALON, DECK 6

IN PORT SHUTTLE SERVICE

The Port of Cadiz will provide a complimentary in-port shuttle service operating continuously between the ship's pier (Marques de Comillas) and the Main Cruise Terminal.

First shuttle: 8:30 AM from the ship's pier

Last shuttle: 5:00 PM from the Main Cruise Terminal (approximately a 10-minute walk to the city center)

As the shuttle runs continuously, no schedule is required. Please note that as we are visiting on a Sunday, some shops may be closed.

IMPORTANT TOUR NOTICE:

All guests booked on a tour in Cadiz, kindly note that at the end of your tour, all coaches will return to the Main Cruise Terminal, where you will disembark and proceed through security screening. After completing the screening process, you must take the in-port shuttle back to the ship's pier.

BRIDGE TOUR

Ever wondered what the Bridge looks like on Seabourn Ovation? Join our Deck Officers today for an exclusive tour. Sign up by dialing 9 or visiting Seabourn Square as places are very limited.

PORT AGENT INFORMATION

Ocean Ports & Shipping SI-EUR
World Trade Center Barcelona
C/ Muelle de Barcelona S/N
Barcelona, Barcelona ES
Phone: +34650124800
Shore to Ship: +1 321 837 6117

BRITISH EMBASSY

Calle Mauricio Moro Pareto,
2Edificio Eurocom
29006 Malaga, Spain

AUSTRALIAN EMBASSY

Paseo de la Castellana, 259D
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28046 Madrid
Phone: +34913536600

U.S. CONSULAR AGENCY

Plaza Nueva, 8-B
2ª planta, Oficina E-2
41001 Sevilla, Spain
Phone: +34915872200

FOOD & DRINK

The Restaurant, Deck 4	
Dinner	6:00p - 9:00p
The Colonnade, Deck 9	
Breakfast	7:15a - 10:00a
Lunch, Guadeloupe	12:00n - 2:00p
Dinner, Spanish	6:00p - 9:00p
Solis, Deck 8	
Dinner	6:00p - 9:00p
<i>By Reservation Only, Please Dial 9.</i>	
The Patio, Deck 9	
Breakfast	8:30a - 10:00a
Lunch, West Indies	12:30p - 3:30p
Earth & Ocean	7:00p - 9:00p
Sushi, Deck 8	
Lunch	12:00n - 2:00p
Dinner	6:00p - 8:45p
Seabourn Square, Deck 7	
Coffee & Snacks	6:15a - 6:00p
Observation Bar, Deck 11	
Evening Bar	5:30p - Midnight
Sky Bar, Deck 10	
(Weather Permitting).	12:00n - 7:00p
Patio Bar, Deck 9	
	10:00a - 10:00p
Solis Piano Bar, Deck 8	
	6:00p - Midnight
The Club, Deck 5	
	6:00p - Close
Room Service	24 Hours

SERVICES

The Boutique, Deck 7	6:30p - 10:30p
<i>The Boutique holds EFFY jewelry, a variety of toiletries, sun creams, and medications. Please inquire within.</i>	
The Spa and Wellness, Deck 10	8:00a - 10:00p
Fitness Center, Deck 10	6:00a - 10:00p
<i>For the complete spa events & listings, please refer to The Herald on your Seabourn Source App or contact The Spa reception. Shuffleboard Court and Table Tennis equipment can be accessed through the Fitness Center.</i>	
Cruise Sales, Deck 7	9:00a - 11:00n
Book onboard to save from 5% up to 25%	4:00p - 6:00p
Destination Services, Deck 7	4:00p - 6:00p
<i>Bookings can also be made on your Seabourn Source App or Suite TV</i>	
Casino, Deck 5	
Slots	6:30p - Close
Tables	6:30p - Close
Medical Center, Deck 4 Forward	
<i>By Appointment Only. Please call 5410 during the below office hours and one of our friendly medical staff will assist you with an appointment date & time.</i>	
Port Day:	8:00a - 10:00a & 4:00p - 6:00p
Sea Day:	9:00a - 11:00a & 4:00p - 6:00p

FOR A MEDICAL EMERGENCY DIAL 911

DISSEMBARKATION NOTICE

For guests disembarking in Monte Carlo on April 8, 2025, who wish to book either a Private or Group Seabourn Transfer, please visit the Guest Services Team in the Seabourn Square on Deck 7 for a Transfer Request Form. The booking deadline is April 3, by 12 Noon. We strongly recommend booking a Seabourn Transfer, as Private Transfers are limited and subject to availability. Please note that local taxis are scarce, with wait times up to 90 minutes, and Uber is not available in Monaco.

TODAY'S ONBOARD ACTIVITIES

GUESTS ON TOUR - E-Tickets and times are listed in your wallet on Seabourn Source. Guests arriving after the meeting time may not be accommodated. Want to know more about the ports but missed the Tour Talk? Watch it on your TV under the Main Menu > Destinations > Tour Talk.

CANCELLATION POLICY - Please note that changes or cancellations must be made at least 48 hours prior to arrival at the port.

PLEASE NOTE - For a complete list of today's events and activities, please refer to the Herald on your in-suite TV or the Seabourn Source app.

7:30a	Fitness Class: Morning Stretch Motion Studio, Deck 10
9:30a	Interdenominational Church Service with Lala Meeting Room 1, Deck 7
11:00a	Complimentary Massage Taster Spa & Wellness, Deck 10
2:00p	Social Bridge Play (un-hosted). Card Room, Deck 8
2:30p	Social Mahjong Play (un-hosted). Card Room, Deck 8
3:00p	Natural Relief for Arthritis, Back and Knee Pain Motion Studio, Deck 10
4:00p	Team Trivia The Club, Deck 5 Join Lala & Caroline in teams of 10 for this accumulative battle of the brains & a chance to win Seabourn Swag later on this Mediterranean cruise!
5:00p	Port Briefing: Málaga Grand Salon, Deck 6
6:00p	Music Melodies with Merle & Barry (until 7:45p, with break). Observation Bar, Deck 11
6:15p	Bruno's Piano Bar (until 8:00p, with break). The Piano Bar at Solis, Deck 8
6:30p	Pre-Dinner Dancing with The Quartet (until 7:30p). The Club, Deck 5
7:00p	Peppa Rose Scarfs The Boutique, Deck 7
8:30p	EFFY Dessert of the Day: Watercolor The Boutique, Deck 7
8:45p	Showtime Tonight: Harry the Piano Grand Salon, Deck 6 (repeated at 10:00p) Virtuoso pianist Harry returns with more hilarious tales from a life in music, performing and recording with just about everybody in showbiz, and takes your requests for any song changed into any style you like!
9:15p	Piano Perfection with Bruno (until 10:00p with break). The Piano Bar at Solis, Deck 8
9:30p	Sunset Sounds with Merle & Barry (until midnight, with break). Observation Bar, Deck 11
9:30p	Dance Floor Hits with The Band and Lanie (until 10:15p). The Club, Deck 5
10:00p	Showtime Tonight: Harry the Piano Grand Salon, Deck 6
10:15p	Melodic Moments with Bruno (until 10:45p). The Piano Bar at Solis, Deck 8
10:45p	Evening Jams with The Quartet (until 11:30p). The Club, Deck 5 Followed by The Band & Lanie (until late).

This is your moment.
SEABOURN

THE HERALD

MONDAY, MARCH 31, 2025

MÁLAGA, GRANADA, SPAIN

WEATHER

SUNNY

66°F / 19°C

WIND 10mph / 16kmh

SUNRISE: 8:05a

SUNSET: 8:39p

IN PORT

MÁLAGA, GRANADA, SPAIN

Arrival: 8:00a / All Aboard: 5:30p

Gangway Location: Deck 5, Midship (subject to change).

Founded over two millennia ago, Málaga is one of the oldest Mediterranean seaports and a beautiful destination along the Costa del Sol. Located in Andalusia, Málaga was poetically described by Vicente Aleixandre as a "paradise between the sky and the earth." Málaga's rich history is reflected in its landmarks, offering a wealth of things to do for visitors. Layers of history can be seen at every turn: ruins of a Roman theater, a medieval Moorish castle built on the remains of a Phoenician lighthouse, the 13th-century Alcazaba, and a glorious Baroque cathedral. Besides cultural attractions, Málaga offers stunning scenery, balmy weather, and beautiful beaches. Leafy palm trees line the seaside promenades, and tropical vegetation flourishes throughout the city. The harbor offers wide-open spaces for a scenic stroll, as well as restaurants with sea views. Málaga's vibrant economy thrives on tourism, technology services, and international trade, supported by its bustling port – one of the oldest in the Mediterranean.

For more detailed port information, please refer to the Seabourn Source.

A PRE-DINNER CONVERSATION WITH

SHARON TORRES

Columbus – Extraordinary Explorer or Sinful Sailor?

They said he couldn't do it but by sailing west, Columbus discovered a new continent. In retelling his life story, Sharon Torres reveals more about his character and capabilities than many historians would have you believe.

5:30p GRAND SALON, DECK 6

SHOWTIME TONIGHT

SILVERSCREEN

Join us in the Grand Salon this evening for SILVERSCREEN! THE SEABOURN SIX perform iconic music from recent musicals and musical-movies including Dear Evan Hansen and Moulin Rouge – as well as classic favorites from West Side Story and Les Misérables.

8:45p & 10:00p GRAND SALON, DECK 6

TONIGHT'S ATTIRE: ELEGANT CASUAL

After 6:00p, the evening dress code is Elegant Casual. In all dining venues, the nightly dress standard for men is slacks with collared dress shirt or sweater and optional jacket. Slacks, skirt, blouse, pant suit or dresses are appropriate for ladies. Elegant jeans are now welcome in all dining venues.

COMPLIMENTARY SHUTTLE BUS INFORMATION

The Port of Malaga will provide a complimentary in-port shuttle service operating approximately every 30 minutes between Malaga Cruise Terminal B and Plaza De La Marina.

First shuttle: 8:30 AM from the Port of Levante, Terminal B (approximately 2.2 km / 1.37 mi from the cruise terminal to the city center)
Last shuttle: 5:00 PM from Plaza De La Marina (approximately a 5-minute walk to the historic city center)

Please note that, in compliance with Spanish labor laws, buses must take a one-hour break after every 4.5 hours of service.

Port coordinators will stagger breaks to maintain service, though bus frequency may be temporarily affected.

Guests may walk on the pier, but using the shuttle is recommended. Shuttle schedules are available in Seabourn Square, Deck 7, or on The Seabourn Source App.

BRIDGE TOUR

Ever wondered what the Bridge looks like on Seabourn Ovation? Join our Deck Officers for an exclusive tour. Sign up by dialing 9 or visiting Seabourn Square as places are limited.

PORT AGENT INFORMATION

Ocean Ports & Shipping SI-EUR
World Trade Center Barcelona
C/ Muelle de Barcelona S/N
Barcelona, Barcelona ES
Phone: +34650124800
Shore to Ship: +1 321 837 6117

U.S. EMBASSY

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AUSTRALIAN EMBASSY

Paseo de la Castellana, 259D
Torre Emperador - Planta 24
28046 Madrid
Phone: +34913536600

BRITISH CONSULATE

Calle Mauricio Moro Pareto,
2Edificio Eurocom
29006 Malaga, Spain

FOOD & DRINK

The Restaurant, Deck 4 Dinner	6:00p - 9:00p
The Colonnade, Deck 9 Breakfast Lunch, Caribbean Dinner, Italian	7:15a - 10:00a 12:00n - 2:00p 6:00p - 9:00p
Solis, Deck 8 Dinner <i>By Reservation Only, Please Dial 9.</i>	6:00p - 9:00p
The Patio, Deck 9 Breakfast Lunch, Asian BBQ Earth & Ocean	8:30a - 10:00a 1:00p - 4:00p 7:00p - 9:00p
Sushi, Deck 8 Lunch Dinner	12:00n - 2:00p 6:00p - 8:45p
Seabourn Square, Deck 7 Coffee & Snacks	6:15a - 6:00p
Observation Bar, Deck 11 Evening Bar	5:30p - Midnight
Sky Bar, Deck 10 (Weather Permitting).	12:00n - 7:00p
Patio Bar, Deck 9	10:00a - 10:00p
Solis Piano Bar, Deck 8	6:00p - Midnight
The Club, Deck 5	6:00p - Close
Room Service	24 Hours

SERVICES

The Boutique, Deck 7 <i>The Boutique holds EFFY jewelry, a variety of toiletries, sun creams, and medications. Please inquire within.</i>	6:30p - 10:30p
The Spa and Wellness, Deck 10	8:00a - 10:00p
Fitness Center, Deck 10 <i>For the complete spa events & listings, please refer to The Herald on your Seabourn Source App or contact The Spa reception. Shuffleboard Court and Table Tennis equipment can be accessed through the Fitness Center.</i>	6:00a - 10:00p
Cruise Sales, Deck 7 Book onboard to save from 5% up to 25%	9:00a - 11:00n 4:00p - 6:00p
Destination Services, Deck 7 <i>Bookings can also be made on your Seabourn Source App or Suite TV</i>	4:00p - 6:00p
Casino, Deck 5 Slots Tables	6:30p - Close 6:30p - Close
Medical Center, Deck 4 Forward <i>By Appointment Only. Please call 5410 during the below office hours and one of our friendly medical staff will assist you with an appointment date & time.</i>	
Port Day:	8:00a - 10:00a & 4:00p - 6:00p
Sea Day:	9:00a - 11:00a & 4:00p - 6:00p

FOR A MEDICAL EMERGENCY DIAL 911

LET'S GET SOCIAL!

We'll be looking out for any content you might post while you're with us so we can engage via our platforms. Feel free to tag us!



@SeabournCruise (X and Instagram)
@SeabournCruise (Facebook)
#Seabourn #SeabournOvation

TODAY'S ONBOARD ACTIVITIES

GUESTS ON TOUR - Your e-tickets can be found on the Seabourn Source App under Account > Wallet. Please refer to your Wallet for meeting times and locations, as well as important reminders about your tour. Please ensure that you carry your government issued original, valid photo ID and suite key card with you at all times while ashore. Please note that changes or cancellations must be made at least 48 hours prior to arrival at the port.

PLEASE NOTE - For a complete list of today's events and activities, please refer to the Herald on your in-suite TV or the Seabourn Source app. Want to know more about the ports but missed the Tour Talk? Watch it on your TV under the Main Menu > Destinations > Tour Talk.

DECK SPORTS AVAILABLE

Spa & Wellness, Deck 10
Shuffleboard court & Table Tennis equipment can be accessed by walking through The Spa. Available for use all day.

10:00a	Complimentary Walk in Hair Consultation Spa & Wellness, Deck 10
2:00p	Social Bridge Play (un-hosted). Card Room, Deck 8
2:30p	Social Mahjong Play (un-hosted). Card Room, Deck 8
4:00p	Team Trivia The Club, Deck 5
5:00p	Complimentary Walk in Acupuncture Consultation Spa & Wellness, Deck 10
5:30p	A Pre-Dinner Conversation with Sharon Torres Grand Salon, Deck 6 Columbus - Extraordinary Explorer or Sinful Sailor?
6:00p	Music Melodies with Merle & Barry (until 7:45p, with break). Observation Bar, Deck 11
6:15p	Bruno's Piano Bar (until 8:00p, with break). The Piano Bar at Solis, Deck 8
6:30p	Pre-Dinner Dancing with The Quartet (until 7:30p). The Club, Deck 5
6:30p	Amulet of the Day: Shopping Bag The Boutique, Deck 7
7:00p	Gem & Tonic: The Dreamer The Boutique, Deck 7 Cocktail and Gem pairing. Mingle and learn about this signature cocktail "The Dreamer"
8:45p	Showtime Tonight: Silverscreen Grand Salon, Deck 6 Join us in the Grand Salon this evening for SILVERSCREEN! THE SEABOURN SIX perform iconic music from recent musicals and musical-movies including Dear Evan Hansen and Moulin Rouge - as well as classic favorites from West Side Story and Les Misérables. (Repeated at 10:00p).
9:15p	Piano Perfection with Bruno (until 10:00p with break). The Piano Bar at Solis, Deck 8
9:30p	Sunset Sounds with Merle & Barry (until midnight, with break). Observation Bar, Deck 11
9:30p	Dance Floor Hits with The Quartet (until 10:15p). The Club, Deck 5
10:00p	Showtime Tonight: Silverscreen Grand Salon, Deck 6
10:15p	Melodic Moments with Bruno (until 10:45p). The Piano Bar at Solis, Deck 8
10:45p	Evening Jams with The Quartet (until 11:30p). The Club, Deck 5 Followed by The Band & Lanie (until late).

This is your moment
SEABOURN

THE HERALD

TUESDAY, APRIL 1, 2025

AT SEA

WEATHER

SUNNY

64°F / 18°C

WIND 12mph / 19kmh

SUNRISE: 7:29a

SUNSET: 7:55p

SEABOURN CRUISE LINE PRESENTS

THE FLEABOURN EXPERIENCE!

INTRODUCING FLEABOURN

THE ULTIMATE CRUISE FOR YOU AND YOUR PUP!

Seabourn Cruise Line is proud to announce the world's first-ever dog-friendly luxury cruises! That's right—bring your furry friends along for an adventure like no other in 2025/6. We're calling it... Fleabourn!

Why Fleabourn? Because when your pup wants luxury, we believe they deserve it too. Each dog will have their own spacious suite complete with plush beds, paw-mazing amenities, and even a custom, gourmet doggy room service menu. After all, why should humans have all the fun?

Early Discounts & Special Offers: Book your Fleabourn experience now, and you'll be eligible for early bird discounts that are "paw-sitively" irresistible. Plus, we're offering a complimentary "poop deck" experience, where your dog can do their business in the most luxurious of settings! Walkies a Mile Around the Deck: Don't worry about your pup missing out on their daily stroll—our exclusive walkies program lets your dog enjoy a leisurely mile-long walk around the deck each day. It's the ultimate oceanfront adventure for your best friend! It's Not a Joke, It's Fleabourn! This isn't just another cruise—it's an experience you and your four-legged friend will never forget. Whether you're relaxing by the pool or indulging in the finest dog-friendly cuisine, Fleabourn offers everything you need to vacation in style with your dog by your side. Get ready for the most paw-some cruise of a lifetime. And don't worry, Fleabourn ships are 100% dog-approved—no fleas allowed (well, except for one)!

Book now and set sail in 2025/6! But hurry, spots are limited... because dogs need their space too! Seabourn Cruise Line – Your dog's dream cruise is just a booking away! (Oh, and April Fools... looks like we might have gotten you!)

SHOWTIME TONIGHT

RICARDO AFONSO

ICONS

West End star Ricardo returns to the stage and shares with you his favorite voices and their best-known songs in this walk down memory lane through his and his father's album collection.

8:45p & 10:00p GRAND SALON, DECK

TODAY'S HIGHLIGHTS

A CONVERSATION WITH SHARON TORRES

Mohammed – His Life and His Legacy

Soon after its founding, Islam spread at remarkable speed across North Africa to the fringes of Christian Europe. Join Sharon Torres as she looks at the life and legacy of Mohammed, with particular focus on the reasons for the split between the Sunnis and the Shias.

10:15a GRAND SALON, DECK 6

TEAM TRIVIA: OFFICERS vs GUESTS

Join John & Caroline and take on our team of Ovation Officers for another fun filled battle of the brains! But who will be victorious? You decide!

11:15a THE CLUB, DECK 5

BRITISH HIGH TEA

Enjoy a delightful British High Tea with live music by Jay-R.

4:00p, OBSERVATION BAR, DECK 11

NAME THAT TUNE – PRIZE GAME WITH BARRY

Join half of your Observation Duo, guitarist Barry, for this interactive musical quiz! Cohosted by Cruise Director John.

4:00p, THE CLUB, DECK

PORT BRIEFING ON MAHON, MENORCA

With Destination Manager Jeannie.

5:00p GRAND SALON, DECK 6

TONIGHT'S ATTIRE: ELEGANT CASUAL

After 6:00p, the evening dress code is Elegant Casual. In all dining venues, the nightly dress standard for men is slacks with collared dress shirt or sweater and optional jacket. Slacks, skirt, blouse, pant suit or dresses are appropriate for ladies. Elegant jeans are now welcome in all dining venues.

GALLEY TOUR

Enjoy an exclusive tour of the Main Restaurant Galley with Executive Chef Mahesh. As spaces are very limited, please sign up through Guest Services.

BREADSTICKS ADVISORY

Due to the global shortage of butter and sea salt, guests are kindly asked to eat breadsticks strictly on a "one between two" basis until further notice. Gotcha!

WC REQUEST

At 4pm, Captain Emilian requires all guests and crew to flush the WC simultaneously, this should speed up our arrival to Mahon to this evening for and overnight stay! Gotcha again.....

FOOD & DRINK

The Restaurant, Deck 4	
Lunch	12:30p - 1:30p
Dinner	6:00p - 9:00p
The Colonnade, Deck 9	
Breakfast	8:00a - 10:30a
Lunch, Pacific Rim	12:00n - 2:00p
Dinner, Thai	6:00p - 9:00p
Solis, Deck 8	
Dinner	6:00p - 9:00p
<i>By Reservation Only, Please Dial 9.</i>	
The Patio, Deck 9	
Breakfast	8:30a - 10:00a
Lunch, Oriental	12:30p - 3:30p
Earth & Ocean	7:00p - 9:00p
Sushi, Deck 8	
Lunch	12:00n - 2:00p
Dinner	6:00p - 8:45p
Seabourn Square, Deck 7	
Coffee & Snacks	6:15a - 6:00p
Observation Bar, Deck 11	
British High Tea	4:00p - 5:00p
Evening Bar	5:00p - Midnight
Sky Bar, Deck 10 (Weather Permitting)	12:00n - 7:00p
Patio Bar, Deck 9	10:00a - 10:00p
Solis Piano Bar, Deck 8	6:00p - Midnight
The Club, Deck 5	6:00p - Close
Room Service	24 Hours

SERVICES

The Boutique, Deck 7	10:00a - 10:00p
<i>The Boutique holds EFFY jewelry, a variety of toiletries, sun creams, and medications. Please inquire within.</i>	
The Spa and Wellness, Deck 10	8:00a - 10:00p
Fitness Center, Deck 10	6:00a - 10:00p
<i>For the complete spa events & listings, please refer to The Herald on your Seabourn Source App or contact The Spa reception. Shuffleboard Court and Table Tennis equipment can be accessed through the Fitness Center.</i>	
Cruise Sales, Deck 7	9:00a - 12:00a
Book onboard to save 10%	2:00p - 6:00p
Destination Services, Deck 7	9:00a - 12:00n
<i>Bookings can also be made on your Seabourn Source App or Suite TV</i>	4:00p - 6:00p
Casino, Deck 5	
Slots	All Day
Tables	1:30p - 5:00p 6:00p - Close
Medical Center, Deck 4 Forward	
<i>By Appointment Only. Please call 5410 during the below office hours and one of our friendly medical staff will assist you with an appointment date & time.</i>	
Port Day:	8:00a - 10:00a & 4:00p - 6:00p
Sea Day:	9:00a - 11:00a & 4:00p - 6:00p

FOR A MEDICAL EMERGENCY DIAL 911

DISSEMBARKATION NOTICE

For guests disembarking in Monte Carlo on April 8, 2025, who wish to book either a Private or Group Seabourn Transfer, please visit the Guest Services Team in the Seabourn Square on Deck 7 for a Transfer Request Form. The booking deadline is April 3, by 12 Noon. We strongly recommend booking a Seabourn Transfer, as Private Transfers are limited and subject to availability. Please note that local taxis are scarce, with wait times up to 90 minutes, and Uber is not available in Monaco.

TODAY'S ONBOARD ACTIVITIES

TOUR INFO - Want to know more about the ports but missed the Tour Talks? Watch it on your TV under the Main Menu > Destinations > Tour Talk. Changes or cancellations must be made at least 48 hours prior to arrival at the port.

8:15a	Fitness Class: Total Body Conditioning Motion Studio, Deck 10
9:15a	Tour Talk with Destinations Manager Jeannie Grand Salon, Deck 6 Ajaccio, Portoferraio & Portofino
10:00a	Baggo Prize Game Atrium, Deck 4
10:15a	A Conversation with Sharon Torres Grand Salon, Deck 6 Mohammed - His Life and His Legacy
11:15a	Team Trivia: Officers vs Guests The Club, Deck 5
1:00p	Gemology at Sea: Sapphire Stories The Boutique, Deck 7
2:00p	Duplicate Bridge Play (un-hosted). Card Room, Deck 8
2:00p	Health Seminar: Detox for Health and Weight Loss Motion Studio, Deck 10
2:30p	Social Mahjong Play (un-hosted). Card Room, Deck 8
3:00p	Arthritis, Acute and Chronic Pain Relief Spa & Wellness, Deck 10
3:00p	Amulet of the Day: High Heel The Boutique, Deck 7
3:30p	Golf Putting Prize Game The Club, Deck 5
4:00p	British High Tea & Melodies Observation Bar, Deck 11
5:00p	Port Briefing: Mahón Grand Salon, Deck 6
6:00p	Music Melodies with Merle & Barry (until 7:45p, with break). Observation Bar, Deck 11
6:15p	Bruno's Piano Bar (until 7:00p). The Piano Bar at Solis, Deck 8
6:30p	Pre-Dinner Dancing with The Quartet (until 7:30p). The Club, Deck 5
6:30p	EFFY Dessert of the day: \$1000 Shopping Spree The Boutique, Deck 7
8:45p	Showtime Tonight: Ricardo Afonso Grand Salon, Deck 6 (Repeated at 10:00p).
9:15p	Piano Perfection with Bruno (until 10:00p). The Piano Bar at Solis, Deck 8
9:30p	Sunset Sounds with Merle & Barry (until midnight, with break). Observation Bar, Deck 11
9:30p	Dance Floor Hits with The Quartet (until 10:15p). The Club, Deck 5
10:00p	Showtime Tonight: Ricardo Afonso: "Icons" Grand Salon, Deck 6
10:15p	Melodic Moments with Bruno (until 11:00p). The Piano Bar at Solis, Deck 8
10:45p	Evening Jams with The Quartet (until 11:30p). The Club, Deck 5 Followed by The Band & Lanie (until late).

This is your moment
SEABOURN

THE HERALD

WEDNESDAY, APRIL 2, 2025

MAHÓN, MENORCA

WEATHER CLOUDY 22°F / 17°C WIND 14mph / 22kmh SUNRISE: 7:25a SUNSET: 8:08p

IN PORT

MAHÓN, MENORCA

Arrival: 8:00a / All Aboard: 5:30p

Gangway Location: Deck 4, Forward (subject to change).

Mahón is the capital of Menorca, the second largest of the Balearic Islands. It stands out due to the abundance of prehistoric structures and its unique culture, influenced significantly by British occupation in the 18th century. The prehistoric constructions on the island are believed to have been built by the same people responsible for similar works in Sardinia and possibly Stonehenge in England. Mahón is thought to have been founded by the Carthaginian General Mago. It was held by the Moors from the 8th to the 13th century and was subsequently occupied by the English, French, and Spanish. Mahón was finally ceded to Spain by the Treaty of Amiens in 1802. Mahón boasts one of the largest natural harbors in the world, offering stunning views and a picturesque waterfront lined with Georgian-style architecture.

For more detailed port information, please refer to the Seabourn Source.

TONIGHT'S ATTIRE: ELEGANT CASUAL

After 6:00p, the evening dress code is Elegant Casual. In all dining venues, the nightly dress standard for men is slacks with collared dress shirt or sweater and optional jacket. Slacks, skirt, blouse, pant suit or dresses are appropriate for ladies. Elegant jeans are now welcome in all dining venues.

SAIL-AWAY WITH THE QUARTET

Wave goodbye to Spain and our sister ship, The Venture, as we sail-away to toe-tapping live music performed by our fabulous quartet Quartet.

5:45p POOLSIDE, DECKS 9 & 10

ENTERTAINMENT TONIGHT

KLEMENTINA VENCI

Klementina Venci is a classically educated violinist who performs and travels with her violin all around the world. Tonight, she prepared a performance without any rules just for you. She believes that on the violin you can play anything you want. Tonight, you can enjoy pop tunes, but first, she will introduce herself to you with some of her favorite classical pieces. Klementina invites you to dive into the violin music ocean together.

8:45p & 10:00p GRAND SALON, DECK 6

SEABOURN VENTURE VISITS

We will be docked with our sister ship Seabourn Venture in on April 2nd in Mahon, Menorca, Spain. We are giving guests the opportunity to visit one of our newest Expedition ships between the set times of 10:00a – 12:00n & 2:00p – 4:00p. Please ensure that you have your ship's key card to be allowed to board the ship.

SHOPPING WITH THE CHEF

MAHÓN, April 2nd

Executive Chef Mahesh will go shopping in the local markets of Mahón. Please contact Guest Services by dialing 9 from your in-suite phone to reserve a spot as there is limited availability. Please note there will be a fair amount of walking involved.

9:00a ATRUIM, DECK 4

SOLIS RESTAURANT

A dining experience celebrating the sun-kissed flavors of the Mediterranean. Designed by Master Chef and Culinary Partner Chef Anton Egger and Senior Corporate Chef Franck Salein. The changing menu of regional dishes and exclusive wines and vintage cocktails are inspired by the radiant places we visit. An evening at Solis will infuse you with the sweetness of a Santorini Summer, the tang of the Amalfi Sea breeze, and the amber glow of an Ibiza sunset. Here's to your moment in the sun.

RESERVING SUN CHAIRS

We kindly request that guests refrain from reserving any outdoor sun chairs and tables and chairs. For your convenience and to protect your property, items that remain unattended for 30 minutes will be removed and placed into lost and found at the Seabourn Square, where they may be collected. If you do not wish that your items are removed, please take them with you once you vacate your lounge for more than 30 minutes. Thank you for your kind co-operation.

PORT AGENT INFORMATION

Agencia Melia
Moll de Ponent 100,
Puerto de Mahon 07701
Mahon, Menorca, 07701, Spain
Phone: +33609050201
Shore to Ship: +1 321 837 6117
U.S. EMBASSY
Calle de Serrano, 75
28006 Madrid, Spain
Phone: +34915872200

AUSTRALIAN EMBASSY

Paseo de la Castellana, 259D
Torre Emperador - Planta 24
28046 Madrid
Phone: +34913536600

BRITISH EMBASSY

Torre Emperador Castellana
Paseo de la Castellana 259D
28046 Madrid, Spain

FOOD & DRINK

The Restaurant, Deck 4	
Dinner	6:00p - 9:00p
The Colonnade, Deck 9	
Breakfast	7:15a - 10:00a
Lunch, Tapas/Spanish	12:00n - 2:00p
Dinner, Chinese	6:00p - 9:00p
Solis, Deck 8	
Dinner	6:00p - 9:00p
<i>By Reservation Only, Please Dial 9.</i>	
The Patio, Deck 9	
Breakfast	8:30a - 10:00a
Lunch, Fish n' Seafood	1:00p - 4:00p
Earth & Ocean	7:00p - 9:00p
Sushi, Deck 8	
Lunch	12:00n - 2:00p
Dinner	6:00p - 8:45p
Seabourn Square, Deck 7	
Coffee & Snacks	6:15a - 6:00p
Observation Bar, Deck 11	
Evening Bar	5:30p - Midnight
Sky Bar, Deck 10 (Weather Permitting).	12:00n - 7:00p
Patio Bar, Deck 9	10:00a - 10:00p
Solis Piano Bar, Deck 8	6:00p - Midnight
The Club, Deck 5	6:00p - Close
Room Service	24 Hours

SERVICES

The Boutique, Deck 7 6:30a - 10:30p
The Boutique holds EFFY jewelry, a variety of toiletries, sun creams, and medications. Please inquire within.

The Spa and Wellness, Deck 10 8:00a - 10:00p

Fitness Center, Deck 10 6:00a - 10:00p
For the complete spa events & listings, please refer to The Herald on your Seabourn Source App or contact The Spa reception.
Shuffleboard Court and Table Tennis equipment can be accessed through the Fitness Center.

Cruise Sales, Deck 7 9:00a - 11:00a
Book onboard to save 10% 4:00p - 6:00p

Destination Services, Deck 7 4:00p - 6:00p
Bookings can also be made on your Seabourn Source App or Suite TV

Casino, Deck 5
Slots 6:30p - Close
Tables 6:30p - Close

Medical Center, Deck 4 Forward
By Appointment Only. Please call 5410 during the below office hours and one of our friendly medical staff will assist you with an appointment date & time.

Port Day: 8:00a - 10:00a & 4:00p - 6:00p
Sea Day: 9:00a - 11:00a & 4:00p - 6:00p

FOR A MEDICAL EMERGENCY DIAL 911

LET'S GET SOCIAL!

We'll be looking out for any content you might post while you're with us so we can engage via our platforms. Feel free to tag us!



@SeabournCruise (X and Instagram)

@SeabournCruise (Facebook)

#Seabourn #SeabournOvation

TODAY'S ONBOARD ACTIVITIES

GUESTS ON TOUR - E-Tickets and times are listed in your wallet on Seabourn Source. Guests arriving after the meeting time may not be accommodated. Please note that changes or cancellations must be made at least 48 hours prior to arrival at the port.

PLEASE NOTE - For a complete list of today's events and activities, please refer to the Herald on your in-suite TV or the Seabourn Source app. Want to know more about the ports but missed the Tour Talks? Watch it on your TV under the Main Menu > Destinations > Tour Talk.

10:00a	Seabourn Venture Visits (until 12:00n) Seabourn Venture
10:00a	Complimentary Walk-in Hair Consultation Spa & Wellness, Deck 10
12:00n	Health Seminar: Improving Posture Spa & Wellness, Deck 10
2:00p	Seabourn Venture Visits (until 4:00p) Seabourn Venture
2:00p	Social Bridge Play (un-hosted). Card Room, Deck 8
2:30p	Social Mahjong Play (un-hosted). Card Room, Deck 8
3:00p	Natural Relief for Arthritis, Back and Knee Pain Spa & Wellness, Deck 10
4:00p	Team Trivia The Club, Deck 5
5:00p	Port Briefing: Port-Vendres Grand Salon, Deck 6
5:00p	Complimentary Walk in Acupuncture Consultation Spa & Wellness, Deck 10
5:45p	Sail-Away with the Quartet Poolside, Decks 9 & 10
6:00p	Music Melodies with Merle & Barry (until 7:45p, with break). Observation Bar, Deck 11
6:15p	Bruno's Piano Bar (until 8:00p). The Piano Bar at Solis, Deck 8
6:30p	Pre-Dinner Dancing with The Quartet (until 7:30p). The Club, Deck 5
6:30p	Amulet of the Day: EFFY Tag The Boutique, Deck 7
7:00p	Gem & Tonic: 4th & 45th The Boutique, Deck 7
8:45p	Showtime Tonight: Klementina Venci Grand Salon, Deck 6 Klementina Venci is a classically educated violinist who performs and travels with her violin all around the world. Tonight, she prepared a performance without any rules just for you. She believes that on the violin you can play anything you want. Tonight, you can enjoy pop tunes, but first, she will introduce herself to you with some of her favorite classical pieces. Klementina invites you to dive into the violin music ocean together. (Repeated at 10:00p).
9:15p	Piano Perfection with Bruno (until 10:00p with break). The Piano Bar at Solis, Deck 8
9:30p	Sunset Sounds with Merle & Barry (until midnight, with break). Observation Bar, Deck 11
9:30p	Dance Floor Hits with The Quartet (until 10:15p). The Club, Deck 5
10:00p	Showtime Tonight: Klementina Venci Grand Salon, Deck 6
10:15p	Melodic Moments with Bruno (until 10:45p). The Piano Bar at Solis, Deck 8
10:45p	Evening Jams with The Quartet (until 11:30p). The Club, Deck 5 Followed by The Band & Lanie (until late).



SEABOURN

THE HERALD

THURSDAY, APRIL 3, 2025

PORT- VENDRES, FRANCE

WEATHER

CLOUDY

TEMP 58°F / 14°C

WIND 11mph / 18kmh

SUNRISE: 7:26a

SUNSET: 8:16p

AT ANCHOR

PORT- VENDRES, FRANCE

Arrival: 8:00a / Last Tender: 4:30p

Tender Platform: Deck 3, Aft (subject to change).

From this river-front harbor on the Côte Vermeille near Spain, travel to picturesque Collioure, whose fervent Catalan spirit, scenically-sited Notre-Dame-des-Anges church, romantic Chateau Royal and Fort Saint-Elme attracted the vigorous artists of the Fauvist movement including Derain, Matisse, Braque and Picasso. Collioure has an official wine appellation of its own, producing reds, a rosé and a few whites. The fruits of ancient vines arrayed behind the town also find their way into the aperitifs and wines of the neighboring Banyuls appellation. Try a glass, along with a few grilled Collioure anchovies at a harborside boîte.

For more detailed port information, please refer to the Seabourn Source.

TONIGHT'S ATTIRE: ELEGANT CASUAL

After 6:00p, the evening dress code is Elegant Casual. In all dining venues, the nightly dress standard for men is slacks with collared dress shirt or sweater and optional jacket. Slacks, skirt, blouse, pant suit or dresses are appropriate for ladies. Elegant jeans are now welcome in all dining venues.

A CONVERSATION WITH

SHARON TORRES

Napoleon: Illustrious Leader or Little Dictator?

His ambition to conquer knew no bounds but eventually took him a battle too far. Sharon Torres offers a roller-coaster ride through the life story of France's most famous son, revealing the man behind the legend.

3:30p GRAND SALON, DECK 6

SHOWTIME TONIGHT

EARTH SONG

Immersive visuals bring the elements and nature to life in a unique and emotive production featuring THE SEABOURN SIX. Scenes include a mesmerizing performance of Desert Rose, music from Coldplay and the show's title song Earth Song, featuring fascinating graphic design.

8:45p & 10:00p GRAND SALON, DECK 6

TENDER NOTICE

Guests wishing to go ashore today will do so by embarking the ship's tender boats. Please always follow the instructions of the crew while boarding. Please remain seated while the boat is moving. Kindly note that smoking is not permitted at any time on the tenders. Tenders will be operating on a continuous basis.

RESERVING SUN CHAIRS

We kindly request that guests refrain from reserving any outdoor sun chairs and tables and chairs. For your convenience and to protect your property, items that remain unattended for 30 minutes will be removed and placed into lost and found at the Seabourn Square, where they may be collected. If you do not wish that your items are removed, please take them with you once you vacate your lounge for more than 30 minutes. Thank you for your kind co-operation.

EARTH & OCEAN - OUR STORY

Earth & Ocean at The Patio, Deck 9, is a full A La Carte dining venue in which chefs create an imaginative array of fresh, inventive dishes. Dine from a sophisticated menu celebrating eclectic traditional flavors from around the world and all served in a relaxed atmosphere for a distinctive dining experience unlike any other on board. "The food is complex, but unfussy. The flavors are rooted from diverse cuisines from many areas in the world. What is familiar to some, will be exotic to others. It is a global sampling of all sorts of delicious foods."

— Chef Anton Egger.

PORT AGENT INFORMATION

TT Shipping, Silo des Telliness
Quai Gloria,
Port St Louis Du Rhone, 13220
Phone: +33490184089
Shore to Ship: +1 321 837 6117

U.S. EMBASSY

2 Avenue Gabriel
75008 Paris, France
Phone: +33143122222

AUSTRALIAN EMBASSY

4, Rue Jean Rey
75724 Paris, Cedex 15
Phone: +33140593300

BRITISH EMBASSY

35, Rue du Faubourg St
Honoré, Paris Cedex 08
75383 Paris, France

FOOD & DRINK

The Restaurant, Deck 4 Dinner	6:00p - 9:00p
The Colonnade, Deck 9 Breakfast Lunch, French Dinner, Old England	7:00a - 10:00a 12:00n - 2:00p 6:00p - 9:00p
Solis, Deck 8 Dinner <i>By Reservation Only, Please Dial 9.</i>	6:00p - 9:00p
The Patio, Deck 9 Breakfast Lunch, Gyros Earth & Ocean	8:30a - 10:00a 1:00p - 4:00p 7:00p - 9:00p
Sushi, Deck 8 Lunch Dinner	12:00n - 2:00p 6:00p - 8:45p
Seabourn Square, Deck 7 Coffee & Snacks	6:15a - 6:00p
Observation Bar, Deck 11 Afternoon Tea Evening Bar	4:00p - 5:00p 5:00p - Midnight
Sky Bar, Deck 10 (Weather Permitting).	12:00n - 7:00p
Patio Bar, Deck 9	10:00a - 10:00p
Solis Piano Bar, Deck 8	6:00p - Midnight
The Club, Deck 5	6:00p - Close
Room Service	24 Hours

SERVICES

The Boutique, Deck 7 <i>The Boutique holds EFFY jewelry, a variety of toiletries, sun creams, and medications. Please inquire within.</i>	5:30a - 10:30p
The Spa and Wellness, Deck 10	8:00a - 10:00p
Fitness Center, Deck 10 <i>For the complete spa events & listings, please refer to The Herald on your Seabourn Source App or contact The Spa reception. Shuffleboard Court and Table Tennis equipment can be accessed through the Fitness Center.</i>	6:00a - 10:00p
Cruise Sales, Deck 7 Book onboard to save 10%	9:00a - 11:00a 2:00p - 4:30p
Destination Services, Deck 7 <i>Bookings can also be made on your Seabourn Source App or Suite TV</i>	4:00p - 6:00p
Casino, Deck 5 Slots Tables	6:00p - Close 6:00p - Close
Medical Center, Deck 4 Forward <i>By Appointment Only. Please call 5410 during the below office hours and one of our friendly medical staff will assist you with an appointment date & time.</i>	
Port Day:	8:00a - 10:00a & 4:00p - 6:00p
Sea Day:	9:00a - 11:00a & 4:00p - 6:00p

FOR A MEDICAL EMERGENCY DIAL 911

LET'S GET SOCIAL!

We'll be looking out for any content you might post while you're with us so we can engage via our platforms. Feel free to tag us!



@SeabournCruise (X and Instagram)
@SeabournCruise (Facebook)
#Seabourn #SeabournOvation

TODAY'S ONBOARD ACTIVITIES

GUESTS ON TOUR - Your e-tickets can be found on the Seabourn Source App under Account > Wallet. Please refer to your Wallet for meeting times and locations, as well as important reminders about your tour. Please note that changes or cancellations must be made at least 48 hours prior to arrival at the port.

PLEASE NOTE - For a complete list of today's events and activities, please refer to the Herald on your in-suite TV or the Seabourn Source app. Want to know more about the ports but missed the Tour Talk? Watch it on your TV under the Main Menu > Destinations > Tour Talk.

TENDER NOTICE - Guests wishing to go ashore today will do so by embarking the ship's tender boats. Please always follow the instructions of the crew while boarding. Please remain seated while the boat is moving. Kindly note that smoking is not permitted at any time on the tenders. Tenders will be operating on a continuous basis.

10:00a	Natural Relief for Arthritis, Back and Knee Pain Motion Studio, Deck 10
2:00p	Social Bridge Play (un-hosted). Card Room, Deck 8
2:30p	Social Mahjong Play (un-hosted). Card Room, Deck 8
3:00p	Needlepoint, Knit & Natter (un-hosted). Seabourn Square, Deck 7
3:30p	A Conversation with Sharon Torres Grand Salon, Deck 6 Napoleon: Illustrious Leader or Little Dictator?
4:00p	Afternoon Tea & Melodies Observation Bar, Deck 11
4:00p	Team Trivia The Club, Deck 5 Join John & Caroline in teams of no more than 10 for this fun filled quiz, and a chance to win some Seabourn Swag!
4:30p	Port Briefing: Toulon Grand Salon, Deck 6
5:00p	Tongue & Pulse Analysis with Acupuncturist Rio Motion Studio, Deck 10
6:00p	Build Your Own Watch The Boutique, Deck 7
6:00p	Music Melodies with Merle & Barry (until 7:45p, with break). Observation Bar, Deck 11
6:15p	Bruno's Piano Bar (until 8:00p). The Piano Bar at Solis, Deck 8
6:30p	Pre-Dinner Dancing with The Quartet (until 7:30p). The Club, Deck 5
6:30p	EFFY Dessert of the Day: Sapphire The Boutique, Deck 7
8:45p	Showtime Tonight: Earth Song Grand Salon, Deck 6 Immersive visuals bring the elements and nature to life in a unique and emotive production featuring THE SEABOURN SIX. Scenes include a mesmerizing performance of Desert Rose, music from Coldplay and the show's title song Earth Song, featuring fascinating graphic design. (Repeated at 10:00p).
9:15p	Piano Perfection with Bruno (until 10:00p with break). The Piano Bar at Solis, Deck 8
9:30p	Sunset Sounds with Merle & Barry (until midnight, with break). Observation Bar, Deck 11
9:30p	Dance Floor Hits with The Quartet (until 10:15p). The Club, Deck 5
10:00p	Showtime Tonight: Earth Song Grand Salon, Deck 6
10:15p	Melodic Moments with Bruno (until 10:45p). The Piano Bar at Solis, Deck 8
10:45p	Evening Jams with The Quartet (until 11:30p). The Club, Deck 5 Followed by The Band & Lanie (until late).

This is your moment.

SEABOURN

THE HERALD

FRIDAY, APRIL 4, 2025

TOULON, FRANCE

WEATHER

CLOUDY

TEMP 67°F / 19°C

WIND 14mph / 22kmh

SUNRISE: 7:13a

SUNSET: 8:06p

IN PORT

TOULON, FRANCE

Arrival: 9:00a / All Onboard: 5:30p

Gangway Location: Deck 3, Aft (subject to change).

A lively and vibrant town nestling at the foot of Mont Faron, rising to a height of 584 meters, Toulon is divided into two parts: a modern quarter to the north and historic quarter to the south. The city is famed for its little ancient squares, buzzing food market on Cours Lafayette, and many old fountains. In the town center, you'll come across the impressive Fontaine de la Fédération created by the sculptor Allar in 1889 for the centenary of the Republic. On Quai Cronstadt, set facing the Med, boutiques and cafés attract morning and evening strollers alike. From here, you can embark on a boat tour of the vast and stunning bay, home to many reminders of the town's ancient military vocation and an impressive naval base. The Commune of Toulon is the center of an urban unit with 580,281 inhabitants - the ninth largest in France by population. Toulon is the second-largest French city by urban area on the Mediterranean coast after Marseille. Toulon is an important center for naval construction, fishing, wine making, and the manufacture of aeronautical equipment, armaments, maps, paper, tobacco, printing, shoes, and electronic equipment.

For more detailed port information, please refer to the Seabourn Source.

PRE-DINNER SHOWTIME TONIGHT:

CAROLINE MILLER

'DIVAS'

Caroline has spent the last 15 years as a professional classical and crossover singer on land and more recently at sea, and it has her wondering. From jazz to pop and opera to country, what is that special something that makes an artist a DIVA? Join Caroline as she celebrates and explores the music of divas from every genre.

5:30p GRAND SALON, DECK 6

SHOWTIME TONIGHT

KRISTIAN GREY

'Sleight Of Humor'

Join Kristian Grey for an evening of High-Impact Magic and Comedy! From mind bending magic & illusions to side splitting comedy, Kristian's show is sure to leave you gasping with amazement and laughing out loud! A show not to be missed!

8:45p & 10:00p GRAND SALON, DECK 6

TONIGHT'S ATTIRE: ELEGANT CASUAL

After 6:00p, the evening dress code is Elegant Casual. In all dining venues, the nightly dress standard for men is slacks with collared dress shirt or sweater and optional jacket. Slacks, skirt, blouse, pant suit or dresses are appropriate for ladies. Elegant jeans are now welcome in all dining venues.

TEAM MEMBER SAFETY DRILL

Today at 10:00a, we will conduct a mandatory team member safety drill. No guest participation is required. Alarms will be sounded for exercise purposes only. Please note that guest services will be suspended during this exercise and elevators will be temporarily out of service during the drill. Thank you for your understanding.

BRIDGE TOUR

Ever wondered what the Bridge looks like on Seabourn Ovation? Join our Deck Officers today for an exclusive tour. Sign up by dialing 9 or visiting Seabourn Square as places are very limited.

RESERVING SUN CHAIRS

We kindly request that guests refrain from reserving any outdoor sun chairs and tables and chairs. For your convenience and to protect your property, items that remain unattended for 30 minutes will be removed and placed into lost and found at the Seabourn Square, where they may be collected. If you do not wish that your items are removed, please take them with you once you vacate your lounge for more than 30 minutes. Thank you for your kind co-operation.

PORT AGENT INFORMATION

SAM Cruise Services

Le Thales - Bloc A

1 rue de Gabian, B.P. 693

CEDEX 9800MC

Phone: +33680865114

Shore to Ship: +13218376117

AUSTRALIAN EMBASSY

4 rue Jean Rey

Paris 75724 Cedex 15

France

info.paris@dfat.gov.au

Phone: +33140593300

U.S. EMBASSY

Place Varian Fry

13286 Marseille Cedex 6

France

Phone: +330143124885

BRITISH CONSULATE

Les Docks de Marseille

La Joliette, 10 Place de la

Joliette, Atrium 10, 31st Floor

13002 Marseille, France

Phone: +33491134524

FOOD & DRINK

The Restaurant, Deck 4 Dinner	6:00p - 9:00p
The Colonnade, Deck 9 Breakfast	7:30a - 10:00a
Lunch, German	12:00n - 2:00p
Dinner, Family Style BBQ Ribs	6:00p - 9:00p
<i>By Reservation Only, Please Dial 9.</i>	
Solis, Deck 8 Dinner	6:00p - 9:00p
<i>By Reservation Only, Please Dial 9.</i>	
The Patio, Deck 9 Breakfast	8:30a - 10:00a
Lunch, Kebab	1:00p - 4:00p
Earth & Ocean	7:00p - 9:00p
Sushi, Deck 8 Lunch	12:00n - 2:00p
Dinner	6:00p - 8:45p
Seabourn Square, Deck 7 Coffee & Snacks	6:15a - 6:00p
Observation Bar, Deck 11 Evening Bar	5:30p - Midnight
Sky Bar, Deck 10 (Weather Permitting).	12:00n - 7:00p
Patio Bar, Deck 9	10:00a - 10:00p
Solis Piano Bar, Deck 8	6:00p - Midnight
The Club, Deck 5	6:00p - Close
Room Service	24 Hours

SERVICES

The Boutique, Deck 7 6:30a - 10:30p
The Boutique holds EFFY jewelry, a variety of toiletries, sun creams, and medications. Please inquire within.

The Spa and Wellness, Deck 10 8:00a - 10:00p

Fitness Center, Deck 10 6:00a - 10:00p
For the complete spa events & listings, please refer to The Herald on your Seabourn Source App or contact The Spa reception.
Shuffleboard Court and Table Tennis equipment can be accessed through the Fitness Center.

Cruise Sales, Deck 7 9:00a - 12:00a
Book onboard to save 10% 3:00p - 4:30p

Destination Services, Deck 7 4:00p - 6:00p
Bookings can also be made on your Seabourn Source App or Suite TV

Casino, Deck 5
Slots 6:30p - Close
Tables 6:30p - Close

Medical Center, Deck 4 Forward
By Appointment Only. Please call 5410 during the below office hours and one of our friendly medical staff will assist you with an appointment date & time.

Port Day: 8:00a - 10:00a & 4:00p - 6:00p
Sea Day: 9:00a - 11:00a & 4:00p - 6:00p

FOR A MEDICAL EMERGENCY DIAL 911

LET'S GET SOCIAL!

We'll be looking out for any content you might post while you're with us so we can engage via our platforms. Feel free to tag us!



@SeabournCruise (X and Instagram)

@SeabournCruise (Facebook)

#Seabourn #SeabournOvation

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10:00a	Team Member Safety Drill No guest participation is required.
10:00a	Complimentary Walk-in Hair Consultation Spa & Wellness, Deck 10
2:00p	Social Bridge Play (un-hosted). Card Room, Deck 8
2:30p	Social Mahjong Play (un-hosted). Card Room, Deck 8
3:00p	Relieve Back, Neck and Shoulder Pain Naturally Motion Studio, Deck 10
3:00p	Needlepoint, Knit & Natter (un-hosted). Seabourn Square, Deck 7
4:00p	Team Trivia The Club, Deck 5
4:30p	Port Briefing: Ajaccio Grand Salon, Deck 6
5:00p	Complimentary Walk in Acupuncture Consultation Spa & Wellness, Deck 10
5:30p	Pre-Dinner Showtime Tonight: Caroline Miller Grand Salon, Deck 6 'DIVAS'
6:00p	Sabbath Service (un-hosted). Card Room, Deck 8
6:00p	Music Melodies with Merle & Barry (until 7:45p, with break). Observation Bar, Deck 11
6:15p	Bruno's Piano Bar (until 8:00p). The Piano Bar at Solis, Deck 8
6:30p	Pre-Dinner Dancing with The Quartet (until 7:30p). The Club, Deck 5
6:30p	Amulet of the Day: Made with Love Pendant The Boutique, Deck 7
7:00p	Gem & Tonic: Temptation The Boutique, Deck 7
8:45p	Showtime Tonight: Kristian Grey Grand Salon, Deck 6 'Sleight Of Humor' Join Kristian Grey for an evening of High-Impact Magic and Comedy! From mind bending magic & illusions to side splitting comedy, Kristian's show is sure to leave you gasping with amazement and laughing out loud! A show not to be missed! (Repeated at 10:00p).
9:15p	Piano Perfection with Bruno (until 10:00p with break). The Piano Bar at Solis, Deck 8
9:30p	Sunset Sounds with Merle & Barry (until midnight, with break). Observation Bar, Deck 11
9:30p	Dance Floor Hits with The Quartet (until 10:15p). The Club, Deck 5
10:00p	Showtime Tonight: Kristian Grey Grand Salon, Deck 6 'Sleight Of Humor'
10:15p	Melodic Moments with Bruno (until 10:45p). The Piano Bar at Solis, Deck 8
10:45p	Evening Jams with The Quartet (until 11:30p). The Club, Deck 5 Followed by The Band & Lanie (until late).

This is your moment

SEABOURN

THE HERALD

SATURDAY, APRIL 5, 2025

AJACCIO, CORSICA, FRANCE

WEATHER

SUNNY

TEMP 63°F / 17°C

WIND 4mph / 6kmh

SUNRISE: 7:03a

SUNSET: 7:54p

IN PORT

AJACCIO, CORSICA, FRANCE

Arrival: 8:00a / All Aboard: 5:30p

Gangway Location: Deck 4, Forward (subject to change).

Ajaccio is the capital of the French Mediterranean island of Corsica. The town has wood covered mountains circling it to the rear, and the port and citadel towards the sea, on the Gulf of Ajaccio. This combination means that the climate in Ajaccio remains mild even during the winter months. The city has its origins in a Roman town that was located on the hill just to the north of the present town, and numerous ruins and artefacts have been uncovered from this earlier occupation. Ajaccio's most famous inhabitant is Napoleon Bonaparte who was born in Ajaccio in 1769, and whose ancestral home, the Maison Bonaparte, is now a museum. The center of Ajaccio is based around the 16th century citadel (still in military use, so not open to the public), and spreads west and north of the citadel into the town.

For more detailed information, please refer to the Seabourn Source.

TONIGHT'S ATTIRE: ELEGANT CASUAL

After 6:00p, the evening dress code is Elegant Casual. In all dining venues, the nightly dress standard for men is slacks with collared dress shirt or sweater and optional jacket. Slacks, skirt, blouse, pant suit or dresses are appropriate for ladies. Elegant jeans are now welcome in all dining venues.

ENTERTAINMENT TONIGHT

KLEMENTINA VENCI

Klementina Venci is known for her ability to play any kind of music. She always thinks that no matter what type of music she plays, the most important thing is to reach people hearts and spread the positive message because music is a universal language. Tonight, Klementina invites you to dive into the musical journey together as she plays her favorite tunes on the violin.

9:30p GRAND SALON, DECK 6

AFTERNOON TEA & MELODIES

Enjoy a delightful afternoon tea with a view in the observation bar accompanied by live music at 4:00p.

BRIDGE TOUR

Ever wondered what the Bridge looks like on Seabourn Ovation? Join our Deck Officers for an exclusive tour. Sign up by dialing 9 or visiting Seabourn Square as places are limited.

RESERVING SUN CHAIRS

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POLITE NOTICE

As you enter or exit your suite, please hold the door handle to allow it to close quietly behind you. Your neighbors will appreciate it! We thank you in advance for your kind consideration of your fellow travelers.

PORT AGENT INFORMATION

Corsica Cruise Services
Marie Tramoni
20000 Ajaccio
Phone: +33 495 246 018
Shore to Ship: +1 321 837 6117

U.S. EMBASSY

2 avenue Gabriel
75008 Paris
France
(+33) 1 43.12.22.22

AUSTRALIAN EMBASSY

4 Rue Jean Rey
Paris 75724 Cedex 15
France
(+33) 1.40.59.33.00

BRITISH EMBASSY

35 rue du Faubourg St Honoré
75383 Paris Cedex 08
France
(+33) 1 44 51 31 00

FOOD & DRINK

The Restaurant, Deck 4	
Dinner	6:00p - 9:00p
The Colonnade, Deck 9	
Breakfast	7:15a - 10:00a
Lunch, Wrap & Roll	12:00a - 2:00p
Dinner, Indian	6:00p - 9:00p
Solis, Deck 8	
Dinner	6:00p - 9:00p
<i>By Reservation Only, Please Dial 9.</i>	
The Patio, Deck 9	
Breakfast	8:30a - 10:00a
Lunch, Taco	1:00p - 4:00p
Earth & Ocean	7:00p - 9:00p
Sushi, Deck 8	
Lunch	12:00n - 2:00p
Dinner	6:00p - 8:45p
Seabourn Square, Deck 7	
Coffee & Snacks	6:15a - 6:00p
Observation Bar, Deck 11	
Afternoon Tea	4:00p - 5:00p
Evening Bar	6:00p - Midnight
Sky Bar, Deck 10 (Weather Permitting).	12:00n - 7:00p
Patio Bar, Deck 9	10:00a - 10:00p
Solis Piano Bar, Deck 8	6:00p - Midnight
The Club, Deck 5	6:00p - Close
Room Service	24 Hours

SERVICES

The Boutique, Deck 7 6:30a - 10:30p
The Boutique holds EFFY jewelry, a variety of toiletries, sun creams, and medications. Please inquire within.

The Spa and Wellness, Deck 10 8:00a - 10:00p

Fitness Center, Deck 10 6:00a - 10:00p
For the complete spa events & listings, please refer to The Herald on your Seabourn Source App or contact The Spa reception. Shuffleboard Court and Table Tennis equipment can be accessed through the Fitness Center.

Cruise Sales, Deck 7 9:00a - 11:00a
 Book onboard to save 10% 4:00p - 6:00p

Destination Services, Deck 7 4:00p - 6:00p
Bookings can also be made on your Seabourn Source App or Suite TV

Casino, Deck 5
 Slots 6:30p - Close
 Tables 6:30p - Close

Medical Center, Deck 4 Forward
By Appointment Only. Please call 5410 during the below office hours and one of our friendly medical staff will assist you with an appointment date & time.

Port Day: 8:00a - 10:00a & 4:00p - 6:00p
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DECK SPORTS AVAILABLE

Spa & Wellness, Deck 10
 Shuffleboard court & Table Tennis equipment can be accessed by walking through The Spa. Available for use all day.

2:00p	Social Bridge Play (un-hosted). Card Room, Deck 8
2:30p	Social Mahjong Play (un-hosted). Card Room, Deck 8
3:00p	Needlepoint, Knit & Natter (un-hosted). Seabourn Square, Deck 7
4:00p	Afternoon Tea & Melodies Observation Bar, Deck 11
4:00p	Team Trivia The Club, Deck 5 Join John & Caroline in teams of no more than 10 for this fun filled quiz, and a chance to win some Seabourn Swag!
5:00p	Port Briefing: Portoferraio Grand Salon, Deck 6
5:00p	Tongue & Pulse Analysis with Acupuncturist Rio Motion Studio, Deck 10
6:00p	Music Melodies with Merle & Barry (until 7:45p, with break). Observation Bar, Deck 11
6:15p	Bruno's Piano Bar (until 8:00p). The Piano Bar at Solis, Deck 8
6:30p	Pre-Dinner Dancing with The Quartet (until 7:30p). The Club, Deck 5
6:30p	EFFY Dessert of the Day: Emeralds The Boutique, Deck 7
8:00p	Swarovski Optics Showcase The Boutique, Deck 7
8:45p	Hot Hits with The Quartet (until 9:30p). The Club, Deck 5
9:15p	Piano Perfection with Bruno (until 10:00p with break). The Piano Bar at Solis, Deck 8
9:30p	Showtime Tonight: Klementina Venci Grand Salon, Deck 6 Klementina Venci is known for her ability to play any kind of music. She always thinks that no matter what type of music she plays, the most important thing is to reach people hearts and spread the positive message because music is a universal language. Tonight, Klementina invites you to dive into the musical journey together as she plays her favorite tunes on the violin. (Repeated at 10:00p).
9:15p	Piano Perfection with Bruno (until 10:00p with break). The Piano Bar at Solis, Deck 8
9:30p	Sunset Sounds with Merle & Barry (until midnight, with break). Observation Bar, Deck 11
10:15p	Melodic Moments with Bruno (until 10:45p). The Piano Bar at Solis, Deck 8
10:15p	Evening Jams with The Quartet (until 11:30p). The Club, Deck 5 Followed by The Band & Lanie (until late).

This is your moment

SEABOURN

THE HERALD

SUNDAY, APRIL 6, 2025

PORTOFERRAIO, ELBA, ITALY

WEATHER PARTLY CLOUDY TEMP 63°F / 17°C WIND 7mph / 12kmh SUNRISE: 6:55a SUNSET: 7:49p

IN PORT

PORTOFERRAIO, ELBA, ITALY

Arrival: 8:00a / All Onboard: 5:30p

Gangway Location: Deck 3, Aft (subject to change).

Despite its small size, the island of Elba has been known since the beginning of recorded history. Called Iliwa by the Ligurians and Aethalia by the Greeks, Elba passed to the Etruscans and later the Romans. It was ruled by Pisa in the Middle Ages, was a haven for Barbary pirates in the 16th century and then privately owned by the powerful Medici family. The island's most famous resident was Napoleon Bonaparte, whose first exile from France and short reign over Elba lasted from May 1814 to February 1815. During that time, Napoleon was able to improve the island by altering street plans, building new roads, modernizing agriculture, and developing the iron mines. Iron ore is still mined above the Rio Marina and then shipped from Portoferraio (Port of Iron). With a population of just over 11,000, the town is the largest of the eight on the island and is considered its capital. Geologists and gemstone collectors find Elba a treasure trove with over 150 minerals and semiprecious stones found here due to the seismic turmoil that created the island.

For more detailed port information, please refer to the Seabourn Source.

PRE-DINNER SHOWTIME:

CRUISE DIRECTOR JOHN BARRON

BIG BAND and BEYOND! Your Fleet Cruise Director John Barron prizes himself away from the Corporate life to unleash himself out of retirement for one night only! Performing his favorite Big Band hits plus some George Michael, Lionel Richie and The Eagles! With a sprinkling of humor for good measure. Rated: Who knows!

6:30p GRAND SALON, DECK 6

SHOWTIME TONIGHT:

KRISTIAN GREY

Join Irish comedy magician Kristian Grey for 'Slightly Absurd,' a mind-blowing spectacle of sleight of hand projected on the big screen, mixed with jaw-dropping mind reading and side-splitting comedy. Prepare to be amazed and entertained in a show that promises laughter and astonishment from start to finish!

8:45p & 10:00p GRAND SALON, DECK 6

TONIGHT'S ATTIRE: ELEGANT CASUAL

After 6:00p, the evening dress code is Elegant Casual. In all dining venues, the nightly dress standard for men is slacks with collared dress shirt or sweater and optional jacket. Slacks, skirt, blouse, pant suit or dresses are appropriate for ladies. Elegant jeans are now welcome in all dining venues.

RESERVING OF SUN CHAIRS

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TOUR CANCELLATION POLICY

Please note that changes or cancellations must be made at least 48 hours prior to arrival at the port.

ENVIRONMENTAL REMINDER

In our continued efforts to be environmental stewards, we politely ask guests to not throw or dispose of any object overboard. Thank you for helping us protect the environment.

PORT AGENT INFORMATION

Cemar Agency Network
Visale Elba 3
Portoferraio 57037, Italy
Phone: +39 0560 224394
Shore to Ship: +13218376117

U.S. EMBASSY

Palazzo Margherita
Via Vittorio Veneto, 119/a
00187 Roma, Italy
Phone: (+39) 6 467 41

AUSTRALIAN EMBASSY

Via Antonio Bosio 5
00161 Rome, Italy
info-rome@dfat.gov.au
Phone: (+39) 6 852 721

BRITISH CONSULATE

Via XX Settembre 80a
00187 Roma, Italy
ufficiopolitico@fco.gov.uk
Phone: (+39) 6 422 00 001

FOOD & DRINK

The Restaurant, Deck 4	
Dinner	6:00p - 9:00p
The Colonnade, Deck 9	
Breakfast	7:15a - 10:00a
Lunch, Greek	12:00n - 2:00p
Dinner, Mediterranean Farmer's Market	6:00p - 9:00p
Solis, Deck 8	
Dinner	6:00p - 9:00p
<i>By Reservation Only, Please Dial 9.</i>	
The Patio, Deck 9	
Breakfast	8:30a - 10:00a
Lunch, Scallopini	1:00p - 4:00p
Earth & Ocean	7:00p - 9:00p
Sushi, Deck 8	
Lunch	12:00n - 2:00p
Dinner	6:00p - 8:45p
Seabourn Square, Deck 7	
Coffee & Snacks	6:15a - 6:00p
Observation Bar, Deck 11	
Evening Bar	5:30p - Midnight
Sky Bar, Deck 10	
(Weather Permitting)	12:00n - 7:00p
Patio Bar, Deck 9	
	10:00a - 10:00p
Solis Piano Bar, Deck 8	
	6:00p - Midnight
The Club, Deck 5	
	6:00p - Close
Room Service	
	24 Hours

SERVICES

The Boutique, Deck 7	6:30a - 10:30p
<i>The Boutique holds EFFY jewelry, a variety of toiletries, sun creams, and medications. Please inquire within.</i>	
The Spa and Wellness, Deck 10	8:00a - 10:00p
Fitness Center, Deck 10	6:00a - 10:00p
<i>For the complete spa events & listings, please refer to The Herald on your Seabourn Source App or contact The Spa reception. Shuffleboard Court and Table Tennis equipment can be accessed through the Fitness Center.</i>	
Cruise Sales, Deck 7	9:00a - 11:00a
Book onboard to save 10%	4:00p - 6:00p
Destination Services, Deck 7	4:00p - 6:00p
<i>Bookings can also be made on your Seabourn Source App or Suite TV</i>	
Casino, Deck 5	
Slots	6:30p - Close
Tables	6:30p - Close
Medical Center, Deck 4 Forward	
<i>By Appointment Only. Please call 5410 during the below office hours and one of our friendly medical staff will assist you with an appointment date & time.</i>	
Port Day:	8:00a - 10:00a & 4:00p - 6:00p
Sea Day:	9:00a - 11:00a & 4:00p - 6:00p

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@SeabournCruise (X and Instagram)
 @SeabournCruise (Facebook)
 #Seabourn #SeabournOvation

TODAY'S ONBOARD ACTIVITIES

GUESTS ON TOUR - E-Tickets and times are listed in your wallet on Seabourn Source. Guests arriving after the meeting time may not be accommodated. Want to know more about the ports but missed the Tour Talk? Watch it on your TV under the Main Menu > Destinations > Tour Talk.

PLEASE NOTE - For a complete list of today's events and activities, please refer to the Herald on your in-suite TV or the Seabourn Source app.

9:30a	Interdenominational Church Service with John Meeting Room 1, Deck 7
2:00p	Social Bridge Play (un-hosted). Card Room, Deck 8
2:30p	Social Mahjong Play (un-hosted). Card Room, Deck 8
3:00p	Relieve Back, Neck and Shoulder Pain Naturally Spa & Wellness, Deck 10
4:00p	Team Trivia The Club, Deck 5
4:30p	Port Briefing: Portofino Grand Salon, Deck 6
5:30p	Pre-Dinner Showtime with John Barron BIG BAND and BEYOND! Your Fleet Cruise Director John Barron prizes himself away from the Corporate life to unleash himself out of retirement for one night only! Performing his favorite Big Band hits plus some George Michael, Lionel Ritchie and The Eagles! With a sprinkling of humor for good measure. Rated: Who knows!
6:00p	Music Melodies with Merle & Barry (until 6:45p). Observation Bar, Deck 11
6:15p	Bruno's Piano Bar (until 8:00p, with break). The Piano Bar at Solis, Deck 8
6:30p	Pre-Dinner Dancing with The Quartet (until 7:30p). The Club, Deck 5
6:30p	Amulet of the Day: Panther The Boutique, Deck 7
6:30p	EFFY Dessert of the Day: Ruby The Boutique, Deck 7
7:00p	Music Melodies with Merle & Barry (until 7:45p). Observation Bar, Deck 11
8:45p	Showtime Tonight: Kristian Grey Grand Salon, Deck 6 (repeated at 10:00p) Join Irish comedy magician Kristian Grey for 'Slightly Absurd,' a mind-blowing spectacle of sleight of hand projected on the big screen, mixed with jaw-dropping mind reading and side-splitting comedy. Prepare to be amazed and entertained in a show that promises laughter and astonishment from start to finish!
9:15p	Piano Perfection with Bruno (until 10:00p with break). The Piano Bar at Solis, Deck 8
9:30p	Evening Jams with Merle & Barry (until 10:50p). Observation Bar, Deck 11
9:30p	Dance Floor Hits with The Band and Lanie (until 10:15p). The Club, Deck 5
10:00p	Showtime Tonight: Kristian Grey Grand Salon, Deck 6
10:15p	Melodic Moments with Bruno (until 10:45p). The Piano Bar at Solis, Deck 8
10:45p	Evening Jams with The Quartet (until 11:30p). The Club, Deck 5 Followed by The Band & Lanie (until late).
11:10p	Late Night Sounds with Merle & Barry (until Midnight). Observation Bar, Deck 11

This is your moment
SEABOURN

THE HERALD

MONDAY, APRIL 7, 2025

PORTOFINO, ITALY

WEATHER MOSTLY CLOUDY 53°F / 12°C WIND 8mph / 13kmh SUNRISE: 6:53a SUNSET: 7:58p

AT ANCHOR

PORTOFINO, ITALY

Arrival: 8:00a / Last Tender: 4:30p

Tender Platform: Deck 3, Aft (subject to change).

Portofino is an Italian fishing village and holiday resort famous for its picturesque harbor and historical association with celebrity and artistic visitors. It is a commune located in the Metropolitan City of Genoa on the Italian Riviera. The town is clustered around its small harbor and is known for the colorfully painted buildings that line the shore. Boutiques, art galleries, cafes and restaurants line the tiny streets. Diving, hiking, and beach-going are popular local pastimes, and there are even some historic sites like the Church of St. Martin (Divo Martino) and the Castello Brown hilltop fortress. Shopping in Portofino offers a delightful blend of luxury and local authenticity. For a unique and genuine experience, venture into the quaint alleyways branching off from the main square. Here, you'll discover boutique shops selling local specialties such as Ligurian olive oil, famous for its delicate flavor and high quality, traditional pesto Genovese made with fresh basil, pine nuts, and Parmesan cheese, as well as regional wines like Cinque Terre and Vermentino.

For more detailed port information, please refer to the Seabourn Source.

SEABOURN SIGNATURE EVENT

OFFICERS & TEAM MEMBER SALUTE

Join your Seabourn Ovation Officers and fellow guests for this Seabourn Signature event. Soak up Seabourn moments aplenty with a very special farewell salute from your team members onboard.

5:15p GRAND SALON, DECK 6

SHOWTIME TONIGHT

SKYLINE

SKYLINE takes us on a captivating journey to some of the world's most iconic skylines. From Billy Joel's New York, to Frank Sinatra's Chicago – from the passion of Rio to the elegance of London. Bespoke media content connects the themes of music and travel – and evokes great memories of the places we have been to – and places we're yet to visit! Featuring THE SEABOURN SIX.

9:30p GRAND SALON, DECK 6

TONIGHT'S ATTIRE: ELEGANT CASUAL

After 6:00p, the evening dress code is Elegant Casual. In all dining venues, the nightly dress standard for men is slacks with collared dress shirt or sweater and optional jacket. Slacks, skirt, blouse, pant suit or dresses are appropriate for ladies. Elegant jeans are now welcome in all dining venues.

TENDER NOTICE

Guests wishing to go ashore today will do so by embarking the ship's tender boats. Please always follow the instructions of the crew while boarding. Please remain seated while the boat is moving. Kindly note that smoking is not permitted at any time on the tenders. Tenders will be operating on a continuous basis.

PORT NOTICE

All guests are required to carry photo ID when going out in Portofino.

A MESSAGE FROM YOUR CAPTAIN...

On behalf of all the Officers, Staff and Crew on board Seabourn Ovation, I would like to take this opportunity to thank you for sailing with us on this Voyage. Ovation is a place we are proud to call our home away from home, we hope you feel the same. I wish you a pleasant onward journey and a joyous return to your families ashore.

Captain Emiliano Cygan

COMMENT CARDS

As environmental leaders in the cruising industry, Seabourn has created an electronic guest comment card which is used to not only receive your valuable comments but allows us to identify and possibly reward crew who have made your time onboard a positive experience. Guest Services are happy to validate your e-mail address on file. We hope you have enjoyed your cruise vacation and we look forward to seeing you on one of our ships again soon.

PORT AGENT INFORMATION

Cemar Agency Network
Via Barigata Liguria, 4
Genova 1612 Italy
Phone: +390105731750

U.S. EMBASSY

Vittorio Veneto, 121, 00187
Roma RM, Italy
Phone: +390646741

AUSTRALIAN EMBASSY

Via Antonio Bosio, 5,
00161, Rome
Phone: +3906852721

BRITISH EMBASSY

Via XX Settembre 80/a
00187 Rome
Italy
Phone: +390642200001

FOOD & DRINK

The Restaurant, Deck 4 Dinner	6:00p - 9:00p
The Colonnade, Deck 9 Breakfast Lunch, British Dinner, Surf n Turf	7:00a - 10:00a 12:00n - 2:00p 6:00p - 9:00p
Solis, Deck 8 Dinner <i>By Reservation Only, Please Dial 9.</i>	6:00p - 9:00p
The Patio, Deck 9 Breakfast Lunch, Mixed Grill Earth & Ocean	8:30a - 10:00a 1:00p - 4:00p 7:30p - 9:00p
Sushi, Deck 8 Lunch Dinner	12:00n - 2:00p 6:00p - 8:45p
Seabourn Square, Deck 7 Coffee & Snacks	6:15a - 6:00p
Observation Bar, Deck 11 Afternoon Tea Evening Bar	4:00p - 5:00p 5:00p - Midnight
Sky Bar, Deck 10 (Weather Permitting).	12:00n - 7:00p
Patio Bar, Deck 9	10:00a - 10:00p
Solis Piano Bar, Deck 8	6:00p - Midnight
The Club, Deck 5	6:00p - Close
Room Service	24 Hours

SERVICES

The Boutique, Deck 7 <i>The Boutique holds EFFY jewelry, a variety of toiletries, sun creams, and medications. Please inquire within.</i>	5:30a - 10:30p
The Spa and Wellness, Deck 10	8:00a - 10:00p
Fitness Center, Deck 10 <i>For the complete spa events & listings, please refer to The Herald on your Seabourn Source App or contact The Spa reception. Shuffleboard Court and Table Tennis equipment can be accessed through the Fitness Center.</i>	6:00a - 10:00p
Cruise Sales, Deck 7 Book onboard to save 10%	9:00a - 11:00a 2:00p - 6:00p
Destination Services, Deck 7 <i>Bookings can also be made on your Seabourn Source App or Suite TV</i>	4:00p - 6:00p
Casino, Deck 5 Slots Tables	6:00p - Close 6:00p - Close
Medical Center, Deck 4 Forward <i>By Appointment Only. Please call 5410 during the below office hours and one of our friendly medical staff will assist you with an appointment date & time.</i>	
Port Day:	8:00a - 10:00a & 4:00p - 6:00p
Sea Day:	9:00a - 11:00a & 4:00p - 6:00p

FOR A MEDICAL EMERGENCY DIAL 911

LET'S GET SOCIAL!

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@SeabournCruise (X and Instagram)

@SeabournCruise (Facebook)

#Seabourn #SeabournOvation

TODAY'S ONBOARD ACTIVITIES

GUESTS ON TOUR - E-Tickets and times are listed in your wallet on Seabourn Source. Guests arriving after the meeting time may not be accommodated. Changes or cancellations must be made at least 48 hours prior to arrival at the port.

PLEASE NOTE - For a complete list of today's events and activities, please refer to the Herald on your in-suite TV or the Seabourn Source app. Want to know more about the ports but missed the Tour Talk? Watch it on your TV under the Main Menu > Destinations > Tour Talk.

TENDER NOTICE

Guests wishing to go ashore today will do so by embarking the ship's tender boats. Please always follow the instructions of the crew while boarding. Please remain seated while the boat is moving. Kindly note that smoking is not permitted at any time on the tenders. Tenders will be operating on a continuous basis.

10:00a	Complimentary Walk in Hair Consultation Spa & Wellness, Deck 10
2:00p	Social Bridge Play (un-hosted). Card Room, Deck 8
2:30p	Social Mahjong Play (un-hosted). Card Room, Deck 8
3:00p	Diabetes, Weight Loss and Chinese Herbs Spa & Wellness, Deck 10
4:00p	Afternoon Tea & Melodies Observation Bar, Deck 11
4:00p	Team Trivia Finale The Club, Deck 5
5:15p	Officers & Team Member Salute Grand Salon, Deck 6
6:00p	Music Melodies with Merle & Barry (until 6:45p). Observation Bar, Deck 11
6:15p	Bruno's Piano Bar (until 8:00p, with break). The Piano Bar at Solis, Deck 8
6:30p	Pre-Dinner Dancing with The Quartet (until 7:30p). The Club, Deck 5
6:30p	EFFY Dessert of the Day: EFFY Gift Bag The Boutique, Deck 7
7:00p	Music Melodies with Merle & Barry (until 7:45p). Observation Bar, Deck 11
8:00p	EFFY Collectors Toast The Boutique, Deck 7
8:45p	Hot Hits with The Quartet (until 9:30p). The Club, Deck 5
9:15p	Piano Perfection with Bruno (until 10:00p). The Piano Bar at Solis, Deck 8
9:30p	Showtime Tonight: Skyline Grand Salon, Deck 6 SKYLINE takes us on a captivating journey to some of the world's most iconic skylines. From Billy Joel's New York, to Frank Sinatra's Chicago – from the passion of Rio to the elegance of London. Bespoke media content connects the themes of music and travel – and evokes great memories of the places we have been to – and places we're yet to visit! Featuring THE SEABOURN SIX.
9:30p	Sunset Serenades with Merle & Barry (until 10:50p). Observation Bar, Deck 11
10:15p	Melodic Moments with Bruno (until 11:00p). The Piano Bar at Solis, Deck 8
10:15p	Dance Floor Hits with The Quartet (until 11:00p). The Club, Deck 5 Followed by The Band & Lanie (until late).
11:10p	Late Night Sounds with Merle & Barry (until Midnight). Observation Bar, Deck 11