



THE HERALD

SATURDAY, AUGUST 1, 2026 COPENHAGEN, DENMARK

WEATHER CLOUD WITH SUN 69°F / 21°C

WIND 17MPH / 27KMH

SUNRISE: 5:14a

SUNSET: 9:16p

IN PORT

COPENHAGEN, DENMARK

Overnight / All Aboard: 4:30p

Gangway: Deck 5, Forward (subject to change)

VOYAGE ITINERARY AND EVENING DRESS

Sat	Aug 1	Copenhagen, Denmark	Elegant Casual
Sun	Aug 2	Skagen, Denmark	Elegant Casual
Mon	Aug 3	Gothenburg, Sweden	Elegant Casual
Tues	Aug 4	Oslo, Norway	Elegant Casual
Weds	Aug 5	Mandal (Kristiansand), Norway	Elegant Casual
Thurs	Aug 6	At Sea	Formal
Fri	Aug 7	Antwerp, Belgium	Elegant Casual
Sat	Aug 8	Dover (London), England	Elegant Casual

Captain: David Bathgate
Hotel Director: Ares Mantadakis
Cruise Director: Simon Egerton

A TOAST TO YOUR VOYAGE:

CRUISE DIRECTOR INTRODUCTIONS

Bon Voyage! Join Cruise Director Simon, Entertainment Manager Courtne, and meet your onboard Entertainment Team. We'll toast to your voyage with live music from Roma & The Band.

4:45p POOLSIDE, DECKS 9 & 10 (weather permitting)

SHOWTIME TONIGHT:

DETROIT CITY SOUNDS

FEATURING THE SEABOURN SIX

Take a trip to Detroit to enjoy the music of artistes such as Diana Ross, Smokey Robinson, Marvin Gaye & many more. An exhilarating feel-good evening with your Seabourn Six featuring all the Motown classics you know and love.

9:15p GRAND SALON, DECK 6

SEABOURN SAFETY ESSENTIALS

1. **VISIT:** We remind you, please VISIT your designated muster station at your earliest convenience between 2:00p & 4:00p. All guests are required to scan in for a roll call with one of our muster station personnel. You can find your muster station on your suite key card and the sign on the back of the entrance door to your suite.

2. **WATCH:** All guests must WATCH the entire safety video displayed on their In-Suite TV before departure. This video contains essential information. Once you have completed the safety video, your TV will automatically unlock and confirm your completion to our team.

3. **LISTEN:** At 4:00p, LISTEN to the Captain's announcement followed by the General Emergency Alarm.

SEABOURN ANNOUNCEMENT POLICY

To preserve a peaceful onboard atmosphere, public announcements are kept to a minimum and will not be made in suites unless absolutely necessary. To hear public area announcements, tune your in-suite TV to the Bow or Aft Camera channel via Watch & Listen → Live TV. Routine events, including tour departures, will not be announced.

CONNECTING TO THE INTERNET

To access the ship's Wi-Fi, begin by connecting to the Ovation-Guest network in your device's Wi-Fi settings. Once connected, open any web browser and navigate to internet.seabourn.com. You will be prompted to log in using your suite number and date of birth. After logging in, select your preferred internet package and accept the terms and conditions. Your internet connection will then be activated.

SEABOURN SOURCE

Enhance your cruise experience with our complimentary mobile app. See The Herald, browse and book tours, connect to satellite internet, view menus and more! Follow the instructions on the leaflet in your Suite or get assistance from Guest Services at Seabourn Square, Deck 7.

YOUR DIGITAL MAP

This unique link and QR code will direct you to our image and document sharing platform, where you can download a complete record of your expedition voyage experience to relive once you return home.



PORT INFORMATION

Blue Water Shipping
Denmark
agency_cph@bws.dk
+4553365239

U.S. EMBASSY

Dag Hammarskjolds Allé 24
2100 Copenhagen
+45 3341 7100

AUSTRALIAN HIGH COMMISSION

Dampfaergevej 26, 2nd floor
2100 Copenhagen, Denmark
copenhagen.embassy@dfat.gov.au
+45 7026 3676

Shore to Ship: +1 321 837 6117

FOOD & DRINK

The Restaurant, Deck 4	
Dinner	6:00p - 9:00p
The Colonnade, Deck 9	
Breakfast	6:30a - 9:00a
Lunch	12:00n - 3:00p
Dinner, American	6:00p - 9:00p
Solis, Deck 8	
Dinner	6:00p - 9:00p
<i>By reservation only. Please dial 9.</i>	
The Patio, Deck 9	
Breakfast	Closed
Lunch	1:00p - 4:00p
Earth & Ocean	7:00p - 9:00p
Sushi, Deck 8	
Dinner	6:00p - 9:00p
Seabourn Square, Deck 7	
Coffee & Snacks	6:15a - 6:00p
Observation Bar, Deck 11	
Tapas	6:00p - 8:00p
Evening Bar	5:30p - Midnight
Solis Bar, Deck 8	5:30p - Midnight
Sky Bar, Deck 10	12:00n - 7:00p
Patio Bar, Deck 9	10:00a - 10:00p
The Club, Deck 5	6:00p - Close
Room Service	24 Hours

PLEASE NOTE

Guests under the legal drinking age will not be served alcoholic beverages, nor are they to consume alcoholic beverages. Please understand that you may be requested to show identification indicating your date of birth.

SERVICES

The Boutique, Deck 7	5:30p - 10:30p
<i>The Boutique holds EFFY jewelry, a variety of toiletries, sun creams, and medications. Please inquire within.</i>	
The Spa and Wellness, Deck 10	11:00a - 10:00p
Fitness Center, Deck 10	6:00a - 10:00p
<i>For the complete spa events and classes menu, please check out The Spa on your Seabourn Source App or contact The Spa reception.</i>	
Future Cruise Consultant, Deck 7	2:00p - 6:00p
<i>Exploration Awaits Event</i>	
<i>Enjoy savings of up to 15% on select Seabourn voyages to extraordinary destinations. Plus, save an additional 10% when you book on board. Visit your Future Cruise Consultant today.</i>	
Destination Services, Deck 7	1:30p - 5:30p
<i>Bookings can be made on your Seabourn Source App or suite TV.</i>	
Casino, Deck 5	
Slots	6:00p - Close
Tables	6:00p - Close
Medical Center, Deck 4 Forward	
<i>By Appointment Only. Please call 5410 and one of our medical staff will assist you with an appointment date and time.</i>	
Embarkation Day:	8:00a - 9:00a & 4:00p - 6:00p
Port Day:	8:00a - 10:00a & 4:00p - 6:00p
Sea Day:	9:00a - 11:00a & 4:00p - 6:00p
FOR A MEDICAL EMERGENCY DIAL 911	

SEABOURN DRESS CODE GUIDELINES

The Herald and Seabourn Source will note each evening's attire as either Formal or Elegant Casual. During the day, attire is elegant yet relaxed. Casual resort wear (including jeans and Bermuda/long shorts) is welcome at breakfast and lunch; jackets are not required. Kindly reserve brief shorts, workout clothes, swimwear, and hats for the pool, deck, Spa, or Gym.

TONIGHT'S ATTIRE (FROM 6:00p): ELEGANT CASUAL

In all dining venues, the nightly dress standard for men is slacks with collared dress shirt or sweater and optional jacket. Slacks, skirt, blouse, pant suit or dresses are appropriate for ladies. Elegant jeans are now welcome in all dining venues.

TODAY'S ONBOARD ACTIVITIES

GOING ASHORE: Photo ID's are required for going ashore at this port.

TOUR TICKETS: Your e-tickets can be found on the Seabourn Source App under Account > Wallet. Please refer to your Wallet for meeting times and locations, as well as important reminders about your tour.

CANCELLATION POLICY: Please note that changes or cancellations must be made at least 48 hours prior to arrival at the port.

DECK SPORTS AVAILABLE

Spa & Wellness, Deck 10
Shuffleboard court & Table Tennis equipment can be accessed by walking through The Spa. Available for use all day.

PLEASE NOTE - For a complete list of today's events and activities, please refer to the Herald on your in-suite TV or the Seabourn Source app.

12:00n	Meet & Greet with your Wellness Team Spa & Wellness, Deck 10 (until 7:00p)
1:00p	Open Viewing of The Retreat The Retreat, Deck 12 The Retreat is the ultimate serene space nestled under beautiful sail cloth canopies, with a central whirlpool ringed with 15 private cabanas. Day passes available to purchase via Guest Services.
2:00p	Mandatory Safety Essentials Muster Station, Deck 5 or 6 (until 4:00p)
3:00p	Complimentary Walk-In Acupuncture Consultations Spa & Wellness, Deck 10
3:30p	Walk-In Hair Consultations Spa & Wellness, Deck 10
4:30p	Spa & Wellness Grand Raffle - Win Up To \$500 In Spa Credit Spa & Wellness, Deck 10
5:00p	Complimentary Footprint and Postural Analysis Spa & Wellness, Deck 10
4:45p	A Toast to Your Voyage: Cruise Director Introductions Poolside, Decks 9 & 10 (weather permitting)
5:00p	Destinations Presentation: All Ports Grand Salon, Deck 6
5:30p	A Gift From Effy Jewelry: Effy Moments Pendants The Boutique, Deck 7
6:00p	LGBTQIA+ Friends and Family Get Together The Club, Deck 5
6:00p	Early Evening Moods with Double Espresso Observation Bar, Deck 11 (until 7:45p with break)
6:00p	Effy Sale-Away Party The Boutique, Deck 7
6:15p	Deborah's Piano Lounge The Piano Lounge at Solis, Deck 8 (until 8:00p with break)
6:15p	Solo Travelers Get-Together with Entertainment Manager, Courtne Fenn The Club, Deck 5
6:30p	Pre-Dinner Dancing with Music Avenue The Club, Deck 5 (until 7:30p)
8:15p	Cruise The Caribbean With Effy The Boutique, Deck 7
8:00p	Pre-Show Party with Music Avenue The Club, Deck 5 (until 8:45p)
9:15p	Showtime Tonight: DETROIT CITY SOUNDS Grand Salon, Deck 6 <i>Featuring The Seabourn Six</i>
9:15p	Piano Perfection with Deborah The Piano Lounge at Solis, Deck 8 (until 11:00p, with break)
9:30p	Late Night Chill with Double Espresso Observation Bar, Deck 11 (until midnight with break)
10:00p	Dance the Night Away with Music Avenue followed by Roma & The Band The Club, Deck 5 (until late)

This is your moment.

SEABOURN

THE HERALD

SUNDAY, AUGUST 2, 2026

SKAGEN, DENMARK

WEATHER PARTLY CLOUDY 64°F / 18°C WIND 34mph / 55kmh SUNRISE: 5:12a SUNSET: 9:32p
IN PORT

SKAGEN, DENMARK

Arrival: 8:00a / All Aboard: 11:00p

Gateway: Deck 5, Midship (subject to change)

INTRODUCING YOUR CAPTAIN:

CAPTAIN DAVID BATHGATE

Being born and bred on Scottish shores, I had many opportunities from a young age to go sailing. However, growing up in the coastal village of Gullane - home to the world-renowned Muirfield Golf Course and a strong golfing tradition - it felt only natural to pursue golf, and at the age of 10 my parents sent me for lessons with the local professional. It didn't take long, however, to realize that my future did not lie on the fairways and greens (as neither, it seemed, did my golf balls!), but instead on the open sea. By 11, I had swapped my clubs for a small sailing dinghy and joined the East Lothian Yacht Club. Perhaps it was the allure of the distant horizon while playing those famous seaside links - watching ships pass by on their way to far-off lands - but I knew that was where my heart belonged. And so began a lifelong love affair with the sea. With a deep affinity for the maritime world, I feel incredibly fortunate to have enjoyed a varied career spanning over four decades - one that brings me just as much joy today as it did all those years ago.

SEABOURN SIGNATURE EVENT:

CAPTAIN'S WELCOME INTRODUCTIONS

Captain David Bathgate and his Senior Officers will meet you around the ship to say 'Hello' and 'Welcome Aboard.'

6:00p THE CLUB, DECK 5

6:15p OBSERVATION BAR, DECK 11

SHOWTIME TONIGHT:

JENNIFER TIERNEY: SHOWSTOPPERS

West End performer Jennifer Tierney pays tribute to some of the most memorable soundtracks and iconic performances. A movie & musical tribute not to be missed!

8:45p & 10:00p GRAND SALON, DECK 6

SHUTTLE INFORMATION

For your convenience, a complimentary shuttle bus will be available between Cruise pier and Downtown area (Kassevej 3). Transportation will operate approximately every 30 minutes from 8:30a to 9:00p, allowing you to explore Skagen at your leisure and return comfortably throughout the day.

A SEABOURN CONVERSATION WITH SIR ALAN COLLINS

WHAT DOES AN AMBASSADOR DO?

In the age of computers, social media and AI what is there left for an Ambassador to do? As we face an uncertain world with conflict in Europe, the Middle East and the growing power of China, Sir Alan asks if diplomacy can still play a leading role alongside bodies such as NATO and the United Nations.

4:45p GRAND SALON, DECK 6

TONIGHT'S ATTIRE: ELEGANT CASUAL

In all dining venues, the nightly dress standard for men is slacks with collared dress shirt or sweater and optional jacket. Slacks, skirt, blouse, pant suit or dresses are appropriate for ladies. Elegant jeans are now welcome in all dining venues.

YOUR DIGITAL MAP

This unique link and QR code will direct you to our image and document sharing platform, where you can download a complete record of your expedition voyage experience to relive once you return home.



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FOOD & DRINK

The Restaurant, Deck 4	
Dinner	6:00p - 9:00p
The Colonnade, Deck 9	
Breakfast	7:15a - 10:00a
Lunch	12:00n - 2:00p
Dinner, French & Lobster	6:00p - 9:00p
Solis, Deck 8	
Dinner	6:00p - 9:00p
<i>By reservation only. Please dial 9.</i>	
The Patio, Deck 9	
Breakfast	7:30a - 9:00a
Lunch	12:30p - 3:30p
Earth & Ocean	7:00p - 9:00p
Sushi, Deck 8	
Lunch	12:00n - 2:00p
Dinner	6:00p - 9:00p
Seabourn Square, Deck 7	
Coffee & Snacks	6:15a - 6:00p
Observation Bar, Deck 11	
Early Morning Risers	6:15a - 8:00a
Evening Bar	5:30p - Midnight
Tapas	6:00a - 8:00p
Solis Bar, Deck 8	5:30p - Midnight
Sky Bar, Deck 10 (weather permitting)	12:00n - 7:00p
Patio Bar, Deck 9	10:00a - 10:00p
The Club, Deck 5	6:00p - Close
Room Service	24 Hours

PLEASE NOTE

Guests under the legal drinking age will not be served alcoholic beverages, nor are they to consume alcoholic beverages. Please understand that you may be requested to show identification indicating your date of birth.

SERVICES

The Boutique, Deck 7	Closed
<i>The Boutique holds EFFY jewelry, a variety of toiletries, sun creams, and medications. Please inquire within.</i>	
The Spa and Wellness, Deck 10	8:00a - 10:00p
Fitness Center, Deck 10	6:00a - 10:00p
<i>For the complete spa events and classes menu, please check out The Spa on your Seabourn Source App or contact The Spa reception.</i>	
Future Cruise Consultant, Deck 7	9:00a - 12:00n
<i>Exploration Awaits Event</i>	3:00p - 5:00p
<i>Enjoy savings of up to 15% on select Seabourn voyages to extraordinary destinations. Plus, save an additional 10% when you book on board. Visit your Future Cruise Consultant today.</i>	
Destination Services, Deck 7	4:00p - 6:00p
<i>Bookings can be made on your Seabourn Source App or Suite TV.</i>	
Casino, Deck 5	
Slots	Closed
Tables	Closed
Medical Center, Deck 4 Forward	
<i>By Appointment Only. Please call 5410 and one of our medical staff will assist you with an appointment date and time.</i>	
Embarkation Day:	8:00a - 9:00a & 5:00p - 6:00p
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Sea Day:	9:00a - 11:00a & 4:00p - 6:00p

FOR A MEDICAL EMERGENCY DIAL 911

TODAY'S ONBOARD ACTIVITIES

TOUR TICKETS: Your e-tickets can be found on the Seabourn Source App under Account > Wallet. Please refer to your Wallet for meeting times and locations, as well as important reminders about your tour.

CANCELLATION POLICY: Please note that changes or cancellations must be made at least 48 hours prior to arrival at the port.

DECK SPORTS AVAILABLE

Spa & Wellness, Deck 10
Shuffleboard court & Table Tennis equipment can be accessed by walking through The Spa. Available for use all day.

7:00a	Fitness Class: Pure Form Pilates Motion Studio, Deck 10
9:00a	Interdenominational Church Service (unhosted) Card Room, Deck 8
10:00a	Acupuncture 101 - A Life-Changing Introduction Spa & Wellness, Deck 10
10:00a	Ping Pong Prize Game Sun Terrace behind the Spa, Deck 10 (weather permitting)
11:00a	Spa Seminar: Detox for Health and Weight Loss Motion Studio, Deck 10
2:00p	Social Mahjong (unhosted) Card Room, Deck 8
3:00p	Baggo Prize Game Atrium, Deck 4
3:00p	Social Bridge Play (unhosted) Card Room, Deck 8
4:00p	Team Trivia with Simon & Courtne The Club, Deck 5
4:00p	Wellness Seminar: Natural Relief for Arthritis, Back and Knee Pain Spa & Wellness, Deck 10
4:45p	A Seabourn Conversation with Sir Alan Collins <i>What Does An Ambassador Do?</i> Grand Salon, Deck 6
6:00p	Seabourn Signature Event: Captains Welcome Introductions The Club, Deck 5
6:00p	Early Evening Moods with Double Espresso Observation Bar, Deck 11 (until 7:45p with break)
6:15p	Seabourn Signature Event: Captains Welcome Introductions Observation Bar, Deck 11
6:15p	Deborah's Piano Lounge The Piano Lounge at Solis, Deck 8 (until 7:45p with break)
6:30p	Pre-Dinner Dancing with Music Avenue The Club, Deck 5 (until 7:30p)
8:00p	Pre-Show Party with Music Avenue The Club, Deck 5 (until 8:45p)
8:45p	Showtime Tonight: Jennifer Tierney <i>Showstoppers</i> Grand Salon, Deck 6
9:15p	Piano Perfection with Deborah The Piano Lounge at Solis, Deck 8 (until 11:00p, with break)
9:30p	Dance the Night Away with Music Avenue The Club, Deck 5 (until 10:15p)
9:30p	Late Night Chill with Double Espresso Observation Bar, Deck 11 (until midnight, with breaks)
10:00p	Showtime Tonight: Jennifer Tierney <i>Showstoppers</i> Grand Salon, Deck 6
10:45p	Late Night Dancing with Music Avenue followed by Roma & The Band The Club, Deck 5 (until late)

This is your moment.



SEABOURN®

THE HERALD



MONDAY, AUGUST 3, 2026

GOTHENBURG, SWEDEN

WEATHER PARTLY CLOUDY 66°F / 19°C WIND 18mph / 29kmh SUNRISE: 5:12a SUNSET: 9:27p

IN PORT

GOTHENBURG, SWEDEN

Arrival: 8:00a / All Aboard: 5:30p

Gangway: Deck 5, Midship (subject to change)

Gothenburg is Sweden's vibrant second city, beautifully situated on the country's picturesque west coast. Known for its welcoming atmosphere, scenic canals, and leafy boulevards, Gothenburg blends rich maritime heritage with contemporary Scandinavian style. Visitors can wander the charming cobbled streets of Haga, discover unique boutiques and inviting cafés, or sample some of the freshest seafood in Northern Europe.

The city is also home to beautiful parks, fascinating museums, striking architecture, and a lively cultural scene. Whether you're exploring the bustling waterfront, enjoying the gardens, or taking in the relaxed pace of Swedish life, Gothenburg offers something for every visitor. With its mix of history, culture, and coastal beauty, this welcoming city is a memorable highlight of any Scandinavian cruise.

For more detailed port information, please refer to the Seabourn Source.

A SEABOURN SIGNATURE EVENT:

ABBA & CAVIAR SAILAWAY

FEATURING ROMA & THE BAND

Join us for The Best of ABBA! Delight in signature Caviar and let the music transport you from *Waterloo* to *Mamma Mia*. You'll be saying *Gimme! Gimme!* more as you dance, jive, and have the time of your life. A true Seabourn Signature Moment.

5:15p POOLSIDE, DECK 9 & 10 (weather permitting)

SHOWTIME TONIGHT:

SILVERSCREEN

FEATURING THE SEABOURN SIX

The Seabourn Six perform iconic music from recent musicals and musical-movies including *Dear Evan Hansen* and *Moulin Rouge* – as well as classic favorites from *West Side Story* and *Les Misérables*.

8:45p & 10:00p GRAND SALON, DECK 6

SHUTTLE INFORMATION

For your convenience, a complimentary shuttle bus will be available between Cruise pier and Downtown area (Gustav Adolfs Torg). Transportation will operate approximately every 30 minutes from 8:30a to 4:30p, allowing you to explore Gothenburg at your leisure and return comfortably throughout the day.

TONIGHT'S ATTIRE (FROM 6:00p): ELEGANT CASUAL

In all dining venues, the nightly dress standard for men is slacks with collared dress shirt or sweater and optional jacket. Slacks, skirt, blouse, pant suit or dresses are appropriate for ladies. Elegant jeans are now welcome in all dining venues.

DISEMBARKATION INFORMATION

For our guests disembarking in Dover, England, who would like to purchase a private Seabourn transfer, please visit the Guest Services team at Seabourn Square on Deck 7 for a transfer booking form. The deadline for submitting the transfer booking form is August 5 before 12:00n. Please note that taxi cars and vans are readily available in port of Dover.

YOUR DIGITAL MAP

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PORT AGENT INFORMATION

European Cruise Service

+46 8 31 84 75

stockholm@europeancruise.no

Shore to Ship: +1 321 837 6117

US EMBASSY

Dag Hammarskjölds Väg 31

SE-115 89 Stockholm

Phone: 08-783 53 00

Fax: 08-661 19 64

U.K. EMBASSY

Skarpogatan 6-8

Box 27819, 115 93 Stockholm

Sweden

Telephone: +46 (0)8 671 30 00

F: +46 (0)8 662 99 89

AUSTRALIAN EMBASSY

Klarabergsviadukten 63

8th Floor

Stockholm

Telephone: +46 (0)8 613 2900

FOOD & DRINK

The Restaurant, Deck 4	
Dinner	6:00p - 9:00p
The Colonnade, Deck 9	
Breakfast	7:30a - 10:00a
Lunch	12:00n - 2:00p
Dinner, Scandinavian	6:00p - 9:00p
Solis, Deck 8	
Dinner	6:00p - 9:00p
<i>By reservation only. Please dial 9.</i>	
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Casino, Deck 5	
Slots	7:00p - Close
Tables	7:00p - Close
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<i>By Appointment Only. Please call 5410 and one of our medical staff will assist you with an appointment date and time.</i>	
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GOING ASHORE: Please ensure that you carry your government issued original, valid photo ID and suite key card with you at all times while ashore.

10:00a	Baggo Prize Game Atrium, Deck 4
10:00a	Morning Glow: Wake Up Eye Experience Spa & Wellness, Deck 10
12:00n	Salon Event: Keratin, Protein and Shine Spa & Wellness, Deck 10
2:00p	Social Mahjong & Canasta (unhosted) Card Room, Deck 8
3:00p	Golf Prize Game The Club, Deck 5
3:00p	Social Bridge Play (unhosted) Card Room, Deck 8
3:30p	Wellness Seminar: Chinese Herbal Formulas for Health Spa & Wellness, Deck 10
4:00p	Afternoon Tea & Melodies Observation Bar, Deck 11
4:00p	Name That Tune with Simon The Club, Deck 5
5:00p	Fitness Class: Total Body Conditioning Motion Studio, Deck 10
5:15p	A Seabourn Signature Event: ABBA & Caviar Sallaway Poolside, Decks 9 & 10 (weather permitting)
6:00p	Early Evening Moods with Double Espresso Observation Bar, Deck 11 (until 7:45p with break)
6:00p	Friends of Bill W (unhosted) Meeting Room 1, Deck 7
6:15p	Deborah's Piano Lounge The Piano Lounge at Solis, Deck 8 (until 8:00p with break)
6:30p	Pre-Dinner Dancing with Music Avenue The Club, Deck 5 (until 7:30p)
6:30p	A Gift From Effy Jewelry: Effy Moments Pendants The Boutique, Deck 7
8:00p	Pre-Show Party with Music Avenue The Club, Deck 5 (until 8:45p)
8:30p	Nahla Siri Tanzanite Sale The Boutique, Deck 7
8:45p	Showtime Tonight: SILVERSCREEN Grand Salon, Deck 6 <i>Featuring The Seabourn Six</i>
7:00p	Discover Sisley Paris The Boutique, Deck 7
9:15p	Piano Perfection with Deborah The Piano Lounge at Solis, Deck 8 (until 11:00p, with break)
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9:30p	Dance the Night Away with Music Avenue The Club, Deck 5
10:00p	Showtime Tonight: SILVERSCREEN Grand Salon, Deck 6 <i>Featuring The Seabourn Six</i>
10:45p	Late Night Dancing with Music Avenue followed by Roma & The Band The Club, Deck 5 (until late)

This is your moment.

SEABOURN

THE HERALD

TUESDAY, AUGUST 4, 2026

OSLO, NORWAY

WEATHER SUNNY 72°F / 22°C WIND 4 mph / 6,44 kmh SUNRISE: 5:08a SUNSET: 9:35p

IN PORT

OSLO, NORWAY

Arrival: 8:00a / All Aboard: 5:30p

Gangway: Deck 4, Forward (subject to change)

Beautiful Oslo was named as 'Europe's Green Capital.' As Norway's largest city, it is a cosmopolitan hub with an abundance of world-class architecture, museums, restaurants and shopping. Oslo buzzes with energy, from its new neighborhoods to its cutting-edge food, fashion, art scene and famous museums. The Oslo Opera House is a magnificent architectural wonder, resembling a massive iceberg, while Frognerparken showcases the work of Norway's best-loved sculptor, Gustav Vigeland, in an open-air setting. The Astrup Fearnley Modern Art Museum is an exemplar of Oslo's modern metropolitan atmosphere. Yet the city maintains a refreshing closeness to nature that few other capital cities can match. Founded in 1049 by King Harold Sigurdsson, Oslo celebrates its long-standing traditional Norse heritage. Those with an interest in its history may discover the sprawling castle-fortress of Akershus Slott, strategically built along the shores of the fjord in 1299 by King Håkon V, or explore Vikingskipshuset with its preserved Viking long-ships dating from the year 1100.



For more detailed port information, please scan the QR code or refer to the Seabourn Source.

TEAM MEMBER SAFETY DRILL

No guest participation is required. Alarms will be sounded for exercise purposes only. Please note that guest services will be suspended during this exercise and elevators will be temporarily out of service during the drill. Thank you for your understanding.

10:00a, SHIPWIDE

TONIGHT'S ATTIRE (FROM 6:00p): ELEGANT CASUAL

In all dining venues, the nightly dress standard for men is slacks with collared dress shirt or sweater and optional jacket. Slacks, skirt, blouse, pant suit or dresses are appropriate for ladies. Elegant jeans are now welcome in all dining venues.

PRE-DINNER ENTERTAINMENT:

MUSICALS, MANILOW AND ME

FEATURING CRUISE DIRECTOR SIMON EGERTON

Join your Cruise Director Simon who entertains you with song and stories from the Musicals to Manilow.

5:45p GRAND SALON, DECK 6

TONIGHT'S ENTERTAINMENT:

"NORDIC LIGHTS" LET'S DANCE PARTY!

Get ready to move, groove, and dance the night away at our Let's Dance Party on deck! From 9:30p, Roma & The Band, along with some special guests, will keep the energy high with an evening of feel-good favorites and dance floor classics. Grab your dancing shoes, hit the dance floor, and join us for a lively night of music, fun, and celebration at sea. Let's Dance!

9:30p The Club, Deck 5

PORT AGENT INFORMATION

GAC Norway AS
Skoltegrunnskaiaen 1
Bergen 5003NO
Phone: +4792893795
Shore to Ship: +1 321 837 6117

U.S. EMBASSY

U.S. Embassy Oslo
Morgedalsvegen 36
0378 Oslo
Phone: +4721308540

AUSTRALIAN EMBASSY

Dampfaergevej 26, 2nd floor
2100 Copenhagen Ø
Denmark
Phone: +4570263676

BRITISH EMBASSY

Thomas Heftyes Gate 8
4005 AMB
Oslo 0244
Norway
Phone: +4723132700

FOOD & DRINK

The Restaurant, Deck 4 Dinner	6:00p - 9:00p
The Colonnade, Deck 9 Breakfast Lunch Dinner, Norwegian	7:30a - 10:00a 12:00n - 2:30p 6:00p - 9:00p
Solis, Deck 8 Dinner <i>By reservation only. Please dial 9.</i>	6:00p - 9:00p
The Patio, Deck 9 Breakfast Lunch Earth & Ocean	7:30a - 9:00a 12:30p - 3:30p 7:00p - 9:00p
Sushi, Deck 8 Lunch Dinner	12:00n - 2:00p 6:00p - 9:00p
Seabourn Square, Deck 7 Coffee & Snacks	6:15a - 6:00p
Observation Bar, Deck 11 Early Morning Risers Evening Bar Tapas	6:15a - 8:00a 5:30p - Midnight 6:00p - 8:00p
Solis Bar, Deck 8	5:30p - Midnight
Sky Bar, Deck 10 (weather permitting)	12:00n - 7:00p
Patio Bar, Deck 9	10:00a - 10:00p
The Club, Deck 5	6:00p - Close
Room Service	24 Hours

PLEASE NOTE

Guests under the legal drinking age will not be served alcoholic beverages, nor are they to consume alcoholic beverages. Please understand that you may be requested to show identification indicating your date of birth.

SERVICES

The Boutique, Deck 7 <i>The Boutique holds EFFY jewelry, a variety of toiletries, sun creams, and medications. Please inquire within.</i>	6:30p - 10:30p
The Spa and Wellness, Deck 10	8:00a - 10:00p
Fitness Center, Deck 10 <i>For the complete spa events and classes menu, please check out The Spa on your Seabourn Source App or contact The Spa reception.</i>	6:00a - 10:00p
Future Cruise Consultant, Deck 7 <i>Exploration Awaits Event</i> <i>Enjoy savings of up to 15% on select Seabourn voyages to extraordinary destinations. Plus, save an additional 10% when you book on board. Visit your Future Cruise Consultant today.</i>	9:00a - 11:00a 4:00p - 6:00p
Destination Services, Deck 7 <i>Bookings can be made on your Seabourn Source App or Suite TV.</i>	4:00p - 6:00p
Casino, Deck 5 Slots Tables	7:00p - Close 7:00p - Close
Medical Center, Deck 4 Forward <i>By Appointment Only. Please call 5410 and one of our medical staff will assist you with an appointment date and time.</i>	
Embarkation Day:	8:00a - 9:00a & 5:00p - 6:00p
Port Day:	8:00a - 10:00a & 4:00p - 6:00p
Sea Day:	9:00a - 11:00a & 4:00p - 6:00p

FOR A MEDICAL EMERGENCY DIAL 911

TODAY'S ONBOARD ACTIVITIES

TOUR TICKETS: Your e-tickets can be found on the Seabourn Source App under Account > Wallet. Please refer to your Wallet for meeting times and locations, as well as important reminders about your tour.

CANCELLATION POLICY: Please note that changes or cancellations must be made at least 48 hours prior to arrival at the port.

GOING ASHORE: Please ensure that you carry your government issued original, valid photo ID and suite key card with you at all times while ashore.

7:00a	Fitness Class: Abs Class Motion Studio, Deck 10
7:30a	Fitness Class: Morning Stretch Motion Studio, Deck 10
10:00a	Team Member Safety Drill Shipwide
11:00a	Spa Seminar: Eat More to Weigh Less Motion Studio, Deck 10
1:00p	Spa Event: 5 Steps to Healthier Looking Skin Spa & Wellness, Deck 10
2:00p	Popcorn Movie "Michael" 2026 Grand Salon, Deck 6
2:00p	Social Mahjong & Canasta (unhosted) Card Room, Deck 8
2:00p	Spa Seminar: Relieving Back Pain Motion Studio, Deck 10
3:00p	Golf Prize Game The Club, Deck 5
3:00p	Social Bridge Play (unhosted) Card Room, Deck 8
4:00p	Team Trivia with Simon & Courtne The Club, Deck 5
5:00p	Fitness Class: Yoga Motion Studio, Deck 10
5:45p	Pre-Dinner Entertainment: Musicals, Manilow and Me Grand Salon, Deck 6 <i>Featuring Cruise Director Simon Egerton</i>
6:15p	Deborah's Piano Lounge The Piano Lounge at Solis, Deck 8 (until 8:00p with break)
6:30p	Early Evening Moods with Double Espresso Observation Bar, Deck 11 (until 7:30p with break)
6:30p	Pre-Dinner Dancing with Music Avenue The Club, Deck 5 (until 7:30p)
6:30p	A Gift From Effy Jewelry: Effy Moment Pendants The Boutique, Deck 7
7:00p	Effy Boutique Coloured Diamonds Event The Boutique, Deck 7
8:15p	Effy Celebrates You The Boutique, Deck 7
8:45p	Pre-Show Party with Music Avenue "American Classics" The Club, Deck 5 (until 9:30p)
9:15p	Piano Perfection with Deborah The Piano Lounge at Solis, Deck 8 (until 11:00p, with break)
9:30p	Late Night Chill with Double Espresso Observation Bar, Deck 11 (until midnight, with breaks)
9:30p	Tonight's Entertainment: LET'S DANCE PARTY! The Club, Deck 5
10:45p	Late Night Dancing with Music Avenue The Club, Deck 5 (until late)

This is your moment.



SEABOURN

THE HERALD



WEDNESDAY, AUGUST 5, 2026 MANDAL (KRISTIANSAND) NORWAY

WEATHER
AT ANCHOR

LIGHT RAIN

63°F / 17°C

WIND 20mph / 33kmh

SUNRISE: 5:29a

SUNSET: 9:42p

MANDAL (KRISTIANSAND), NORWAY

Arrival: 8:00a / Last Tender: 4:30p

Tender Platform: Deck 3, Aft (subject to change)

Mandal acts as our gateway to Kristiansand. From pristine beaches to cultural attractions, Kristiansand offers a uniquely Norwegian experience. Delight in the local cuisine, explore the charming surroundings, and enjoy the welcoming atmosphere. A highlight of a visit to Kristiansand is lovely Ravnedalen Park, constructed in 1874 as a Romantic-style, riverside garden set in a deep valley gorge, surrounded by awe-inspiring cliffs and waterfalls. Many exotic imported plants such as magnolia, cypress and rhododendron line the garden pathways, while some of Norway's largest native spruce trees can be admired throughout the park.

For more detailed port information, please refer to the Seabourn Source.

TONIGHT'S ATTIRE (FROM 6:00p): ELEGANT CASUAL

In all dining venues, the nightly dress standard for men is slacks with collared dress shirt or sweater and optional jacket. Slacks, skirt, blouse, pant suit or dresses are appropriate for ladies. Elegant jeans are now welcome in all dining venues.



For more detailed port information, please scan the QR code or refer to the Seabourn Source.

POOLSIDE ENTERTAINMENT:

MUSIC ON DECK WITH BRITISH INVASION

Join Music Avenue on deck as the quartet brings a lively British-inspired set to life - from beloved classics to modern favorites - capturing the spirit, charm, and unmistakable energy of the UK.

5:15p POOLSIDE, DECKS 9 & 10 (weather permitting)

SHOWTIME TONIGHT:

SHAMROCK TENORS

The Double Emmy winning Shamrock Tenors have been described as 'one of Northern Ireland's greatest ever exports'. They have headlined some of the most famous concert halls in the world, from the Sydney Opera House to London's Adelphi Theatre and tonight they are bringing their hit show to the seven seas!

8:45p & 10:00p GRAND SALON, DECK 6

PORT AGENT INFORMATION

GAC Norway AS
Skoltegrunnskaia 1
Bergen 5003NO
Phone: +4792893795

Shore to Ship: +1 321 837 6117

U.S. EMBASSY
U.S. Embassy Oslo
Morgedalsvegen 36
0378 Oslo
Phone: +4721308540

AUSTRALIAN EMBASSY

Dampfaergevej 26, 2nd floor
2100 Copenhagen Ø
Denmark
Phone: +4570263676

BRITISH EMBASSY

Thomas Heftyes Gate 8
4005 AMB
Oslo 0244
Norway
Phone: +4723132700

CLOSING OF DOORS & SUITE COURTESY

For the comfort of all guests, please close suite doors gently using your key card and keep television volume at a considerate level, especially during early mornings and late evenings. Sound travels easily, and your mindfulness helps maintain a peaceful, relaxing environment throughout the ship. Thank you for your courtesy.

FOOD & DRINK

The Restaurant, Deck 4 Dinner	6:00p - 9:00p
The Colonnade, Deck 9 Breakfast Lunch Dinner, Indian	7:30a - 10:00a 12:00n - 2:00p 6:00p - 9:00p
Solis, Deck 8 Dinner <i>By reservation only. Please dial 9.</i>	6:00p - 9:00p
The Patio, Deck 9 Breakfast Lunch Earth & Ocean	7:30a - 9:00a 12:30p - 3:30p 7:30p - 9:00p
Sushi, Deck 8 Lunch Dinner	12:00n - 2:00p 6:00p - 9:00p
Seabourn Square, Deck 7 Coffee & Snacks	6:15a - 6:00p
Observation Bar, Deck 11 Early Morning Risers Evening Bar Tapas	6:15a - 8:00a 5:30p - Midnight 6:00p - 8:00p
Solis Bar, Deck 8	5:30p - Midnight
Sky Bar, Deck 10 (weather permitting)	12:00n - 7:00p
Patio Bar, Deck 9	10:00a - 10:00p
The Club, Deck 5	6:00p - Close
Room Service	24 Hours

PLEASE NOTE

Guests under the legal drinking age will not be served alcoholic beverages, nor are they to consume alcoholic beverages. Please understand that you may be requested to show identification indicating your date of birth.

SERVICES

The Boutique, Deck 7 <i>The Boutique holds EFFY jewelry, a variety of toiletries, sun creams, and medications. Please inquire within.</i>	5:30p - 10:30p
The Spa and Wellness, Deck 10	8:00a - 10:00p
Fitness Center, Deck 10 <i>For the complete spa events and classes menu, please check out The Spa on your Seabourn Source App or contact The Spa reception.</i>	6:00a - 10:00p
Future Cruise Consultant, Deck 7 <i>Exploration Awaits Event</i> <i>Enjoy savings of up to 15% on select Seabourn voyages to extraordinary destinations. Plus, save an additional 10% when you book on board. Visit your Future Cruise Consultant today.</i>	9:00a - 12:00n 2:00p - 5:00p
Destination Services, Deck 7 <i>Bookings can be made on your Seabourn Source App or Suite TV.</i>	4:00p - 6:00p
Casino, Deck 5 Slots Tables	6:00p - Close 6:00p - Close
Medical Center, Deck 4 Forward <i>By Appointment Only. Please call 5410 and one of our medical staff will assist you with an appointment date and time.</i>	
Embarkation Day:	8:00a - 9:00a & 5:00p - 6:00p
Port Day:	8:00a - 10:00a & 4:00p - 6:00p
Sea Day:	9:00a - 11:00a & 4:00p - 6:00p

FOR A MEDICAL EMERGENCY DIAL 911

TODAY'S ONBOARD ACTIVITIES

TOUR TICKETS: Your e-tickets can be found on the Seabourn Source App under Account > Wallet. Please refer to your Wallet for meeting times and locations, as well as important reminders about your tour.

CANCELLATION POLICY: Please note that changes or cancellations must be made at least 48 hours prior to arrival at the port.

GOING ASHORE: Please ensure that you carry your government issued original, valid photo ID and suite key card with you at all times while ashore.

10:00a	Golf Prize Game The Club, Deck 5
12:00n	Complimentary Hair Colour Consultation Spa & Wellness, Deck 10
2:00p	Social Mahjong & Canasta (unhosted) Card Room, Deck 8
3:00p	Baggo Prize Game Atrium, Deck 4
3:00p	Social Bridge Play (unhosted) Card Room, Deck 8
3:00p	Spa Seminar: Burn Fat Faster Motion Studio, Deck 10
4:00p	Name That Tune with Deborah The Club, Deck 5
5:00p	Fitness Class: Pilates Motion Studio, Deck 10
5:00p	Future Cruise Presentation Grand Salon, Deck 6 Join your cruise consultant Romano for an exciting future cruise presentation to help you navigate through exclusive onboard promotions, suite categories, and itineraries as you choose your next Seabourn adventure.
5:15p	Poolside Entertainment: Music on Deck with British Invasion Poolside, Decks 9 & 10 (weather permitting) <i>British Invasion</i>
5:30p	A Gift From Effy Jewelry: Effy Moments Pendants The Boutique, Deck 7
6:00p	Early Evening Moods with Double Espresso Observation Bar, Deck 11 (until 7:45p with break)
6:00p	Friends of Bill W (unhosted) Meeting Room 1, Deck 7
6:15p	Deborah's Piano Lounge The Piano Lounge at Solis, Deck 8 (until 8:00p with break)
6:30p	Pre-Dinner Dancing with Roma & The Band The Club, Deck 5 (until 7:30p)
8:00p	Pre-Show Party with Roma & The Band The Club, Deck 5 (until 8:45p)
8:15p	Signature Collection Unveiling The Boutique, Deck 7
8:45p	Showtime Tonight: SHAMROCK TENORS Grand Salon, Deck 6
9:00p	Complimentary Fine Jewelry Cleaning The Boutique, Deck 7
9:15p	Piano Perfection with Deborah The Piano Lounge at Solis, Deck 8 (until 11:00p, with break)
9:30p	Late Night Chill with Double Espresso Observation Bar, Deck 11 (until midnight, with breaks)
9:30p	Dance the Night Away with Music Avenue The Club, Deck 5 (until 10:15p)
10:00p	Showtime Tonight: SHAMROCK TENORS Grand Salon, Deck 6
10:45p	Late Night Dancing with Music Avenue followed by Roma & The Band The Club, Deck 5 (until late)

This is your moment

SEABOURN

THE HERALD

THURSDAY, AUGUST 6, 2026 AT SEA (NORTH SEA)

WEATHER

LIGHT SHOWERS

64°F / 18°C

WIND 4mph / 9kmh

SUNRISE: 4:37a

SUNSET: 9:08p

INTRODUCING:

DAME ELAINE PAIGE

Olivier Award-winning actress Dame Elaine Paige is one of the most celebrated stars of musical theatre, having appeared in more hit West End and Broadway musicals than anyone else of her generation. Appointed an OBE in 1995, she was made a Dame Commander of the Order of the British Empire (DBE) in 2025 for services to music and charity, and received the Olivier Special Award in 2026 in recognition of her outstanding career.

Elaine has starred in numerous television productions, performed in concert worldwide, recorded over 30 albums, and continues to present her popular weekly BBC Radio 2 programme, Elaine Paige on Sunday. She is Artistic Associate and Vice President of Mountview Academy of Theatre Arts, where she established the Elaine Paige Scholarship, and has also created the Elaine Paige Future Talent Scholarship at Performers College Brighton. Her extensive charitable work includes serving as President of The Dan Maskell Tennis Trust, Ambassador for The Children's Trust and the Royal Voluntary Service, Patron of Go Live Theatre, and founder of West End Woofs.

A SEABOURN Q&A WITH DAME ELAINE PAIGE

Enjoy an exclusive Q&A with Dame Elaine Paige, Godmother of Seabourn Ovation, Award-winning First Lady of Musical Theatre. This engaging conversation offers guests a rare opportunity to hear firsthand about her extraordinary. From her iconic performances in the West End and on Broadway to her work as a recording artist, producer, and acclaimed radio presenter, Dame Elaine will share personal stories, memorable moments, and insights into the world of musical theatre, making this an unforgettable experience with one of the World's most celebrated performers.

2:30p GRAND SALON, DECK 6

COFFEE WITH THE OFFICERS

Come & join us in The Seabourn Square, Deck 7 for a friendly cup of coffee & get to know the officers of the Seabourn Ovation.

9:30a SEABOURN SQUARE, DECK 7

A SEABOURN CONVERSATION WITH SIR ALAN COLLINS WINSTON CHURCHILL

Winston Churchill was wrong about many things in his long career, including over Gallipoli and independence for India. He switched parties twice to remain in government. But Sir Alan argues that when in 1940 the world stood on the brink of disaster, his resolution and unwillingness to accept defeat was the deciding factor in the preservation of our freedom and democracy.

10:15a GRAND SALON, DECK 6

OFFICERS VS GUESTS TEAM TRIVIA

Join us for the chance to get one over on one of your Seabourn Officers. Bragging rights are on the line! Remember... It's only a game!

11:15a THE CLUB, DECK 5

TONIGHT'S ATTIRE: FORMAL IN THE RESTAURANT, DECK 4

Tuxedo, suit or slacks, and jacket for gentlemen. Evening gown or other formal apparel for ladies. In other venues, guests are welcome in Elegant Casual Attire. Kindly note that shorts are not recommended in any dining establishment after 6:00p, with the exception of the pool area.

SHOWTIME TONIGHT:

"Earth Song"

Immersive visuals bring nature and the elements to life, in an emotive production featuring THE SEABOURN SIX.

Scenes include a mesmerizing performance of Desert Rose, music from Coldplay and the show's title song Earth Song – enhanced by fascinating graphic design.

8:45p & 10:00p GRAND SALON, DECK 6

FOOD & DRINK

The Restaurant, Deck 4

Breakfast	8:00a - 9:00a
Lunch	12:00n - 1:30p
Dinner	6:00p - 9:00p

The Colonnade, Deck 9

Breakfast	8:00a - 10:30a
Lunch	12:00n - 2:00p
Dinner, Italian	6:00p - 9:00p

Solis, Deck 8

Dinner	6:00p - 9:00p
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By reservation only. Please dial 9.

The Patio, Deck 9

Breakfast	8:00a - 9:30a
Lunch	12:30p - 3:30p
Earth & Ocean	7:00p - 9:00p

Sushi, Deck 8

Lunch	12:00n - 2:00p
Dinner	6:00p - 9:00p

Seabourn Square, Deck 7

Coffee & Snacks	6:15a - 6:00p
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Observation Bar, Deck 11

Early Morning Risers	6:00a - 8:00a
Parisian High Tea	4:00p - 5:00p
Evening Bar	5:00p - Midnight
Tapas	6:00p - 8:00p
Solis Bar, Deck 8	5:30p - Midnight

Sky Bar, Deck 10 (weather permitting)

12:00n - 7:00p

Patio Bar, Deck 9

10:00a - 10:00p

The Club, Deck 5

6:00p - Close

Room Service

24 Hours

PLEASE NOTE

Guests under the legal drinking age will not be served alcoholic beverages, nor are they to consume alcoholic beverages. Please understand that you may be requested to show identification indicating your date of birth.

SERVICES

The Boutique, Deck 7

9:30a - 10:30p

The Boutique holds EFFY jewelry, a variety of toiletries, sun creams, and medications. Please inquire within.

The Spa and Wellness, Deck 10

8:00a - 10:00p

Fitness Center, Deck 10

6:00a - 10:00p

For the complete spa events and classes menu, please check out The Spa on your Seabourn Source App or contact The Spa reception.

Future Cruise Consultant, Deck 7

9:00a - 12:00n

Enjoy up to 15% savings on select voyages in the

1:00p - 4:30p

Mediterranean, Northern Europe, the Arctic and more.

Appointments may also be arranged outside these hours by contacting the GS department.

Destination Services, Deck 7

9:00a - 12:00n

Bookings can be made on your Seabourn

3:00p - 6:00p

Source App or Suite TV

Casino, Deck 5

Slots	All Day
Tables	1:30p - 5:00p
	6:00p - Close

Please Cash out all your remaining funds from your Casino Player Account before the Casino closes tonight.

Medical Center, Deck 4 Forward

By Appointment Only. Please call 5410 and one of our medical staff will assist you with an appointment date and time.

Embarkation Day:	8:00a - 9:00a & 5:00p - 6:00p
Port Day:	8:00a - 10:00a & 4:00p - 6:00p
Sea Day:	9:00a - 11:00a & 4:00p - 6:00p

FOR A MEDICAL EMERGENCY DIAL 911

TODAY'S ONBOARD ACTIVITIES

7:00a Fitness Class: Abs Class

Motion Studio, Deck 10

9:30a Coffee with the Officers

The Seabourn Square, Deck 7

10:00a Effy's Outlet Sale

The Boutique, Deck 7

10:00a Baggo Prize Game

Atrium, Deck 4

10:00a Wellness Seminar: Arthritis, Acute and Chronic Relief

Spa & Wellness, Deck 10

10:15a A Seabourn Conversation with Sir Alan Collins

Grand Salon, Deck 6

WINSTON CHURCHILL

11:15a Officer vs Guests Team Trivia

The Club, Deck 5

12:30p Poolside Entertainment: Poolside Melodies with Roma and the Band

Poolside, Decks 9 & 10 (weather permitting)

1:00p Salon Event: The Hair Show

Spa & Wellness, Deck 10

1:30p Dance Class with Luke: Line Dancing!

The Club, Deck 5

2:00p Social Mahjong (unhosted)

Card Room, Deck 8

2:00p Shuffleboard Prize Game

Sun Terrace behind the Spa, Deck 10 (weather permitting)

2:00p Yellow Diamond Sale

The Boutique, Deck 7

2:00p Blackjack Tournament

Casino, Deck 5 \$25 Entry Fee

Qualifying rounds between 2:00p - 4:30p, followed by the final.

No sign up required.

2:30p A Seabourn Q&A with Dame Elaine Paige

Grand Salon, Deck 6

3:00p Social Bridge Play (unhosted)

Card Room, Deck 8

3:00p Golf Prize Game

The Club, Deck 5

4:00p Parisian High Tea & Melodies

Observation Bar, Deck 11

4:00p Wellness Seminar: 3 Ways to Feel Better with Herb,

Acupuncture and Cupping

Spa & Wellness, Deck 10

6:00p Bermont Watches - Now Onboard

The Boutique, Deck 7

6:00p Early Evening Moods with Double Espresso

Observation Bar, Deck 11 (until 7:45p with break)

6:15p Deborah's Piano Lounge

The Piano Lounge at Solis, Deck 8 (until 7:00p)

6:30p Pre-Dinner Dancing with Roma & the Band

The Club, Deck 5 (until 7:30p)

8:00p Music Melodies with Music Avenue

The Club, Deck 5 (until 8:45p)

8:45p Showtime Tonight: Earth Song

Grand Salon, Deck 6

Featuring The Seabourn Six

9:30p Dance the Night Away with Music Avenue

The Club, Deck 5 (until 10:15)

9:15p Piano Perfection with Carolyn

The Piano Lounge at Solis, Deck 8 (until 11:00p, with break)

9:30p Late Night Chill with Double Espresso

Observation Bar, Deck 11 (until midnight with breaks)

10:00p Showtime Tonight: Earth Song

Grand Salon, Deck 6

Featuring The Seabourn Six

10:45p Late Night Dancing with Music Avenue followed by Roma & The Band

The Club, Deck 5 (until late with breaks)

This is your moment.



SEABOURN®

THE HERALD



FRIDAY, AUGUST 7, 2026

ANTWERP (BELGIUM)

WEATHER

SUNNY

68°F / 20°C

WIND 1mph / 5kmh

SUNRISE: 5:18a

SUNSET: 9:52p

IN PORT

ANTWERP, BELGIUM

Arrival: 8:00a / All Aboard: 4:30p

Gangway: Deck 3, Starboard (subject to change)

Renowned as the world's diamond capital and a global hub for fashion, Antwerp effortlessly blends historic charm with contemporary flair. Stroll through the magnificent Old Town, where the stunning Gothic Cathedral of Our Lady overlooks the picturesque Grote Markt, lined with beautifully preserved guild houses and lively cafés. Wander the city's cobbled streets to discover boutique shops, world-class museums, and vibrant squares, or indulge in Belgium's famous chocolates, waffles, and locally brewed beers. Whether you're admiring masterpieces by the celebrated artist Peter Paul Rubens, exploring the bustling waterfront, or simply soaking up the relaxed atmosphere, Antwerp offers an unforgettable taste of Belgian culture, history, and hospitality. Enjoy your visit to this elegant city, where every corner tells a story.

For more detailed port information, please refer to the Seabourn Source.

A SEABOURN SIGNATURE EVENT:

CLASSIQUE FOLLOWED BY OFFICERS ON DECK & TEAM MEMBER SALUTE

FEATURING THE SEABOURN SIX VOCALISTS

Join Betsy, Elise, Brett and Cruise Director Simon for special event on deck featuring classical favorites and timeless melodies. As the performance comes to a close, welcome your Seabourn Ovation Officers and Team Members as they bid you a fond farewell to this voyage and celebrate the unforgettable Seabourn moments, memories and experiences shared throughout your journey.

5:15p POOLSIDE, DECKS 9 & 10 (weather permitting)

SHOWTIME TONIGHT:

SHAMROCK TENORS

Back with an entirely new show, the Emmy winning Irish Shamrock Tenors from Belfast take you on a journey through the Irish musics and stories that have shaped their careers until this point. Best enjoyed with a Guinness or glass of whiskey!

9:15p GRAND SALON, DECK 6

BRIDGE TOUR

Please join our Deck Officers for a tour of the Bridge. Please contact Guest Services by dialing 9 to sign up, as space will be limited.

TEAM TRIVIA WITH SIMON & COURTNIÉ

Join us in The Club, Deck 5 for cumulative Trivia fun! Come for the popcorn, stay for the challenge. It's the perfect mix of fun, friendly competition, and a chance to win a little something special.

4:00p THE CLUB, DECK 5

TONIGHT'S ATTIRE (FROM 6:00p): ELEGANT CASUAL

In all dining venues, the nightly dress standard for men is slacks with collared dress shirt or sweater and optional jacket. Slacks, skirt, blouse, pant suit or dresses are appropriate for ladies. Elegant jeans are now welcome in all dining venues.

YOUR DIGITAL MAP

Scan the QR code to explore your port map and discover helpful information about your destination. We wish you a memorable time in port!



PORT AGENT INFORMATION

International Car Operators NV
Zeebrugge 8380BE
+32 457 250029
agency.zbg@icoterminals.com

Shore to Ship: +1 321 837 6117

US EMBASSY

Regentlaan 27
Boulevard du Régent
B-1000 Brussels
+32 (2) 811-4000

U.K. EMBASSY

Avenue d'Auderghem 10
1040 Brussels
Belgium
+32 2 287 62 11

AUSTRALIAN EMBASSY

Avenue des Arts
Kunstlaan 56
1000 Brussels
+32 2286 0500

FOOD & DRINK

The Restaurant, Deck 4	
Dinner	6:00p - 9:00p
The Colonnade, Deck 9	
Breakfast	7:30a - 10:00a
Lunch	12:00n - 2:00p
Dinner, Surf n Turf	6:00p - 9:00p
Solis, Deck 8	
Dinner	6:00p - 9:00p
<i>By reservation only. Please dial 9.</i>	
The Patio, Deck 9	
Breakfast	7:30a - 9:00a
Lunch	1:00p - 4:00p
Earth & Ocean	7:00p - 9:00p
Sushi, Deck 8	
Lunch	12:00n - 2:00p
Dinner	6:00p - 9:00p
Seabourn Square, Deck 7	
Coffee & Snacks	6:15a - 6:00p
Observation Bar, Deck 11	
Early Morning Risers	6:00a - 8:00a
Evening Bar	5:30p - Midnight
Tapas	6:00p - 8:00p
Solis Bar, Deck 8	5:30p - Midnight
Sky Bar, Deck 10 (weather permitting)	12:00n - 7:00p
Patio Bar, Deck 9	10:00a - 10:00p
The Club, Deck 5	6:00p - Close
Room Service	24 Hours

PLEASE NOTE

Guests under the legal drinking age will not be served alcoholic beverages, nor are they to consume alcoholic beverages. Please understand that you may be requested to show identification indicating your date of birth.

SERVICES

The Boutique, Deck 7	7:30p - 10:30p
<i>The Boutique holds EFFY jewelry, a variety of toiletries, sun creams, and medications. Please inquire within.</i>	
The Spa and Wellness, Deck 10	8:00a - 10:00p
Fitness Center, Deck 10	6:00a - 10:00p
<i>For the complete spa events and classes menu, please check out The Spa on your Seabourn Source App or contact The Spa reception.</i>	
Future Cruise Consultant, Deck 7	9:00a - 12:00n
<i>Exploration Awaits Event</i>	3:00p - 6:00p
<i>Enjoy savings of up to 15% on select Seabourn voyages to extraordinary destinations. Plus, save an additional 10% when you book on board. Visit your Future Cruise Consultant today.</i>	
Destination Services, Deck 7	4:00p - 6:00p
<i>Bookings can be made on your Seabourn Source App or Suite TV.</i>	
Casino, Deck 5	
Slots	Closed
Tables	Closed

Medical Center, Deck 4 Forward

By Appointment Only. Please call 5410 and one of our medical staff will assist you with an appointment date and time.

Embarkation Day:	8:00a - 9:00a & 5:00p - 6:00p
Port Day:	8:00a - 10:00a & 4:00p - 6:00p
Sea Day:	9:00a - 11:00a & 4:00p - 6:00p

FOR A MEDICAL EMERGENCY DIAL 911

TODAY'S ONBOARD ACTIVITIES

TOUR TICKETS: Your e-tickets can be found on the Seabourn Source App under Account > Wallet. Please refer to your Wallet for meeting times and locations, as well as important reminders about your tour.

CANCELLATION POLICY: Please note that changes or cancellations must be made at least 48 hours prior to arrival at the port.

GOING ASHORE: Please ensure that you carry your government issued original, valid photo ID and suite key card with you at all times while ashore.

10:00a	Golf Prize Game The Club, Deck 5
1:00p	Spa Event: Ladies Pamper Party Spa & Wellness, Deck 10
2:00p	Social Mahjong & Canasta (unhosted) Card Room, Deck 8
3:00p	Baggo Prize Game Atrium, Deck 4
3:00p	Social Bridge Play (unhosted) Card Room, Deck 8
3:00p	Spa Seminar: Secrets to a Flatter Stomach Motion Studio, Deck 10
4:00p	Team Trivia with Simon & Courtne The Club, Deck 5
4:00p	Wellness Seminar: Chinese Herbal Remedies Spa & Wellness, Deck 10
5:15p	A Seabourn Signature Event: Classique followed by Officers on Deck & Team Member Salute Poolside, Decks 9 & 10 (weather permitting)
6:00p	Early Evening Moods with Double Espresso Observation Bar, Deck 11 (until 7:45p with break)
6:00p	Sabbath Service (unhosted) Card Room, Deck 8
6:15p	Deborah's Piano Lounge The Piano Lounge at Solis, Deck 8 (until 8:00p with break)
6:30p	Pre-Dinner Dancing with Music Avenue The Club, Deck 5 (until 7:30p)
7:30p	A Gift From Effy Jewelry: Effy Moments Pendants The Boutique, Deck 7
8:00p	Pre-Show Party with Roma & The Band The Club, Deck 5 (until 8:45p)
8:00p	Effy's Outlet Sale The Boutique, Deck 7
8:30p	Bring the Journey Home in Style The Boutique, Deck 7
9:15p	Showtime Tonight: SHAMROCK TENORS Grand Salon, Deck 6
9:15p	Piano Perfection with Deborah The Piano Lounge at Solis, Deck 8 (until 11:00p, with break)
9:30p	Late Night Chill with Double Espresso Observation Bar, Deck 11 (until midnight, with breaks)
9:30p	Dance the Night Away with Music Avenue The Club, Deck 5 (until 10:15p)
10:45p	Late Night Dancing with Roma & The Band The Club, Deck 5 (until late)